

# NICET Construction Materials Testing Soils Level I Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

**Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.**

**ALL RIGHTS RESERVED.**

**No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.**

**Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.**

**SAMPLE**

# Table of Contents

<b>Copyright</b> .....	<b>1</b>
<b>Table of Contents</b> .....	<b>2</b>
<b>Introduction</b> .....	<b>3</b>
<b>How to Use This Guide</b> .....	<b>4</b>
<b>Questions</b> .....	<b>5</b>
<b>Answers</b> .....	<b>8</b>
<b>Explanations</b> .....	<b>10</b>
<b>Next Steps</b> .....	<b>16</b>

# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

- 1. What is the importance of the soil's plasticity index?**
  - A. Indicates soil color consistency**
  - B. Helps in determining soil suitability for engineering**
  - C. Measures soil's thermal conductivity**
  - D. Assesses soil's resistance to erosion**
- 2. When reporting data, what is the preferred precision for values exceeding 10% retained by wash?**
  - A. Report to the nearest whole number**
  - B. Report to one decimal place**
  - C. Report as a fraction**
  - D. Report to the nearest thousandth**
- 3. What indicates high plasticity in soils?**
  - A. High moisture content.**
  - B. Small particle size.**
  - C. Absence of gravel.**
  - D. Ability to retain shape under pressure.**
- 4. What soil property can affect the performance of a road?**
  - A. Soil density**
  - B. Soil shear strength**
  - C. Soil color**
  - D. Soil moisture content**
- 5. What is the main objective of knowing the particle size distribution of materials?**
  - A. To understand soil moisture levels**
  - B. To develop relationships concerning porosity and packing**
  - C. To ensure compliance with safety regulations**
  - D. To analyze chemical composition**

- 6. Which sieve is specified for Method B of a Standard/Modified Proctor?**
- A.  $\frac{3}{4}$ "**
  - B. No. 4**
  - C.  $\frac{1}{2}$ "**
  - D.  $\frac{3}{8}$ "**
- 7. What is an important consideration for maintaining stable sides of a hole dug for sand cone testing?**
- A. The hole must be deep and wide**
  - B. It must be soft and easily excavated**
  - C. The soil must have sufficient cohesion**
  - D. Soil moisture should be low**
- 8. Which field test is commonly used to estimate in situ soil density?**
- A. Plasticity index test**
  - B. Proctor compaction test**
  - C. Sand cone test**
  - D. California bearing ratio test**
- 9. Why should the sand used in the sand cone method be allowed to reach an air-dried state?**
- A. To reduce its weight**
  - B. To ensure precise measurements**
  - C. To make it easier to handle**
  - D. To increase its density**
- 10. What is the weight specification for a rammer used in standard proctor tests?**
- A.  $5.00 \pm .02$  lbf**
  - B.  $5.50 \pm .02$  lbf**
  - C.  $6.00 \pm .02$  lbf**
  - D.  $4.50 \pm .02$  lbf**



## **Answers**

1. B
2. A
3. D
4. B
5. B
6. D
7. C
8. C
9. B
10. B

SAMPLE

## **Explanations**

SAMPLE

**1. What is the importance of the soil's plasticity index?**

- A. Indicates soil color consistency
- B. Helps in determining soil suitability for engineering**
- C. Measures soil's thermal conductivity
- D. Assesses soil's resistance to erosion

The plasticity index (PI) is a crucial parameter in evaluating the engineering properties of soil. It provides insight into how a soil behaves under changing moisture conditions, which is essential for understanding its suitability for construction and other civil engineering applications. The plasticity index is calculated as the difference between the liquid limit and the plastic limit of soil. A high plasticity index indicates that the soil has a significant range of moisture content in which it behaves plastically, while a low plasticity index suggests a more stable, less plastic behavior. Knowing the plasticity index helps engineers assess characteristics such as soil shrink-swell potential, workability, compaction behavior, and drainage capabilities. This information is vital when determining if a specific soil can support structures or if it may require special treatments or modifications before being used in construction projects. Understanding the plasticity of soil directly influences design decisions and can help prevent structural failures.

**2. When reporting data, what is the preferred precision for values exceeding 10% retained by wash?**

- A. Report to the nearest whole number**
- B. Report to one decimal place
- C. Report as a fraction
- D. Report to the nearest thousandth

When it comes to reporting data for values exceeding 10% retained by wash, the preferred precision is to report to the nearest whole number. This is a standard practice in construction materials testing because when the percentage retained is above 10%, the variations that might occur are generally not significant enough to warrant a decimal place. Reporting to the nearest whole number simplifies the presentation of data, making it easier for stakeholders to interpret the results without losing critical context. Maintaining a whole number reporting format aligns with field practices that prioritize clarity and straightforwardness in data communication. It also avoids confusion that could arise from presenting excessively precise data that may not reflect actual field conditions, where slight variances in measurements are acceptable. Reporting percentages exceeding 10% in whole numbers allows for more efficient analysis and comparison with other test results while still adhering to industry standards. In contrast, reporting to one decimal place or finer precision may imply a degree of accuracy that is unnecessary given the typical variability encountered in field conditions. Reporting as a fraction could also complicate data interpretation, while reporting to the nearest thousandth is generally unnecessary for percentages over 10%, where a straightforward whole number is sufficient for practical applications.

### 3. What indicates high plasticity in soils?

- A. High moisture content.
- B. Small particle size.
- C. Absence of gravel.
- D. Ability to retain shape under pressure.**

High plasticity in soils is indicated by the ability to retain shape under pressure. This characteristic is a key property of plastic soils, which includes clays that can be molded when wet and retain their form once they dry or are compacted. The ability to maintain a stable shape without cracking or breaking shows that the soil has sufficient cohesion and plasticity, making it suitable for various engineering applications. While high moisture content can contribute to the plasticity of a soil by making it more malleable, it is not a definitive indicator of plasticity on its own. Small particle size is associated with increased surface area and can enhance plasticity, but it is the behavior of the soil under pressure that ultimately defines its plasticity. Similarly, the absence of gravel can influence the overall composition of the soil; however, the presence of cohesive particles such as clay is what primarily determines plasticity. Therefore, the ability to retain shape under pressure is the most direct and relevant indicator of high plasticity in soils.

### 4. What soil property can affect the performance of a road?

- A. Soil density
- B. Soil shear strength**
- C. Soil color
- D. Soil moisture content

The performance of a road can greatly be influenced by its bearing capacity, stability, and resistance to deformation under load, all of which are closely linked to soil shear strength. Shear strength refers to the soil's ability to resist sliding along internal surfaces, which is crucial when the soil supports the weight of vehicles and traffic loads. When the shear strength is inadequate, the road can experience problems such as rutting, cracking, and overall structural failure. Engineers assess the shear strength of soil during the design phase to ensure that it can support anticipated loads throughout its lifespan. Factors such as moisture content, density, and soil composition influence shear strength, making it a critical property in road performance evaluations. In contrast, while soil density and moisture content are important, they contribute to shear strength rather than being direct performance indicators on their own. Soil color, on the other hand, does not impact the engineering properties necessary for road performance. Thus, understanding and managing soil shear strength is fundamental in the construction and maintenance of effective roadways.

5. What is the main objective of knowing the particle size distribution of materials?
- A. To understand soil moisture levels
  - B. To develop relationships concerning porosity and packing**
  - C. To ensure compliance with safety regulations
  - D. To analyze chemical composition

Understanding the particle size distribution of materials is essential for several reasons, but one of the main objectives is to develop relationships concerning porosity and packing. Particle size distribution significantly influences how soil or other granular materials compact and the void spaces present in a given volume. This directly affects the porosity of the material, which is critical for various engineering and construction applications. In terms of soil behavior, different particle sizes will lead to varying degrees of compaction, and analyzing the distribution allows engineers to predict how a material will behave under load, how water will drain through it, and how it will react to environmental changes. A well-graded material will typically have better packing characteristics and lower void ratios than poorly graded material, which is vital for ensuring stability and strength in construction. Understanding soil moisture levels relates to various other factors such as porosity, but it is not the primary reason for analyzing particle size distribution. While compliance with safety regulations and analyzing chemical composition are essential aspects of material testing, they do not focus directly on the physical characteristics and behavior imparted by particle size distribution. Therefore, the emphasis on porosity and packing relationships stands as the focal point for understanding the particle size distribution of materials.

6. Which sieve is specified for Method B of a Standard/Modified Proctor?
- A.  $\frac{3}{4}$ "
  - B. No. 4
  - C.  $\frac{1}{2}$ "
  - D.  $\frac{3}{8}$ "**

In the context of the Standard and Modified Proctor tests, Method B specifies the use of a  $\frac{3}{8}$ -inch sieve to determine the material's moisture-density relationship. This method is particularly focused on testing aggregates and soils with larger particle sizes, which necessitates a sieve that accurately reflects the materials being tested. Using the  $\frac{3}{8}$ -inch sieve allows for the retention of larger particles while still ensuring that a significant portion of the sample can pass through, facilitating an accurate measurement of compaction characteristics. This is crucial for understanding how different soil particles will behave when compacted in the field, particularly since larger particles can influence the overall density and moisture content of the soil mix. In contrast, the other sieve sizes mentioned, such as  $\frac{3}{4}$ -inch or No. 4, are not specified for Method B. A  $\frac{3}{4}$ -inch sieve would allow too many large particles to pass, which wouldn't provide a representative sample for this specific test. Meanwhile, a No. 4 sieve is too fine and is typically used for other types of granular materials where finer soil fractions are more relevant. The  $\frac{3}{8}$ -inch sieve strikes the right balance for testing as prescribed by the standard.

**7. What is an important consideration for maintaining stable sides of a hole dug for sand cone testing?**

- A. The hole must be deep and wide**
- B. It must be soft and easily excavated**
- C. The soil must have sufficient cohesion**
- D. Soil moisture should be low**

Maintaining stable sides of a hole dug for sand cone testing is critical to ensure accurate test results. Sufficient cohesion in the soil is vital because it helps prevent the walls of the hole from collapsing during the testing process. Cohesive soils have the ability to stick together, providing the necessary strength to resist gravitational forces that can lead to failure or cave-ins. If the soil lacks cohesion, it can be prone to crumbling and collapsing, which would not only damage the hole but could also lead to inaccuracies in filling the hole with sand for the test. Cohesive soils provide a more stable structure, allowing for more reliable data to be gathered during the testing process. Other considerations, such as the depth and width of the hole, the softness of the soil, and moisture content, while relevant in other contexts, do not directly address the stability of the hole's sides as effectively as cohesion does.

**8. Which field test is commonly used to estimate in situ soil density?**

- A. Plasticity index test**
- B. Proctor compaction test**
- C. Sand cone test**
- D. California bearing ratio test**

The sand cone test is a standard field method used to estimate the in situ soil density. This test involves digging a small hole in the ground, collecting the displaced soil to measure its volume, and then filling the hole with dry sand from a calibrated container. By determining the volume of the hole and the weight of the sand required to fill it, engineers can calculate the density of the soil in place. This method is especially reliable because it directly measures the soil in its existing state, capturing the effects of natural compaction and moisture content. As a result, the sand cone test provides an accurate representation of the soil's density at the specific location, which is essential for various geotechnical assessments and construction quality control. Other options like the plasticity index test and Proctor compaction test are more focused on laboratory evaluations of soil properties and compaction characteristics rather than in situ density measurements. The California bearing ratio test assesses the strength of the soil but does not provide direct information about the density of the soil in the field.

**9. Why should the sand used in the sand cone method be allowed to reach an air-dried state?**

- A. To reduce its weight**
- B. To ensure precise measurements**
- C. To make it easier to handle**
- D. To increase its density**

The correct choice emphasizes the importance of allowing sand to reach an air-dried state in order to ensure precise measurements during the sand cone method. When sand is in an air-dried state, it reaches a consistent moisture content, which removes variables related to moisture that could affect the accuracy of the measurements. If the sand were damp or wet, it would lead to an increase in weight due to the presence of water, which could cause inaccuracies in the volume determinations made during the test. Moisture can also cause the sand to clump together, impacting the uniformity and flow of the sand during the filling process in the cone. Ensuring that the sand is air-dried helps achieve a consistent particle interaction and density, which is essential for obtaining reliable results in the determination of soil density and compaction. The other choices present factors that might be encountered with sand usage but do not directly address the primary reason for air-drying, which is to enhance measurement accuracy.

**10. What is the weight specification for a rammer used in standard proctor tests?**

- A. 5.00 ± .02 lbf**
- B. 5.50 ± .02 lbf**
- C. 6.00 ± .02 lbf**
- D. 4.50 ± .02 lbf**

The standard specification for the rammer used in a Standard Proctor test requires it to weigh 5.50 pounds, with a tolerance of ± 0.02 pounds. This details the exact weight necessary to ensure consistency in the testing process. The Standard Proctor test is a critical method for determining soil compaction characteristics; therefore, using a rammer that meets this precise weight specification is crucial for obtaining reliable and repeatable results. The specified weight helps achieve uniformity in the application of energy to the soil, which is essential for compacting the soil sample adequately. Variations in the rammer weight could lead to differences in the density measurements of the soil, impacting the test results and their interpretation. Thus, adhering to this weight specification is fundamental for accurate soil characterization in construction projects.



## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://nicetconstmatsoilslvl1.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**