North Carolina Medicare Supplement and Long-Term Care Agent Practice Test (Sample)

Study Guide



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Questions



- 1. Which program primarily covers the Medicare Part B premium for low-income beneficiaries?
 - A. Qualified Medicare Beneficiary (QMB)
 - **B. Specified Low-Income Medicare Beneficiary (SLMB)**
 - C. Medicare Savings Program (MSP)
 - D. Medicaid Program
- 2. How are hospitals paid under the Prospective Payment System (PPS)?
 - A. Based on actual costs retrospectively
 - B. Flat fee for services rendered
 - C. Using a payment method that is faster and more uniform
 - D. Based on patient satisfaction surveys
- 3. When eligible for Medicaid, what does it cover?
 - A. Only emergency care
 - B. Comprehensive health coverage and Medicare costs
 - C. Only hospital and doctor visits
 - D. Prescription drugs only
- 4. After the deductible is satisfied, what percentage of costs does Part B Medicare cover?
 - A. 60%
 - **B.** 75%
 - C. 80%
 - D. 50%
- 5. What is respite care designed to provide?
 - A. Long-term care for patients
 - B. Temporary relief for caregivers
 - C. End-of-life care
 - D. Rehabilitative therapy

- 6. Does Medicare's lifetime reserve days incur coinsurance costs?
 - A. No, there are no additional costs after 90 days
 - B. Yes, there is a coinsurance of \$838 per day starting after 90 days
 - C. Yes, but only for the first 30 days
 - D. No, all costs are covered under Medicare
- 7. How many lifetime reserve days can a Medicare beneficiary draw upon for inpatient care?
 - A. 30 additional days
 - B. 60 additional days
 - C. 90 additional days
 - D. 120 additional days
- 8. What is one condition that must be met for a long-term care policy to maintain qualified status?
 - A. Low policy premium rates
 - B. Insured must be over 65 years old
 - C. No changes that would affect the qualified status are made without consent
 - D. The policy must cover only nursing home care
- 9. How does Medicaid primarily affect individuals in nursing homes regarding prescription drug costs?
 - A. It covers partial costs
 - B. It significantly reduces costs
 - C. It pays all costs
 - D. It requires copayments
- 10. What type of renewal do long-term care insurance policies typically have?
 - A. Guaranteed renewable
 - **B.** Non-renewable
 - C. Conditionally renewable
 - D. Cancel on the basis of age

Answers



- 1. B 2. C
- 3. B

- 3. B 4. C 5. B 6. B 7. B 8. C 9. C 10. A



Explanations



1. Which program primarily covers the Medicare Part B premium for low-income beneficiaries?

- A. Qualified Medicare Beneficiary (QMB)
- B. Specified Low-Income Medicare Beneficiary (SLMB)
- C. Medicare Savings Program (MSP)
- D. Medicaid Program

The Specified Low-Income Medicare Beneficiary (SLMB) program is designed specifically to assist low-income individuals by covering their Medicare Part B premiums. The SLMB program is part of the broader Medicare Savings Programs (MSP) that aim to help those who qualify by providing financial support for their healthcare costs. Individuals eligible for this program typically have incomes that fall between the federal poverty level and a specified higher limit. By paying the Part B premium, the SLMB program helps reduce the financial burden on beneficiaries, ensuring they can access necessary healthcare services without worrying about high insurance costs. Other programs mentioned, such as the Qualified Medicare Beneficiary (QMB), also assist with costs related to Medicare, including covering both Part A and Part B premiums, deductibles, and co-insurance for those with even lower income levels. However, the key distinction of the SLMB program is its specific focus on the Part B premium for individuals who may not qualify for the more extensive QMB assistance. The Medicare Savings Program encompasses a variety of assistance options, but it's the SLMB that specifically targets the payment of the Part B premium. While Medicaid serves as a broader safety net for low-income individuals, covering a range of healthcare services, it is not specifically aimed

2. How are hospitals paid under the Prospective Payment System (PPS)?

- A. Based on actual costs retrospectively
- B. Flat fee for services rendered
- C. Using a payment method that is faster and more uniform
- D. Based on patient satisfaction surveys

Under the Prospective Payment System (PPS), hospitals are compensated through a predetermined payment method that is designed to be faster and more uniform. This system assigns a fixed payment rate for specific diagnoses, which streamlines the reimbursement process and tells hospitals exactly how much they will receive for treating patients with certain conditions. This approach contrasts with methods that rely on actual costs or vary significantly based on individual services rendered. By establishing flat rates that are set in advance, the PPS helps control costs and encourages efficiency in hospital operations. It diminishes the variability in payments that could arise from fluctuating patient care costs or individual patient circumstances, fostering a more predictable financial environment for both providers and payers. Thus, the key feature of PPS is the emphasis on uniformity and timeliness in payments rather than relying on retrospective analysis of costs or subjective measures such as patient satisfaction surveys.

3. When eligible for Medicaid, what does it cover?

- A. Only emergency care
- B. Comprehensive health coverage and Medicare costs
- C. Only hospital and doctor visits
- D. Prescription drugs only

Medicaid is designed to provide comprehensive health coverage to individuals who meet specific eligibility criteria, including financial need and categorical requirements, such as age, disability, or family status. When someone is eligible for Medicaid, they receive a wide range of benefits that typically include coverage for hospital stays, doctor visits, preventive care, long-term services, and more. Importantly, Medicaid may also cover certain Medicare costs for those who qualify, which helps to reduce the financial burden on enrollees who might already be receiving care under Medicare. The breadth of services provided by Medicaid is far-reaching, making it a crucial safety net for individuals with low income and high medical expenses. This coverage can include much more than just emergency care, as it aims to provide ongoing health services tailored to the needs of low-income individuals and families.

4. After the deductible is satisfied, what percentage of costs does Part B Medicare cover?

- A. 60%
- **B.** 75%
- C. 80%
- D. 50%

Part B of Medicare provides coverage for a range of medically necessary services and preventive care, primarily focusing on outpatient care. After the beneficiary has met their annual deductible for Part B, Medicare covers 80% of the allowable costs for those services. This means that for most outpatient services, once the deductible is paid, the dependent is responsible for only 20% of the costs. This structure is crucial for beneficiaries to understand, as it affects their out-of-pocket expenses significantly. For instance, knowing that Medicare covers 80% can help individuals plan their finances, particularly if they are anticipating high medical bills. Additionally, many beneficiaries opt for Medicare Supplement plans to cover the remaining 20% and reduce their potential out-of-pocket costs even further. The other percentages listed do not reflect the actual coverage provided by Part B Medicare. Understanding this percentagem allows beneficiaries to make informed decisions regarding their healthcare and supplement plans.

5. What is respite care designed to provide?

- A. Long-term care for patients
- **B.** Temporary relief for caregivers
- C. End-of-life care
- D. Rehabilitative therapy

Respite care is specifically designed to offer temporary relief for caregivers who are looking after individuals with chronic illnesses, disabilities, or other health challenges. This type of care allows caregivers, who often face significant emotional and physical stress, the opportunity to take a break. It may include services that help care for the patient during this time, such as in-home assistance or short-term stays at specialized facilities. The primary goal is to alleviate the caregiver's burden, ensuring they can maintain their own health and well-being while continuing to provide care in the long term. In contrast, long-term care focuses on ongoing support for individuals who need assistance for extended periods, end-of-life care concentrates on comfort and quality of life for those nearing the end of life, and rehabilitative therapy emphasizes recovery and restoring function after an illness or injury. Understanding these distinctions clarifies the unique role that respite care plays in the broader context of caregiving and support services.

6. Does Medicare's lifetime reserve days incur coinsurance costs?

- A. No, there are no additional costs after 90 days
- B. Yes, there is a coinsurance of \$838 per day starting after 90 days
- C. Yes, but only for the first 30 days
- D. No, all costs are covered under Medicare

Medicare's lifetime reserve days do indeed incur a coinsurance cost. After a beneficiary has been in the hospital for 90 days, Medicare provides an additional 60 lifetime reserve days, but these days come with certain financial implications. Specifically, there is a coinsurance charge of \$838 per day when these reserve days are utilized. This cost is applicable beyond the standard coverage limits set by Medicare, which means that while the first 90 days are covered, any hospital stay that extends beyond that into the use of lifetime reserve days will require the beneficiary to pay the specified daily coinsurance amount. Understanding this aspect of Medicare coverage is crucial for individuals and families as they plan for potential healthcare needs and costs. It highlights the importance of considering supplemental insurance options that may help cover such additional expenses, especially for longer hospital stays.

- 7. How many lifetime reserve days can a Medicare beneficiary draw upon for inpatient care?
 - A. 30 additional days
 - **B.** 60 additional days
 - C. 90 additional days
 - D. 120 additional days

Medicare beneficiaries are allowed a total of 60 lifetime reserve days for inpatient hospital care beyond the standard benefit period. These reserve days can be utilized once a beneficiary has exhausted their regular benefit of 90 days per benefit period. The purpose of these additional days is to provide extra coverage for hospital stays that extend beyond the typical limits that Medicare sets. Once the reserve days are used, they cannot be replenished, emphasizing the importance of understanding how to manage hospital coverages effectively. The other numbers mentioned, such as 30, 90, and 120 days, do not accurately reflect the regulations established by Medicare for lifetime reserve days. The 60 days were specifically designated to offer some flexibility for beneficiaries facing extended hospitalizations, but only a limited number of times throughout their lifetime.

- 8. What is one condition that must be met for a long-term care policy to maintain qualified status?
 - A. Low policy premium rates
 - B. Insured must be over 65 years old
 - C. No changes that would affect the qualified status are made without consent
 - D. The policy must cover only nursing home care

For a long-term care policy to maintain qualified status, it is essential that no changes that would affect the qualified status are made without the insured's consent. This requirement is fundamental because maintaining qualified status ensures that the policy meets the criteria set forth by the IRS, allowing the policyholder to enjoy tax benefits associated with qualified long-term care insurance. Qualified policies are designed to provide tax advantages, which include the deductibility of premiums and benefits received being generally tax-free. If a policy is altered in ways that could disqualify it from these benefits—such as changes in coverage or benefit levels—then consent from the policyholder is necessary to ensure they are informed about and agree to such modifications, maintaining transparency and the policy's compliance. While other aspects, such as age requirements or care types covered, are relevant to long-term care policies, they do not specifically pertain to the ongoing maintenance of the policy's qualified status once it has been established. Thus, ensuring that changes are made with the insured's consent is key to preserving the favorable tax treatment of the policy.

9. How does Medicaid primarily affect individuals in nursing homes regarding prescription drug costs?

- A. It covers partial costs
- B. It significantly reduces costs
- C. It pays all costs
- D. It requires copayments

Medicaid plays a crucial role in supporting individuals in nursing homes, particularly concerning prescription drug costs. When Medicaid is the payer for a resident in a nursing home, it is designed to cover the entirety of the prescription costs without imposing additional financial burdens on the individual. This means that for those who are eligible for Medicaid and are residing in a nursing home, all necessary prescription medications are generally fully covered. This comprehensive coverage is vital for nursing home residents, who often have higher medical and medication needs due to age or health conditions. By paying all costs associated with prescriptions, Medicaid ensures that these individuals have access to necessary medications without worrying about costs that could otherwise become prohibitively expensive. In contrast, options indicating partial coverage, cost reduction, or copayment requirements do not reflect the full scope of Medicaid's coverage for nursing home residents, as these options would suggest that individuals might still face some out-of-pocket expenses for their prescriptions. Medicaid's approach prioritizes the health and wellbeing of its beneficiaries, which is particularly important in the context of long-term care where medication needs can be extensive.

10. What type of renewal do long-term care insurance policies typically have?

- A. Guaranteed renewable
- B. Non-renewable
- C. Conditionally renewable
- D. Cancel on the basis of age

Long-term care insurance policies usually come with a guaranteed renewable provision. This means that as long as premiums are paid on time, the policyholder has the right to renew their coverage regardless of any changes in health status. This feature is crucial for individuals seeking long-term care insurance, as it ensures they can maintain their coverage even if they develop health issues that could otherwise make obtaining a new policy difficult or impossible. Policies with a guaranteed renewable status provide peace of mind, allowing consumers to keep their insurance as they age. It also protects against the risk of being denied renewal due to increased age or health declines, which is a common concern for those looking into long-term care options. In contrast, other types such as non-renewable policies would terminate after a set period, and conditionally renewable policies allow insurers to impose certain conditions for renewal or potentially deny it based on age or health changes. Canceling on the basis of age means the coverage would end simply when the insured reaches a certain age, which is not a common practice in long-term care insurance policies.