

# North Dakota Board of Cosmetology Laws, Rules & Regulations Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

**This is a sample study guide. To access the full version with hundreds of questions,**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## 1. Start with a Diagnostic Review

**Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.**

## 2. Study in Short, Focused Sessions

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.**

## 3. Learn from the Explanations

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## 4. Track Your Progress

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## 5. Simulate the Real Exam

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## 6. Repeat and Review

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.**

## 7. Use Other Tools

**Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!**

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## **Questions**

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- 1. What is required for renewal of a cosmetology license in North Dakota?**
  - A. Payment of renewal fees**
  - B. Proof of continued education**
  - C. Both payment of renewal fees and proof of continued education**
  - D. Only proof of continued education**
  
- 2. What is considered an "infectious disease"?**
  - A. A disease that can be treated with antibiotics**
  - B. A disease that can be transmitted from person to person**
  - C. A disease of non-communicable origin**
  - D. A disease that only affects animals**
  
- 3. What is the duration of the temporary permit for cosmetologists in training?**
  - A. Typically valid for 30 days**
  - B. Typically valid for 90 days or until the exam is passed**
  - C. Typically valid for 6 months**
  - D. Typically valid for 1 year**
  
- 4. What is the recommended time frame for reporting a complaint to the Board?**
  - A. Immediately, within a week**
  - B. As soon as possible, ideally within a year**
  - C. Within one month of the incident**
  - D. At any time during the year**
  
- 5. Which document outlines the rules and regulations for cosmetologists in North Dakota?**
  - A. North Dakota Administrative Guidelines**
  - B. North Dakota Administrative Code and the Century Code**
  - C. North Dakota Professional Standards Manual**
  - D. North Dakota Salon Management Code**

**6. What can lead to automatic suspension of a cosmetology license?**

- A. Only failure to renew the license on time**
- B. Actions like felony convictions or gross negligence**
- C. Client complaints regarding service quality**
- D. Failure to attend continuing education classes**

**7. Can a cosmetologist work in multiple salons under a single license in North Dakota?**

- A. Yes, as long as the salons are properly licensed**
- B. No, a separate license is required for each salon**
- C. Only if the salons are owned by the same person**
- D. You can only work in one salon at a time**

**8. What regulations apply to mobile homes or trailers containing salons?**

- A. They must be set on a temporary foundation**
- B. They must maintain a separate entrance from living quarters**
- C. They can share facilities with living quarters**
- D. They do not require building codes compliance**

**9. Are freelance cosmetologists in North Dakota required to hold a specific type of license?**

- A. Yes, a valid cosmetology license**
- B. No, they do not need any license**
- C. Only a temporary permit is required**
- D. Yes, a freelance permit is needed**

**10. Are there specific laws regarding the use of certain chemicals in cosmetology?**

- A. No, any chemicals may be used as desired**
- B. Yes, the Board regulates the use of potentially harmful chemicals to ensure safety**
- C. Only organic chemicals are regulated**
- D. Only chemicals used in hair services are regulated**

## **Answers**

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1. C
2. B
3. B
4. B
5. B
6. B
7. A
8. B
9. A
10. B

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## **Explanations**

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## 1. What is required for renewal of a cosmetology license in North Dakota?

- A. Payment of renewal fees**
- B. Proof of continued education**
- C. Both payment of renewal fees and proof of continued education**
- D. Only proof of continued education**

For the renewal of a cosmetology license in North Dakota, both the payment of renewal fees and proof of continued education are necessary. This requirement ensures that licensees remain up-to-date with the latest techniques, practices, and safety standards in the field of cosmetology, which is crucial for maintaining the quality of service and ensuring client safety. By mandating continued education, the North Dakota Board of Cosmetology encourages professionals to enhance their skills and knowledge, thus promoting a higher standard within the industry. The payment of renewal fees is also essential, as these fees typically support the regulatory framework that oversees the licensing process and ensures that the board can effectively fulfill its oversight responsibilities. Therefore, fulfilling both of these criteria is vital for the renewal process, ensuring that cosmetology practitioners are both financially compliant and adequately educated to practice safely and effectively.

## 2. What is considered an "infectious disease"?

- A. A disease that can be treated with antibiotics**
- B. A disease that can be transmitted from person to person**
- C. A disease of non-communicable origin**
- D. A disease that only affects animals**

An infectious disease is defined as a disease that can be transmitted from person to person. This definition encompasses a wide range of illnesses caused by pathogens such as bacteria, viruses, fungi, and parasites that can spread through direct contact, respiratory droplets, or other modes of transmission. Understanding this concept is crucial in the context of public health and safety, especially in environments like salons and spas, where maintaining hygienic practices is essential to prevent the spread of infectious agents. The other options, while related to the topic, do not accurately define an infectious disease. For instance, stating that an infectious disease is one that can be treated with antibiotics is not accurate for all infectious diseases, as some are viral rather than bacterial and therefore do not respond to antibiotics. Non-communicable diseases, which do not spread from person to person, also fall outside the definition of infectious diseases. Lastly, mentioning diseases that only affect animals points to zoonotic diseases which may not necessarily fit the definition of infectious as it pertains to human transmission.

**3. What is the duration of the temporary permit for cosmetologists in training?**

- A. Typically valid for 30 days**
- B. Typically valid for 90 days or until the exam is passed**
- C. Typically valid for 6 months**
- D. Typically valid for 1 year**

The temporary permit for cosmetologists in training is typically valid for 90 days or until the individual passes the licensing exam. This duration reflects the transitional nature of the permit, allowing trainees to practice and gain experience while they prepare for their official examination. The 90-day period provides sufficient time to assess readiness for the exam, and the allowance to continue practicing until the exam is passed ensures that students remain engaged in their training and can apply what they have learned in a practical setting. While options indicating shorter or longer durations may seem feasible, they do not align with the structured approach designed to support the learning process in cosmetology. A 30-day temporary permit would likely be too brief for meaningful practice, while durations of 6 months or 1 year would extend beyond what is typically needed for preparation and could create confusion in terms of licensing requirements. Thus, the established 90-day timeframe serves both as a realistic timeframe for skill development and as a regulated step towards obtaining full licensure.

**4. What is the recommended time frame for reporting a complaint to the Board?**

- A. Immediately, within a week**
- B. As soon as possible, ideally within a year**
- C. Within one month of the incident**
- D. At any time during the year**

The recommended time frame for reporting a complaint to the Board is "as soon as possible, ideally within a year" because timely reporting is crucial for ensuring that investigations can be conducted effectively. The sooner a complaint is reported, the more fresh and reliable the information will be regarding the incident, which aids in the integrity of the investigation process. While complaints can potentially be made beyond a year, doing so can complicate the matter. Evidence may become less reliable over time, and witnesses' memories may fade, making it more challenging for the Board to address the issue adequately. Reporting within a year, therefore, strikes a balance that allows for thorough examination without losing critical details. This approach also aligns with the Board's commitment to maintaining high standards within the cosmetology profession by encouraging prompt action in addressing concerns.

**5. Which document outlines the rules and regulations for cosmetologists in North Dakota?**

- A. North Dakota Administrative Guidelines**
- B. North Dakota Administrative Code and the Century Code**
- C. North Dakota Professional Standards Manual**
- D. North Dakota Salon Management Code**

The North Dakota Administrative Code and the Century Code together form a comprehensive legal framework that governs the practice of cosmetology in the state. The Administrative Code specifically contains the regulations that detail the operational standards, licensing requirements, and other essential guidelines that cosmetologists must follow to practice legally. The Century Code complements this by providing the statutory laws that underpin the various administrative rules. Understanding the roles of these documents is crucial for cosmetologists, as they must adhere not only to the regulations set forth in the Administrative Code but also to the broader legal principles outlined in the Century Code. This ensures both compliance and the maintenance of professional standards within the industry. Other options do not encapsulate the comprehensive nature of the regulatory framework for cosmetologists in North Dakota as effectively as the combination of the Administrative and Century Codes.

**6. What can lead to automatic suspension of a cosmetology license?**

- A. Only failure to renew the license on time**
- B. Actions like felony convictions or gross negligence**
- C. Client complaints regarding service quality**
- D. Failure to attend continuing education classes**

Automatic suspension of a cosmetology license typically occurs due to serious violations that impact public safety and the integrity of the profession. Actions such as felony convictions or instances of gross negligence are deemed sufficiently severe to warrant immediate suspension. These actions could demonstrate a disregard for the law, ethical standards, or the safety of clients, which the North Dakota Board of Cosmetology aims to protect against. In contrast, failing to renew a license on time generally results in a different type of consequence, often just requiring proper renewal to continue practicing. Client complaints about service quality, while important, do not automatically lead to suspension but may result in investigation or reprimands if they reveal a pattern of behavior. Similarly, not attending continuing education classes could lead to penalties, but these are usually more about licensure renewal and education requirements rather than automatic suspension.

**7. Can a cosmetologist work in multiple salons under a single license in North Dakota?**

- A. Yes, as long as the salons are properly licensed**
- B. No, a separate license is required for each salon**
- C. Only if the salons are owned by the same person**
- D. You can only work in one salon at a time**

A cosmetologist in North Dakota can indeed work in multiple salons under a single license, as long as each of the salons is properly licensed. This allows for flexibility in employment opportunities, enabling cosmetologists to expand their work experience and client base without the need for additional licenses for each location they choose to work at. This regulation supports the idea that as long as the salons adhere to the state's licensing requirements, the cosmetologist can utilize their qualifications across different venues, fostering a more dynamic work environment. Knowing that within the framework of state laws, it is important for workplaces to maintain their licenses, this rule also encourages compliance and regulatory standards in the beauty industry. The other options present misunderstandings regarding the licensing requirements. A separate license for each salon would impose unnecessary restrictions on cosmetologists, limiting their ability to work freely and serve clients effectively in various locations. Moreover, the idea that the salons must be owned by the same person or that one can only work in one salon at a time misrepresents the regulatory allowances provided to licensed professionals in North Dakota.

**8. What regulations apply to mobile homes or trailers containing salons?**

- A. They must be set on a temporary foundation**
- B. They must maintain a separate entrance from living quarters**
- C. They can share facilities with living quarters**
- D. They do not require building codes compliance**

Mobile homes or trailers containing salons must maintain a separate entrance from living quarters to ensure health, safety, and sanitation standards are met. This separation is critical for preventing cross-contamination between residential areas and the salon, which typically involves the use of chemicals, tools, and processes not suitable for living spaces. By providing a dedicated entrance, it allows for better management of hygiene protocols and creates a professional environment that clients expect when visiting a salon. Regulations like this are in place to protect both the clients and the individuals working within the salon environment, ensuring that all practices align with public health standards. Maintaining a separate entrance is also consistent with the licensing requirements and operational guidelines set forth by beauty and cosmetology boards across various jurisdictions, including North Dakota. This reinforces the importance of adhering to these industry regulations for overall consumer safety and quality service delivery.

**9. Are freelance cosmetologists in North Dakota required to hold a specific type of license?**

- A. Yes, a valid cosmetology license**
- B. No, they do not need any license**
- C. Only a temporary permit is required**
- D. Yes, a freelance permit is needed**

Freelance cosmetologists in North Dakota must hold a valid cosmetology license. This requirement ensures that all professionals offering cosmetology services possess the necessary training and qualifications to provide safe and effective services to clients. The licensing process typically includes completing a state-approved cosmetology program and passing examinations that assess knowledge and skills in the field. Holding a valid cosmetology license reflects a commitment to professional standards and public safety, which is crucial in maintaining trust in the beauty industry. Other options suggest alternatives to licensing, but they do not align with the regulatory structure in place for cosmetologists in North Dakota. A temporary permit might be valid under specific circumstances, but it does not replace the need for a full cosmetology license for freelance practices. Additionally, the idea of needing a "freelance permit" is not part of the established regulatory framework, further reinforcing that the primary requirement is the possession of a valid cosmetology license.

**10. Are there specific laws regarding the use of certain chemicals in cosmetology?**

- A. No, any chemicals may be used as desired**
- B. Yes, the Board regulates the use of potentially harmful chemicals to ensure safety**
- C. Only organic chemicals are regulated**
- D. Only chemicals used in hair services are regulated**

The correct response is that the Board regulates the use of potentially harmful chemicals to ensure safety. This reflects a crucial aspect of cosmetology regulations, which prioritize the health and safety of both practitioners and clients. The Board implements guidelines and rules to oversee the use of various chemicals used in services like hair treatments, skin care, and nail services. These regulations are in place to prevent adverse reactions, allergic responses, and long-term health risks that can arise from improper use of hazardous substances. The oversight includes imposing restrictions on specific chemicals known to pose risks, ensuring that licensed cosmetologists are educated about safe practices and required safety protocols. This regulatory framework is designed to promote a safe environment in salons and barber shops, safeguarding the public and practitioners alike. The importance of this regulation cannot be overstated, given the potential for serious health implications if unsafe materials are used improperly in cosmetological practices.

# Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://ndcosmetologylawrulesreg.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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