

# NICET Electrical Power Testing Level 1 Practice Exam (Sample)

## Study Guide



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**SAMPLE**

## **Questions**

- 1. What is the main goal of performing acceptance testing?**
  - A. To determine the cost-effectiveness of new equipment**
  - B. To verify that new equipment meets specified performance criteria before it is put into service**
  - C. To maximize operational efficiency during testing**
  - D. To compare new equipment against older models**
- 2. What is a common practice after detecting a fault during testing?**
  - A. Ignoring it to save time**
  - B. Immediately replacing the entire system**
  - C. Documenting the issue for further analysis**
  - D. Stopping all operations**
- 3. What type of hard hat provides protection against lateral impacts?**
  - A. Type 1**
  - B. Type 2**
  - C. Type E**
  - D. Type G**
- 4. At what current level does ventricular fibrillation occur?**
  - A. 50-100 mA**
  - B. 100-200 mA**
  - C. 200-300 mA**
  - D. 300-400 mA**
- 5. What is the voltage protection of rubber equipment rated 2?**
  - A. 1000/1500**
  - B. 17000/25500**
  - C. 26500/39750**
  - D. 36000/54000**

- 6. What is the consequence of poor grounding in electrical systems?**
- A. Increased effectiveness of current regulation**
  - B. Decreased energy consumption**
  - C. Increased risk of shock hazards and equipment malfunction**
  - D. Improved system reliability**
- 7. What are the acceptable oxygen levels in a confined space?**
- A. 18.0-20.0%**
  - B. 19.0-21.0%**
  - C. 19.5-23.5%**
  - D. 20.0-25.0%**
- 8. What is the correct technique for climbing a ladder?**
- A. Climb sideways for better balance**
  - B. Face the ladder, using at least one hand firmly grasping it**
  - C. Use both hands to carry loads**
  - D. Climb with your back to the ladder**
- 9. Which aspect of energized work involves methods to minimize risks during the project?**
- A. Justification for energized work**
  - B. Electrical hazards involved**
  - C. Safe work practices**
  - D. PPE requirements**
- 10. In CPR, what is the correct depth for chest compressions?**
- A. 1 inch**
  - B. 2 inches**
  - C. 3 inches**
  - D. 4 inches**

## **Answers**

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1. B
2. C
3. B
4. B
5. B
6. C
7. C
8. B
9. C
10. B

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## **Explanations**



**1. What is the main goal of performing acceptance testing?**

- A. To determine the cost-effectiveness of new equipment**
- B. To verify that new equipment meets specified performance criteria before it is put into service**
- C. To maximize operational efficiency during testing**
- D. To compare new equipment against older models**

The primary aim of conducting acceptance testing is to verify that new equipment meets the specified performance criteria before it is put into service. This process ensures that the equipment functions according to the design specifications and manufacturer claims, and that it is safe for operation. Acceptance testing serves as a final check to confirm that all installation and setup procedures were correctly executed, and that the equipment operates effectively under expected conditions. This phase is critical because it helps to identify any issues or deficiencies early on, allowing for correction before the equipment is fully integrated into operations. It provides assurance to stakeholders that the new system will perform as expected, thus minimizing the risk of operational failures or safety hazards once the equipment is in use. This testing phase can include various methods, such as performance tests, safety checks, and compliance assessments. In contrast, the other options do not specifically capture the core intent of acceptance testing. For example, while cost-effectiveness, operational efficiency, and comparisons to older models may be important considerations in evaluating equipment, they do not directly pertain to the purpose of ensuring that the new equipment meets particular performance standards before it becomes operational.

**2. What is a common practice after detecting a fault during testing?**

- A. Ignoring it to save time**
- B. Immediately replacing the entire system**
- C. Documenting the issue for further analysis**
- D. Stopping all operations**

Documenting the issue for further analysis is a crucial step after detecting a fault during testing. This practice ensures that all details about the fault, including conditions surrounding its detection, symptoms observed, and preliminary assessment, are accurately recorded. Such documentation is vital for diagnosing the root cause of the fault and determining the appropriate corrective actions. This process not only aids in the immediate troubleshooting but also contributes to long-term learning and system improvement by allowing for historical analysis of faults. It helps in identifying patterns, informs future testing protocols, and can also assist engineers in making data-driven decisions about maintenance and upgrades. By focusing on documentation rather than impulsive decisions or ignoring the fault altogether, professionals ensure that the integrity and safety of electrical systems are maintained while also enhancing overall operational efficiency.

**3. What type of hard hat provides protection against lateral impacts?**

- A. Type 1**
- B. Type 2**
- C. Type E**
- D. Type G**

The correct answer is that Type 2 hard hats provide protection against lateral impacts. Type 2 hard hats are designed specifically to provide additional protection from side impacts, which is crucial in environments where head injuries could occur from objects that may strike the side of the head. This design typically includes a reinforced shell and a suspension system that helps absorb shock and distribute the forces of an impact more effectively across the helmet. In contrast, Type 1 hard hats are primarily designed to protect against impacts from above, with no additional side protection features. Types E and G are focused on electrical protection and do not specifically address lateral impacts. Type E hard hats are for electrical workers, emphasizing insulation from electrical hazards, while Type G hard hats are for general use where electrical hazards are present. Knowing these classifications helps ensure the correct head protection gear is employed based on the specific risks of the work environment.

**4. At what current level does ventricular fibrillation occur?**

- A. 50-100 mA**
- B. 100-200 mA**
- C. 200-300 mA**
- D. 300-400 mA**

Ventricular fibrillation, a critical condition where the heart's electrical activity becomes disorganized, can be induced by exposure to electrical currents. The current level at which ventricular fibrillation commonly occurs is in the range of 100 to 200 milliamperes (mA). At these levels, the heart is particularly sensitive to electrical interference, which can disrupt its normal rhythm and lead to chaotic contractions. Understanding the current threshold for ventricular fibrillation is crucial for professionals working with electrical systems, as it highlights the potential dangers of electrical shock. It emphasizes the importance of adhering to safety standards and using protective equipment when handling electrical components, especially in environments where contact with live currents is possible. The recognition of this critical current level underlines why proper safety protocols are essential for preventing accidental electrical injuries.

**5. What is the voltage protection of rubber equipment rated 2?**

- A. 1000/1500**
- B. 17000/25500**
- C. 26500/39750**
- D. 36000/54000**

Rubber equipment rated 2 refers to insulating devices that provide voltage protection based on their classification. The designation "rated 2" typically indicates that the rubber equipment is suitable for use in environments where higher voltages may be present, specifically for voltage ranges that require robust protective qualities. In this context, the voltage protection levels for rubber equipment rated 2 are set at 17,000 volts for AC and 25,500 volts for DC applications. This level of protection aligns with industry standards ensuring electrical safety when working with medium to high-voltage systems. Proper usage of this rated equipment can help prevent electrical shock and ensure safe working conditions for personnel. Other options present higher voltage ratings, which do not correspond to the standard classifications for rubber equipment rated 2. Thus, the choice of 17,000/25,500 reflects the appropriate usage and compliance for such insulating materials within the specified protection category.

**6. What is the consequence of poor grounding in electrical systems?**

- A. Increased effectiveness of current regulation**
- B. Decreased energy consumption**
- C. Increased risk of shock hazards and equipment malfunction**
- D. Improved system reliability**

Poor grounding in electrical systems leads to significant safety risks and operational issues. When grounding is inadequate, it can create a hazardous environment where electrical faults may not be effectively managed. This can increase the likelihood of shock hazards for people working near the equipment. Additionally, inadequate grounding can also result in equipment malfunctions. Electrical devices rely on a stable reference point to function correctly. Without a solid grounding system, fluctuations in voltage can occur, leading to operational disruptions or even damage to sensitive electronic components. Thus, the consequence of poor grounding directly contributes to increased safety risks and equipment reliability issues, making it crucial for grounding systems to be properly installed and maintained to ensure both safety and functionality.

**7. What are the acceptable oxygen levels in a confined space?**

- A. 18.0-20.0%
- B. 19.0-21.0%
- C. 19.5-23.5%**
- D. 20.0-25.0%

The acceptable oxygen levels in a confined space are critical for ensuring the safety of individuals working in such environments. The correct range for acceptable oxygen levels typically falls between 19.5% and 23.5%. Levels below 19.5% can indicate an oxygen-deficient atmosphere, which poses a risk of asphyxiation and can impair cognitive and physical performance. Levels above 23.5% suggest a potential increase in the risk of fire and explosion since oxygen serves as a supporter of combustion. Therefore, the range of 19.5% to 23.5% is established as a safe working atmosphere, balancing the need for sufficient oxygen while minimizing the risks associated with oxygen excess or deficiency. This understanding aligns with safety regulations and best practices in occupational health and safety when working in confined spaces, which is particularly pertinent for electricians and other workers in the electrical power field.

**8. What is the correct technique for climbing a ladder?**

- A. Climb sideways for better balance
- B. Face the ladder, using at least one hand firmly grasping it**
- C. Use both hands to carry loads
- D. Climb with your back to the ladder

The technique of facing the ladder while climbing, with at least one hand firmly grasping it, is fundamental for maintaining safety and stability. This method ensures that you have a secure grip and support as you ascend or descend the ladder, significantly reducing the risk of falling. By facing the ladder, your body is aligned with the steps, allowing for better balance and control. This approach also enables you to easily navigate the rungs, as your center of gravity remains over the ladder, and you can use your legs to push upwards while having an anchor point with your hands. It promotes the safest climbing posture, preventing the tendency to overreach or lean awkwardly, which can lead to slips or losing balance. Carrying loads can compromise your stability, especially if both hands are occupied. Therefore, it's always advised to climb with free hands whenever possible. Overall, maintaining a firm grip with one hand and facing the ladder is the best practice for ensuring safety while using a ladder.

**9. Which aspect of energized work involves methods to minimize risks during the project?**

- A. Justification for energized work**
- B. Electrical hazards involved**
- C. Safe work practices**
- D. PPE requirements**

The aspect of energized work that focuses on methods to minimize risks during the project is safe work practices. Safe work practices encompass a set of procedures and strategies designed to ensure the safety of personnel working on or near energized electrical equipment. These practices include planning the work, assessing risks, implementing control measures, and following established protocols to protect workers from electrical hazards. A vital component of safe work practices is understanding the work environment and potential risks associated with energized tasks. It also includes proper training, communication among team members, and continuous monitoring of safety measures throughout the project. By adhering to safe work practices, workers can significantly reduce the likelihood of accidents or injuries when dealing with energized systems. While justification for energized work, electrical hazards involved, and PPE requirements are essential aspects of overall safety, they do not directly address the procedural methods for minimizing risks in the same way that safe work practices do. Thus, they serve as components of a broader safety strategy rather than being the primary means of risk minimization during energized work.

**10. In CPR, what is the correct depth for chest compressions?**

- A. 1 inch**
- B. 2 inches**
- C. 3 inches**
- D. 4 inches**

The correct depth for chest compressions during Cardiopulmonary Resuscitation (CPR) is 2 inches. This depth is recommended to ensure that chest compressions are effective in generating adequate blood flow during cardiac arrest. Compressions that are too shallow may not provide the necessary pressure to maintain circulation, while compressions that go deeper than 2.4 inches can potentially cause injury to the patient, especially in adults. The American Heart Association guidelines specify this 2-inch depth for adult patients to optimize the chances of survival until emergency medical services arrive. It's important to perform the compressions at a rate of 100 to 120 compressions per minute while allowing full chest recoil between compressions, as this enhances blood flow back to the heart and improves the likelihood of a successful resuscitation.