

Ohio Advanced Manicure Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

This is a sample study guide. To access the full version with hundreds of questions,

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.

7. Use Other Tools

Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!

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Questions

- 1. Which type of nail file is generally recommended for filing acrylic nails?**
 - A. Fine-grit file**
 - B. Coarse-grit file**
 - C. Metal file**
 - D. Buffer file**
- 2. By what percentage can the board raise any fees?**
 - A. 25%**
 - B. 50%**
 - C. 75%**
 - D. 100%**
- 3. What is a key feature of a dispensary in a salon?**
 - A. It should offer walk-in services**
 - B. It must be publicly accessible**
 - C. It must be closed to the public**
 - D. It should staff two professionals**
- 4. What is one important factor to consider during a nail product application?**
 - A. Client's favorite color**
 - B. Temperature of the room**
 - C. Application angle and technique**
 - D. Duration of the application**
- 5. Who appoints the board of cosmetology in Ohio?**
 - A. Ohio governor with senate approval**
 - B. Ohio secretary of state**
 - C. The state legislature**
 - D. The president of the United States**
- 6. How often should manicure equipment be disinfected?**
 - A. Once a week**
 - B. After each use**
 - C. Monthly**
 - D. Before initial use**

- 7. Which tool is typically used to push back cuticles?**
- A. Nail file**
 - B. Cuticle pusher**
 - C. Tweezers**
 - D. Nail scissors**
- 8. What is the ideal temperature for applying nail enhancements?**
- A. Below 50°F**
 - B. Between 70°F and 80°F**
 - C. Above 90°F**
 - D. Between 60°F and 70°F**
- 9. What must all inspectors/examiners be licensed as?**
- A. Nail technicians**
 - B. Estheticians**
 - C. Cosmetologists**
 - D. Barbers**
- 10. When adding new services, what must a salon do?**
- A. Consult with the staff**
 - B. Market the new services immediately**
 - C. Obtain approval before beginning to offer the services**
 - D. Inform customers beforehand**

Answers

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1. B
2. B
3. C
4. C
5. A
6. B
7. B
8. B
9. C
10. C

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Explanations

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1. Which type of nail file is generally recommended for filing acrylic nails?

A. Fine-grit file

B. Coarse-grit file

C. Metal file

D. Buffer file

A coarse-grit file is generally recommended for filing acrylic nails because it effectively shapes and reduces the thickness of the acrylic material. Acrylic nails are often quite solid and thick, requiring a file that can quickly and efficiently remove bulk without compromising the integrity of the nail enhancement. Coarse-grit files usually have a grit rating that ranges from about 80 to 120, which allows nail technicians to progress through the shaping process more quickly compared to finer files that might be better suited for finishing touches or natural nail care. Using a coarse-grit file helps ensure that the acrylic can be shaped into desired lengths and styles with ease, making it an essential tool in the manicure process for acrylic nails. In contrast, finer files are better for smoothing edges or finishing touches after the shaping process is complete, while metal files can damage the nail if not used carefully or can be too harsh for acrylics. Buffers are specifically designed to smooth the surface rather than alter the shape and would not be effective in the initial filing down process.

2. By what percentage can the board raise any fees?

A. 25%

B. 50%

C. 75%

D. 100%

The correct percentage by which the board can raise any fees is 50%. This amount is established by regulatory standards to ensure that fee increases remain reasonable and accessible for licensees and consumers. A 50% increase allows for necessary adjustments to cover rising operational costs and enhance services without imposing an excessive burden on practitioners. Understanding this regulation is essential as it demonstrates the balance between maintaining the financial viability of the board and ensuring affordability for those in the industry. The other percentages are either too high or not permissible, as they could lead to a steep financial impact on practitioners, making compliance burdensome and potentially driving professionals away from the field.

3. What is a key feature of a dispensary in a salon?

- A. It should offer walk-in services
- B. It must be publicly accessible
- C. It must be closed to the public**
- D. It should staff two professionals

A key feature of a dispensary in a salon is that it must be closed to the public. This setup ensures that products and tools within the dispensary are reserved for professional use only, allowing licensed professionals to maintain control over the materials used during services. A closed environment minimizes the risk of contamination and ensures the proper use of professional-grade products, which may not be safe or appropriate for unsupervised access by clients or the general public. In this context, the requirement for a dispensary to be closed upholds sanitation standards and regulatory compliance in salon operations, supporting a safe and effective working environment for both professionals and clients.

4. What is one important factor to consider during a nail product application?

- A. Client's favorite color
- B. Temperature of the room
- C. Application angle and technique**
- D. Duration of the application

During a nail product application, application angle and technique are critical factors that significantly influence the quality and durability of the manicure. The angle at which the product is applied affects how it adheres to the nail surface, ensuring a smooth and even finish. Proper technique helps avoid common issues such as bubbling or lifting, which can compromise the overall appearance and longevity of the manicure. Implementing the correct angle ensures that the product settles properly, maximizing its bonding capabilities to the natural nail. This is particularly important when applying products like gels or acrylics, which require precise techniques to achieve the desired results and to create a strong structure. In contrast, while the client's favorite color can guide the aesthetic choice, it does not impact how well the product is applied. Likewise, room temperature can influence drying times but is less crucial than mastering the application technique. The duration of the application process is also important for overall service quality, yet it does not outweigh the necessity of applying the product correctly and at the right angle.

5. Who appoints the board of cosmetology in Ohio?

A. Ohio governor with senate approval

B. Ohio secretary of state

C. The state legislature

D. The president of the United States

The board of cosmetology in Ohio is appointed by the Ohio governor, with the requirement of senate approval. This process ensures a system of checks and balances within the state government, allowing for oversight and confirmation of the appointed members by the state legislature. Each member of the board typically comes from a relevant field or has experience in cosmetology, which helps ensure that the board has the necessary knowledge and expertise to regulate the profession effectively. In this context, the involvement of the governor reflects the state's executive branch's role in appointing key regulatory and oversight positions, fostering accountability and proper governance in the cosmetology industry. The requirement for senate approval further adds an essential layer of scrutiny, as the senate reviews each appointment to confirm that the candidates are qualified to serve on the board.

6. How often should manicure equipment be disinfected?

A. Once a week

B. After each use

C. Monthly

D. Before initial use

Manicure equipment should be disinfected after each use to ensure the highest standards of hygiene and to prevent cross-contamination between clients. This practice is vital in a salon setting where multiple clients are served throughout the day. Regular disinfection helps eliminate bacteria, viruses, and fungi that could be present on tools, thereby protecting the health and safety of clients. Following this protocol not only aligns with best practices for infection control but also complies with state regulations and guidelines for safe salon operations. Utilizing proper disinfectants and techniques after every appointment ensures that all tools are clean and safe for the next client, minimizing the risk of transmitting infections. Regularly disinfecting equipment also reflects professionalism and attention to client welfare, which is crucial in the beauty industry.

7. Which tool is typically used to push back cuticles?

- A. Nail file
- B. Cuticle pusher**
- C. Tweezers
- D. Nail scissors

The tool specifically designed for pushing back cuticles is the cuticle pusher. This tool usually features a flat edge or a spoon-like shape that gently nudges the cuticle away from the nail plate, helping to maintain a clean and tidy appearance of the nails. Proper use of a cuticle pusher can also promote healthy nail growth and prevent hangnails or other issues that may arise from overgrown cuticles. In comparison, a nail file is primarily used for shaping and smoothing the edges of the nails, while tweezers serve to grasp or pluck small items and are not suitable for cuticle management. Nail scissors are intended for trimming nails and are not designed to push back cuticles effectively. Each of these tools serves a distinct purpose, with the cuticle pusher being the ideal choice for the specific task of cuticle care.

8. What is the ideal temperature for applying nail enhancements?

- A. Below 50°F
- B. Between 70°F and 80°F**
- C. Above 90°F
- D. Between 60°F and 70°F

The ideal temperature for applying nail enhancements is between 70°F and 80°F because this range creates optimal conditions for the products used in nail enhancements to cure and adhere properly. At temperatures within this range, the viscosity of monomers and resins is ideal, allowing for better application and manipulation. Additionally, products may cure more evenly and quickly at these temperatures, reducing the likelihood of issues such as bubbling or incomplete curing that can occur at extremes in temperature. This temperature range also ensures client comfort during the procedure, as lower temperatures could lead to discomfort and higher temperatures could affect the working properties of the enhancements.

9. What must all inspectors/examiners be licensed as?

- A. Nail technicians
- B. Estheticians
- C. Cosmetologists**
- D. Barbers

The requirement for all inspectors and examiners to be licensed as cosmetologists stems from the comprehensive knowledge and skills that a cosmetology education provides. A cosmetologist is trained in various beauty services, which include hair, skin, and nail care. This broad spectrum of training ensures that inspectors have an in-depth understanding of safety, sanitation, and the technical procedures involved in all areas of beauty services. Being licensed as a cosmetologist equips inspectors with the expertise necessary to assess practices in salons effectively. They can ensure that nail services, skin services, and hair services all meet state regulations and standards. This is crucial for maintaining public safety and industry integrity, as inspectors are responsible for evaluating compliance with health and safety regulations in multiple beauty disciplines. Other options, while related to specific beauty services, do not encompass the wide-ranging knowledge required for comprehensive inspections. Nail technicians focus solely on nail care, estheticians specialize in skin care, and barbers concentrate on hair services. Therefore, the broader training of a cosmetologist is essential for fulfilling the role of an inspector or examiner in the beauty industry.

10. When adding new services, what must a salon do?

- A. Consult with the staff
- B. Market the new services immediately
- C. Obtain approval before beginning to offer the services**
- D. Inform customers beforehand

When a salon decides to add new services, it is crucial to obtain approval before beginning to offer those services. This ensures that the salon complies with legal and professional standards, which include licensing requirements and safety protocols. Obtaining approval can involve consulting with regulatory bodies or professional associations to confirm that the new services align with state laws and industry standards. This step is essential to protect both the salon and its clients, as it helps maintain a high level of quality and safety in the services being provided. While consulting with staff, marketing the new services, and informing customers are all important aspects of launching new offerings, they should take place after the necessary approvals have been secured. By prioritizing compliance and safety, the salon establishes a foundation for successfully integrating new services into its offerings.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://ohadvmanicure.examzify.com>

We wish you the very best on your exam journey. You've got this!