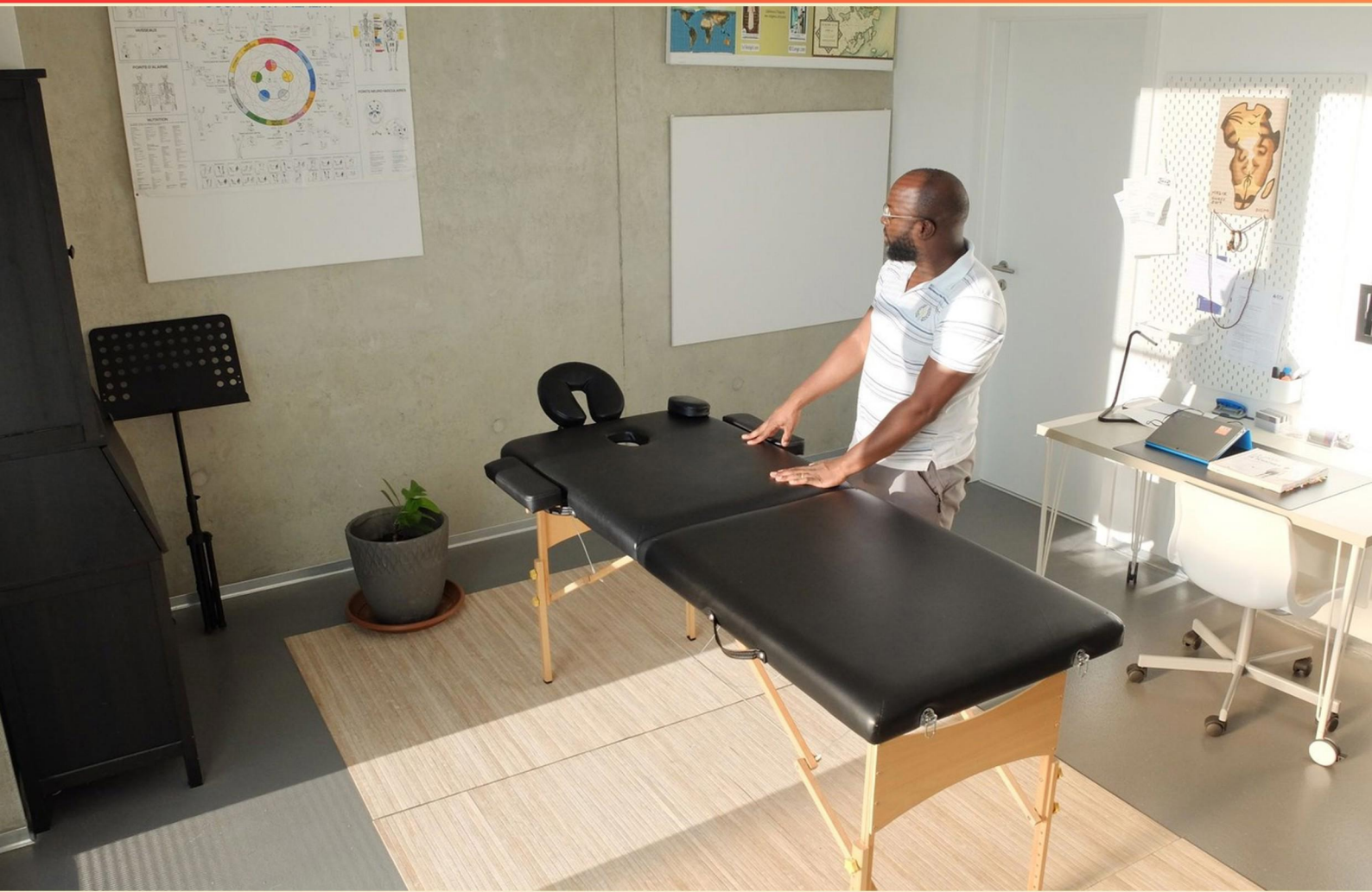


NPLEX II HOMEOPATHY PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

VISIT US ONLINE FOR
THE FULL VERSION STUDY GUIDE

<https://nplex2homeopathy.examzify.com>



Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	16

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

SAMPLE

- 1. Which remedy is associated with honeymoon cystitis, continual post-urination urine dribbling, history of abuse and suppression, timid and suppressed demeanor, and symptoms worsened after napping?**
 - A. Staphysagria
 - B. Belladonna
 - C. Lycopodium
 - D. Kali bichromicum

- 2. Which set lists the remedies for bites?**
 - A. Ledum, Apis
 - B. Rhus tox, Ruta, Arnica, Bryonia
 - C. Causticum, cantharis
 - D. Urtica

- 3. What term describes the remedy that best fits the patient's total, ongoing symptom picture and underlying disease tendency?**
 - A. Simillimum
 - B. Pathogenetic remedy
 - C. Polycrest remedy
 - D. Isopathy remedy

- 4. Which remedy features offensive discharges, a habit of always wearing a hat, profuse sweating, a scratch rash that bleeds, and pessimistic or suicidal tendencies?**
 - A. Platina
 - B. Psorinum
 - C. Phytolacca
 - D. Nitricum Acid

- 5. What is a concomitant symptom?**
 - A. A concomitant is a consequence of the remedy's action with no relation to the main complaint.
 - B. A concomitant is the primary symptom defining the case.
 - C. A concomitant is the side effect of the remedy.
 - D. A concomitant is an additional symptom that accompanies the main complaint and helps refine remedy choice.

6. Which remedy is suggested for a Dyspepsia & Indigestion pattern with headaches, migraines, hangovers, a Type A personality, warmth preference, oversensitivity, urinary urgency with inability, irritability, and consistent work-focused thoughts, along with cravings for fatty, spicy foods?
- A. Nux Vomica
 - B. Nat Phosphoricum
 - C. Phosphorus
 - D. Platina
7. A patient experiences persistent nausea and vomiting with a clean tongue and an urge to induce vomiting. Which remedy is most appropriate?
- A. Ignatia
 - B. Ipecac
 - C. Kali bich
 - D. Ledum
8. Which remedy is associated with an emotional signature of being reserved and grieving, sensitivity to consolation, craving for salt, headaches from sun exposure, and improvement with quiet and darkness?
- A. Bryonia
 - B. Silicea
 - C. Natrum muriaticum
 - D. Graphites
9. Which remedy is linked to 'sand everywhere' including teeth and bones, a bashful stool with no urge, and profuse sweating on the head and feet, worse in heat and thunderstorms but better with pressure?
- A. Calcarea fluor
 - B. Natrum muriaticum
 - C. Sulphur
 - D. Silica
10. Chamomilla is classically associated with which presentation in children?
- A. Night terrors in toddlers.
 - B. Fear of heights in preschoolers.
 - C. Teething with irritability and hypersensitivity to pain and consolation.
 - D. Sleepwalking in adolescence.

Answers

SAMPLE

1. A
2. B
3. A
4. B
5. D
6. A
7. B
8. C
9. D
10. C

SAMPLE

Explanations

SAMPLE

1. Which remedy is associated with honeymoon cystitis, continual post-urination urine dribbling, history of abuse and suppression, timid and suppressed demeanor, and symptoms worsened after napping?

- A. Staphysagria**
- B. Belladonna
- C. Lycopodium
- D. Kali bichromicum

In homeopathy, the best remedy matches both the physical symptoms and the person's emotional life. When there's a clear history of abuse or deep suppression of emotions, and the person presents as timid and suppressed, the remedy that embodies that wound and its emotional pattern is indicated. Staphysagria fits this picture. It's linked to experiences of abuse, insult, and long-standing suppression of anger and emotion. The mind picture—timid, easily hurt, subdued in social interaction—aligns with the case. The urinary symptoms described, such as honeymoon cystitis and continual post-urination dribbling, can appear in this remedy's clinical picture when emotional stress and suppression contribute to bladder sensitivity. The detail that the symptoms worsen after napping acts as a calling pattern that further aligns with Staphysagria, reinforcing the match to a person whose symptoms mirror a suppressed, delicate psyche. Other remedies don't capture the same combination of emotional history and bladder pattern. Belladonna is more about acute, intense, action-packed states; Kali bichromicum centers on thick, stringy discharges and specific mucosal issues not tied to a trauma-suppression personality; Lycopodium tends to fit a more ambitious but anxious personality with different digestive-urinary patterns. Thus, the emotional and urinary clues together point most clearly to Staphysagria.

2. Which set lists the remedies for bites?

- A. Ledum, Apis
- B. Rhus tox, Ruta, Arnica, Bryonia**
- C. Causticum, cantharis
- D. Urtica

For bites, think of remedies that address the immediate tissue trauma, the inflammatory response, and any lingering nerve or structural involvement around the bite site. The four remedies in this set fit that pattern well. Arnica is the go-to for the initial injury from a bite. It targets the bruised, tender feeling, soreness, and swelling that follows a traumatic impact. It helps with sensitivity to touch and the general "bruise-like" pain you often see after a bite. Rhus tox complements Arnica by addressing the inflammatory itch and burning that can accompany bites. It's particularly useful when the bite area itches and swells, with symptoms that are worse from rest or cold damp conditions but improve with gentle movement and warmth. Bryonia comes in when pain is a prominent feature and movement aggravates it. If a bite injury produces a stiff, throbbing, or sharp pain that worsens with any motion, Bryonia can be the right fit, helping ease that pain and stiffness. Ruta is helpful when there is nerve involvement or slow healing around the bite. If the area feels tender to pressure, there's lingering soreness, or a neural-type pain develops, Ruta addresses that connective-tissue/nerve aspect of the injury and supports slower healing. Together, these four cover the common bite picture—trauma, inflammation with itching, movement-related pain, and potential nerve-related or slow-to-heal tenderness. Other remedies like Ledum, Apis, or Urtica are more specific to particular bite types (puncture wounds, bee stings with swelling, nettle stings), which is why they aren't included in this set.

3. What term describes the remedy that best fits the patient's total, ongoing symptom picture and underlying disease tendency?

A. Simillimum

B. Pathogenetic remedy

C. Polycrest remedy

D. Isopathy remedy

The remedy that best fits the patient's total, ongoing symptom picture and underlying disease tendency is the simillimum. In homeopathy, the simillimum is the one remedy that most closely mirrors the whole pattern of the person's symptoms—including physical signs, mental and emotional state, and their deeper susceptibility or constitutional tendency. It insures the chosen remedy resonates with the person's unique way of expressing illness, not just a single symptom, and it often reflects their overall constitutional predisposition or miasm. Pathogenetic remedies come from the proving of substances in healthy people; they help us understand what a remedy can produce, but they aren't selected as the best fit for a patient's entire life-picture. Polycrest remedies are broad-acting remedies with many indications, which can be useful in guiding selection, yet having many indications doesn't guarantee it matches the patient's unique totality. Isopathy remedies are prepared from disease products or pathogens and used under a different principle, not as the primary match to an individual's total symptom complex.

4. Which remedy features offensive discharges, a habit of always wearing a hat, profuse sweating, a scratch rash that bleeds, and pessimistic or suicidal tendencies?

A. Platina

B. Psorinum

C. Phytolacca

D. Nitricum Acid

Psorinum presents with a psoric-type picture where skin issues are prominent along with a strongly offensive, repulsive discharge, and a tendency to scratch eruptions that bleed. The patient often sweats profusely and feels the need to be constantly warm, which is why a habit of always wearing a hat appears in the remedy picture. Psychologically, there is a heavy, despondent mood with pessimism and even suicidal thoughts. This particular combination of foul secretions, bleeding excoriations, marked sweating, head-covering behavior, and a hopeless or despairing mental state is characteristic of Psorinum, making it the best match for these symptoms. While other remedies may share one or two features—such as offensive discharges or skin breakdown—the full cluster, especially the persistent hat-wearing alongside deep hopelessness, aligns most closely with Psorinum.

5. What is a concomitant symptom?

- A. A concomitant is a consequence of the remedy's action with no relation to the main complaint.
- B. A concomitant is the primary symptom defining the case.
- C. A concomitant is the side effect of the remedy.
- D. A concomitant is an additional symptom that accompanies the main complaint and helps refine remedy choice.**

Concomitant symptoms are additional symptoms that occur alongside the main complaint, giving a fuller picture of the patient's sickness. They aren't the primary issue themselves, but they accompany it and help tailor remedy selection by matching a broader pattern. That's why the best description is the one that defines a concomitant as an extra symptom that accompanies the main complaint and helps refine remedy choice. It emphasizes using these accompanying signs to differentiate between remedies when the main issue alone could fit more than one remedy. The other ideas aren't correct because a concomitant isn't described as a consequence of the remedy's action, nor is it the primary symptom defining the case, nor is it a side effect of the remedy.

6. Which remedy is suggested for a Dyspepsia & Indigestion pattern with headaches, migraines, hangovers, a Type A personality, warmth preference, oversensitivity, urinary urgency with inability, irritability, and consistent work-focused thoughts, along with cravings for fatty, spicy foods?

- A. Nux Vomica**
- B. Nat Phosphoricum
- C. Phosphorus
- D. Platina

The pattern is a dyspeptic state driven by an intensely type A, overachieving temperament, with a need for warmth, oversensitivity, irritability, and persistent work-focused thoughts. This constellation—indigestion from overindulgence with headaches or migraines, hangovers, a passion for fatty and spicy foods, and a temperament ruled by ambition, quick reactions, and irritability—maps most closely to Nux Vomica. This remedy is often chosen for gastritis and dyspepsia arising from excesses (food, alcohol, coffee) in hot, irritable individuals who crave warmth and are easily upset by stimuli, with a strong mental drive and a sense of urgency, including urinary urgency or gain-of-control symptoms. The combination of digestive trouble with headaches/migraines, hangover symptoms, a hot-and-irritable mood, and a deliberate, work-centered mindset is characteristic of Nux Vomica. The other remedies tend to align with different emotional patterns or etiologies, such as milder fatigue, different temperaments, or alternative cravings, so they do not fit this exact picture as well.

7. A patient experiences persistent nausea and vomiting with a clean tongue and an urge to induce vomiting. Which remedy is most appropriate?

- A. Ignatia
- B. Ipecac**
- C. Kali bich
- D. Ledum

When a patient has nausea that dominates and leads to recurrent vomiting, with the tongue staying clean, the remedy that best fits is Ipecacuanha. This remedy is classically associated with a vomiting-dominant gastroenteric disturbance: constant nausea, frequent vomiting, and often a lot of saliva, where vomiting does not bring lasting relief. The clean tongue helps distinguish this picture from others that might show coated or discolored tongues with different symptom patterns. The other options don't align with this vomiting-first presentation: Ignatia is more about emotional distress and related physical symptoms; Kali bichromicum is linked to thick, stringy discharges and specific mucus phenomena; Ledum connects to injury- or cold-related complaints. So the persistent nausea with urge to vomit and a clean tongue points to Ipecac.

8. Which remedy is associated with an emotional signature of being reserved and grieving, sensitivity to consolation, craving for salt, headaches from sun exposure, and improvement with quiet and darkness?

- A. Bryonia
- B. Silicea
- C. Natrum muriaticum**
- D. Graphites

This item tests the Natrum muriaticum emotional signature. Natrum muriaticum is known for a reserved, grieving nature, with a strong sensitivity to consolation—often they prefer to handle sorrow alone and can be hurt by offers of sympathy. A hallmark physical sign is a craving for salt. They may develop headaches from sun exposure and tend to feel better in quiet, darkness, and in circumstances with little stimulation or disturbance. So, the combination of a withdrawn, grieving temperament with a salt craving, sun-induced headaches, and relief in stillness and darkness fits Natrum muriaticum best. The other remedies don't align as closely with this exact cluster: for example, Bryonia tends toward irritability and headaches worsened by movement; Silicea has a different chilly, sensitive-to-conditions pattern without the salt craving; Graphites brings a different emotional texture and skin/weight associations not present here.

9. Which remedy is linked to 'sand everywhere' including teeth and bones, a bashful stool with no urge, and profuse sweating on the head and feet, worse in heat and thunderstorms but better with pressure?

- A. Calcareo fluor
- B. Natrum muriaticum
- C. Sulphur
- D. Silicea**

The clue pattern points to Silicea. A sandy, gritty sensation "everywhere" in the body—especially described as sand in the teeth and bones—is a classic keynote for Silicea, signaling a tendency toward brittle, granular sensations in multiple structures. Add a constipation described as a bashful stool with no urge, which reflects obstinate constipation with scant urge, another hallmark Silicea often shows. The profuse sweating on the head and feet further textures the remedy picture, as Silicea patients commonly sweat on exposed areas, including the scalp and feet, especially in heat or exertion. The specified modalities—worse in heat and thunderstorms but better with pressure—fit Silicea well, since pressure typically relieves Silicea symptoms, while heat and stormy weather aggravate them. Taken together, these features create a cohesive Silicea portrait, more so than the other remedies.

10. Chamomilla is classically associated with which presentation in children?

- A. Night terrors in toddlers.
- B. Fear of heights in preschoolers.
- C. Teething with irritability and hypersensitivity to pain and consolation.**
- D. Sleepwalking in adolescence.

Chamomilla's pediatric pattern centers on a teething child who is intensely irritable and hypersensitive to pain and to consolation. The hallmark is a combination of sharp, inconsolable crying and a need for constant comforting, yet any attempt at soothing can feel almost intolerable to the child. This leads to a temperament that is explosive and cross, yet craves closeness—being held, spoken to softly, and treated with care. In practice, you'll see a teething infant who wants to be carried and comforted, often with hot, flushed cheeks and disturbed sleep, but who responds best to sympathetic, targeted soothing from a mother or caregiver rather than generic consolation. This distinct, highly irritable, pain-sensitive, and consolation-sensitive presentation is why Chamomilla is classically linked to teething in children.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://nplex2homeopathy.examzify.com>

We wish you the very best on your exam journey. You've got this!

SAMPLE