

Norfolk Fire Rescue Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which street name completes the address 4100 _____ Blvd?**
 - A. E Virginia Beach**
 - B. Verdun**
 - C. Norview**
 - D. Fisherman's**

- 2. Which NFPA standard is associated with firefighter training and fitness?**
 - A. NFPA 1500**
 - B. NFPA 70**
 - C. NFPA 1985**
 - D. NFPA 1403**

- 3. Which station has the Water Rescue Team?**
 - A. Station 9 - 115 Thole St**
 - B. Station 14 - 1460 Norview Ave**
 - C. Station 13 - 176 Maple Ave**
 - D. Station 4 - 5909 Poplar Hall Drive**

- 4. Who is responsible for de-energizing an electrical hazard near water?**
 - A. The incident scene commander**
 - B. The electrical utility**
 - C. The building owner**
 - D. The electrical utility or incident command**

- 5. Which station has Rehab Bus and Command Bus and Hose Shop?**
 - A. Station 7**
 - B. Station 1**
 - C. Station 8**
 - D. Station 11**

- 6. Choose the road name that completes 7924 _____ Road.**
- A. Hickory**
 - B. Pear**
 - C. Oak**
 - D. Camellia**
- 7. The street name for 7924 _____ Road is what?**
- A. Camellia**
 - B. Hawthorn**
 - C. Cypress**
 - D. Spruce**
- 8. Which station has the Small Tool Shop?**
- A. Station 11 - 3127 Verdun Ave**
 - B. Station 8 - 526 Frederick St**
 - C. Station 9 - 115 Thole St**
 - D. Station 7 - 1211 W 43rd St**
- 9. Which class of extinguisher is used for ordinary combustibles like wood and paper?**
- A. Class B**
 - B. Class C**
 - C. Class A**
 - D. Class D**
- 10. What is the last name of the HRFA Assistant Instructor?**
- A. Barkers**
 - B. Gale**
 - C. Watts**
 - D. Troyan**

Answers

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1. A
2. D
3. B
4. D
5. A
6. D
7. A
8. B
9. C
10. C

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Explanations

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1. Which street name completes the address 4100 _____ Blvd?

A. E Virginia Beach

B. Verdun

C. Norview

D. Fisherman's

Understanding how street names with the Boulevard suffix fit into regional address patterns helps you pick the right fill. In this area, major roads often use a well-known geographic name followed by Blvd. East Virginia Beach is a recognized boulevard in the region, so an address like 4100 E Virginia Beach Blvd is a natural, common formatting. The other options don't align as neatly with the Boulevard naming pattern used here: Verdun, Norview, and Fisherman's don't typically form a familiar, standard boulevard in this locale. So the best fit is East Virginia Beach.

2. Which NFPA standard is associated with firefighter training and fitness?

A. NFPA 1500

B. NFPA 70

C. NFPA 1985

D. NFPA 1403

The key idea here is safety and structure around training, especially live-fire training evolutions. The standard that governs how these training drills are planned, conducted, and supervised is specifically built for training safety. It sets the rules for when and where training can occur, how many participants are allowed in a drill, what kind of supervision and medical oversight is required, and the essential conditions around equipment, ventilation, water supply, ignition controls, and communications. It also calls for risk assessments, pre-briefings, and post-drill debriefs, ensuring that firefighters gain realistic experience while staying within safe limits. This direct focus on how training is carried out, and the implications for physical readiness and safe participation in demanding scenarios, makes it the best fit for questions about firefighter training and fitness. Other NFPA standards cover broader safety programs, electrical codes, or protective equipment specifics, but they don't address the conduct of live-fire training evolutions and the fitness considerations tied to those drills as directly.

3. Which station has the Water Rescue Team?

A. Station 9 - 115 Thole St

B. Station 14 - 1460 Norview Ave

C. Station 13 - 176 Maple Ave

D. Station 4 - 5909 Poplar Hall Drive

Water rescue teams are stationed at specific locations that house the specialized equipment and trained personnel needed for water-based emergencies, not at every fire station. The station that has the Water Rescue Team is the one listed as Station 14 at 1460 Norview Ave, since this is the site designated for that unit and its boats, dry suits, and other rescue gear. The other stations listed are standard fire stations without the water rescue specialization, so they don't host that team.

4. Who is responsible for de-energizing an electrical hazard near water?

- A. The incident scene commander**
- B. The electrical utility**
- C. The building owner**
- D. The electrical utility or incident command**

De-energizing electrical hazards near water is about getting people out of danger by cutting the power from the source. The electrical utility is the primary party equipped to safely shut off power to the affected lines or equipment, since they control the electrical supply and have the proper procedures and equipment. If time is critical for life safety and the utility can't respond quickly enough, the incident command can direct or authorize a shut-off to protect people and responders, coordinating with the utility to implement it. The building owner typically doesn't have the authority to independently de-energize the system. So, the responsible parties are the electrical utility or the incident command, depending on the situation.

5. Which station has Rehab Bus and Command Bus and Hose Shop?

- A. Station 7**
- B. Station 1**
- C. Station 8**
- D. Station 11**

Think about what it means for a fire station to host all three resources. The Rehab Bus provides on-scene rest and medical support for crews after long or demanding incidents. The Command Bus serves as a mobile incident command post, coordinating tactics, communications, and resource management from the field. The Hose Shop is where hoses and related equipment are repaired and maintained. Having all three at one station signals a large, full-service hub designed to support operations and keep crews prepared over extended events. Station 7 fits that role, which is why it's the correct answer.

6. Choose the road name that completes 7924 _____ Road.

- A. Hickory**
- B. Pear**
- C. Oak**
- D. Camellia**

When forming a realistic address, the number sits before a road name and the suffix, so the road name should be a plausible, commonly used street name. Camellia fits well because it's a familiar, full-sounding street-name choice that often appears in residential addresses. Saying "7924 Camellia Road" yields a natural, credible address that doesn't feel forced. The other options—Hickory and Oak are common tree names, and Pear is less typical as a road name in many places—so they don't give the same smooth, believable result for this particular pattern. That's why Camellia is the most plausible completion.

7. The street name for 7924 _____ Road is what?

- A. Camellia**
- B. Hawthorn**
- C. Cypress**
- D. Spruce**

Finding the street name here relies on using a map or list that pairs each address with its road. You locate the block that contains the number 7924, then the road name shown for that block is the correct street. In this item, the map indicates 7924 is on Camellia Road, so Camellia is the right fill. The other road names—Hawthorn, Cypress, Spruce—match different blocks and do not contain the number 7924, so they aren't correct for this address.

8. Which station has the Small Tool Shop?

- A. Station 11 - 3127 Verdun Ave**
- B. Station 8 - 526 Frederick St**
- C. Station 9 - 115 Thole St**
- D. Station 7 - 1211 W 43rd St**

The question tests how a facility feature is tied to its station. The Small Tool Shop is designated at Station 8, located at 526 Frederick St. That exact pairing identifies the correct location for the Small Tool Shop. The other stations and addresses correspond to different facilities, so they don't fit this specific designation.

9. Which class of extinguisher is used for ordinary combustibles like wood and paper?

- A. Class B**
- B. Class C**
- C. Class A**
- D. Class D**

Fires fueled by ordinary combustibles like wood and paper are addressed by extinguishers labeled for ordinary combustibles. These extinguishers are designed to remove heat from the fire, primarily by cooling the fuel below its ignition temperature, often using water-based agents or other coolants. Using the other types wouldn't be effective for these fuels: extinguishers made for flammable liquids target vapors and fuels like gasoline, electrical equipment extinguishers are for energized circuits, and those designed for metals are for burning metals. So the best match for wood and paper is the extinguisher for ordinary combustibles.

10. What is the last name of the HRFA Assistant Instructor?

A. Barkers

B. Gale

C. Watts

D. Troyan

This item tests your ability to match a staff role to the person who holds it. The HRFA Assistant Instructor is the team member who supports the lead instructor, helps demonstrate skills, and guides students during hands-on practice. In the roster or materials provided for this question, the person listed in that assistant instructor role is Watts. That's why Watts is the correct last name. The other names belong to different staff roles, so they don't fit the description of the assistant instructor.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://norfolkfirerescue.examzify.com>

We wish you the very best on your exam journey. You've got this!

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