

# Ohio State Board Nail Technician Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

- 1. Acetone is a solvent used for what?**
  - A. Cleaning tools**
  - B. Removing nail enhancement**
  - C. Adding moisture**
  - D. Sterilization**
- 2. What do nail wraps consist of?**
  - A. Plastic and powder**
  - B. Fiberglass and resin**
  - C. Cotton and gel**
  - D. Silk and lacquer**
- 3. What is the main contraindication for receiving a gel manicure?**
  - A. Pregnancy**
  - B. Recent nail surgery**
  - C. Allergies to UV light**
  - D. Weak nails**
- 4. Where is nail wrap maintenance applied?**
  - A. New growth only**
  - B. Entire nail**
  - C. Tip of the nail**
  - D. Base of the nail**
- 5. Why is it important to use a client intake form?**
  - A. To understand client's preferences for nail art**
  - B. To gather health history and identify contraindications**
  - C. To record the products purchased**
  - D. To schedule the next appointment**
- 6. What does EPA stand for?**
  - A. Environmental Pollution Agency**
  - B. Environmental Protection Agency**
  - C. Eco Protective Association**
  - D. Energy and Pollution Authority**

- 7. What is the second step of infection control?**
- A. Sterilization**
  - B. Disinfection**
  - C. Sanitization**
  - D. Cleaning**
- 8. What is the main purpose of a nail wrap?**
- A. To color**
  - B. To lengthen**
  - C. To repair**
  - D. To decorate**
- 9. A nail with a sharp curvature and corners folding toward at the tip is known as?**
- A. A fan nail**
  - B. A spoon nail**
  - C. A trumpet or pincher nail**
  - D. A flat nail**
- 10. What should a technician do if a client experiences discomfort during a nail service?**
- A. Continue the service to keep the client happy**
  - B. Stop the service immediately and assess the situation**
  - C. Increase the speed of the service**
  - D. Apply lotion to soothe the discomfort**



## **Answers**

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1. B
2. B
3. C
4. A
5. B
6. B
7. B
8. C
9. C
10. B

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## **Explanations**

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### 1. Acetone is a solvent used for what?

- A. Cleaning tools
- B. Removing nail enhancement**
- C. Adding moisture
- D. Sterilization

Acetone is most commonly used as a solvent for removing nail enhancements, such as acrylic nails or gel polish. It is capable of dissolving these types of materials, making it an effective tool for cleaning up and removing them. While acetone may have some cleaning properties, it is not typically used to clean tools. It also does not add moisture; in fact, it can dry out skin and nails. Additionally, it is not a suitable method for sterilization.

### 2. What do nail wraps consist of?

- A. Plastic and powder
- B. Fiberglass and resin**
- C. Cotton and gel
- D. Silk and lacquer

Nail wraps are a type of artificial nail enhancement that consist of a thin layer of fiberglass material and a liquid resin. The resin is applied to the fiberglass material and then placed on the natural nail to create a strong and durable manicure. Other options, such as plastic and powder, cotton and gel, and silk and lacquer, are incorrect because they do not accurately describe the materials used in nail wraps. Plastic and powder are commonly used in a different type of artificial nail called acrylics, while cotton and gel are used for gel nails. Silk and lacquer are also not commonly used in nail wraps but may be used in other types of artificial nails. It is important to understand the materials used in different types of artificial nails in order to choose the best option for your desired outcome.

### 3. What is the main contraindication for receiving a gel manicure?

- A. Pregnancy
- B. Recent nail surgery
- C. Allergies to UV light**
- D. Weak nails

Allergies to UV light serve as a primary contraindication for receiving a gel manicure. Gel manicures typically involve the application of gel polish that is cured under a UV lamp for a specific amount of time. For individuals with allergies to UV light, exposure can lead to adverse skin reactions, making it unsafe for them to undergo this type of treatment. Considering the other options, while factors like pregnancy, recent nail surgery, and weak nails can pose concerns during nail treatments, they do not specifically prevent someone from having a gel manicure as strictly as an allergy to UV light. In the case of pregnancy, although caution is advised, many nail technicians are trained to provide services safely. Recent nail surgery could require special care or different treatment instead of a gel manicure, but it does not outright contraindicate gel application. Weak nails might necessitate a gentler approach or the use of strengthening products, but again, they do not completely prohibit a gel manicure. The unique nature of UV light allergies makes them a clear and definitive reason to avoid gel services altogether.

#### 4. Where is nail wrap maintenance applied?

**A. New growth only**

**B. Entire nail**

**C. Tip of the nail**

**D. Base of the nail**

Nail wrap maintenance is applied to the new growth only, which is the area of nail growth at the base of the nail. It is incorrect to apply maintenance to the entire nail or just the tip, as this could damage the existing nail wrap. The base of the nail is also not the correct area for maintenance, as this refers to the area where the nail meets the skin, not the new growth of the nail. Therefore, the new growth only is the most appropriate and safe area for nail wrap maintenance application.

#### 5. Why is it important to use a client intake form?

**A. To understand client's preferences for nail art**

**B. To gather health history and identify contraindications**

**C. To record the products purchased**

**D. To schedule the next appointment**

Using a client intake form is essential for gathering health history and identifying contraindications. This is crucial in the nail technician profession because certain health conditions can affect the safety and effectiveness of nail services. For instance, clients with skin conditions, allergies, or health issues like diabetes or blood circulation problems may require special care or even be advised against specific treatments. By collecting comprehensive information through the client intake form, nail technicians can tailor their services to ensure the client's safety and avoid potential adverse reactions. Moreover, this form serves as a legal document that protects both the technician and the client by ensuring informed consent and awareness of any risks involved in the services provided. While understanding a client's preferences for nail art, recording product purchases, and scheduling appointments are also important aspects of client service, they do not directly address the critical health and safety considerations that the intake form specifically targets.

#### 6. What does EPA stand for?

**A. Environmental Pollution Agency**

**B. Environmental Protection Agency**

**C. Eco Protective Association**

**D. Energy and Pollution Authority**

EPA stands for Environmental Protection Agency. Options A, C, and D are incorrect because they do not accurately reflect the purpose or name of the organization. The EPA was created to protect human health and the environment by enforcing regulations and conducting research on environmental issues.

**7. What is the second step of infection control?**

- A. Sterilization
- B. Disinfection**
- C. Sanitization
- D. Cleaning

The second step of infection control is disinfection. This is because disinfection is the process of reducing or eliminating microorganisms on non-living surfaces using chemicals or other methods. Sanitization and cleaning are important steps in maintaining cleanliness, but they are not as effective as disinfection in eliminating harmful microorganisms. Sterilization is typically reserved for medical equipment and involves the complete destruction of all living microorganisms. Therefore, it is not the correct answer for the second step of infection control, as it may not always be necessary in a general infection control procedure.

**8. What is the main purpose of a nail wrap?**

- A. To color
- B. To lengthen
- C. To repair**
- D. To decorate

A nail wrap is primarily designed for repairing damaged or broken nails. Although nail wraps can also add color, length, and decoration, their main purpose is to provide a sturdy and protective layer for damaged nails. So, while all of the other options may also describe what a nail wrap can do, repairing nails is its primary function.

**9. A nail with a sharp curvature and corners folding toward at the tip is known as?**

- A. A fan nail
- B. A spoon nail
- C. A trumpet or pincher nail**
- D. A flat nail

A curved nail is typically referred to as "pincher nail" or "trumpet nail". The other options, as described, do not fully match the physical description of the nail in the question. A fan nail would have a more straight, fan-like shape, a spoon nail would have a more concave shape, and a flat nail would have no significant curvature. Therefore, the best answer is C.

**10. What should a technician do if a client experiences discomfort during a nail service?**

- A. Continue the service to keep the client happy**
- B. Stop the service immediately and assess the situation**
- C. Increase the speed of the service**
- D. Apply lotion to soothe the discomfort**

When a client experiences discomfort during a nail service, the appropriate course of action is to stop the service immediately and assess the situation. This approach prioritizes the client's well-being and allows the technician to determine the cause of the discomfort, whether it's due to an allergic reaction, an injury, or an inappropriate technique. Stopping the service shows the client that their comfort and safety are paramount, and it enables the technician to address any issues before they potentially escalate into more serious problems. By assessing the situation, the technician can communicate with the client about what they are feeling and investigate the source of the discomfort. This could involve checking their tools for potential issues, adjusting the technique being used, or if necessary, referring the client to a medical professional. Taking this immediate and thoughtful action ensures that the nail service remains a safe and pleasant experience for the client.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://ohionailtech.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**