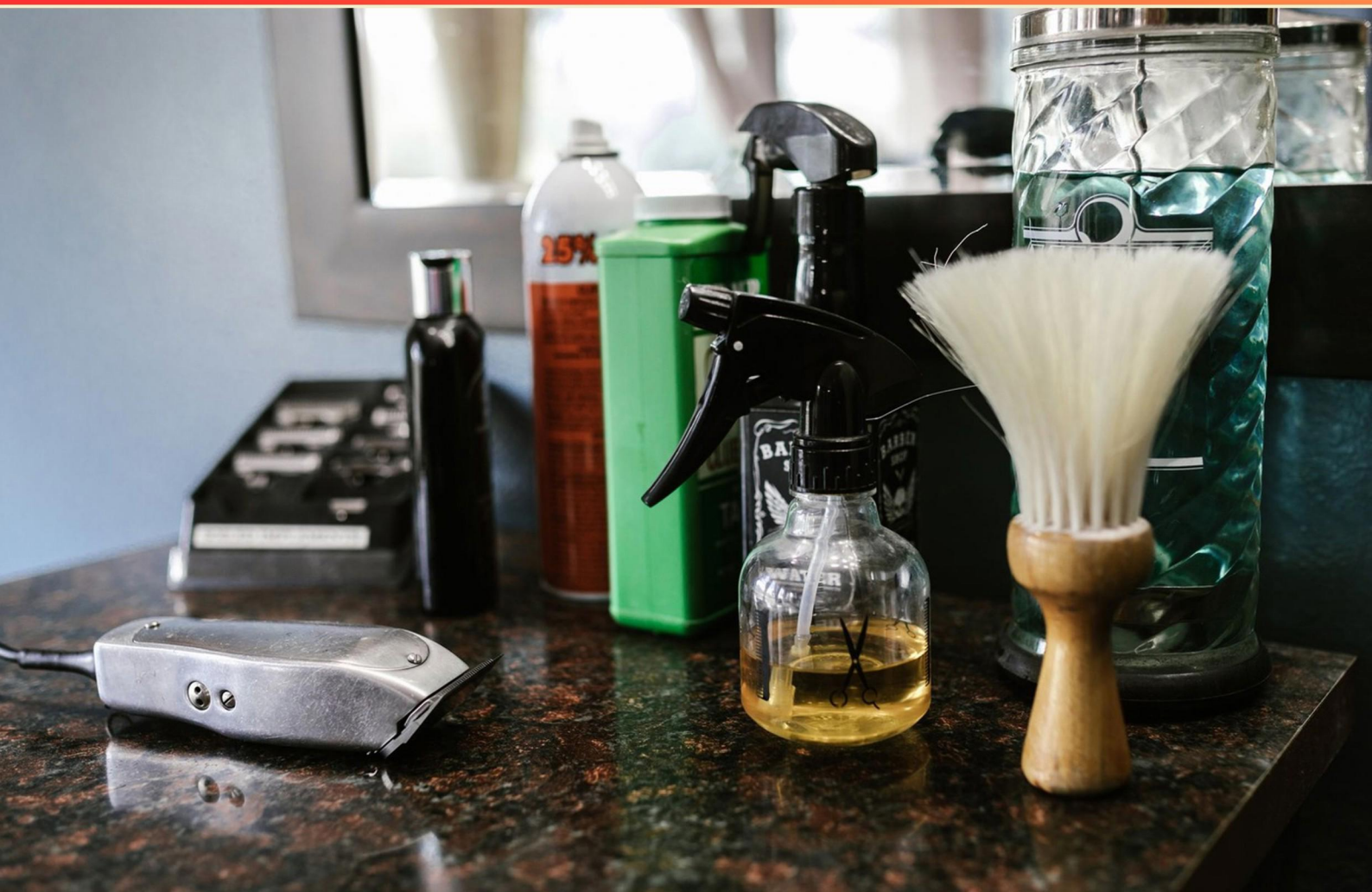


# OHIO COSMETOLOGY LICENSE PRACTICE EXAM (SAMPLE)

## STUDY GUIDE



## SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

VISIT US ONLINE FOR  
THE FULL VERSION STUDY GUIDE

<https://ohiocosmetology.examzify.com>



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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

## 1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

## 2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

## 3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

## 4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

## 5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

## 6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

## Questions

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- 1. How can you test for porosity in hair?**
  - A. By pulling a strand and checking the elasticity
  - B. By rubbing a strand between your fingers
  - C. By placing a strand of hair in water and observing how quickly it sinks
  - D. By applying water and checking for absorption
- 2. What is typically required before applying for the Ohio cosmetology license?**
  - A. Passing a practical exam
  - B. Completing the required training hours
  - C. Submission of a written essay
  - D. Completion of a research project
- 3. When is it appropriate to perform a scalp massage?**
  - A. During a haircut
  - B. When requested by the client
  - C. After hair coloring
  - D. Before chemical treatments
- 4. What is the main purpose of the Ohio State Cosmetology and Barber Board?**
  - A. To provide cosmetology training
  - B. To regulate the practice of cosmetology and barbering in Ohio
  - C. To issue beauty product licenses
  - D. To conduct promotional events for salons
- 5. Which of the following is considered a positive effect of regular exfoliation?**
  - A. Increased oil production
  - B. Improved skin texture
  - C. Darkened skin tone
  - D. Skin irritation

- 6. What is one method to create curls in hair using thermal tools?**
- A. Using a straightener
  - B. Using a curling iron
  - C. Using a diffuser
  - D. Using a brush
- 7. What is the primary function of a hair conditioner?**
- A. To cleanse the hair
  - B. To add shine and moisture
  - C. To remove excess oil
  - D. To prepare hair for styling
- 8. What is the ideal angle for finger placement when cutting hair?**
- A. 0 degrees
  - B. 30 degrees
  - C. 45 degrees
  - D. 90 degrees
- 9. What is the role of a stylist during a consultation?**
- A. To apply hair dye
  - B. To assess client needs and recommend suitable services
  - C. To provide hair products
  - D. To perform haircuts
- 10. What ingredient in sunscreen helps protect the skin from UV rays?**
- A. Vitamin E
  - B. Hyaluronic acid
  - C. Zinc oxide
  - D. Collagen



## **Answers**

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1. C
2. B
3. B
4. B
5. B
6. B
7. B
8. C
9. B
10. C

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## **Explanations**

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## 1. How can you test for porosity in hair?

- A. By pulling a strand and checking the elasticity
- B. By rubbing a strand between your fingers
- C. By placing a strand of hair in water and observing how quickly it sinks**
- D. By applying water and checking for absorption

*The best method for testing porosity in hair involves applying water and checking for absorption. This test assesses how well the hair cuticle allows moisture to penetrate, indicating its porosity level. High porosity hair absorbs water quickly and may appear to sink, while low porosity hair may resist moisture and float for a longer time. Using water in this manner provides direct insight into the hair's structure and its ability to retain or repel moisture, which is crucial in determining the appropriate hair care products and routines for different hair types. Understanding porosity helps cosmetologists make informed decisions about treatments, conditioning, and styling methods tailored to the specific needs of the hair. While the other options might inform aspects of hair health—such as elasticity or tactile texture—none specifically address water absorption, which is fundamental in evaluating porosity directly. Thus, checking absorption through the application of water offers the most accurate assessment of hair porosity.*

## 2. What is typically required before applying for the Ohio cosmetology license?

- A. Passing a practical exam
- B. Completing the required training hours**
- C. Submission of a written essay
- D. Completion of a research project

*Before applying for the Ohio cosmetology license, one of the essential requirements is the completion of the required training hours. In Ohio, candidates must accumulate a specific number of hours in a licensed cosmetology school, covering various subjects and skills necessary for the profession. This training ensures that individuals possess the knowledge and practical skills to perform safely and effectively in their chosen field of cosmetology. Passing a practical exam, while important, typically occurs after the training hours have been completed. The written essay and completion of a research project are not standard requirements for obtaining a cosmetology license in Ohio, which focuses on practical experience and theoretical knowledge pertinent to the practice. Thus, the completion of the required training hours is a critical foundational step before moving on to licensing exams and other requirements.*

## 3. When is it appropriate to perform a scalp massage?

- A. During a haircut
- B. When requested by the client**
- C. After hair coloring
- D. Before chemical treatments

*Performing a scalp massage is most appropriate when requested by the client. This practice encourages communication between the cosmetologist and the client, ensuring that the client feels comfortable and valued. A scalp massage can help to relax the client, increase blood circulation to the scalp, and enhance their overall experience during their visit. It is a service that should be tailored to the client's preferences and needs, making their request a critical factor in determining when it is appropriate to include this relaxation technique. In other scenarios, such as during a haircut, a scalp massage might not be practical or fitting, as it could interfere with the styling process. After hair coloring or before chemical treatments, it's essential to focus on the specific needs of those services rather than a massage, which could distract from the meticulous application or careful handling of hair products.*

**4. What is the main purpose of the Ohio State Cosmetology and Barber Board?**

- A. To provide cosmetology training
- B. To regulate the practice of cosmetology and barbering in Ohio**
- C. To issue beauty product licenses
- D. To conduct promotional events for salons

*The primary purpose of the Ohio State Cosmetology and Barber Board is to regulate the practice of cosmetology and barbering within the state. This regulatory body is responsible for setting standards and ensuring compliance with state laws that govern the industry. By overseeing licensing, safety, and professional conduct, the board safeguards public health and safety while promoting high standards of practice among cosmetologists and barbers. This includes administering examinations, issuing licenses, and disciplining licensees when necessary. Such regulation is vital in maintaining the integrity of the profession and ensuring that practitioners adhere to established guidelines. The other options, while related to cosmetology, do not encompass the board's main purpose. Providing training, issuing product licenses, or conducting promotional events are not within the regulatory focus of the board, as its primary function is to ensure that all practices related to cosmetology and barbering are conducted safely and professionally in accordance with Ohio law.*

**5. Which of the following is considered a positive effect of regular exfoliation?**

- A. Increased oil production
- B. Improved skin texture**
- C. Darkened skin tone
- D. Skin irritation

*Regular exfoliation has a significant positive effect on improving skin texture. This process involves the removal of dead skin cells from the surface of the skin, which can lead to a smoother and more radiant appearance. By sloughing off these dead cells, exfoliation helps to stimulate cell renewal, allowing fresher, healthier skin to come to the surface. As a result, the skin not only feels softer but also looks more vibrant and even-toned, enhancing its overall beauty. Additionally, while some skin types might experience short-term irritation if exfoliation is performed too aggressively or too frequently, when done correctly, it promotes a healthy skin renewal process. This contributes to a clearer complexion, reduces the appearance of fine lines, and can help with concerns like acne and clogged pores, further demonstrating its beneficial effects on skin texture.*

**6. What is one method to create curls in hair using thermal tools?**

- A. Using a straightener
- B. Using a curling iron**
- C. Using a diffuser
- D. Using a brush

*Using a curling iron is a well-established method for creating curls in hair through the application of heat. A curling iron consists of a heated barrel that, when hair is wrapped around it, forms spirals or waves depending on the technique used and the size of the barrel. This tool is specifically designed for curling, allowing for different styles by adjusting the direction and size of the curl. In contrast, while a straightener can also create curls, its primary function is to straighten hair, making it less efficient for curling than a dedicated curling iron. A diffuser is typically used to enhance natural curls and waves in hair, particularly when drying; it does not create curls independently. Lastly, using a brush is generally associated with styling for volume or smoothing rather than creating defined curls.*

## 7. What is the primary function of a hair conditioner?

- A. To cleanse the hair
- B. To add shine and moisture**
- C. To remove excess oil
- D. To prepare hair for styling

The primary function of a hair conditioner is to add shine and moisture to the hair. Conditioners are formulated to penetrate the hair shaft, hydrate and smooth the hair cuticles, which helps enhance the overall appearance and manageability of the hair. By providing moisture, conditioners can reduce frizz, improve texture, and restore shine, making hair look healthier and more vibrant. This is essential for maintaining the hair's natural luster and softness, particularly after washing, which can sometimes strip the hair of its natural oils. The other options represent functions that are generally associated with different types of hair products. Cleansers are responsible for removing dirt and product buildup, while some products focus on excess oil removal. Additionally, while conditioners may help detangle and prepare hair for styling, that is not their primary role. The main focus remains on enhancing moisture and shine.

## 8. What is the ideal angle for finger placement when cutting hair?

- A. 0 degrees
- B. 30 degrees
- C. 45 degrees**
- D. 90 degrees

The ideal angle for finger placement when cutting hair is 45 degrees. This angle allows for effective layering and texturizing, which helps create movement and shape in the hairstyle. At a 45-degree angle, the stylist can maintain control over the hair while also allowing for a gradual change in length. This technique is particularly useful for achieving soft, blended layers, as it avoids harsh lines that can occur at more extreme angles. Additionally, cutting hair at this angle helps to distribute weight evenly, contributing to a more balanced final look. It is also a comfortable position for the stylist, allowing for easier manipulation of the shears and reducing strain on the wrist over prolonged periods of cutting. This technique is foundational in hairstyling and is widely taught in cosmetology schools as part of the core curriculum.

## 9. What is the role of a stylist during a consultation?

- A. To apply hair dye
- B. To assess client needs and recommend suitable services**
- C. To provide hair products
- D. To perform haircuts

The role of a stylist during a consultation is fundamentally about understanding the client's needs and making appropriate recommendations. This phase is crucial as it allows the stylist to gather information about the client's preferences, hair type, lifestyle, and any specific concerns they may have. By assessing these factors, the stylist can suggest suitable services that will meet the client's expectations and provide the best outcomes for their hair. This consultative approach is instrumental in establishing trust and rapport between the stylist and the client, fostering a positive experience and ensuring that the client feels heard and valued. It also helps prevent potential misunderstandings that could arise if the stylist were to proceed with a service without fully grasping the client's desires. In contrast, applying hair dye, providing hair products, or performing haircuts are tasks that occur after the consultation, based on the insights gained during that initial discussion. These activities are part of the service that follows an effective consultation, making the assessing and recommending aspect foundational to the styling process.

**10. What ingredient in sunscreen helps protect the skin from UV rays?**

- A. Vitamin E
- B. Hyaluronic acid
- C. Zinc oxide**
- D. Collagen

*Zinc oxide is a physical or mineral sunscreen agent that serves as a barrier to protect the skin from ultraviolet (UV) rays. It works by reflecting and scattering both UVA and UVB rays, which are harmful to the skin. This makes zinc oxide an effective ingredient for sun protection, as it minimizes the risk of sunburn and long-term skin damage caused by UV exposure. In contrast, while Vitamin E is an antioxidant that can help soothe and repair the skin, it does not provide direct UV protection. Hyaluronic acid is primarily known for its hydrating properties and does not offer UV defense. Collagen is a protein that provides structure to the skin but has no protective effect against UV rays. Thus, zinc oxide is specifically recognized for its role in sun protection, making it the correct choice for this question.*

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## Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).

Or visit your dedicated course page for more study tools and resources:

<https://ohiocosmetology.examzify.com>

We wish you the very best on your exam journey. You've got this!

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