

Nurse Executive, Advanced Board Certified (NEA-BC) Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	16

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which service is covered by Medicare for eligible patients?**
 - A. Physical therapy**
 - B. Speech language services**
 - C. Occupational therapy**
 - D. Emergency medical services**

- 2. Conformance costs are primarily associated with which aspect?**
 - A. Cost of quality failures**
 - B. External market competition**
 - C. Preventing errors through monitoring and evaluation**
 - D. Training costs for new employees**

- 3. Which of the following is a criterion used to classify accountability measures?**
 - A. Timeliness of interventions**
 - B. Research support for interventions**
 - C. Cost efficiency**
 - D. Accessibility of services**

- 4. What does the platinum rule emphasize in terms of interpersonal treatment?**
 - A. A person should treat others as they want to be treated**
 - B. Looks outward instead of inward**
 - C. Promoting self-interest**
 - D. Focusing solely on individual goals**

- 5. What does pediatric quality improvement (QI) focus on measuring?**
 - A. Adverse effects of healthcare exposure in the pediatric population**
 - B. Quality of care in adult inpatient settings**
 - C. Effectiveness of surgical procedures**
 - D. Hospital morbidity and mortality rates**

- 6. What characterizes the 'forming' stage of team development?**
- A. Establishing team goals and norms**
 - B. Defining roles and responsibilities through conflict**
 - C. Maximizing task completion through collaboration**
 - D. Evaluating team progress towards objectives**
- 7. What does workers' compensation provide for employees?**
- A. Free healthcare for all injuries**
 - B. Cash benefits and medical reimbursement for work-related injuries**
 - C. Job security after injury**
 - D. Compensation for psychological distress only**
- 8. What is the primary focus of nurse-led clinics regarding patient care?**
- A. Solely providing emergency medical treatments**
 - B. Concentrating on population-based care and prevention**
 - C. Only managing acute illnesses**
 - D. Offering services without a specific demographic focus**
- 9. What does a dashboard in an organization provide?**
- A. Strict financial reports**
 - B. Difficult-to-read data**
 - C. A visual presentation of various performance measures**
 - D. A list of all organizational roles**
- 10. What does the yellow hat focus on in the Six Hats approach?**
- A. Negative aspects of ideas**
 - B. Purely emotional responses**
 - C. What's working and the benefits of suggestions**
 - D. Facilitating group discussions**

Answers

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1. B
2. C
3. B
4. B
5. A
6. A
7. B
8. B
9. C
10. C

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Explanations

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1. Which service is covered by Medicare for eligible patients?

- A. Physical therapy
- B. Speech language services**
- C. Occupational therapy
- D. Emergency medical services

Medicare coverage for services provided to eligible patients includes a variety of rehabilitative therapies, and speech language services fall under this category. Specifically, Medicare Part B covers medically necessary speech-language pathology services provided by licensed speech-language pathologists when ordered by a physician. These services are designed to treat speech disorders which may result from conditions such as strokes, brain injuries, or developmental delays. In contrast, other options may also be covered under specific circumstances, but speech-language services are distinctly noted within the Medicare guidelines for their importance in addressing communication disorders. Understanding the nuances of coverage can help clarify the scope of services available to patients on Medicare.

2. Conformance costs are primarily associated with which aspect?

- A. Cost of quality failures
- B. External market competition
- C. Preventing errors through monitoring and evaluation**
- D. Training costs for new employees

Conformance costs are primarily linked to the proactive measures taken to ensure that products or services meet quality standards. This includes costs associated with preventing defects through activities such as monitoring, evaluation, and quality assurance processes. By investing in these areas, organizations can minimize the risk of quality failures and defects, ultimately leading to a more efficient operation and a better overall product. When organizations focus on conformance costs, they are actively working to create systems and processes that ensure compliance with established quality standards. This might involve regular inspections, quality training programs for employees, and the implementation of best practices in operational processes. In contrast, the other options relate to various aspects of costs outside of the direct focus on prevention of errors. While training costs for new employees can play a role in conformance, it is not the primary aspect of conformance costs, as they encompass a broader range of activities specifically aimed at maintaining quality standards. External market competition and cost of quality failures pertain more to reactive measures, addressing issues after they occur, rather than preventing them from happening in the first place, which is the key focus of conformance costs.

3. Which of the following is a criterion used to classify accountability measures?

- A. Timeliness of interventions**
- B. Research support for interventions**
- C. Cost efficiency**
- D. Accessibility of services**

The criterion of research support for interventions is critical in classifying accountability measures because it ensures that the interventions being evaluated are backed by empirical evidence demonstrating their effectiveness. When accountability measures are based on interventions that have undergone rigorous research, they are more likely to lead to positive patient outcomes and reflect best practices in healthcare delivery. This focus on evidence-based practices underscores the importance of aligning clinical actions with proven strategies, thus enhancing accountability within nursing and healthcare organizations. In contrast, options such as timeliness of interventions, cost efficiency, and accessibility of services, while important in the broader scope of healthcare delivery and performance measurement, do not specifically pertain to the classification of accountability measures. These aspects may influence overall care quality but are less directly related to the foundational requirement that interventions should have a strong backing of research support to be deemed trustworthy and effective.

4. What does the platinum rule emphasize in terms of interpersonal treatment?

- A. A person should treat others as they want to be treated**
- B. Looks outward instead of inward**
- C. Promoting self-interest**
- D. Focusing solely on individual goals**

The platinum rule emphasizes the importance of treating others the way they want to be treated, rather than how one would want to be treated personally. This principle promotes empathy and understanding in interpersonal relationships, focusing on the preferences and feelings of others. By recognizing that individuals have different needs, desires, and cultural backgrounds, the platinum rule encourages a more thoughtful approach to communication and collaboration. In contrast to the selected answer, which does not capture the essence of the platinum rule, it's crucial to note that effective interpersonal treatment involves outward reflection and consideration of others' perspectives. This acknowledgment is vital in enhancing team dynamics, patient care, and overall workplace morale. The other options, which focus on self-interest or individual goals, diverge from the core tenets of effective leadership and interpersonal relationships. Relationships in a professional setting thrive on mutual understanding and respect, traits that are foundational to the platinum rule. Therefore, understanding and applying the platinum rule fosters a culture of collaboration and support, ultimately leading to better outcomes in both professional and personal interactions.

5. What does pediatric quality improvement (QI) focus on measuring?

- A. Adverse effects of healthcare exposure in the pediatric population**
- B. Quality of care in adult inpatient settings**
- C. Effectiveness of surgical procedures**
- D. Hospital morbidity and mortality rates**

Pediatric quality improvement (QI) primarily focuses on measuring the adverse effects of healthcare exposure in the pediatric population because it aims to enhance the safety and quality of care specifically for children. Addressing the unique physiological and developmental needs of children, QI initiatives aim to identify and reduce instances of harm, improve treatment protocols, and ensure that healthcare practices lead to better outcomes for young patients. This focus on monitoring adverse effects allows healthcare organizations to implement changes that can prevent potential harm and enhance the overall quality of services provided to pediatric patients. Continuous quality improvement efforts in pediatrics are essential to ensure that interventions are effective and safe, taking into account the vulnerabilities associated with treating children compared to adults. Other choices, while relevant in their own contexts, do not capture the specific focus on the pediatric population or are more applicable to adult care settings. For instance, measuring quality of care in adult inpatient settings or the effectiveness of surgical procedures may not necessarily yield insights specific to children's healthcare needs. Similarly, tracking hospital morbidity and mortality rates might provide important data, but it does not inherently prioritize the specific experiences and risks faced by pediatric patients.

6. What characterizes the 'forming' stage of team development?

- A. Establishing team goals and norms**
- B. Defining roles and responsibilities through conflict**
- C. Maximizing task completion through collaboration**
- D. Evaluating team progress towards objectives**

The 'forming' stage of team development is primarily characterized by the establishment of team goals and norms. During this initial phase, team members come together, introduce themselves, and familiarize themselves with the group's purpose. They discuss the objectives they aim to achieve, which helps in creating a foundational understanding of what is expected from each member. Establishing norms at this stage is crucial as it sets the groundwork for how the team will interact and collaborate moving forward. In contrast, defining roles and responsibilities through conflict is more indicative of the 'storming' stage, where team members begin to express their opinions and may encounter disagreements as they carve out their positions within the team. Maximizing task completion through collaboration typically occurs in the 'performing' stage, when the team is fully functional and working cohesively towards their objectives. Evaluating team progress towards objectives is a process that is generally carried out throughout the lifecycle of the team but is a more significant focus in the 'adjourning' or 'performing' stages, rather than during the initial forming phase.

7. What does workers' compensation provide for employees?

- A. Free healthcare for all injuries
- B. Cash benefits and medical reimbursement for work-related injuries**
- C. Job security after injury
- D. Compensation for psychological distress only

Workers' compensation is designed to provide financial and medical support to employees who suffer work-related injuries or illnesses. It ensures that individuals who are injured on the job receive medical treatment and a portion of their lost wages during their recovery period. This system aims to protect employees while also providing employers with a measure of liability protection. Cash benefits cover a percentage of wages lost due to the inability to work following the injury, while medical reimbursement ensures that necessary medical services related to the injury are covered. This comprehensive approach not only aids in the recovery process but also allows employees to focus on their rehabilitation without the added stress of financial instability resulting from a loss of income. The other options do not fully capture the scope and intent of workers' compensation. For instance, while it covers various injuries, it does not provide free healthcare for all injuries, as it is specific to work-related incidents. Job security is not guaranteed under workers' compensation laws, as employers have the right to make decisions about employment based on operational needs. Lastly, the system is not limited to compensation for psychological distress; rather, it encompasses a wide range of physical and mental health injuries caused by work-related activities. Therefore, option B accurately reflects the comprehensive benefits provided by workers' compensation for employees injured

8. What is the primary focus of nurse-led clinics regarding patient care?

- A. Solely providing emergency medical treatments
- B. Concentrating on population-based care and prevention**
- C. Only managing acute illnesses
- D. Offering services without a specific demographic focus

The primary focus of nurse-led clinics is on population-based care and prevention. These clinics operate with the intent to improve health outcomes for specific populations by emphasizing comprehensive health promotion and disease prevention strategies. This approach allows for tailored interventions that address the unique health needs of communities, leading to better management of chronic diseases and overall public health improvements. In this context, population-based care involves assessing the health needs of a community, implementing preventive measures, and promoting wellness initiatives rather than solely treating individuals on a case-by-case basis. By concentrating on prevention, nurse-led clinics can positively influence health trends and reduce the incidence of diseases, ultimately leading to a healthier population. This proactive approach aligns with the broader goals of healthcare reform focused on improving quality of care while managing costs effectively. Other options do not capture the full scope of nurse-led clinics' mission. Solely providing emergency medical treatments, for instance, limits the role of such clinics to immediate care rather than embracing comprehensive health management. Similarly, only managing acute illnesses does not reflect the preventative and holistic care model that guides nurse-led practices. Lastly, offering services without a specific demographic focus would undermine the targeted interventions that are crucial to addressing population health needs effectively.

9. What does a dashboard in an organization provide?

- A. Strict financial reports
- B. Difficult-to-read data
- C. A visual presentation of various performance measures**
- D. A list of all organizational roles

A dashboard in an organization serves as a crucial tool by offering a visual presentation of various performance measures. This visualization allows stakeholders, including nurse executives and other leaders, to quickly assess key metrics that are vital for decision-making and organizational performance tracking. Dashboards consolidate and display complex data into easily interpretable graphics, such as charts and graphs, enabling users to identify trends, monitor progress toward goals, and make informed decisions based on real-time information. The emphasis on presenting data visually is essential because it allows for instant comprehension, as opposed to sifting through extensive written reports or complex data sets. This clarity is especially important in healthcare settings where timely and accurate decisions can significantly impact patient care and organizational efficiency. By using a dashboard, leaders can focus on critical areas and respond to emerging issues more effectively.

10. What does the yellow hat focus on in the Six Hats approach?

- A. Negative aspects of ideas
- B. Purely emotional responses
- C. What's working and the benefits of suggestions**
- D. Facilitating group discussions

The yellow hat in the Six Hats approach focuses on the positive aspects of ideas, emphasizing what is working well and the benefits of various suggestions. This hat encourages participants to look for opportunities and advantages in proposed solutions or concepts, thereby fostering an optimistic view that can balance more critical perspectives produced by other hats. By concentrating on aspects such as strengths, values, and potential benefits, the yellow hat contributes to a more holistic view of ideas during group discussions, demonstrating a constructive approach to problem-solving. In this context, the yellow hat enables teams to build on positive feedback, which can enhance motivation and creativity, resulting in a richer exploration of ideas and solutions. This emphasis on positive outcomes is crucial for effective decision-making in a collaborative environment.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://neabc.examzify.com>

We wish you the very best on your exam journey. You've got this!

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