

OHIO NURSING HOME ADMINISTRATOR PRACTICE EXAM (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. How many members are on the Ohio Board of Directors as described in the text?**
 - A. 9 members
 - B. 10 members
 - C. 11 members
 - D. 12 members
- 2. Which professional organization provides resources and support to nursing home administrators?**
 - A. The National Nursing Home Association
 - B. The American Health Care Association (AHCA)
 - C. The American Nurses Association
 - D. The National Association of Senior Living Professionals
- 3. What are the key components of a nursing home emergency preparedness plan?**
 - A. Employee benefits and training
 - B. Risk assessment, response procedures, communication plans, and staff training
 - C. Budgeting and financial management
 - D. Patient intake and discharge processes
- 4. What is a fundamental component of effective communication in nursing home settings?**
 - A. Minimizing family involvement
 - B. Clear and open dialogue among staff, residents, and families
 - C. Strict adherence to hierarchy
 - D. Avoiding difficult topics
- 5. What is the primary objective of a nursing home administrator?**
 - A. To ensure the safety, welfare, and quality of life for residents in the facility
 - B. To manage the financial operations of the facility
 - C. To oversee staff training and development
 - D. To implement marketing strategies for the facility

- 6. Why is staff retention important in nursing homes?**
- A. To reduce overall costs significantly
 - B. To ensure continuity of care and build relationships with residents
 - C. To minimize training expenses
 - D. To increase turnover rates
- 7. How many residents can share a toilet in a room in a nursing home?**
- A. One
 - B. Two
 - C. Three
 - D. Depends on the room size
- 8. Which agency conducts annual surveys of nursing homes in Ohio?**
- A. The Ohio Department of Health
 - B. The Ohio Department of Aging
 - C. The Centers for Medicare and Medicaid Services
 - D. The Ohio Elder Care Commission
- 9. What is a requirement for each nursing home as part of the QAPI program?**
- A. Quarterly staff training
 - B. Establish a quality assurance committee
 - C. Disinfection of all surfaces daily
 - D. Regular equipment maintenance
- 10. What information should medical records of each resident in a nursing home contain?**
- A. Personal contact information
 - B. Dietary preferences
 - C. Photograph only
 - D. Admission record, referral record, nursing notes, care plan, resident assessment record, and more

Answers

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1. C
2. B
3. B
4. B
5. A
6. B
7. B
8. A
9. B
10. D

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Explanations

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1. How many members are on the Ohio Board of Directors as described in the text?

- A. 9 members
- B. 10 members
- C. 11 members**
- D. 12 members

The correct number of members on the Ohio Board of Directors is 11. This body is responsible for overseeing various aspects of nursing home administration and ensuring adherence to regulations and standards in Ohio. Having 11 members allows for a diverse range of expertise and perspectives, which can contribute to more effective governance and decision-making. Each member typically brings unique qualifications and experiences that benefit the overall functioning of the board in addressing the needs of nursing home facilities and their residents. In this case, the selected answer reflects the accurate composition of the board, which is significant in maintaining accountability and governance within the state's nursing homes.

2. Which professional organization provides resources and support to nursing home administrators?

- A. The National Nursing Home Association
- B. The American Health Care Association (AHCA)**
- C. The American Nurses Association
- D. The National Association of Senior Living Professionals

The American Health Care Association (AHCA) is the correct answer because it is a prominent organization dedicated to representing the interests of nursing home administrators and enhancing the quality of care in long-term care facilities. AHCA provides a wealth of resources, including educational materials, advocacy, and training tailored specifically for nursing home administrators. This support assists professionals in navigating the complexities of regulations, improving operational efficiencies, and ultimately enhancing the quality of care provided to residents. In contrast, while the National Nursing Home Association may appear relevant, it is largely centered on advocacy at a broader level rather than specific support tailored to nursing home administrators. The American Nurses Association primarily focuses on the interests and needs of registered nurses, which doesn't directly address the unique responsibilities of nursing home administrators. Similarly, the National Association of Senior Living Professionals targets a different demographic within the senior living sector and is not primarily focused on nursing home administrators. Therefore, AHCA stands out as the most appropriate organization for support and resources specific to nursing home administration.

3. What are the key components of a nursing home emergency preparedness plan?

- A. Employee benefits and training
- B. Risk assessment, response procedures, communication plans, and staff training**
- C. Budgeting and financial management
- D. Patient intake and discharge processes

The key components of a nursing home emergency preparedness plan include risk assessment, response procedures, communication plans, and staff training. Risk assessment is crucial as it involves identifying potential hazards and vulnerabilities within the nursing home environment. This helps in prioritizing what risks need to be addressed. Response procedures outline the steps that should be taken during an emergency, ensuring that staff knows how to act swiftly and effectively to protect residents and resources. Communication plans are vital for coordinating actions and sharing information with staff, residents, families, and emergency responders during an emergency situation. Clear communication can significantly reduce confusion and improve response times. Lastly, staff training ensures that all employees are equipped with the knowledge and skills necessary to implement the emergency plan. Regular drills and ongoing education help maintain readiness among the staff. In contrast, employee benefits and training mainly focus on staff welfare and professional development rather than direct emergency preparedness. Budgeting and financial management are essential for the overall operation of a facility but do not specifically address the unique needs of responding to emergencies. Similarly, patient intake and discharge processes are routine operations and do not relate directly to emergency preparedness.

4. What is a fundamental component of effective communication in nursing home settings?

- A. Minimizing family involvement
- B. Clear and open dialogue among staff, residents, and families**
- C. Strict adherence to hierarchy
- D. Avoiding difficult topics

Clear and open dialogue among staff, residents, and families serves as a fundamental component of effective communication in nursing home settings. This approach fosters an environment of trust and understanding, where everyone feels valued and heard. It enhances collaboration among healthcare providers, allowing for better coordination of care and improved outcomes for residents. Furthermore, when families are engaged in the communication process, they can contribute valuable insights regarding the preferences and needs of their loved ones, which supports person-centered care. Open communication addresses potential misunderstandings and ensures that all parties are informed about any changes in care plans or resident conditions. This transparency not only helps in building rapport but also aids in managing expectations, leading to greater satisfaction among residents and their families. Additionally, an atmosphere of open dialogue encourages staff members to express concerns and share knowledge, further enhancing the quality of care provided within the facility.

5. What is the primary objective of a nursing home administrator?

- A. To ensure the safety, welfare, and quality of life for residents in the facility**
- B. To manage the financial operations of the facility
- C. To oversee staff training and development
- D. To implement marketing strategies for the facility

The primary objective of a nursing home administrator is to ensure the safety, welfare, and quality of life for residents in the facility. This central role encompasses a range of responsibilities that are vital to creating and maintaining a supportive and nurturing environment for residents. The administrator must prioritize the health and safety of residents, which includes compliance with regulatory standards, overseeing medical care, assisting with daily activities, and fostering a community atmosphere that promotes dignity and respect. By focusing on the residents' overall quality of life, the administrator plays an essential part in enhancing their well-being and ensuring that their needs are met both physically and emotionally. While managing financial operations, overseeing staff training, and implementing marketing strategies are important aspects of running a nursing home, these functions ultimately serve the broader goal of safeguarding and enhancing the residents' experience. The focus on resident welfare is fundamental in creating a thriving and compliant facility that stakeholders – including families, regulators, and the community – trust and value.

6. Why is staff retention important in nursing homes?

- A. To reduce overall costs significantly
- B. To ensure continuity of care and build relationships with residents**
- C. To minimize training expenses
- D. To increase turnover rates

Staff retention is crucial in nursing homes because it ensures continuity of care and fosters strong relationships between staff and residents. Consistent staff members develop familiarity with the residents' individual needs, preferences, and histories, which can enhance the quality of care. When staff remain in place over time, they can build trust and rapport with residents, leading to a more personalized and compassionate care environment. This continuity also contributes to the emotional wellbeing of residents, as they feel more secure and comfortable with caregivers they know and trust. In addition to enhancing care quality, high staff retention can positively impact team dynamics and morale among employees, leading to a more cohesive work environment. This benefits not only the staff but also the residents, who experience improved care outcomes and a more stable living environment. Prioritizing staff retention aligns with best practices in healthcare and ensures that nursing homes can meet the physical and emotional needs of their residents effectively.

7. How many residents can share a toilet in a room in a nursing home?

- A. One
- B. Two**
- C. Three
- D. Depends on the room size

The correct answer is that the number of residents who can share a toilet in a room in a nursing home depends on the specific regulations and guidelines that govern the facility. Generally, in nursing homes, shared bathrooms are designed to ensure both accessibility and safety for the residents. The ideal scenario is to have a configuration that allows for privacy and adequate hygiene facilities. However, regulations typically stipulate that each private or semi-private room should have access to toileting facilities that can adequately serve the number of residents assigned to that room. While some states or facilities might have specific guidelines limiting the sharing of restroom facilities to two residents, it's essential to consider the overall design, spacing, and the particular needs of the residents involved. The options that suggest a specific number without addressing the room size or regulatory guidelines do not account for the fluidity of staffing and room configurations in nursing homes. Hence, understanding that room size and design play critical roles in determining restroom sharing capacity is significant.

8. Which agency conducts annual surveys of nursing homes in Ohio?

- A. The Ohio Department of Health**
- B. The Ohio Department of Aging
- C. The Centers for Medicare and Medicaid Services
- D. The Ohio Elder Care Commission

The Ohio Department of Health is responsible for conducting annual surveys of nursing homes in Ohio. These surveys are crucial for ensuring that facilities comply with state and federal regulations governing the quality of care and the safety of residents. Through these surveys, the agency assesses various aspects of nursing home operations, including resident rights, staff qualifications, cleanliness, and overall care quality. The Ohio Department of Aging, while involved with elder care, primarily focuses on advocacy, resource coordination, and support services for older adults rather than direct oversight of nursing home compliance. The Centers for Medicare and Medicaid Services (CMS) does have a role in regulating nursing homes that participate in Medicare and Medicaid, but the actual surveys and enforcement functions in Ohio are executed by the state's Department of Health. The Ohio Elder Care Commission serves a different purpose, focusing more on improving the overall care and services for older adults, rather than overseeing individual facilities.

9. What is a requirement for each nursing home as part of the QAPI program?

- A. Quarterly staff training
- B. Establish a quality assurance committee**
- C. Disinfection of all surfaces daily
- D. Regular equipment maintenance

Establishing a quality assurance committee is a requirement for each nursing home as part of the QAPI (Quality Assessment and Performance Improvement) program. This committee is responsible for overseeing and implementing the facility's quality improvement initiatives, monitoring performance indicators, analyzing data, and identifying areas for improvement. Quarterly staff training, disinfection of all surfaces daily, and regular equipment maintenance are important aspects of maintaining a safe and healthy environment in a nursing home, but they are not specifically required as part of the QAPI program.

10. What information should medical records of each resident in a nursing home contain?

- A. Personal contact information
- B. Dietary preferences
- C. Photograph only
- D. Admission record, referral record, nursing notes, care plan, resident assessment record, and more**

The correct choice encompasses a comprehensive range of essential documents that are necessary for the proper management and care of residents in a nursing home. Medical records are critical for ensuring continuity of care, providing evidence-based treatment, and safeguarding residents' health and safety. Including an admission record allows staff to have foundational information about the resident's medical history and current health status upon their entry into the facility. The referral record keeps track of any special consultations or treatments that have been recommended by other healthcare professionals. Nursing notes serve to document daily observations and care provided, which is vital for monitoring a resident's health over time. The care plan is a personalized guide that outlines the specific needs and goals for each resident, detailing how staff will address those needs. Lastly, the resident assessment record contains essential evaluation data that aids in developing and adjusting the care plan as necessary. Together, these elements create a holistic record that reflects the comprehensive care framework the facility has established for each individual resident, ensuring they receive appropriate and responsive care.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://ohionursingadministrator.examzify.com>

We wish you the very best on your exam journey. You've got this!

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