

# Outcome and Assessment Information Set, Version D (OASIS-D) Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

**Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.**

**ALL RIGHTS RESERVED.**

**No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.**

**Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.**

**SAMPLE**

# Table of Contents

<b>Copyright</b> .....	<b>1</b>
<b>Table of Contents</b> .....	<b>2</b>
<b>Introduction</b> .....	<b>3</b>
<b>How to Use This Guide</b> .....	<b>4</b>
<b>Questions</b> .....	<b>5</b>
<b>Answers</b> .....	<b>8</b>
<b>Explanations</b> .....	<b>10</b>
<b>Next Steps</b> .....	<b>16</b>

SAMPLE

# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

SAMPLE

- 1. What is an appropriate response if a patient needs assistance but is not allowed to have any due to facility policy?**
  - A. Patient must be discharged**
  - B. Patient can be assessed for alternatives**
  - C. Caregiver must provide assistance offsite**
  - D. Patient's needs exceed current offerings**
  
- 2. What does a score of 'NA' imply in the context of the patient assessments?**
  - A. The assessment was not applicable**
  - B. The patient was not observed**
  - C. The patient refused the assessment**
  - D. The equipment was unavailable**
  
- 3. What response to GG0170C should be made for a patient who only needs standby assistance to rise from a recliner?**
  - A. 06 Independent - No assistance needed.**
  - B. 04 Supervision - Requires occasional help.**
  - C. 03 Partial/Moderate assistance needed.**
  - D. 02 Substantial assistance required.**
  
- 4. How does OASIS-D support quality improvement initiatives?**
  - A. By providing healthcare providers with financial audits**
  - B. By offering standardized training programs**
  - C. By providing data that can be analyzed to identify areas for improvement**
  - D. By promoting new technologies in healthcare**
  
- 5. In assessing M1850 for transferring, what is the best response for a patient who can transfer with a walker and is a high fall risk?**
  - A. 2 - Able to transfer independently**
  - B. 1 - Able to transfer with minimal human assistance**
  - C. 3 - Needs human assistance**
  - D. 0 - Unable to transfer at all**

- 6. What role does patient education play in OASIS-D assessments?**
- A. It is minimal and not required**
  - B. It ensures billing accuracy**
  - C. It promotes self-management and understanding of the care plan**
  - D. It primarily focuses on medication adherence**
- 7. If the recertification OASIS is not performed on time, what should the nurse do upon realizing this?**
- A. Ignore the deadline as the patient is stable**
  - B. Perform the recertification OASIS and date it as completed**
  - C. Document issues and inform the physician**
  - D. Delay the recertification until the next scheduled visit**
- 8. What should be the response to M1600 for Mr. Herman who is on preventative medication?**
- A. Yes**
  - B. No**
  - C. NA**
  - D. Further assessment required**
- 9. How can inconsistencies in OASIS-D data affect patient care?**
- A. They can lead to improved health outcomes.**
  - B. They can create gaps in care and potentially poor health outcomes.**
  - C. They enhance communication between providers.**
  - D. They ensure compliance with regulations.**
- 10. What is the correct response for M1307 regarding a stage 2 pressure ulcer?**
- A. NA - No Stage 2 pressure ulcers are present at discharge**
  - B. M1307 should indicate an existing Stage 2 ulcer**
  - C. M1307 requires observation by a clinician**
  - D. M1307 should record the treatment administered**

## Answers

SAMPLE

1. B
2. A
3. A
4. C
5. B
6. C
7. B
8. C
9. B
10. A

SAMPLE

## **Explanations**

SAMPLE

**1. What is an appropriate response if a patient needs assistance but is not allowed to have any due to facility policy?**

- A. Patient must be discharged**
- B. Patient can be assessed for alternatives**
- C. Caregiver must provide assistance offsite**
- D. Patient's needs exceed current offerings**

The correct response to the situation where a patient needs assistance but is restricted by facility policy is to assess the patient for alternatives. This approach emphasizes a patient-centered perspective where the healthcare provider actively explores different options to meet the patient's needs within the constraints of facility policy. Assessing for alternatives can involve discussing possible modifications to the patient's care plan, identifying other resources that could offer support, or even exploring options for referrals to different services that can better accommodate the patient's requirements. This reflective practice not only ensures the patient's well-being but also aligns with the goals of providing quality care while adhering to established policies. Considering other responses, discharging the patient may prematurely terminate their care and does not address the immediate need for assistance. Suggesting that a caregiver provide assistance offsite could introduce inconsistencies with facility policies designed to ensure safety and compliance. Claiming that the patient's needs exceed current offerings may imply a more negative outlook that does not encourage finding viable solutions. Therefore, assessing for alternatives promotes a proactive and supportive approach to patient care.

**2. What does a score of 'NA' imply in the context of the patient assessments?**

- A. The assessment was not applicable**
- B. The patient was not observed**
- C. The patient refused the assessment**
- D. The equipment was unavailable**

In the context of patient assessments using the OASIS-D framework, a score of 'NA' signifies that the particular assessment item was not applicable to the patient's situation. This means that the question or assessment does not pertain to the patient's condition or circumstances, and thus, no relevant data can be gathered. This situation commonly arises in cases where the patient may not have certain characteristics, conditions, or needs that the assessment was designed to evaluate. While other options suggest scenarios where the assessment could not be conducted for different reasons—such as refusal or lack of equipment—none of those instances would warrant marking an assessment as 'NA'. Instead, 'NA' specifically indicates the assessment question does not apply to the patient, ensuring that data collected is relevant and accurate, which is critical for effective patient care and accurate reporting in the OASIS-D system.

**3. What response to GG0170C should be made for a patient who only needs standby assistance to rise from a recliner?**

**A. 06 Independent - No assistance needed.**

**B. 04 Supervision - Requires occasional help.**

**C. 03 Partial/Moderate assistance needed.**

**D. 02 Substantial assistance required.**

The correct response for a patient who only needs standby assistance to rise from a recliner is that they are considered independent, as this refers to a patient who can execute the activity on their own without any physical assistance. In the context of GG0170C, the assessment categorizes levels of assistance required from healthcare personnel during mobility tasks. When a patient can rise from a recliner independently but requires someone to be present in case they need help, this does not impact their ability to perform the action themselves. Therefore, they can be classified as independent since no direct assistance is rendered during the activity. Other options indicate varying levels of support needed, which do not align with a situation where a patient requires only standby assistance. Supervision, for example, implies that the patient might need some help occasionally, while partial or substantial assistance suggests that they cannot perform the task without help. However, since the patient is capable of rising from the recliner on their own, the independent classification is the most accurate.

**4. How does OASIS-D support quality improvement initiatives?**

**A. By providing healthcare providers with financial audits**

**B. By offering standardized training programs**

**C. By providing data that can be analyzed to identify areas for improvement**

**D. By promoting new technologies in healthcare**

OASIS-D supports quality improvement initiatives primarily by providing data that can be analyzed to identify areas for improvement. This data collection includes comprehensive information about patient assessments, care planning, and outcomes. By utilizing the standardized assessment items, healthcare organizations can derive insights into the effectiveness of their care processes. The data allows for evaluations of patient outcomes and helps identify trends or patterns that signify areas needing enhancement, whether in patient care protocols, resource allocation, or staff training. By analyzing this information, agencies can implement targeted interventions meant to elevate care quality and patient satisfaction over time. While financial audits, training programs, and the promotion of new technologies are essential aspects of healthcare delivery, they do not directly support quality improvement initiatives in the same way that systematic data analysis does. The focus of OASIS-D is to systematically gather data that informs providers and can lead to informed decision-making and tailored quality improvement strategies.

**5. In assessing M1850 for transferring, what is the best response for a patient who can transfer with a walker and is a high fall risk?**

**A. 2 - Able to transfer independently**

**B. 1 - Able to transfer with minimal human assistance**

**C. 3 - Needs human assistance**

**D. 0 - Unable to transfer at all**

The appropriate response, indicating that the patient can transfer with minimal human assistance, reflects the patient's ability to use a walker while also acknowledging their high fall risk. Selecting this option means that the patient is not entirely independent in their transfers due to the potential for falling, which requires some level of supervision or assistance. Rating the patient as able to transfer independently would misrepresent their current capabilities and needs because it overlooks the assistance that is likely required to ensure safety during transfers. By identifying the patient as needing minimal assistance, it allows for a more accurate assessment of their mobility and fall risk, which is crucial for developing a safe and effective care plan. Understanding that the use of a walker implies the patient still has certain limitations reinforces the need for awareness and support to prevent falls, making this option the most suitable choice in this scenario.

**6. What role does patient education play in OASIS-D assessments?**

**A. It is minimal and not required**

**B. It ensures billing accuracy**

**C. It promotes self-management and understanding of the care plan**

**D. It primarily focuses on medication adherence**

Patient education plays a crucial role in OASIS-D assessments, as it directly contributes to promoting self-management and enhancing the patient's understanding of their care plan. This emphasis on education empowers patients, enabling them to take an active role in their health management. When patients comprehend their treatment options, daily care routines, and the rationale behind their care, they are more likely to adhere to the plan and experience better health outcomes. This understanding can significantly impact the patient's ability to manage chronic conditions, follow prescribed therapies, and engage with healthcare providers effectively. In contrast, while billing accuracy and medication adherence are important aspects of healthcare, they do not encapsulate the broader purpose of patient education within the OASIS-D framework. The focus is fundamentally on empowering patients to take charge of their health, which aligns with the overall goals of effective care delivery and patient engagement in the healthcare process.

**7. If the recertification OASIS is not performed on time, what should the nurse do upon realizing this?**

- A. Ignore the deadline as the patient is stable**
- B. Perform the recertification OASIS and date it as completed**
- C. Document issues and inform the physician**
- D. Delay the recertification until the next scheduled visit**

The best course of action upon realizing that the recertification OASIS has not been performed on time is to proceed with the recertification OASIS and complete it with an accurate date. This action is crucial because the recertification OASIS serves to ensure that the patient's current condition is effectively assessed and that the care plan is still appropriate based on their ongoing needs. Completing the recertification promptly maintains compliance with regulatory requirements and guarantees that necessary services continue without disruption. It ensures that there is no lapse in care, which could potentially affect the quality of care provided to the patient. While other options may seem reasonable in the moment, they do not align with the established protocols governing patient assessment and care management. Prioritizing timely documentation and recertification helps uphold the standards of patient care and supports appropriate billing and reimbursement processes. Therefore, performing the recertification promptly and accurately aligns with best practices and regulatory expectations in home healthcare settings.

**8. What should be the response to M1600 for Mr. Herman who is on preventative medication?**

- A. Yes**
- B. No**
- C. NA**
- D. Further assessment required**

In the context of OASIS-D, M1600 is related to a patient's current medication regimen. If Mr. Herman is on preventative medication, the appropriate response should reflect the understanding that the question is assessing whether the medication is relevant to the patient's care in relation to OASIS-D assessments. Choosing "NA" (not applicable) suggests that this patient's specific situation does not necessitate a yes or no response in this context. This might be because the focus of M1600 is on medications that have an immediate impact on the patient's current issues rather than those that are preventative in nature and not currently contributing to an active problem. The prevention aspect distinguished Mr. Herman's medication from those that are directly addressing current health problems or needs. In such cases, "NA" accurately conveys that the preventative medications do not fit the criteria necessary for assessment in M1600 at this time, highlighting the importance of being precise about the role of medications in patient management as it relates to the OASIS-D framework.

**9. How can inconsistencies in OASIS-D data affect patient care?**

- A. They can lead to improved health outcomes.**
- B. They can create gaps in care and potentially poor health outcomes.**
- C. They enhance communication between providers.**
- D. They ensure compliance with regulations.**

Inconsistencies in OASIS-D data can significantly impact patient care by creating gaps and potentially leading to poor health outcomes. Accurate and consistent data collection is crucial for understanding a patient's needs, monitoring their progress, and coordinating care effectively. When there are discrepancies in the data, it can result in misunderstandings among healthcare providers regarding a patient's condition. This lack of clarity might lead to inappropriate treatment plans, increased hospital readmissions, or failure to implement necessary interventions, all of which can adversely affect the patient's health trajectory. Reliable data allows healthcare providers to make informed decisions, tailor interventions, and track outcomes over time. Inconsistencies can disrupt this process, ultimately compromising the quality of care that patients receive. Therefore, ensuring the accuracy of OASIS-D data is essential for facilitating optimal patient outcomes and enhancing the continuity and effectiveness of care.

**10. What is the correct response for M1307 regarding a stage 2 pressure ulcer?**

- A. NA - No Stage 2 pressure ulcers are present at discharge**
- B. M1307 should indicate an existing Stage 2 ulcer**
- C. M1307 requires observation by a clinician**
- D. M1307 should record the treatment administered**

In the context of M1307, which pertains to the assessment of pressure ulcers at the time of a patient's discharge, the correct response reflects the absence of a Stage 2 pressure ulcer during that assessment. Choosing the response that indicates "No Stage 2 pressure ulcers are present at discharge" is appropriate when a clinician has determined that the patient is not currently experiencing any Stage 2 pressure ulcers. Assessment of pressure ulcers is crucial for evaluating patient outcomes. If a patient has healed from a Stage 2 ulcer before discharge or never developed one, this response accurately provides information crucial for tracking the patient's health status and effective treatment. Proper documentation ensures that healthcare providers are aware of the patient's condition, which directly influences future care and prevention strategies. The other responses imply ongoing issues or specific clinical actions that are not relevant if a Stage 2 ulcer is not present at the time of discharge. Thus, selecting the response that confirms the absence of the condition appropriately aligns with the assessment and expected outcomes in OASIS-D documentation.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://oasisd.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

SAMPLE