

OHIO SCHOOL COUNSELING PRACTICE EXAM (SAMPLE)

STUDY GUIDE



**SAMPLE STUDY GUIDE
WITH LIMITED QUESTIONS**

**VISIT US ONLINE FOR
THE FULL VERSION STUDY GUIDE**

<https://ohschoolcounseling.examzify.com>



Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	16

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

SAMPLE

- 1. Which question should a school counselor explore first with a student interested in becoming a physical therapist?**
 - A. What specialty areas are available in physical therapy?
 - B. What are the educational requirements for becoming a physical therapist?
 - C. Where can physical therapists work?
 - D. What skills are necessary for a career in physical therapy?
- 2. What role do training workshops serve in improving parent involvement?**
 - A. They provide strategies to address specific needs of parents
 - B. They are solely informational sessions
 - C. They include parental involvement in homework assistance
 - D. They create a platform for criticism of parenting styles
- 3. Which type of scores should a school counselor use to explain a student's test results related to peers?**
 - A. Raw scores
 - B. Percentiles
 - C. Stanines
 - D. Grade equivalents
- 4. How can educators best utilize Howard Gardner's theory of multiple intelligences in their teaching?**
 - A. By adopting a standardized testing approach
 - B. By incorporating very instructional methods throughout the school day
 - C. By focusing solely on linguistic and mathematical skills
 - D. By minimizing group activities
- 5. What type of information do counselors have a professional responsibility to provide to parents?**
 - A. Objective reports with respect to ethical guidelines
 - B. Confidential insights regarding personal issues
 - C. Comprehensive accounts of every meeting
 - D. Subjective opinions about student performance

- 6. To advocate effectively for systemic changes in the school's course placement process for ELL students, what should a high school counselor do first?**
- A. Research successful strategies from other schools
 - B. Create a working relationship with administrators
 - C. Apply for grants to support the program
 - D. Conduct a survey of ELL student needs
- 7. What information does the Occupational Outlook Handbook provide regarding various types of jobs?**
- A. Job training requirements and online resources
 - B. Employment prospects and earnings potential
 - C. Career development programs in high schools
 - D. Mental health resources for job seekers
- 8. In which activity is parental involvement most appropriate in a school counseling program based on the ASCA National Model?**
- A. Organizing school-wide events for fundraising
 - B. Locating community resources for career opportunities
 - C. Monitoring student attendance records
 - D. Facilitating counseling sessions
- 9. A student goes into a counseling office at the end of the day wanting to speak to the counselor. What would be the best approach to this situation?**
- A. The counselor should ignore the request
 - B. The counselor should briefly speak to the student and schedule a meeting for the next day if possible
 - C. The counselor should immediately give advice
 - D. The counselor should call the student's parents
- 10. How should a counselor address a student's procrastination on large assignments?**
- A. Encouraging random focus on different tasks
 - B. Setting strict deadlines
 - C. Helping the student develop a structured timeline with smaller tasks
 - D. Assigning a peer mentor

Answers

SAMPLE

1. B
2. A
3. B
4. B
5. A
6. B
7. B
8. B
9. B
10. C

SAMPLE

Explanations

SAMPLE

1. Which question should a school counselor explore first with a student interested in becoming a physical therapist?

- A. What specialty areas are available in physical therapy?
- B. What are the educational requirements for becoming a physical therapist?**
- C. Where can physical therapists work?
- D. What skills are necessary for a career in physical therapy?

Focusing on the educational requirements for becoming a physical therapist is a logical first step for a school counselor working with a student interested in this career path. Understanding the education needed lays the foundation for all other aspects of the profession, including the necessary coursework, degrees, and certifications required to practice. By starting with the educational pathway, the counselor can help the student navigate through various academic institutions, programs, and prerequisites that they must fulfill to achieve their goal. Once the student is aware of the educational requirements, conversations about specialty areas, work environments, and essential skills can follow. Each of these topics builds on the understanding of what education is needed, guiding the student in making informed decisions about their studies and career aspirations. Therefore, prioritizing the educational requirements ensures that the student has a clear roadmap from their current academic standing to their future as a physical therapist.

2. What role do training workshops serve in improving parent involvement?

- A. They provide strategies to address specific needs of parents**
- B. They are solely informational sessions
- C. They include parental involvement in homework assistance
- D. They create a platform for criticism of parenting styles

Training workshops play a critical role in enhancing parent involvement by equipping parents with strategies tailored to address their specific needs. These workshops often focus on practical methods to engage with their children's education, foster effective communication with teachers, and support their child's learning at home. By providing targeted strategies, workshops help parents feel more confident and competent in their roles, ultimately leading to increased participation in their children's educational experiences. The other options do not fully capture the essential purpose of training workshops. While informational components can be part of these sessions, they go beyond mere dissemination of information. Options that suggest homework assistance or platforms for criticism do not reflect the primary objective of these workshops, which is to empower parents with useful knowledge and skills that enhance their involvement in their children's education.

3. Which type of scores should a school counselor use to explain a student's test results related to peers?

- A. Raw scores
- B. Percentiles**
- C. Stanines
- D. Grade equivalents

Using percentiles is particularly effective for explaining a student's test results in relation to their peers because percentiles provide a clear comparison of an individual student's performance to that of a larger group. A percentile rank indicates the percentage of students in a normative group that scored lower than the student in question. For instance, if a student is in the 70th percentile, this means that they performed better than 70% of their peers, making it easy to understand their standing within the context of their classmates. This comparison is vital for school counselors who aim to discuss academic performance, identify areas of improvement, and provide recommendations. Percentiles help situate a student's performance within a broader context, making the information more relatable and understandable for both students and their guardians. Other score types like raw scores present the actual number of points earned, but they lack the context of peer comparisons. Stanines provide performance levels but may not be as intuitive in conveying precise rankings among peers. Grade equivalents offer a developmental perspective but can be misleading by implying that a student is performing at a specific grade level rather than providing a broader comparison with peers. Percentiles stand out as the most effective means to convey a student's performance relative to their peers, enhancing understanding and actionable insights.

4. How can educators best utilize Howard Gardner's theory of multiple intelligences in their teaching?

- A. By adopting a standardized testing approach
- B. By incorporating very instructional methods throughout the school day**
- C. By focusing solely on linguistic and mathematical skills
- D. By minimizing group activities

The best way for educators to utilize Howard Gardner's theory of multiple intelligences is by incorporating varied instructional methods throughout the school day. Gardner's theory posits that individuals possess multiple types of intelligences, such as linguistic, logical-mathematical, spatial, musical, bodily-kinesthetic, interpersonal, intrapersonal, and naturalistic. By employing a diverse range of teaching strategies, educators can cater to the different intelligences present in their classrooms, thereby enhancing student engagement and learning. Using varied instructional methods can include hands-on activities for bodily-kinesthetic learners, group discussions for interpersonal learners, and visual aids for spatial learners. This approach recognizes the unique strengths of each student, allowing for a more inclusive educational environment where all students have the opportunity to thrive. In contrast, relying on standardized testing methods would not effectively address the variety of intelligences, as these assessments typically focus on a narrow range of skills. Limiting the focus to only linguistic and mathematical skills would neglect the diverse abilities present in students, stifling their potential in other areas. Additionally, minimizing group activities can hinder collaborative learning experiences, which are essential for developing interpersonal intelligence and building social skills. Thus, incorporating varied instructional methods is the most effective approach to align with Gardner's

5. What type of information do counselors have a professional responsibility to provide to parents?

A. Objective reports with respect to ethical guidelines

B. Confidential insights regarding personal issues

C. Comprehensive accounts of every meeting

D. Subjective opinions about student performance

Counselors have a professional responsibility to provide objective reports that adhere to ethical guidelines, as this ensures that the information shared with parents is factual, unbiased, and respectful of the confidentiality and privacy of students. Objective reports can include general progress updates, assessments of academic performance, and information about a student's behavior in a school setting, all presented in a way that maintains professionalism and safeguards confidential details. This approach aligns with ethical standards set forth by various professional counseling organizations, which emphasize the importance of clear communication while respecting the student's privacy. It also helps foster a trusting relationship between parents and counselors, as parents are informed in a fair and balanced manner, empowering them to support their child appropriately without breaching any ethical duties related to confidentiality. In contrast, sharing confidential insights or subjective opinions may risk violating confidentiality principles or misrepresenting the student's situation, ultimately undermining the trust and collaboration necessary for effective counseling.

6. To advocate effectively for systemic changes in the school's course placement process for ELL students, what should a high school counselor do first?

A. Research successful strategies from other schools

B. Create a working relationship with administrators

C. Apply for grants to support the program

D. Conduct a survey of ELL student needs

Building a working relationship with administrators is an essential first step in advocating for systemic changes in the school's course placement process for English Language Learner (ELL) students. Effective advocacy requires collaboration and support from those in positions of authority who can influence policy and resource allocation. By establishing rapport and open communication with school administrators, a counselor can better understand the administrative perspective on course placement issues and align advocacy efforts with the school's goals. This collaborative approach not only enhances the counselor's credibility but also fosters trust and partnership needed for implementing any proposed changes. Once that relationship is established, the counselor can more effectively present research, surveys, and grant proposals, gaining buy-in for the necessary adjustments to support ELL students' educational pathways. While researching strategies from other schools, applying for grants, and conducting surveys are valuable actions, they would be most effective after laying the groundwork through a strong relationship with the administration. This foundational effort ensures that the counselor has the necessary support to move forward with actionable plans.

7. What information does the Occupational Outlook Handbook provide regarding various types of jobs?

- A. Job training requirements and online resources
- B. Employment prospects and earnings potential**
- C. Career development programs in high schools
- D. Mental health resources for job seekers

The Occupational Outlook Handbook (OOH) is a comprehensive resource that provides critical information about various careers. One of its primary focuses is on employment prospects and earnings potential for different occupations. This includes data on job growth, the demand for specific roles in the job market, and salary information, offering users valuable insights into economic trends related to various fields. By presenting detailed forecasts about how many jobs are likely to be available in a particular profession over time, along with expected earnings, the OOH helps job seekers and career planners make informed decisions regarding their future career paths. This emphasis on both employment outlook and salary expectations is crucial for individuals assessing potential career choices, as it directly impacts their planning and long-term satisfaction in their chosen fields. Other options like job training requirements and online resources, career development programs, and mental health resources, while useful, do not encompass the primary focus of the Occupational Outlook Handbook. The OOH is especially recognized for the detailed information it provides on job market trends and financial prospects across various career options.

8. In which activity is parental involvement most appropriate in a school counseling program based on the ASCA National Model?

- A. Organizing school-wide events for fundraising
- B. Locating community resources for career opportunities**
- C. Monitoring student attendance records
- D. Facilitating counseling sessions

Parental involvement in a school counseling program is most appropriately aligned with locating community resources for career opportunities. This activity allows parents to engage meaningfully with the counseling program and support their child's career exploration and development. By involving parents in identifying and accessing local resources, schools can help bridge the gap between education and the workforce, promoting a collaborative effort to prepare students for future career paths. In this context, parents can provide valuable insights and support that enhance the effectiveness of the counseling program, ensuring students have access to relevant opportunities. This partnership fosters a sense of community and shared responsibility for student success. Other activities, although beneficial, may not leverage parents' strengths in the same way. Organizing school-wide events for fundraising is more about logistics and event planning, while monitoring student attendance records is an administrative function that typically does not require direct parental input. Facilitating counseling sessions, on the other hand, is primarily the role of the school counselor, and while parents may contribute insights about their child, they are not generally involved in the counseling process itself. This highlights the unique fit of community resource localization for fostering parental involvement in career readiness initiatives.

9. A student goes into a counseling office at the end of the day wanting to speak to the counselor. What would be the best approach to this situation?

- A. The counselor should ignore the request
- B. The counselor should briefly speak to the student and schedule a meeting for the next day if possible**
- C. The counselor should immediately give advice
- D. The counselor should call the student's parents

The best approach in this situation is to briefly speak to the student and schedule a meeting for the next day if possible. This method demonstrates the counselor's willingness to listen and engage with the student while also respecting the time constraints at the end of the day. In many school settings, the end of the day can be busy, with schedules often leading to limited time for in-depth conversations. Addressing the student's immediate needs shows support, but also allows the counselor to manage their time effectively and ensure the student receives focused attention in a follow-up meeting. Therefore, scheduling an appointment for a more comprehensive discussion can lead to a better outcome for the student, as it gives both the student and counselor the opportunity to prepare for a meaningful conversation. This approach also fosters a trusting relationship, encouraging the student to return and share their thoughts or concerns in a more appropriate setting. It balances the need for immediate support with the practicality of time management and the importance of depth in counseling.

10. How should a counselor address a student's procrastination on large assignments?

- A. Encouraging random focus on different tasks
- B. Setting strict deadlines
- C. Helping the student develop a structured timeline with smaller tasks**
- D. Assigning a peer mentor

Helping a student develop a structured timeline with smaller tasks is an effective way to address procrastination on large assignments. This approach breaks down overwhelming assignments into manageable parts, making the work feel less daunting. By identifying smaller, specific tasks, the student can focus on completing each segment one at a time, which can boost motivation and build momentum. Additionally, a structured timeline encourages planning and time management skills, helping the student understand how to allocate their time effectively. It also provides benchmarks for progress, ensuring that the student stays on track and can celebrate small victories along the way, which can enhance their overall engagement with the project. This method fosters a sense of control and accomplishment, reducing the anxiety that often accompanies large assignments and thereby decreasing the tendency to procrastinate. In contrast, focusing randomly on different tasks or imposing strict deadlines may not provide the same level of clarity or motivation, and while peer mentorship can be beneficial, it may not directly address the procrastination itself.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://ohschoolcounseling.examzify.com>

We wish you the very best on your exam journey. You've got this!

SAMPLE