

Nursing Professional Development Certification (NPD-BC) Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

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Questions

- 1. When developing continuing education courses that involve the psychomotor domain of learning, which of the following is most essential?**
 - A. role playing and reflective exercise**
 - B. spaced lessons with reinforcement of learning**
 - C. time for repeated practice**
 - D. journal keeping**
- 2. To be considered a content expert by the ANCC, what percentage of professional time must a nurse spend in their certification area?**
 - A. 25%**
 - B. 50%**
 - C. 75%**
 - D. 100%**
- 3. Which method of data collection is emphasized for ensuring patient safety and compliance in healthcare settings?**
 - A. telephone surveys**
 - B. written surveys**
 - C. email surveys**
 - D. personal interviews**
- 4. How much content should be provided for a 1 CEU course typically?**
 - A. 1 contact hour**
 - B. 5 contact hours**
 - C. 10 contact hours**
 - D. 15 contact hours**
- 5. For effective communication in a team setting, which characteristic is most beneficial?**
 - A. Assertiveness**
 - B. Being introverted**
 - C. Limiting interactions**
 - D. Avoiding consensus building**

- 6. Continuing education aimed at the cognitive domain of learning is ordered according to complexity, with the least complex being:**
- A. knowledge**
 - B. application**
 - C. synthesis**
 - D. evaluation**
- 7. One of the objectives of the Medicare Promoting Interoperability Program relates to health information exchange and includes which of the following?**
- A. Risk management**
 - B. Clinical decision support system**
 - C. Multifactor authentication**
 - D. Electronic prescribing**
- 8. What is the primary aim of an impact evaluation?**
- A. Assess the appropriateness of the teaching**
 - B. Determine the program's effects on the organization or the greater community**
 - C. Measure whether the learners gained the intended knowledge**
 - D. Evaluate whether the program achieved its stated goals**
- 9. Why is it important to engage stakeholders in professional development initiatives?**
- A. To ensure compliance**
 - B. To enhance organizational buy-in**
 - C. To reduce costs**
 - D. To limit feedback**
- 10. How long does CMS require that medical records for Medicare Parts A and B be maintained?**
- A. 2 years from the date of service**
 - B. 5 years from the date of service**
 - C. 7 years from the date of service**
 - D. 10 years from the date of service**

Answers

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1. C
2. B
3. B
4. C
5. A
6. A
7. D
8. B
9. B
10. C

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Explanations

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1. When developing continuing education courses that involve the psychomotor domain of learning, which of the following is most essential?

- A. role playing and reflective exercise**
- B. spaced lessons with reinforcement of learning**
- C. time for repeated practice**
- D. journal keeping**

When developing continuing education courses that focus on the psychomotor domain of learning, providing time for repeated practice is crucial. The psychomotor domain involves physical skills and dexterity, which can only be developed through hands-on practice and experience. This domain requires not only the understanding of a skill but also the execution of that skill in a competent manner. Repeated practice allows learners to refine their motor skills, enhance muscle memory, and build confidence in their abilities. This approach ensures that learners can perform tasks efficiently and accurately, which is essential in nursing and other healthcare fields where proficiency in physical skills can directly impact patient care and safety. While role playing and reflective exercises, spaced lessons with reinforcement, and journal keeping all contribute to holistic learning, they do not specifically address the hands-on practice needed to master psychomotor skills as effectively as providing dedicated time for practice does.

2. To be considered a content expert by the ANCC, what percentage of professional time must a nurse spend in their certification area?

- A. 25%**
- B. 50%**
- C. 75%**
- D. 100%**

To be recognized as a content expert by the American Nurses Credentialing Center (ANCC), a nurse must demonstrate significant involvement in their certification area. The requirement of spending at least 50% of their professional time in this domain ensures that the nurse maintains a current and practical understanding of the skills, knowledge, and the evolving landscape pertinent to that specialization. This level of engagement is essential for establishing credibility and expertise in the field, as it reflects dedicated practice over a sustained period. In this context, spending 50% of professional time indicates that the nurse is actively engaged enough to be familiar with the latest practices, innovations, and challenges within their certification area. This requirement balances the necessity for ongoing professional development and an adequate continuing education in nursing, which is vital to ensuring quality patient care and advancing the nursing profession.

3. Which method of data collection is emphasized for ensuring patient safety and compliance in healthcare settings?

- A. telephone surveys
- B. written surveys**
- C. email surveys
- D. personal interviews

The emphasis on written surveys for ensuring patient safety and compliance in healthcare settings is grounded in their ability to provide structured and consistent data collection. Written surveys allow respondents to carefully consider their answers, leading to more accurate and thoughtful responses. This method is particularly effective in healthcare, where clarity and detail are essential for understanding patient experiences and compliance with safety protocols. Written surveys can also be designed to include specific questions related to safety practices, medication adherence, and patient understanding of discharge instructions. This structured format helps to standardize responses, making it easier to analyze data for trends that can impact patient safety. Additionally, written surveys can be distributed widely, allowing for the collection of data from a large sample size, which enhances the reliability and validity of the findings. In contrast, while other methods such as telephone surveys, email surveys, and personal interviews have their advantages, they may not provide the same level of consistency or comprehensive data collection as written surveys. Telephone surveys may introduce bias due to the personal interaction, email surveys could face issues with low response rates or access barriers, and personal interviews may be resource-intensive and time-consuming, limiting the broader applicability of the findings. Thus, the preference for written surveys in this context is supported by their effectiveness in capturing comprehensive and accurate data

4. How much content should be provided for a 1 CEU course typically?

- A. 1 contact hour
- B. 5 contact hours
- C. 10 contact hours**
- D. 15 contact hours

In the context of Continuing Education Units (CEUs), it is important to recognize that one CEU typically equates to ten contact hours of participation in an organized continuing education experience. Therefore, for a course that offers 1 CEU, the expected content delivery should ideally consist of 10 contact hours of educational activity. This means participants should engage for a total of ten hours to earn that single CEU. Understanding the relationship between CEUs and contact hours is crucial for both educators and learners in the nursing profession, as it helps in planning educational offerings and ensuring compliance with professional development requirements.

5. For effective communication in a team setting, which characteristic is most beneficial?

A. Assertiveness

B. Being introverted

C. Limiting interactions

D. Avoiding consensus building

Assertiveness is the most beneficial characteristic for effective communication in a team setting because it enables individuals to express their thoughts, feelings, and needs clearly and confidently while also respecting the viewpoints of others. This balance fosters an open dialogue, encourages collaboration, and helps to create a safe environment where team members feel valued and heard. Assertive communication promotes understanding and facilitates problem-solving by allowing team members to engage in constructive discussions, ultimately leading to more cohesive team dynamics and better outcomes. Being introverted might contribute to one's need for reflection and thoughtfulness, but it does not inherently support effective communication in a group context. Limiting interactions can hinder relationship building and prevent the exchange of important information, while avoiding consensus building can lead to misunderstandings, conflict, and a lack of comprehensive decision-making in a team. Therefore, the assertive approach stands out as the most effective communicative style for team collaboration.

6. Continuing education aimed at the cognitive domain of learning is ordered according to complexity, with the least complex being:

A. knowledge

B. application

C. synthesis

D. evaluation

The least complex level in the cognitive domain of learning is knowledge. This level involves the simple recall of facts, concepts, and information. It is fundamental to all other cognitive processes because, without this foundational knowledge, a learner cannot accurately apply, analyze, synthesize, or evaluate information. When considering the other levels such as application, synthesis, and evaluation, these represent progressively more complex cognitive tasks. Application requires a learner to use knowledge in new situations or contexts, while synthesis involves combining different ideas or information to create something new. Evaluation is the highest level, requiring critical thinking and judgment about the value or quality of information or methods. Thus, starting with the recall of basic knowledge sets the stage for more advanced cognitive skills.

7. One of the objectives of the Medicare Promoting Interoperability Program relates to health information exchange and includes which of the following?

- A. Risk management**
- B. Clinical decision support system**
- C. Multifactor authentication**
- D. Electronic prescribing**

The objective of the Medicare Promoting Interoperability Program focuses on improving healthcare delivery through effective health information exchange. Electronic prescribing is a fundamental component of this program as it enables healthcare providers to send prescriptions directly to pharmacies electronically, thereby enhancing communication and reducing errors associated with handwritten prescriptions. This seamless exchange of medication information is crucial for patient safety and efficiency in healthcare delivery. Incorporating electronic prescribing into practice not only meets specific program requirements but also contributes to better medication management and adherence among patients. It supports interoperability by allowing vital information about medications to be available across different healthcare settings, ensuring that providers have access to up-to-date prescription data while improving overall care coordination. This ensures that healthcare systems communicate effectively, making the provision of patient care safer and more efficient. The other options related to risk management, clinical decision support systems, and multifactor authentication, while important in the context of healthcare, don't directly align with the primary focus of the health information exchange component of the Medicare Promoting Interoperability Program.

8. What is the primary aim of an impact evaluation?

- A. Assess the appropriateness of the teaching**
- B. Determine the program's effects on the organization or the greater community**
- C. Measure whether the learners gained the intended knowledge**
- D. Evaluate whether the program achieved its stated goals**

The primary aim of an impact evaluation focuses on determining the program's effects on the organization or the greater community. This type of evaluation is designed to assess the broader implications and changes that result from the program. It seeks to understand how the program contributes to overall outcomes within the community or organization rather than just measuring immediate effects. An impact evaluation also considers long-term changes, promoting an understanding of the sustainability and effectiveness of the program in addressing the needs it intended to solve. By looking at these broader effects, it informs stakeholders about the relevance and success of the program in realizing its mission and creating significant shifts in practice, policy, or community well-being. While other aspects such as the appropriateness of teaching methods, learner knowledge gain, and whether stated goals were achieved are important metrics, they are more focused on program implementation and immediate educational outcomes rather than the overall impact on the environment in which the program operates.

9. Why is it important to engage stakeholders in professional development initiatives?

- A. To ensure compliance**
- B. To enhance organizational buy-in**
- C. To reduce costs**
- D. To limit feedback**

Engaging stakeholders in professional development initiatives is crucial for enhancing organizational buy-in. When stakeholders such as leaders, educators, and frontline staff are involved in the planning and execution of these initiatives, they feel a sense of ownership and commitment to the outcomes. This buy-in is essential for the success of any professional development program because it fosters a culture of support and collaborative goal-setting, which is vital for achieving sustainable changes in practice and enhancing the overall effectiveness of the initiative. Stakeholders can provide valuable insights into the training needs, challenges, and opportunities within the organization, making the initiatives more relevant and tailored to the workforce. Their involvement can also promote a more inclusive environment, where diverse perspectives are considered, leading to higher engagement and motivation among all participants. Consequently, well-engaged stakeholders are more likely to support the initiatives, helping to ensure they are integrated effectively into the organization's practices and policies.

10. How long does CMS require that medical records for Medicare Parts A and B be maintained?

- A. 2 years from the date of service**
- B. 5 years from the date of service**
- C. 7 years from the date of service**
- D. 10 years from the date of service**

The requirement by the Centers for Medicare & Medicaid Services (CMS) to maintain medical records for Medicare Parts A and B is set at a duration of 7 years from the date of service. This timeframe is established to ensure that records are available for audits, legal purposes, and continuity of care. Maintaining records for this duration allows healthcare providers to comply with regulatory standards, assist in claims review processes, and provide necessary documentation during investigations or audits. Records that are retained for at least 7 years help ensure that all clinical information is accessible for review should questions arise regarding patient care or billing.