

NHA Line of Service Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. If a resident requests a photocopy of their medical record, what must the nursing facility do?**
 - A. Provide it within 72 hours at no charge**
 - B. Deny the request because inpatient records are not reviewable by residents**
 - C. Inform the resident that the request cannot be granted until the physician approves it**
 - D. Provide it within two working days at a reasonable rate**

- 2. Can a resident who has a long history of smoking smoke a cigarette in bed after back surgery?**
 - A. No**
 - B. Yes, as long as he is under observation and the facility permits smoking**
 - C. Yes, he can smoke in bed any time he wishes**
 - D. No, smoking in bed is only permitted if his roommate is a smoker too**

- 3. Once construction plans are approved, how long does a facility have to begin construction?**
 - A. Within 12 months**
 - B. Within 24 months**
 - C. Within 16 months**
 - D. Within 6 months**

- 4. Who must review each resident's drug regimen at least once a month?**
 - A. The medical director**
 - B. A registered nurse**
 - C. The director of nursing**
 - D. A licensed pharmacist**

- 5. There must be at least 1 nursing staff on duty per ____ residents.**
 - A. 28**
 - B. 26**
 - C. 24**
 - D. 20**

- 6. How many days in advance must residents be notified about a rate increase for meals?**
- A. 45 days**
 - B. 30 days**
 - C. 21 days**
 - D. 14 days**
- 7. What must be maintained regarding the cleanliness of dentures by the resident?**
- A. Sanitized**
 - B. Cleaned**
 - C. Retained**
 - D. Organized**
- 8. What organization registers dietitians?**
- A. The Commission on Dietetic Registration of the American Dietetic Association**
 - B. The Dietetic and Food Service Association of America**
 - C. The National Food and Nutritional Dietary Association**
 - D. The Dietary and Health Services Association**
- 9. How many members are on the State Board of Examiners of Nursing Home Administrators?**
- A. 10**
 - B. 12**
 - C. 13**
 - D. 15**
- 10. How much notice must a Nursing Care Facility provide before closing at the end of the fiscal year?**
- A. 120 days**
 - B. 30 days before Dec. 31st**
 - C. 90 days**
 - D. 60 days**

Answers

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1. D
2. B
3. B
4. D
5. D
6. B
7. C
8. A
9. D
10. C

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Explanations

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- 1. If a resident requests a photocopy of their medical record, what must the nursing facility do?**
- A. Provide it within 72 hours at no charge**
 - B. Deny the request because inpatient records are not reviewable by residents**
 - C. Inform the resident that the request cannot be granted until the physician approves it**
 - D. Provide it within two working days at a reasonable rate**

When a resident requests a photocopy of their medical record, the nursing facility is obligated to provide access to that documentation in a timely manner and at a reasonable cost. The requirement to fulfill this request within two working days aligns with regulations that promote patient rights to access their medical information. Ensuring that residents can obtain their medical records supports transparency and encourages active participation in their own healthcare management. Providing the records at a reasonable rate also acknowledges that while residents have the right to access their information, the facility may charge a fee for the costs associated with duplicating the records. This balance upholds both the residents' rights and the operational realities of healthcare management. Thus, the option reflects the best practices and legal requirements surrounding patient access to medical records.

- 2. Can a resident who has a long history of smoking smoke a cigarette in bed after back surgery?**
- A. No**
 - B. Yes, as long as he is under observation and the facility permits smoking**
 - C. Yes, he can smoke in bed any time he wishes**
 - D. No, smoking in bed is only permitted if his roommate is a smoker too**

The correct answer considers both the patient's health status after surgery and the policies of the facility regarding smoking. After back surgery, a resident who has a long history of smoking is typically encouraged to avoid smoking, as it can hinder healing, increase the risk of complications, and affect respiratory health. However, if the facility permits smoking and the resident is under observation, this may allow for a controlled environment where smoking can occur with supervision. Being under observation ensures that healthcare professionals can monitor for any potential adverse effects related to smoking, especially post-surgery. It is crucial to follow the facility's policies, which may have specific guidelines about smoking on premises. This answer takes into account the nuances of medical care, smoke exposure, and operational standards in healthcare settings, emphasizing patient safety and adherence to facility rules.

3. Once construction plans are approved, how long does a facility have to begin construction?

- A. Within 12 months**
- B. Within 24 months**
- C. Within 16 months**
- D. Within 6 months**

The correct answer is based on regulatory and procedural guidelines within the construction industry, particularly as they apply to healthcare facilities and similar projects. Once construction plans are approved, a facility is required to begin actual construction within 24 months. This timeframe ensures that the approved plans are still relevant and that any changes in regulations, technology, or building standards can be effectively incorporated into the construction process. Adhering to this 24-month period helps maintain project viability and compliance with overall development timelines set by governing bodies. This duration also allows for any potential delays in planning or preparation without losing the validity of the approved construction plans.

4. Who must review each resident's drug regimen at least once a month?

- A. The medical director**
- B. A registered nurse**
- C. The director of nursing**
- D. A licensed pharmacist**

The correct answer highlights the role of a licensed pharmacist in reviewing each resident's drug regimen at least once a month. This practice is essential for ensuring medication safety and efficacy in healthcare settings, particularly in facilities like nursing homes or long-term care facilities. A licensed pharmacist is specifically trained to understand pharmacology, assess medication interactions, and monitor for potential side effects. By regularly reviewing drug regimens, pharmacists can identify issues such as unnecessary duplications, contraindications with other medications, or dosage adjustments that may be necessary due to a resident's changing health status. This proactive engagement in medication management plays a crucial role in optimizing therapeutic outcomes and minimizing the risks of polypharmacy. While other healthcare professionals, including the medical director or nursing staff, have important roles in patient care and overseeing clinical practices, it is the licensed pharmacist who possesses the specialized training and depth of knowledge in medication management required to conduct monthly reviews of residents' drug regimens effectively. This ensures a comprehensive, collaborative approach to patient care where the best possible therapeutic paths can be determined.

5. There must be at least 1 nursing staff on duty per ____ residents.

- A. 28**
- B. 26**
- C. 24**
- D. 20**

The correct answer indicates that there must be at least one nursing staff member on duty for every 20 residents in a healthcare facility. This ratio is crucial to ensure that residents receive adequate supervision and care, especially in settings such as nursing homes or long-term care facilities, where the needs of residents can vary significantly and may require prompt attention from nursing staff. Having one nursing staff member for every 20 residents enables better monitoring of health conditions, timely response to emergencies, and more personalized attention for each resident. This standard helps maintain a safe and supportive environment, which is essential for the well-being of the residents. The choice reflects established guidelines or regulations in healthcare environments that highlight the importance of proper staffing ratios to ensure quality of care. Other ratios mentioned in the incorrect options may not meet the necessary demands for sufficiently supporting the residents' health and safety.

6. How many days in advance must residents be notified about a rate increase for meals?

- A. 45 days**
- B. 30 days**
- C. 21 days**
- D. 14 days**

The correct answer indicates that residents must be notified at least 30 days in advance about a rate increase for meals. This requirement is often in place to ensure that residents have ample time to prepare for the financial changes, allowing them to make informed decisions about their care or living arrangements. Providing a 30-day notice supports transparency and trust between the facility and the residents, as it gives residents an opportunity to ask questions or express concerns regarding the increase. It can also be a regulatory requirement intended to protect residents from unexpected financial burdens and ensure they have adequate time to evaluate their options regarding meal plans or budgeting. This standard timeframe is commonly found in regulations governing long-term care or assisted living facilities, reflecting a commitment to both ethical practices and resident rights.

7. What must be maintained regarding the cleanliness of dentures by the resident?

- A. Sanitized**
- B. Cleaned**
- C. Retained**
- D. Organized**

The correct response emphasizes the importance of retaining dentures in a condition that preserves both their physical integrity and hygiene. Retaining dentures means ensuring they are properly stored when not in use and protected from damage that can occur through neglect or improper handling. This encompasses the need for not just cleanliness but also the proper maintenance that allows a resident to effectively use the dentures over the long term. Maintaining dentures includes regular cleaning, but it also involves storing them in a safe, organized manner to prevent loss. Thus, retaining dentures not only addresses their cleanliness but also their accessibility and proper care, ensuring the resident can comfortably and confidently use them. The other options focus on aspects like sanitation and cleanliness, which are essential parts of denture care but don't fully capture the holistic approach needed. Cleaning must be a component of retention, but simply mentioning cleanliness or sanitation does not encompass the broader responsibilities tied to proper denture management and the need for residents to have them easily accessible and in usable condition at all times.

8. What organization registers dietitians?

- A. The Commission on Dietetic Registration of the American Dietetic Association**
- B. The Dietetic and Food Service Association of America**
- C. The National Food and Nutritional Dietary Association**
- D. The Dietary and Health Services Association**

The Commission on Dietetic Registration of the American Dietetic Association is the primary organization responsible for credentialing dietitians in the United States. This entity develops and administers the Registered Dietitian Nutritionist (RDN) credentialing process, which includes the examination and ongoing requirements for professional development. By adhering to established standards in nutrition and dietetics, this organization ensures that those who are registered as dietitians possess the requisite education, skills, and ethics fundamental to practice effectively in the field. The other options represent organizations that may focus on aspects of nutrition and dietetics but do not offer the credentialing or registration services for dietitians. Hence, they do not serve the same primary function as the Commission on Dietetic Registration. Recognizing the authoritative role of this commission emphasizes the importance of having qualified professionals within the dietetic field to provide safe and effective nutrition care.

9. How many members are on the State Board of Examiners of Nursing Home Administrators?

- A. 10
- B. 12
- C. 13
- D. 15**

The State Board of Examiners of Nursing Home Administrators is composed of 15 members, which is important for maintaining a diverse and comprehensive oversight of nursing home administration. This number allows for a variety of perspectives, including representation from different stakeholders in the field, which is crucial for effective governance and ensuring the standards of care and administration are met. The inclusion of 15 members helps facilitate a balance of expertise, experience, and backgrounds, enabling the board to address the numerous challenges and developments in nursing home administration effectively.

10. How much notice must a Nursing Care Facility provide before closing at the end of the fiscal year?

- A. 120 days
- B. 30 days before Dec. 31st
- C. 90 days**
- D. 60 days

Nursing Care Facilities are required to provide a notice period of 90 days prior to closing at the end of the fiscal year. This regulation is designed to ensure that residents, families, and employees are given adequate time to prepare for the closure. A 90-day notice allows residents and their families to find alternative care options, ensuring a smoother transition and minimizing disruption to their lives. This time frame also gives employees the opportunity to seek new employment, and allows the facility to manage its operational logistics appropriately as it winds down services. Understanding this requirement is crucial for facility administrators and staff, as it aligns with regulatory compliance and the ethical responsibility of providing care and support to residents during a significant change. Not adhering to this notice period can lead to legal consequences and can negatively impact the facility's reputation in the community.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://nhalineofservice.examzify.com>

We wish you the very best on your exam journey. You've got this!

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