

New Mexico Barber Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	16

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

- 1. What is the purpose of using a neck strip when cutting hair?**
 - A. To make the haircut more stylish**
 - B. To maintain hygiene and keep the hair off the client's skin**
 - C. To minimize static electricity**
 - D. To add fragrance to the hair**
- 2. What is a common cause for a barber to educate their clients?**
 - A. To encourage them to switch products**
 - B. To help them maintain their hairstyle**
 - C. To sell additional services**
 - D. To increase arm strength during chair work**
- 3. What is an important factor to consider when choosing hair coloring products?**
 - A. The desired end result and the client's hair type**
 - B. The price of the product**
 - C. The brand reputation**
 - D. The ease of application**
- 4. How should heated tools be handled?**
 - A. Without any special care**
 - B. With care, using heat-resistant gloves if necessary**
 - C. Directly with bare hands**
 - D. Only by experienced staff**
- 5. How often should barbers disinfect their workstations?**
 - A. Once a day**
 - B. Only at the end of the day**
 - C. After every client service**
 - D. As needed**

- 6. What chemical is often used to lighten hair during coloring?**
- A. Ammonia**
 - B. Hydrogen peroxide**
 - C. Developer cream**
 - D. Bleach**
- 7. What type of product can help with frizz control?**
- A. Hair mousse**
 - B. Anti-frizz serum or cream**
 - C. Hair gel**
 - D. Dry shampoo**
- 8. What is the primary purpose of using a clipper over scissors in barbering?**
- A. To add layers and texture**
 - B. To achieve precise control in cutting**
 - C. To improve speed and efficiency**
 - D. To create a softer finish**
- 9. In terms of barbering, what does cross-checking refer to?**
- A. Reviewing and adjusting the cut for evenness from multiple angles**
 - B. Cutting hair in different directions for style**
 - C. Using various products to enhance the look**
 - D. Changing the style after client approval**
- 10. What does the term "overdirection" refer to in haircutting?**
- A. Cuts made straight across the hair**
 - B. Cutting hair away from its natural falling position**
 - C. Utilizing a mirror for better perspective**
 - D. Cuts made at an angle**

Answers

SAMPLE

1. B
2. B
3. A
4. B
5. C
6. B
7. B
8. C
9. A
10. B

SAMPLE

Explanations

SAMPLE

1. What is the purpose of using a neck strip when cutting hair?

- A. To make the haircut more stylish**
- B. To maintain hygiene and keep the hair off the client's skin**
- C. To minimize static electricity**
- D. To add fragrance to the hair**

Using a neck strip when cutting hair serves a crucial purpose related to hygiene and comfort. It helps create a barrier between the client's skin and the hair that is being cut, preventing the hair from falling directly onto the skin, which can be irritating. This practice ensures that any loose hair is contained and does not lead to discomfort for the client, such as itching or irritation caused by hair clippings. Additionally, the neck strip plays a role in maintaining sanitation within the salon environment. By using a fresh neck strip for each client, barbers can minimize the risk of transferring hair and debris from one person to another, contributing to a more hygienic setting. This practice is especially important in a professional barbering environment where multiple clients are served. The other options, while possibly relevant in different contexts, do not align with the primary function of a neck strip in a hair cutting scenario.

2. What is a common cause for a barber to educate their clients?

- A. To encourage them to switch products**
- B. To help them maintain their hairstyle**
- C. To sell additional services**
- D. To increase arm strength during chair work**

Educating clients about how to maintain their hairstyle is crucial in the barbering profession. This not only helps clients sustain their look for a longer period but also reinforces the relationship between the barber and the client. When a barber provides guidance on the best practices for styling, washing, and caring for their hair, it empowers the client to take an active role in managing their appearance. This education can include advice on the continuation of certain techniques learned during their appointment, recommendations for products to use at home, and tips on when to come back for maintenance. Ultimately, this aspect of client education builds trust and satisfaction, as clients feel more confident and informed about their hairstyle choices. The other options, while they might seem reasonable at a glance, do not encompass the primary focus of client education in the barbering context as effectively.

3. What is an important factor to consider when choosing hair coloring products?

- A. The desired end result and the client's hair type**
- B. The price of the product**
- C. The brand reputation**
- D. The ease of application**

When selecting hair coloring products, considering the desired end result and the client's hair type is crucial for achieving the best outcome. Different hair types react differently to color treatments due to variations in texture, porosity, and existing color. For example, fine hair may absorb color differently compared to thick hair, and highly porous hair may fade faster. Understanding these nuances allows a barber to make informed decisions, ensuring that the chosen product aligns with the client's expectations while also being suitable for their hair structure. This tailored approach helps in achieving the most flattering and long-lasting results. While factors like price, brand reputation, and ease of application can play a role in decision-making, they do not directly influence the effectiveness of the color on the client's specific hair type and desired outcome as directly as the choice of color product based on these personal features.

4. How should heated tools be handled?

- A. Without any special care**
- B. With care, using heat-resistant gloves if necessary**
- C. Directly with bare hands**
- D. Only by experienced staff**

Handling heated tools in a barbershop or salon requires careful attention to safety to prevent burns or injuries. Using heat-resistant gloves, if necessary, is essential because it provides an additional layer of protection against the high temperatures of tools like curling irons, straighteners, or other styling devices. These gloves are designed specifically to withstand heat, allowing the stylist to work safely without risking direct contact with hot surfaces. Additionally, careful handling of heated tools helps in ensuring that both the stylist and the client remain safe during the service. It's important to recognize that while experience can play a role in how tools are handled, every user—regardless of skill level—should prioritize safety precautions when dealing with hot items. Using heat-resistant gloves is a practical and effective method to minimize the risk of burns and to encourage a standard practice that promotes safety in the workplace.

5. How often should barbers disinfect their workstations?

- A. Once a day
- B. Only at the end of the day
- C. After every client service**
- D. As needed

Barbers should disinfect their workstations after every client service to ensure high standards of hygiene and client safety. This practice is crucial for preventing the spread of infectious diseases and maintaining a clean environment in the salon or barbershop. Since tools and surfaces come into contact with clients during each appointment, regular disinfection minimizes the potential for cross-contamination. Disinfecting after each service allows barbers to remove any bacteria, viruses, or other pathogens that may have been introduced during the previous service. It is essential for maintaining a professional environment and instilling confidence in clients regarding their health and safety. This practice is often mandated by state regulations, emphasizing its importance in the professional grooming industry.

6. What chemical is often used to lighten hair during coloring?

- A. Ammonia
- B. Hydrogen peroxide**
- C. Developer cream
- D. Bleach

Hydrogen peroxide is a common chemical used in hair coloring, particularly for its ability to lighten hair. As an oxidizing agent, hydrogen peroxide works by breaking down the natural pigment (melanin) in the hair shaft. When applied in a solution during coloring processes, it lifts the color of the hair by creating a chemical reaction that results in lightening. In addition to its role in lightening, hydrogen peroxide is often a key component of many hair dye formulations, as it also helps in developing the color and ensuring that it adheres to the hair effectively. Its use is essential when trying to achieve a more vibrant or lighter shade, especially for those who are transitioning from darker to lighter tones. Other choices, while related to hair coloring processes, serve different purposes. For example, ammonia is frequently used to open up the hair cuticle to allow color penetration but does not itself lighten hair. Developer cream typically contains hydrogen peroxide as a key ingredient but is not the main lightening agent by itself. Bleach is another lightening product, but it operates through a different chemical process and is usually used for more drastic lightening than hydrogen peroxide.

7. What type of product can help with frizz control?

- A. Hair mousse
- B. Anti-frizz serum or cream**
- C. Hair gel
- D. Dry shampoo

Anti-frizz serum or cream is specifically designed to combat frizz and provide a smoother, more polished appearance to hair. These products typically contain ingredients that seal the hair cuticle, reducing moisture absorption from the air, which often causes frizz. They work by creating a barrier that helps to keep the hair hydrated and sleek, making them particularly effective for individuals with curly or wavy hair where frizz is more common. In contrast, hair mousse is primarily used for adding volume and hold to hairstyles, rather than addressing frizz directly. Hair gel also generally focuses on providing hold and style definition, which might not significantly influence frizz control. Dry shampoo is formulated to absorb oil and refresh hair between washes, but it does not target frizz at all. Therefore, anti-frizz serum or cream stands out as the most effective option for controlling frizz.

8. What is the primary purpose of using a clipper over scissors in barbering?

- A. To add layers and texture
- B. To achieve precise control in cutting
- C. To improve speed and efficiency**
- D. To create a softer finish

The primary purpose of using a clipper over scissors in barbering is to improve speed and efficiency. Clippers are designed to cut hair quickly and uniformly, making them ideal for achieving shorter styles or haircutting techniques that require speed, such as buzz cuts. The mechanical nature of clippers allows barbers to work through large sections of hair in a shorter amount of time compared to scissors, which typically require more detailed, manual work. In contrast, while clippers are efficient, scissors are often used when precision is needed, such as in layering and texturing styles where detailed scissor skills can manipulate hair length and shape more intricately. Therefore, the choice of tool depends on the desired outcome, but when it comes to speed and efficiency in cutting, clippers are the superior choice.

9. In terms of barbering, what does cross-checking refer to?

- A. Reviewing and adjusting the cut for evenness from multiple angles**
- B. Cutting hair in different directions for style**
- C. Using various products to enhance the look**
- D. Changing the style after client approval**

Cross-checking in barbering is a vital technique used to ensure that a haircut is even and well-blended throughout. This process involves reviewing and adjusting the cut from multiple angles, allowing the barber to identify any inconsistencies that may have been missed during the initial cutting phase. By examining the hair from different perspectives, the barber can ensure that the length and shape are uniform, achieving a polished and professional look. This method is especially important because hair can often appear differently when viewed from various angles, and any discrepancies can lead to an uneven appearance once the hair is styled. Cross-checking helps to build confidence in the final result, as it counters the natural tendency to overlook potential flaws that may not be immediately apparent. The other options, while relevant to the overall practice of barbering, do not capture the specific technique of cross-checking. For instance, cutting hair in different directions for style addresses a different aspect of haircutting, and using various products or changing a style after client approval refer to different stages of the barbering process rather than the critical review of the haircut itself.

10. What does the term "overdirection" refer to in haircutting?

- A. Cuts made straight across the hair**
- B. Cutting hair away from its natural falling position**
- C. Utilizing a mirror for better perspective**
- D. Cuts made at an angle**

Overdirection in haircutting refers to the technique of cutting hair away from its natural falling position. This method is used to create volume and shape in a haircut, allowing the stylist to achieve specific looks, such as longer layers or added movement. By pulling the hair away from its natural fall before cutting, the stylist can manipulate how the hair falls into place once it is released, ultimately influencing the overall silhouette of the hairstyle. This technique helps to create various styles and can be particularly useful in achieving a longer appearance or enhancing texture. Understanding overdirection is crucial for barbers and stylists as it impacts the final outcome of the haircut and contributes to the decision-making process while styling hair.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://newmexicobarber.examzify.com>

We wish you the very best on your exam journey. You've got this!