

# Peak Book Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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1. Which word refers to an animal of the cattle group, which also includes buffaloes and bisons?
  - A. Bovines
  - B. Intrepid
  - C. Uproar
  - D. Junction
  
2. Which term matches the definition: to walk in a slow, relaxed manner, without hurry or effort?
  - A. Trudge
  - B. Sauntered
  - C. Uproar
  - D. Poignant
  
3. How long did Peak's parents' ascent of El Capitan take in record time?
  - A. 32:43
  - B. 12 hours
  - C. 2 days
  - D. 8 hours
  
4. Which term means to walk slowly and with heavy steps, typically because of exhaustion or harsh conditions?
  - A. Trudge
  - B. Haggard
  - C. Sauntered
  - D. Intrepid
  
5. Why was the situation at ABC potentially critical?
  - A. A looming storm with winds of 73 mph and gusts over 100 mph, plus two cases of HAPE (one severe, one mild).
  - B. Shortage of food and water.
  - C. An approaching avalanche only.
  - D. An outbreak of illness among climbers.

- 6. In the denouement, Peak reunites with his family and which other person?**
- A. The mayor.**
  - B. A business partner.**
  - C. His teacher.**
  - D. A desert guide.**
- 7. Which word describes someone who is guilty of betrayal or deception, or something that is dangerous or harmful?**
- A. Mangled**
  - B. Ausocious**
  - C. Treacherous**
  - D. In Absentia**
- 8. What sparked the argument between Peak and his father, and what was the result?**
- A. Peak's father pressed him to write letters back to his mother; Peak accused him of having all Peak's letters and never replying.**
  - B. Peak wanted to quit; his father insisted he continue.**
  - C. Peak wanted to change the climb route; his father disagreed.**
  - D. Peak's father criticized his climbing; Peak apologized.**
- 9. Terra-cotta refers to which material?**
- A. Shrapnel**
  - B. Exertion**
  - C. Ascent**
  - D. Terra-cotta**
- 10. What was Peak particularly known for at Green Street School?**
- A. Being a top athlete**
  - B. Being a class clown**
  - C. Being their writer**
  - D. Winning a national award**

## Answers

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1. A
2. B
3. A
4. A
5. A
6. C
7. C
8. A
9. D
10. C

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## **Explanations**

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1. Which word refers to an animal of the cattle group, which also includes buffaloes and bisons?

- A. Bovines**
- B. Intrepid**
- C. Uproar**
- D. Junction**

The main idea here is identifying a term that names animals in the cattle group, which includes cattle, buffaloes, and bisons. In biology, these animals are grouped under the bovines within the Bovidae family. The word bovine is used to describe characteristics of these animals, and as a noun, it can refer to an individual animal of that group. When you say bovines, you're talking about multiple animals that belong to that cattle-related group. That makes it the best fit because it specifically denotes this family of animals. The other words don't fit because they mean something entirely different: intrepid describes someone fearless, uproar means a loud disturbance, and junction is a point where things meet. None of these refer to animals in the cattle group.

2. Which term matches the definition: to walk in a slow, relaxed manner, without hurry or effort?

- A. Trudge**
- B. Sauntered**
- C. Uproar**
- D. Poignant**

A relaxed, unhurried walk is the idea being tested. Sauntered means to walk slowly and casually, with no hurry or effort, which matches that description exactly. The other words don't fit: to trudge is heavy and tiring, implying effort; uproar is noise or commotion, not a way of walking; poignant describes something emotionally moving, not a manner of movement. So sauntered is the term that best fits the definition.

3. How long did Peak's parents' ascent of El Capitan take in record time?

- A. 32:43**
- B. 12 hours**
- C. 2 days**
- D. 8 hours**

The main idea here is what "record time" means in climbing terms. A record time is the fastest known ascent of a route up El Capitan under the conditions set by the climb, and it showcases extraordinary speed and skill. Peak's parents are described as achieving a remarkable sprint to the top, finishing in 32 minutes and 43 seconds. That short duration signals an extraordinary feat on such a massive vertical cliff, highlighting their elite climbing ability and the legendary status of their family in the climbing world. It's this striking, record-setting pace that makes that moment stand out in the story and helps explain why Peak looks up to them and feels pressure to live up to their reputation. The other time options would be far more typical for a climb of El Capitan and wouldn't convey the sense of a record-breaking speed. So the 32 minutes 43 seconds is the best fit for what the passage describes.

4. Which term means to walk slowly and with heavy steps, typically because of exhaustion or harsh conditions?

- A. Trudge**
- B. Haggard
- C. Sauntered
- D. Intrepid

Trudge means to walk slowly and with heavy steps, usually because you're tired or the conditions are rough. It conveys that sense of effort and fatigue in every step, as if the body is weighing you down. The other words don't fit as well: haggard describes how someone looks—tired and worn—rather than how they move; sauntered means to walk in a relaxed, casual way; intrepid describes a fearless attitude, not a particular way of walking.

5. Why was the situation at ABC potentially critical?

- A. A looming storm with winds of 73 mph and gusts over 100 mph, plus two cases of HAPE (one severe, one mild).**
- B. Shortage of food and water.
- C. An approaching avalanche only.
- D. An outbreak of illness among climbers.

Extreme weather conditions on high ground and a serious altitude illness together create urgent, life-threatening risk. Winds of 73 mph with gusts over 100 mph would devastate shelter, reduce visibility to near zero, increase the chance of falls or avalanches, and sharply raise the exposure risk for everyone on the route. Add two cases of high-altitude pulmonary edema, including one severe, and you've got a medical emergency that can evolve quickly, requiring rapid descent, oxygen, or evacuation to safety. The combination means both the environment and health status are deteriorating at once, which dramatically amplifies danger for the entire group and makes the situation potentially critical. The other scenarios, while serious, don't combine these two immediate, high-risk elements in the same way. A shortage of food and water is a significant hardship but can often be managed temporarily with planning and rationing. An approaching avalanche is a critical hazard, but on its own may be more situationally contained depending on terrain and timing. An outbreak of illness among climbers is concerning, yet without the concurrent extreme weather and a severe altitude illness, the overall and imminent danger doesn't reach the same urgent, multi-factor level.

**6. In the denouement, Peak reunites with his family and which other person?**

- A. The mayor.
- B. A business partner.
- C. His teacher.**
- D. A desert guide.

Understanding the ending hinges on recognizing how Peak's growth is tied to mentorship as well as family connections. In the final moments, Peak is not just reunited with his family; he also reconnects with his climbing teacher, the person who has been guiding his development as a climber. This teacher embodies the lessons Peak has learned about discipline, safety, and responsibility, and their presence signals that Peak isn't abandoning climbing but building a future that blends his passion with maturity and careful judgment. The other figures—the mayor, a business partner, or a desert guide—do not play a role in this closing moment. They don't align with Peak's personal arc or the resolution of his relationships, whereas the teacher represents the ongoing support system that has helped him grow as both a person and a climber.

**7. Which word describes someone who is guilty of betrayal or deception, or something that is dangerous or harmful?**

- A. Mangled
- B. Ausocious
- C. Treacherous**
- D. In Absentia

This word captures both ideas: someone who betrays or deceives, and something that is dangerous or harmful. When you call a person treacherous, you're saying they're untrustworthy and capable of betrayal. It also broadens to describe risks that aren't obvious at first—like a treacherous road that looks fine but hides danger, or a treacherous plan that could backfire. That -meaning makes it the best fit for both parts of the prompt. Mangled describes severe physical damage, not betrayal or danger in the sense of risk. In Absentia means in the absence, which doesn't relate to deceit or danger. Ausocious isn't a standard English word, so it wouldn't correctly convey the intended idea.

**8. What sparked the argument between Peak and his father, and what was the result?**

- A. Peak's father pressed him to write letters back to his mother; Peak accused him of having all Peak's letters and never replying.**
- B. Peak wanted to quit; his father insisted he continue.
- C. Peak wanted to change the climb route; his father disagreed.
- D. Peak's father criticized his climbing; Peak apologized.

The main idea is the clash between Peak and his father over communication and parental pressure. The argument starts when Peak's father pushes him to write letters back to his mother. Peak then lashes out, accusing his father of having all his letters and never replying himself. This moment shows how the two struggle to communicate and how Peak feels his privacy and voice are being sidelined, leading to a heated confrontation rather than an immediate resolution.

**9. Terra-cotta refers to which material?**

- A. Shrapnel**
- B. Exertion**
- C. Ascent**
- D. Terra-cotta**

Terra-cotta refers to a fired clay ceramic material. It's created by shaping clay and then firing it in a kiln, which hardens the clay into a durable, though somewhat porous, ceramic. The reddish-brown color comes from iron oxide in the clay. This material has long been used for pottery, sculpture, and architectural elements. The other options describe things that aren't materials (shrapnel is metal fragments, exertion is physical effort, ascent is rising), so they don't fit as a material description.

**10. What was Peak particularly known for at Green Street School?**

- A. Being a top athlete**
- B. Being a class clown**
- C. Being their writer**
- D. Winning a national award**

Peak's defining presence at Green Street School is his ability to express stories and ideas through writing. The text centers on his words—journals, stories, or contributions that show his voice and perspective—so being their writer is the best fit for what he's known for in that setting. The other roles don't align with how the story frames him at Green Street School, where his writing stands out as the defining trait.

# Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://peakbook.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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