

Phases of Flight Delta Assessment Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. The final preflight walk-through is completed at which point?**
 - A. During boarding**
 - B. Before boarding begins**
 - C. After boarding begins**
 - D. After engine start**

- 2. Which task is the first duty prior to pushback?**
 - A. All customers are seated with seatbelts fastened**
 - B. Ensure tray tables are stowed**
 - C. Ensure all non-disposable items are stowed**
 - D. Secure galleys, ensure ovens are off, coolers are on, carts are stowed and all galley latches are in the locked position.**

- 3. Individual safety briefings must be completed prior to what?**
 - A. During taxi**
 - B. During boarding**
 - C. Prior to take off**
 - D. After landing**

- 4. When do customers begin boarding?**
 - A. 40 mins prior to departure**
 - B. 50 mins prior to departure**
 - C. 30 mins prior to departure**
 - D. 60 mins prior to departure**

- 5. If someone is intoxicated after pushback, what is the recommended first action?**
 - A. Offer nonalcoholic beverages and food**
 - B. Do not serve them and notify other FAs**
 - C. Message IFS crew assist**
 - D. If causing a disturbance, notify captain and use Notice of Violation Card**

- 6. Which statement about boarding is true?**
- A. Customers begin boarding 40 minutes prior to departure**
 - B. Customers begin boarding 50 minutes prior to departure**
 - C. Customers begin boarding 30 minutes prior to departure**
 - D. Customers begin boarding 60 minutes prior to departure**
- 7. Which statement is true about the door safety duties?**
- A. Verify all doors are disarmed**
 - B. Check all rows for customers**
 - C. Verbally confirm "cabin safety check complete"**
 - D. Complete assigned lavatory and SkyPro compliance checks**
- 8. Which items must be stowed before pushback relating to seats and cabin features?**
- A. Tray tables, in-seat monitors and foot rests**
 - B. Ovens and coolers**
 - C. Galley carts and latches**
 - D. Seat belts only**
- 9. Before passengers start boarding, what is the proper time to complete the final preflight walk-through?**
- A. After engine start**
 - B. During boarding**
 - C. Before boarding begins**
 - D. After boarding begins**
- 10. SCT consists of**
- A. Captain, Purser, OCC Security Desk, Ground Security Coordinator, Dispatcher Systems Operations Manager, Duty Director**
 - B. Captain, Purser**
 - C. Captain, Purser, OCC Security Desk**
 - D. Ground Security Coordinator, Dispatcher Systems Operations Manager**

Answers

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1. C
2. B
3. C
4. A
5. B
6. A
7. A
8. A
9. C
10. A

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Explanations

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1. The final preflight walk-through is completed at which point?

- A. During boarding**
- B. Before boarding begins**
- C. After boarding begins**
- D. After engine start**

The final preflight walk-through is the last safety check you perform before the aircraft is cleared to start engines, and it happens once boarding has begun. Doing it after passengers have started boarding allows you to verify real-time conditions: all doors are secured and properly closed, slides armed if needed, exterior panels and access doors secured, ground equipment is clear of the aircraft, and there are no hazards around the airframe that could affect the pushback or taxi. If you waited until engine start, you'd miss any issues that only become apparent once people are aboard or equipment is moved for boarding. If you did it before boarding or during boarding, you wouldn't have the latest context to confirm everything is truly ready for doors closed and engines started. After boarding has begun strikes the right balance: you complete the check with current conditions, just before engine start.

2. Which task is the first duty prior to pushback?

- A. All customers are seated with seatbelts fastened**
- B. Ensure tray tables are stowed**
- C. Ensure all non-disposable items are stowed**
- D. Secure galleys, ensure ovens are off, coolers are on, carts are stowed and all galley latches are in the locked position.**

When preparing to push back, the cabin crew first secures items that could move or cause obstruction as the aircraft begins to maneuver. Tray tables are the immediate priority to stow because they are within reach of passengers and can abruptly flip or slide during movement, creating a hazard or blocking the aisle if left unsecured. Getting them stowed quickly establishes a clear, safe cabin space for the crew to move about and for passengers to remain safe during pushback. While ensuring passengers are seated with belts fastened and other securing steps are important, stowing tray tables is the initial action that sets the baseline of cabin security before proceeding with the rest of the pre-pushback tasks.

3. Individual safety briefings must be completed prior to what?

- A. During taxi**
- B. During boarding**
- C. Prior to take off**
- D. After landing**

The essential idea is that safety information needs to be communicated to each passenger before the aircraft begins to move for departure. Completing the individual safety briefings prior to takeoff ensures everyone understands how to fasten belts, locate and use exits, and operate emergency equipment while the crew and cabin are still preparing for departure and conditions are normal. If the briefing is done during taxi, boarding, or after landing, there's a risk some passengers won't have heard it before the airplane leaves the gate or reaches takeoff, which defeats the purpose of having the information ready when it matters most.

4. When do customers begin boarding?

- A. 40 mins prior to departure**
- B. 50 mins prior to departure**
- C. 30 mins prior to departure**
- D. 60 mins prior to departure**

Boarding is scheduled to start at a set lead time before departure to give passengers enough time to reach their seats, stow carry-on luggage, and allow the crew to prepare the cabin. Forty minutes before departure hits that sweet spot: it provides sufficient time for boarding groups to circulate, for overhead bins to be secured, and for any last-minute seating adjustments or conflicts to be resolved before doors are closed and the aircraft taxis. If boarding began much earlier, like sixty minutes, passengers would wait in the terminal longer and it wouldn't improve efficiency. If it started much later, around thirty minutes, there wouldn't be enough time to handle late arrivals, baggage issues, or door closures without risking delays. So forty minutes before departure is the best fit for a smooth, on-time process.

5. If someone is intoxicated after pushback, what is the recommended first action?

- A. Offer nonalcoholic beverages and food**
- B. Do not serve them and notify other FAs**
- C. Message IFS crew assist**
- D. If causing a disturbance, notify captain and use Notice of Violation Card**

When a passenger appears intoxicated after pushback, the first priority is safety by stopping alcohol service to that person and making the rest of the crew aware of the situation. Not serving them prevents further impairment and lets the crew monitor and manage the passenger calmly. While offering nonalcoholic drinks can be respectful, it doesn't address the need to halt alcohol service to the intoxicated individual. Escalation to the captain or other procedures would come if the situation worsens, but the immediate step is to stop serving and notify your fellow flight attendants.

6. Which statement about boarding is true?

- A. Customers begin boarding 40 minutes prior to departure**
- B. Customers begin boarding 50 minutes prior to departure**
- C. Customers begin boarding 30 minutes prior to departure**
- D. Customers begin boarding 60 minutes prior to departure**

Understanding boarding timing windows helps explain why boarding begins 40 minutes before departure. This timing gives passengers enough lead time to reach their seats, stow carry-on items, and allow cabin crew to perform final checks and organize boarding groups without delaying the airplane's pushback. If boarding started much earlier, like sixty minutes ahead, there would be unnecessary gate congestion and long waits. If boarding started only thirty minutes ahead, it would risk rushing passengers and potentially delaying departure. Forty minutes is a practical, typical window used in this context, so that statement is the true one.

7. Which statement is true about the door safety duties?

- A. Verify all doors are disarmed**
- B. Check all rows for customers**
- C. Verbally confirm "cabin safety check complete"**
- D. Complete assigned lavatory and SkyPro compliance checks**

Door safety duties focus on making sure the door is in the proper arming state so it will operate safely if needed and won't deploy unexpectedly. Verifying that all doors are disarmed directly confirms the door status, preventing inadvertent slide deployment and ensuring the doors are ready for normal operation or a controlled safe evacuation. The other tasks described are separate duties not related to the door's arming state, so they don't fulfill the door safety requirement.

8. Which items must be stowed before pushback relating to seats and cabin features?

- A. Tray tables, in-seat monitors and foot rests**
- B. Ovens and coolers**
- C. Galley carts and latches**
- D. Seat belts only**

Before pushback, anything that could move or extend during maneuvering must be secured to keep the cabin clear and prevent injuries or damage. Tray tables, in-seat monitors, and foot rests are directly attached to seats or cabin features and can swing, tilt, or deploy unexpectedly as the aircraft moves. If left stowed, a tray could strike someone or be damaged, an IFE screen could bounce or latch open, and a foot rest could extend into the aisle or collide with equipment. Securing these items minimizes hazards during pushback and taxi, which is why this set of cabin features is the correct choice. Other items like galley equipment or carts are secured for their own reasons, and seat belts, while essential for safety, are not items that get "stowed" in the same sense as these cabin features.

9. Before passengers start boarding, what is the proper time to complete the final preflight walk-through?

- A. After engine start**
- B. During boarding**
- C. Before boarding begins**
- D. After boarding begins**

The final preflight walk-through is the last safety check you perform to confirm the aircraft is ready for departure before anyone steps onto the airplane. It verifies exterior and interior conditions, that doors and slides are in the correct state, no hazards or loose items are present, and that there have been no changes since the earlier preflight checks. Doing this before boarding begins ensures any issues can be addressed while the aircraft is still unoccupied, preventing delays once passengers are boarding. If this check were done after engine start or during boarding, it could cause safety concerns or disruptions and wouldn't guarantee the aircraft is fully ready for passengers.

10. SCT consists of

- A. Captain, Purser, OCC Security Desk, Ground Security Coordinator, Dispatcher Systems Operations Manager, Duty Director**
- B. Captain, Purser**
- C. Captain, Purser, OCC Security Desk**
- D. Ground Security Coordinator, Dispatcher Systems Operations Manager**

Security Coordination Team is a cross-functional group that brings together key flight and security leadership to manage security actions in a coordinated way across both in-flight and ground operations. The best answer includes Captain, Purser, OCC Security Desk, Ground Security Coordinator, Dispatcher Systems Operations Manager, and Duty Director because each role adds essential capability: the Captain provides ultimate flight safety authority, the Purser represents cabin security and passenger safety, the OCC Security Desk serves as the central security coordination point within operations control, the Ground Security Coordinator handles on-the-ground security liaison with airports and authorities, the Dispatcher Systems Operations Manager ensures secure, reliable communications and dispatch support, and the Duty Director offers executive oversight and escalation. Leaving out any of these roles would weaken coordination and the ability to respond effectively to security events, which is why the full complement is the best fit.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://phasesofflightdeltaassmt.examzify.com>

We wish you the very best on your exam journey. You've got this!

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