

# NORAC Dispatcher Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## 1. Start with a Diagnostic Review

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## 2. Study in Short, Focused Sessions

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## 3. Learn from the Explanations

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## 4. Track Your Progress

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## 5. Simulate the Real Exam

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## 6. Repeat and Review

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## **Questions**

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- 1. What must a train do after clearing a block at a hand-operated switch?**
  - A. Proceed immediately onto the Main**
  - B. Report clear to the dispatcher**
  - C. Return to the previous block**
  - D. Wait for additional authorization**
- 2. Under what condition do you NOT need to issue Form D line 8 and 9?**
  - A. If the disabled train is stopped more than 1/4 mile from an interlocking**
  - B. If the disabled train is stopped within 1/4 mile of the interlocking or CP**
  - C. If the assisting train is managed by the crew of the disabled train**
  - D. Both B and C**
- 3. What should a dispatcher do if a stop signal is disregarded?**
  - A. Contact adjacent dispatchers**
  - B. Attempt to stop that train and others involved**
  - C. Reassess the signaling system**
  - D. Notify the railway union**
- 4. What must be communicated to trains regarding the interlocking when using Rule 280A?**
  - A. Projected travel times**
  - B. The interlocking where Rule 280A will be displayed**
  - C. Details of the previous stops**
  - D. Safety guidelines during the outage**
- 5. How should trains operating in the same direction as an adjacent train in emergency proceed?**
  - A. Proceed at average speed to the emergency location**
  - B. Go at Restricted Speed from 1 mile before the location until reaching the head end of the train**
  - C. Stop and wait for further instructions from Dispatcher**
  - D. Speed is not a factor in response**

**6. What is the maximum speed a train can move when cab signals fail in ABS territory, if granted under Rule 556?**

- A. 59 mph
- B. 75 mph
- C. 40 mph
- D. 50 mph

**7. If a Dispatcher adds incorrect information to a previously issued Form D, what steps must they follow?**

- A. Void the erroneous form and call the train crew
- B. Correctly recopy the D and void the erroneous copy
- C. Just inform the crew of the correct information
- D. Ask the train crew to update their copy

**8. What must trains be prepared to do when approaching interlocking signals?**

- A. Accelerate
- B. Stop
- C. Continue at the same speed
- D. Switch tracks

**9. What specific action must be taken when a 4-inch flat spot is discovered on a wheel?**

- A. Skip the notification process
- B. Continue moving the train at great speed
- C. Immediately stop the train
- D. Notify the conductor only

**10. When an Engineer informs the Dispatcher of a PTC speed issue, what additional information is required?**

- A. The route map and alternative scheduling options.
- B. The train's current location and a description of the non-conformity.
- C. The weather conditions affecting the speed.
- D. Any passengers that may be affected due to delays.

## **Answers**

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1. B
2. D
3. B
4. B
5. B
6. A
7. B
8. B
9. C
10. B

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## **Explanations**

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**1. What must a train do after clearing a block at a hand-operated switch?**

- A. Proceed immediately onto the Main**
- B. Report clear to the dispatcher**
- C. Return to the previous block**
- D. Wait for additional authorization**

After a train clears a block at a hand-operated switch, it is essential for the crew to report clear to the dispatcher. This communication ensures that the dispatcher is aware of the train's status and can manage the movement of other trains safely. By reporting clear, the dispatcher can release the block signal and confirm that the track is available for other trains, thereby maintaining the safety and efficiency of rail operations. This communication also helps the dispatcher track the location of trains, enabling them to coordinate rail traffic effectively and make informed decisions about routing and scheduling. In contrast, proceeding immediately onto the Main could pose risks if other trains are scheduled to occupy that section. Returning to the previous block doesn't align with the typical protocol once clear of a block. Waiting for additional authorization may also cause unnecessary delays, as the correct procedure focuses on updating the dispatcher with one's status.

**2. Under what condition do you NOT need to issue Form D line 8 and 9?**

- A. If the disabled train is stopped more than 1/4 mile from an interlocking**
- B. If the disabled train is stopped within 1/4 mile of the interlocking or CP**
- C. If the assisting train is managed by the crew of the disabled train**
- D. Both B and C**

The correct answer highlights scenarios where issuing Form D, specifically lines 8 and 9, is not required. Lines 8 and 9 of Form D relate to the movement of trains in the vicinity of the disabled train that affect the safety and clearance of the location. If the disabled train is stopped within 1/4 mile of an interlocking or control point, it poses a potential risk for train movements in that area, necessitating clear communication and authority through Form D. However, when the disabled train is within this proximity, the expectation is to issue the proper line notifications to ensure safety. Furthermore, when the assisting train is managed by the same crew as the disabled train, the need for line 8 and 9 is also mitigated. This is because the crew is already aware of the situation and can manage their movements accordingly without the need for extra formal notifications that Form D lines 8 and 9 would provide. In essence, if either condition is met—being close enough to an interlocking or control point, or the assisting train being managed by the disabled train's crew—Form D lines 8 and 9 are not necessary, confirming the rationale behind the correct answer.

**3. What should a dispatcher do if a stop signal is disregarded?**

- A. Contact adjacent dispatchers**
- B. Attempt to stop that train and others involved**
- C. Reassess the signaling system**
- D. Notify the railway union**

In the context of railroad operations, if a stop signal is disregarded, the immediate priority is to ensure the safety of all trains and personnel involved. Attempting to stop the train that has disregarded the signal, as well as any other trains that may be affected, is essential to prevent potential accidents or collisions. When a stop signal is overlooked, it indicates a critical failure in adherence to operational safety protocols. The dispatcher needs to take swift action to mitigate any risks by communicating with the train crew and issuing commands to halt the train's progress. This action helps to secure the area, allowing time for further assessments and corrective measures to be implemented. Engaging with adjacent dispatchers, reassessing the signaling system, or notifying the railway union may be necessary steps following the immediate action taken, but the primary concern in such a critical situation is to eliminate immediate danger by halting the involved train and any others that may be at risk. Hence, the correct response focuses on urgently stopping the train to maintain safety on the railway network.

**4. What must be communicated to trains regarding the interlocking when using Rule 280A?**

- A. Projected travel times**
- B. The interlocking where Rule 280A will be displayed**
- C. Details of the previous stops**
- D. Safety guidelines during the outage**

When utilizing Rule 280A, it is essential to communicate the specific interlocking where this rule will be displayed to the trains involved. This ensures that the train crews are aware of the precise location where they need to be attentive to the protection methods in place during the interlocking's operation. By clearly identifying the interlocking location, crews can prepare appropriately for any changes in operations, signaling, or track status that may impact safe control of the train. Effective communication of this detail is crucial for maintaining safety and operational integrity in the railroad environment. The other options, while important in a broader railroad context, do not specifically pertain to the requirements under Rule 280A as directly as the interlocking location does.

**5. How should trains operating in the same direction as an adjacent train in emergency proceed?**

- A. Proceed at average speed to the emergency location**
- B. Go at Restricted Speed from 1 mile before the location until reaching the head end of the train**
- C. Stop and wait for further instructions from Dispatcher**
- D. Speed is not a factor in response**

When trains are operating in the same direction as an adjacent train during an emergency, it is essential for the safety of both train operations and personnel to proceed at Restricted Speed. This means that the train must travel cautiously, allowing for the ability to stop within one half of the visible distance of any obstruction. By traveling at Restricted Speed from one mile before the emergency location until reaching the head end of the affected train, the crew can respond to any unforeseen hazards or conditions that may arise. This approach prioritizes safety, as it enables the crew to take appropriate actions without causing further danger or complications. The one mile buffer adds an extra layer of precaution, allowing for sufficient time to react as they approach the emergency site. On the other hand, proceeding at average speed might not provide the necessary safety measures as it assumes a standard pace without accounting for potential hazards in the emergency situation. Stopping and waiting for further instructions might not be practical or timely given the urgency of emergencies, as active response is often required. Finally, stating that speed is not a factor undermines the importance of cautious operation during emergencies, which is why Restricted Speed is the protocol mandated in this scenario.

**6. What is the maximum speed a train can move when cab signals fail in ABS territory, if granted under Rule 556?**

- A. 59 mph**
- B. 75 mph**
- C. 40 mph**
- D. 50 mph**

In ABS (Automatic Block Signal) territory, if cab signals fail, Rule 556 dictates the operation of trains under those conditions to ensure safety. The established maximum speed limit when cab signals are inoperative is set at 59 mph. This speed limit is designed to allow trains to proceed with caution while protecting against potential hazards that could arise from the loss of automated signals. The rationale behind this speed limit includes considerations for adequate stopping distance, reaction time of crew members, and the safety of other trains operating in the same territory. In such scenarios, the train is typically required to operate at a reduced speed, allowing for better control and the ability to respond safely to any unexpected conditions ahead. Other speed limits provided in the options do not align with the regulation specified in Rule 556 for cab signal failures in ABS territory. The correct answer reflects the regulatory framework to promote safe railway operations under adverse signal conditions.

**7. If a Dispatcher adds incorrect information to a previously issued Form D, what steps must they follow?**

- A. Void the erroneous form and call the train crew**
- B. Correctly recopy the D and void the erroneous copy**
- C. Just inform the crew of the correct information**
- D. Ask the train crew to update their copy**

When a Dispatcher realizes that incorrect information has been added to a previously issued Form D, the appropriate course of action is to correctly recopy the Form D, ensuring that all necessary and accurate information is included, and then void the erroneous copy. This process maintains clear and accurate documentation, which is paramount in railway operations for safety and compliance. By recopying the Form D, the Dispatcher provides the train crew with a definitive and clear directive that can be relied upon. Voiding the erroneous copy helps to eliminate any confusion that may arise from having multiple versions of the form in circulation. This procedure ensures that everyone involved has the most up-to-date and correct information, which is essential for the safe and efficient operation of trains. The other options may not adhere to best practices in railway operations. For instance, simply informing the crew of the correct information without a formal voiding and recopying process could lead to misunderstandings or miscommunications, putting operations at risk.

**8. What must trains be prepared to do when approaching interlocking signals?**

- A. Accelerate**
- B. Stop**
- C. Continue at the same speed**
- D. Switch tracks**

When approaching interlocking signals, trains must be prepared to stop. This is essential because interlocking signals govern the movement of trains through junctions, ensuring safety and preventing collisions. The stop signal indicates to the train crew that they need to halt their progress, either because the signal is red, or because it is necessary to clear the track ahead for another train. Trains may encounter various situations at interlocking points, such as signals changing due to traffic management or the need to wait for switching operations. Therefore, being prepared to stop allows for the appropriate response to any directions conveyed by the signal, maintaining the integrity of train operations. In this context, accelerating, continuing at the same speed, or switching tracks without an explicit indication or command from the signal could lead to dangerous situations, such as collisions or derailments. Stopping at signals is fundamental to ensuring the safe and organized operation of railway systems. Being prepared to stop enables the train crew to respond to the rules and instructions set by the signal system effectively.

**9. What specific action must be taken when a 4-inch flat spot is discovered on a wheel?**

- A. Skip the notification process**
- B. Continue moving the train at great speed**
- C. Immediately stop the train**
- D. Notify the conductor only**

When a 4-inch flat spot is discovered on a wheel, the train must be immediately stopped. This action is crucial because a flat spot can lead to significant safety hazards, including potential derailments or damage to the rail infrastructure. A flat spot on a wheel impacts its ability to make proper contact with the rail, which can cause vibrations, instability, and further wear on the wheel and the track. Stopping the train ensures the safety of both the passengers and the crew, allowing for an assessment of the situation and prompt action to address the issue. The other choices do not prioritize safety and could lead to severe consequences. Skipping the notification process or moving the train at high speed disregards the immediate dangers posed by the flat spot, while notifying only the conductor would not adequately address the problem or mobilize the necessary responses to ensure the train's safety and integrity.

**10. When an Engineer informs the Dispatcher of a PTC speed issue, what additional information is required?**

- A. The route map and alternative scheduling options.**
- B. The train's current location and a description of the non-conformity.**
- C. The weather conditions affecting the speed.**
- D. Any passengers that may be affected due to delays.**

When an Engineer reports a PTC (Positive Train Control) speed issue, it is crucial for the Dispatcher to gather specific information to properly assess and address the situation. The detail of the train's current location is essential because it allows the Dispatcher to understand precisely where the issue is occurring and facilitates appropriate response measures. Furthermore, a description of the non-conformity provides insight into the nature of the speed issue, which is vital for determining the next steps, such as assessing safety, deciding whether to halt the train, or coordinating emergency services if necessary. While other factors like route maps, weather conditions, or passenger impacts can also be important, they do not directly address the immediate operational challenge posed by the PTC speed issue. Hence, the combination of the train's current location and a description of the non-conformity is critical for a Dispatcher to take informed and timely action in response to the reported speed issue.

# Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://noracdispatcher.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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