

# Ohio Nursing Home Administrator Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## 1. Start with a Diagnostic Review

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## 2. Study in Short, Focused Sessions

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## 3. Learn from the Explanations

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## 4. Track Your Progress

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## 5. Simulate the Real Exam

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## 6. Repeat and Review

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## **Questions**

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- 1. When did the two residents per room become effective?**
  - A. 7/17/02
  - B. 1/1/98
  - C. 5/12/05
  - D. 3/21/11
- 2. What must the quality assurance committee do systematically as part of the QAPI program?**
  - A. Review employee attendance
  - B. Monitor the quality of care and life
  - C. Plan social events
  - D. Conduct daily resident surveys
- 3. What is included in the definition of "Body substance" in a nursing home?**
  - A. Sweat and tears
  - B. Blood and sweat
  - C. Urine and feces
  - D. Blood, semen, saliva, vaginal secretions, feces, urine, wound drainage, emesis and other body secretions except tears and perspiration
- 4. What is the purpose of conducting a facility survey?**
  - A. To evaluate compliance with federal and state regulations concerning care and services
  - B. To assess the financial stability of the nursing home
  - C. To measure resident satisfaction with care
  - D. To determine staffing needs in the facility
- 5. How often must nursing homes conduct a comprehensive assessment of each resident?**
  - A. Every two years regardless of condition
  - B. At least once a year or when there is a significant change
  - C. Only if requested by a family member
  - D. Every six months without exception

**6. A nursing home is required to have a licensed social worker if bed capacity is?**

- A. 120+ beds**
- B. Twelve fire exit drills every year, approximately every three months on each shift**
- C. Carbon monoxide alarms shall be installed in the following locations:**
- D. orientation requirements to be taught: (6)**

**7. What is the frequency and type of disaster drill?**

- A. Biweekly tornado drills**
- B. Quarterly fire drills**
- C. Twice per year, one tornado drill and one table top drill**
- D. Monthly earthquake drills**

**8. How often should a comprehensive assessment be performed subsequent to the initial assessment?**

- A. Annually**
- B. Every 6 months**
- C. Every 90 days**
- D. Biennially**

**9. What may a nursing home establish to ensure visits do not unduly disturb other residents?**

- A. Reasonable policies**
- B. A no-visitors rule**
- C. Visiting hours for weekends only**
- D. A visitors' tax**

**10. What is the purpose of establishing an infection control program in a nursing home?**

- A. Monitor compliance, investigate, control and prevent infections, and institute appropriate interventions**
- B. To provide vaccinations to all residents and staff**
- C. To conduct daily health screenings of residents only**
- D. To maintain a stockpile of antibiotics**

## **Answers**

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1. A
2. B
3. D
4. A
5. B
6. A
7. C
8. A
9. A
10. A

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## **Explanations**

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## 1. When did the two residents per room become effective?

- A. 7/17/02**
- B. 1/1/98**
- C. 5/12/05**
- D. 3/21/11**

The correct answer regarding when the requirement for two residents per room became effective is the date indicated in the first option. This regulation was established to ensure that residents could live in a shared environment, which supports social interaction and engagement among residents. The implementation of this rule reflects a broader movement towards improving the quality of life in nursing facilities, promoting community, and allowing residents to form relationships with each other, thereby enhancing their emotional well-being. This is essential in a nursing home setting, where companionship can significantly contribute to the overall happiness and mental health of residents. Other dates might reference different changes in regulations or standards, but 7/17/02 is specifically the date that this particular requirement became enforced. Understanding these timelines is crucial for nursing home administrators to ensure compliance with state regulations and to promote a living environment that aligns with best practices in resident care.

## 2. What must the quality assurance committee do systematically as part of the QAPI program?

- A. Review employee attendance**
- B. Monitor the quality of care and life**
- C. Plan social events**
- D. Conduct daily resident surveys**

The correct answer is B because monitoring the quality of care and life is a key responsibility of the quality assurance committee in the QAPI program. This committee is responsible for systematically evaluating and ensuring that the nursing home is providing high-quality care and promoting a good quality of life for residents. This involves assessing various aspects of care, resident well-being, safety measures, and overall satisfaction. By regularly monitoring and evaluating these factors, the quality assurance committee can identify areas for improvement and implement interventions to enhance the quality of care and life in the nursing home. Options A, C, and D are incorrect because they do not align with the primary purpose of the quality assurance committee in the QAPI program. Employee attendance, planning social events, and conducting daily resident surveys are not the primary functions of the quality assurance committee in ensuring the quality of care and life for residents.

**3. What is included in the definition of "Body substance" in a nursing home?**

- A. Sweat and tears**
- B. Blood and sweat**
- C. Urine and feces**
- D. Blood, semen, saliva, vaginal secretions, feces, urine, wound drainage, emesis and other body secretions except tears and perspiration**

In a nursing home setting, the term "Body substance" refers to specific bodily fluids that can potentially transmit infections. These include blood, semen, saliva, vaginal secretions, feces, urine, wound drainage, emesis, and other body secretions, excluding tears and perspiration. It is crucial for nursing home administrators and staff to be aware of and properly handle these substances to prevent the spread of infections among residents and staff members.

**4. What is the purpose of conducting a facility survey?**

- A. To evaluate compliance with federal and state regulations concerning care and services**
- B. To assess the financial stability of the nursing home**
- C. To measure resident satisfaction with care**
- D. To determine staffing needs in the facility**

Conducting a facility survey primarily serves the purpose of evaluating compliance with federal and state regulations concerning care and services provided to residents. This process is essential for ensuring that the nursing home adheres to the established guidelines that govern the operation of healthcare facilities for the elderly and disabled. Compliance is crucial as it directly affects the quality of care delivered, resident safety, and the overall functioning of the facility. By assessing adherence to regulations, surveys can identify areas where improvements are needed and ensure that the rights and health of residents are protected. This evaluation further supports continuous quality improvement efforts within the facility, enabling nursing homes to provide better services and care environments. While assessing financial stability, measuring resident satisfaction, and determining staffing needs are also important aspects of running a nursing home, they are not the main focus of the facility survey. These factors may be evaluated through different processes or assessments, but the primary objective of a facility survey is centered on regulatory compliance and the provision of quality care in line with established standards.

**5. How often must nursing homes conduct a comprehensive assessment of each resident?**

- A. Every two years regardless of condition**
- B. At least once a year or when there is a significant change**
- C. Only if requested by a family member**
- D. Every six months without exception**

The frequency of conducting a comprehensive assessment of each resident in a nursing home is critical for ensuring that the care provided is appropriate and meets the individual needs of residents. The correct answer emphasizes that nursing homes must complete a comprehensive assessment at least once a year and also when there is a significant change in a resident's condition. This requirement aligns with regulations aimed at promoting effective care planning and responsiveness to residents' health and functional statuses. Annual assessments help staff track changes in health, needs, and preferences, while assessments triggered by significant changes ensure timely interventions that could prevent complications or deterioration of the resident's condition. The option stating "only if requested by a family member" underscores a misunderstanding of the regulatory responsibilities. Nursing homes are obligated to perform comprehensive assessments periodically, not just upon family request, which could lead to delays in addressing care needs. Similarly, the option suggesting assessments every six months would impose a more stringent requirement than necessary, potentially creating undue administrative burdens without clear evidence of improved care outcomes. The two-year interval is also insufficient, as it could overlook critical changes in a resident's health and is not aligned with best practices in geriatric care, potentially compromising the quality of care.

**6. A nursing home is required to have a licensed social worker if bed capacity is?**

- A. 120+ beds**
- B. Twelve fire exit drills every year, approximately every three months on each shift**
- C. Carbon monoxide alarms shall be installed in the following locations:**
- D. orientation requirements to be taught: (6)**

In Ohio, nursing homes are required to have a licensed social worker on staff if the bed capacity exceeds 120 beds. This regulation is in place to ensure that larger facilities have the necessary support and resources to address the various psychosocial needs of the residents. Implementing a licensed social worker in facilities with a higher bed capacity can enhance the quality of care provided to residents by addressing their emotional, social, and psychological well-being effectively.

## 7. What is the frequency and type of disaster drill?

- A. Biweekly tornado drills
- B. Quarterly fire drills
- C. Twice per year, one tornado drill and one table top drill**
- D. Monthly earthquake drills

The selection of twice per year, incorporating one tornado drill and one tabletop drill, aligns well with the requirements outlined in regulations for disaster preparedness in nursing homes. It is essential to conduct both types of drills as they serve distinct purposes; a tornado drill prepares staff and residents for severe weather, while a tabletop drill allows administrators to discuss and strategize responses to various disaster scenarios in a low-pressure environment. Regularly scheduled drills, such as the ones specified in this answer, not only enhance the readiness of the facility but also ensure that staff are familiar with their roles during an emergency. This dual approach fosters collective preparedness and maintains compliance with safety standards. In contrast, options that suggest more frequent drills or focus on only one type of scenario may not adequately address the diverse range of potential emergencies that nursing homes must be prepared for. Balancing the frequency and type of practice activities is crucial for effective preparedness and response.

## 8. How often should a comprehensive assessment be performed subsequent to the initial assessment?

- A. Annually**
- B. Every 6 months
- C. Every 90 days
- D. Biennially

It is important for a comprehensive assessment to be performed regularly in order to ensure that all aspects of an individual's needs and progress are being addressed. Option A of "Annually" is the most appropriate choice as it strikes a balance between providing enough time for significant changes to occur, while also not allowing too much time to pass between assessments. Option B of "Every 6 months" may not provide enough time for significant changes to occur, while options C and D may allow too much time to pass, potentially missing important changes that may have occurred. Additionally, it is important to follow up on recommendations from the initial assessment and make adjustments as needed, which makes an annual assessment a practical and beneficial timeframe for comprehensive assessments.

**9. What may a nursing home establish to ensure visits do not unduly disturb other residents?**

- A. Reasonable policies**
- B. A no-visitors rule**
- C. Visiting hours for weekends only**
- D. A visitors' tax**

A. Reasonable policies would ensure that residents can receive visitors without being disturbed. This would involve setting guidelines such as limiting the number of visitors at once, requiring visitors to be respectful of other residents, and establishing specific visiting hours to prevent disturbances during important activities or rest times. B. A no-visitors rule would be too extreme and not allow residents to have any visitors at all, limiting their social interactions and potentially causing emotional distress. C. Visiting hours for weekends only would restrict visitors to specific times, which may not work for all residents and their families. D. A visitors' tax would not address the issue of disturbing other residents and could discourage visitors from coming to see loved ones.

**10. What is the purpose of establishing an infection control program in a nursing home?**

- A. Monitor compliance, investigate, control and prevent infections, and institute appropriate interventions**
- B. To provide vaccinations to all residents and staff**
- C. To conduct daily health screenings of residents only**
- D. To maintain a stockpile of antibiotics**

An infection control program in a nursing home serves to monitor compliance with hygiene and sanitation practices, investigate and identify potential infections, implement necessary interventions to control and prevent the spread of infections, and ultimately ensure the safety and well-being of residents. Option B, providing vaccinations, and option D, maintaining a stockpile of antibiotics, are specific actions that may be included in the infection control program, but do not encompass the overall purpose. Option C, conducting daily health screenings of residents only, does not cover all aspects of an infection control program and may not be sufficient in preventing the spread of infections. Therefore, option A is the most comprehensive and appropriate answer.

# Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://ohionursinghomeadministrator.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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