

# NSF Senior Science Bee Practice Exam (Sample)

## Study Guide



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**SAMPLE**

## **Questions**

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- 1. In binomial nomenclature, how are the names of species formatted?**
  - A. Bold and capitalized**
  - B. Italicized**
  - C. Underlined**
  - D. Capitalized only**
- 2. What characterizes a prokaryotic cell?**
  - A. It contains membrane-bound organelles**
  - B. It has a nucleus containing genetic material**
  - C. It is usually larger than eukaryotic cells**
  - D. It is simpler and lacks a nucleus and membrane-bound organelles**
- 3. What effect does deforestation have on the carbon cycle?**
  - A. It decreases CO<sub>2</sub> levels in the atmosphere**
  - B. It has no impact on carbon levels**
  - C. It increases atmospheric CO<sub>2</sub> levels**
  - D. It enhances carbon storage in trees**
- 4. How do good bacteria contribute to our digestive health?**
  - A. By producing harmful toxins**
  - B. By hindering food absorption**
  - C. By preventing the growth of harmful bacteria**
  - D. By creating acid in the stomach**
- 5. What role does chlorophyll play in photosynthesis?**
  - A. Absorbs mineral nutrients**
  - B. Transports water**
  - C. Absorbs light energy**
  - D. Produces carbon dioxide**
- 6. What is the primary function of Phloem in vascular plants?**
  - A. To transport water up from the roots**
  - B. To transport sugar down from the leaves**
  - C. To provide structural support**
  - D. To store nutrients**

- 7. What type of cells do Club Fungi primarily produce?**
- A. Haploid spores**
  - B. Diploid cells**
  - C. Pseudohyphae**
  - D. Asci**
- 8. What defines a species in biological terms?**
- A. A species is a group of organisms that can reproduce and produce fertile offspring**
  - B. A species is defined by its habitat and food source**
  - C. A species must live in the same geographic area**
  - D. A species is composed of all similar looking animals**
- 9. What is a food chain?**
- A. A food chain describes all organisms living in an ecosystem.**
  - B. A food chain is a linear sequence of organisms through which nutrients and energy pass as one organism eats another.**
  - C. A food chain is a web connecting various species in nature.**
  - D. A food chain represents the geographical distribution of species.**
- 10. What are proteins made of?**
- A. Nucleotides**
  - B. Amino acids**
  - C. Fatty acids**
  - D. Carbohydrates**

## **Answers**

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- 1. B**
- 2. D**
- 3. C**
- 4. C**
- 5. C**
- 6. B**
- 7. A**
- 8. A**
- 9. B**
- 10. B**

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## **Explanations**

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**1. In binomial nomenclature, how are the names of species formatted?**

- A. Bold and capitalized**
- B. Italicized**
- C. Underlined**
- D. Capitalized only**

In binomial nomenclature, the names of species are formatted in italics. This system, developed by Carl Linnaeus, assigns each species a two-part Latin name consisting of the genus name and the species descriptor. The genus name is always capitalized, while the species descriptor is written in lowercase. Italicizing the whole name helps to distinguish scientific names from common names and emphasizes their Latin roots. While it's essential that the genus is capitalized and the species is in lowercase, the formatting of both parts in italics is the most critical aspect that distinguishes scientific nomenclature, making it clear and consistent across different languages and regions.

**2. What characterizes a prokaryotic cell?**

- A. It contains membrane-bound organelles**
- B. It has a nucleus containing genetic material**
- C. It is usually larger than eukaryotic cells**
- D. It is simpler and lacks a nucleus and membrane-bound organelles**

A prokaryotic cell is characterized by its simplicity and the absence of a nucleus and membrane-bound organelles. This distinction is fundamental in biology, as prokaryotic cells, which include bacteria and archaea, are much simpler in structure compared to eukaryotic cells. In prokaryotic cells, the genetic material is not enclosed within a nucleus; instead, it is typically found in a single circular DNA molecule located in the nucleoid region of the cell. The lack of membrane-bound organelles means that functions such as energy production, protein synthesis, and cellular respiration occur within the cytoplasm or across the cell membrane, rather than in specialized compartments as seen in eukaryotic cells. This simplicity allows prokaryotic cells to reproduce rapidly and adapt quickly to environmental changes, which is one reason for their success in a variety of habitats.

### 3. What effect does deforestation have on the carbon cycle?

- A. It decreases CO<sub>2</sub> levels in the atmosphere
- B. It has no impact on carbon levels
- C. It increases atmospheric CO<sub>2</sub> levels**
- D. It enhances carbon storage in trees

Deforestation has a significant impact on the carbon cycle primarily by increasing atmospheric CO<sub>2</sub> levels. Trees and forests play a crucial role in the carbon cycle by acting as carbon sinks. Through the process of photosynthesis, they absorb carbon dioxide from the atmosphere and convert it into organic matter, effectively removing CO<sub>2</sub> and helping to regulate climate. When deforestation occurs, not only is the carbon stored in trees released back into the atmosphere as CO<sub>2</sub> when they are cut down or burned, but there is also a reduction in the number of trees available to absorb carbon. This dual effect leads to an overall increase in atmospheric CO<sub>2</sub> levels, contributing to global warming and climate change. Therefore, the correct answer highlights how deforestation disrupts the balance of the carbon cycle by adding more CO<sub>2</sub> to the atmosphere and diminishing the planet's ability to sequester carbon.

### 4. How do good bacteria contribute to our digestive health?

- A. By producing harmful toxins
- B. By hindering food absorption
- C. By preventing the growth of harmful bacteria**
- D. By creating acid in the stomach

Good bacteria, often referred to as probiotics, play a crucial role in maintaining and promoting digestive health primarily by preventing the growth of harmful bacteria. In the human gut, a balanced microbiome consisting of beneficial bacteria helps to outcompete pathogenic bacteria for resources and space, effectively reducing the likelihood of infections or imbalances. These beneficial microorganisms also contribute to overall digestive processes by aiding in breaking down food, enhancing nutrient absorption, and supporting the production of essential vitamins. Their presence stabilizes the gut environment, fostering a setting where harmful bacteria struggle to thrive. This balance is essential, as an overgrowth of harmful bacteria can lead to digestive disorders, inflammation, and other health complications. The other options all indicate processes that would be detrimental to digestive health. For instance, producing harmful toxins or hindering food absorption would negatively impact the body's ability to utilize nutrients. Creating excess acid in the stomach could lead to discomfort and conditions like acid reflux. In contrast, the primary benefit of good bacteria lies in their ability to maintain a healthy balance in the gut by controlling the presence of harmful microorganisms.

**5. What role does chlorophyll play in photosynthesis?**

- A. Absorbs mineral nutrients**
- B. Transports water**
- C. Absorbs light energy**
- D. Produces carbon dioxide**

Chlorophyll is a vital pigment found in the chloroplasts of plant cells, and its primary role in photosynthesis is to absorb light energy. This light energy, primarily from the sun, is captured by chlorophyll and is used to convert carbon dioxide and water into glucose and oxygen. The absorption of light energy, particularly in the blue and red wavelengths, initiates the series of chemical reactions that make up photosynthesis, ultimately leading to the production of food for the plant. In contrast, mineral nutrients are absorbed by plants through the roots from the soil and are essential for various cellular processes but are not absorbed by chlorophyll itself. Similarly, water transport occurs through specialized structures in the plant, such as xylem, rather than being a function of chlorophyll. Finally, the production of carbon dioxide is not a role of chlorophyll; instead, plants utilize carbon dioxide during photosynthesis to create glucose. Thus, the correct understanding revolves around chlorophyll's crucial function in capturing light energy, which drives the entire process of photosynthesis.

**6. What is the primary function of Phloem in vascular plants?**

- A. To transport water up from the roots**
- B. To transport sugar down from the leaves**
- C. To provide structural support**
- D. To store nutrients**

Phloem plays a crucial role in the vascular system of plants, primarily in the transportation of organic compounds, particularly sugars, from the leaves where they are synthesized during photosynthesis to other parts of the plant, such as the roots, stems, and developing fruits. This process is vital for the plant's growth and energy needs because the sugars serve as an essential source of energy and carbon for various metabolic activities. While other tissues in the plant, such as xylem, function mainly to transport water and minerals from the roots to the rest of the plant, phloem specifically facilitates the distribution of the products of photosynthesis, ensuring that all parts of the plant receive the necessary carbohydrates for energy and growth. Thus, the primary function of phloem is accurately reflected in the correct choice regarding its role in transporting sugar down from the leaves.

## 7. What type of cells do Club Fungi primarily produce?

**A. Haploid spores**

**B. Diploid cells**

**C. Pseudohyphae**

**D. Asci**

Club Fungi, also known as Basidiomycetes, primarily produce haploid spores, which are formed during their reproductive cycle. These spores are a crucial stage in the life cycle of these fungi, allowing for sexual reproduction and facilitating the dispersal of the species. During the sexual reproductive process, the fusion of two compatible haploid cells leads to the formation of a dikaryotic mycelium, which then develops fruiting bodies like mushrooms. Within these structures, the club-shaped structures known as basidia generate spores through a process called meiosis. Each basidium typically produces four haploid spores, which can then germinate to form new mycelia when conditions are favorable. The other options do not accurately represent the primary production of Club Fungi. Diploid cells, while present in the life cycle, are transient stages. Pseudohyphae relate to some yeast species but are not a characteristic of Club Fungi. Asci are the structures that produce spores in Ascomycetes, a different group of fungi. Hence, the focus on haploid spores aligns perfectly with the reproductive method and life cycle of Club Fungi.

## 8. What defines a species in biological terms?

**A. A species is a group of organisms that can reproduce and produce fertile offspring**

**B. A species is defined by its habitat and food source**

**C. A species must live in the same geographic area**

**D. A species is composed of all similar looking animals**

A species is commonly defined as a group of organisms that can interbreed and produce fertile offspring. This concept is known as the biological species concept, which emphasizes reproductive isolation as the key factor that distinguishes one species from another. When members of a species mate, the offspring they produce are capable of growing and reproducing as well, which is crucial for the continuation of the species. This definition is particularly robust because it focuses on genetic continuity and the ability to share genes within a group. If organisms cannot reproduce with each other, even if they appear similar or live in the same environment, they would be considered distinct species. This principle helps biologists classify and understand the diversity of life on Earth as it relates to evolutionary biology and speciation. Other definitions that might focus on habitat, food source, geography, or physical characteristics can be limiting or misleading; for example, two species may share a habitat but be entirely separate in their reproductive capabilities. Thus, the ability to generate fertile offspring is a crucial criterion in defining what constitutes a species.

## 9. What is a food chain?

- A. A food chain describes all organisms living in an ecosystem.
- B. A food chain is a linear sequence of organisms through which nutrients and energy pass as one organism eats another.**
- C. A food chain is a web connecting various species in nature.
- D. A food chain represents the geographical distribution of species.

A food chain is defined as a linear sequence of organisms through which nutrients and energy pass as one organism eats another. This concept illustrates how energy flows from one trophic level to another in an ecosystem. For example, it typically starts with producers, like plants, which convert solar energy into chemical energy through photosynthesis. Primary consumers, such as herbivores, feed on these plants, transferring energy up the food chain. When secondary consumers, like carnivores, eat these herbivores, the energy continues to move through the chain, ultimately reaching apex predators or decomposers who play a critical role in recycling nutrients back into the ecosystem. This understanding helps clarify the roles of different organisms and the interconnectedness of life within an ecosystem. Each step in the food chain represents a crucial interaction that contributes to the overall balance and health of that environment. The choice emphasizing a linear sequence captures the essential process of energy transfer and the simplicity of these relationships, which is foundational in ecology.

## 10. What are proteins made of?

- A. Nucleotides
- B. Amino acids**
- C. Fatty acids
- D. Carbohydrates

Proteins are fundamentally composed of amino acids, which are organic compounds that serve as the building blocks of proteins. In the process of protein synthesis, amino acids link together through peptide bonds to form long chains. There are 20 different amino acids that can combine in various sequences to create a vast array of proteins, each with unique structures and functions. The specific sequence and arrangement of these amino acids ultimately determine the protein's shape and function, making them essential for various biological processes, including enzyme activity, structure, and transport among others. While the other options represent important biological macromolecules, they do not relate directly to the composition of proteins. Nucleotides are the building blocks of nucleic acids like DNA and RNA, fatty acids are components of lipids, and carbohydrates consist of sugars and starches, which serve different roles in biological systems. Thus, the correct identification of amino acids as the primary constituents of proteins is crucial to understanding their structure and function in living organisms.