

New Jersey Barber and Hairstyling Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

This is a sample study guide. To access the full version with hundreds of questions,

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.

7. Use Other Tools

Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!

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Questions

- 1. How does humidity affect hair during styling?**
 - A. It makes hair easier to style**
 - B. It can cause frizz and alter the style's longevity**
 - C. It enhances the hair's shine**
 - D. It prevents hair damage during styling**
- 2. Which method is recommended for maintaining a straight razor?**
 - A. Soaking it in water**
 - B. Cleaning it with alcohol only**
 - C. Regularly honing and stropping the blade**
 - D. Storing it without cleaning after usage**
- 3. Explain the term 'fade' in barbering.**
 - A. A sudden change from long to short hair**
 - B. A technique for coloring hair**
 - C. A blending technique from long to short hair**
 - D. A style that adds volume to hair**
- 4. What product is commonly used to achieve a wet look in hair?**
 - A. Hair wax**
 - B. Hair gel or mousse**
 - C. Conditioner**
 - D. Hair spray**
- 5. How often should barber clippers be oiled?**
 - A. Once a week**
 - B. After every use**
 - C. Only when they become noisy**
 - D. Once a month**

- 6. What should be the goal when using a taper during a haircut?**
- A. To create harsh lines**
 - B. To blend different lengths for a smooth transition**
 - C. To maintain all lengths uniformly**
 - D. To remove all hair**
- 7. How should single-use items be disposed of in a barbershop?**
- A. Placed in biohazard waste containers according to health regulations**
 - B. Disposed of in regular trash bins**
 - C. Washed and reused**
 - D. Burned in a safe area**
- 8. What are the two main types of shaving techniques?**
- A. Electric shaver and disposable razor**
 - B. Traditional straight razor and modern safety razor**
 - C. Butterfly razor and cartridge razor**
 - D. Clippers and trimmers**
- 9. How many inches does hair grow on average in a month?**
- A. About a quarter of an inch**
 - B. About half an inch**
 - C. About three-quarters of an inch**
 - D. About an inch**
- 10. What precautions should be taken when using a straight razor?**
- A. Always use a guard and proper technique to prevent cuts**
 - B. Use the razor only on dry skin**
 - C. Sharpen the blade only before each use**
 - D. Hold the razor at a 90-degree angle**

Answers

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1. B
2. C
3. C
4. B
5. B
6. B
7. A
8. B
9. B
10. A

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Explanations

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1. How does humidity affect hair during styling?

- A. It makes hair easier to style**
- B. It can cause frizz and alter the style's longevity**
- C. It enhances the hair's shine**
- D. It prevents hair damage during styling**

Humidity has a significant impact on hair during styling, particularly in terms of frizz and the overall longevity of the hairstyle. When the air is humid, water vapor in the environment can interact with the hair's structure. This interaction can cause the hair cuticle, which is the outer layer, to swell and lift, leading to a rougher surface and creating friction between strands. As a result, the natural curl or wave pattern in the hair may become more pronounced or unruly, which contributes to the frizz that many individuals experience in humid conditions. Additionally, because the hair may not hold a style as well when it is frizzy or puffed up, the overall longevity of the hairstyle can be compromised. Styles that require sleekness or straightness may not last as long in high humidity, prompting the need for additional products or techniques to manage the frizz and help maintain the desired look. In contrast, while some factors like shine may be affected by humidity, the primary concern for hairstyling professionals is how it compromises the overall styling process and the finish of the hair.

2. Which method is recommended for maintaining a straight razor?

- A. Soaking it in water**
- B. Cleaning it with alcohol only**
- C. Regularly honing and stropping the blade**
- D. Storing it without cleaning after usage**

The recommended method for maintaining a straight razor is regularly honing and stropping the blade. This process is essential for keeping the cutting edge sharp and effective. Honing involves using a sharpening tool, such as a whetstone, to restore the razor's edge, while stropping involves polishing the blade on a strop, which realigns the microscopic teeth of the edge and removes any burrs. This maintenance routine not only extends the life of the blade but also ensures a smooth and comfortable shaving experience for the user. Other methods like soaking the razor in water, cleaning it with alcohol only, or storing it without cleaning can lead to various issues. Soaking in water may cause rusting or damage to the blade, while cleaning with alcohol does not effectively remove all debris or oils from the blade. Storing the razor without cleaning can result in contamination and degradation of the blade over time. Thus, regular honing and stropping are critical practices for proper razor maintenance.

3. Explain the term 'fade' in barbering.

- A. A sudden change from long to short hair
- B. A technique for coloring hair
- C. A blending technique from long to short hair**
- D. A style that adds volume to hair

In barbering, the term 'fade' refers to a blending technique that creates a smooth transition from longer hair on top to shorter hair on the sides and back. This technique is essential for achieving a polished look, as it skillfully merges different hair lengths without harsh lines. The fade can vary in length and intensity, providing barbers with the flexibility to tailor it to the client's preferences and head shape. By gradually shortening the hair, a fade enhances the overall style while maintaining a clean and professional appearance. Understanding the fade technique is crucial for barbers, as it is a common request from clients and one of the key elements of modern haircutting styles. The other answers do not capture the essence of a fade; while a sudden change in hair length may describe an abrupt cut, it doesn't convey the smooth blending that characterizes a fade. Meanwhile, coloring hair and adding volume are separate aspects of hairstyling that do not pertain to the fading technique itself.

4. What product is commonly used to achieve a wet look in hair?

- A. Hair wax
- B. Hair gel or mousse**
- C. Conditioner
- D. Hair spray

Hair gel or mousse is commonly used to achieve a wet look in hair due to their ability to provide a strong hold and a glossy finish. These products are specifically formulated to create styles that appear sleek and shiny, resembling a freshly styled look as if it has just been wet. Hair gel contains a mixture of polymers that create a stiff hold while giving a shiny appearance, making it ideal for slick styles. Mousse, on the other hand, can provide volume along with a bit of shine, which can also contribute to a wet look in a more natural, bouncy way. While hair wax can help in creating definition and texture with a bit of shine, it does not typically provide the same degree of wetness or shine as gel or mousse. Conditioner is primarily used for moisturizing and smoothing the hair, not for styling, so it does not yield a wet look. Hair spray is generally used for finishing touches to hold styles in place, rather than creating wet effects. Therefore, hair gel or mousse is the most suitable option for achieving that desired wet appearance in hairstyles.

5. How often should barber clippers be oiled?

- A. Once a week
- B. After every use**
- C. Only when they become noisy
- D. Once a month

Oiling barber clippers after every use is essential for their maintenance and performance. Regular oiling helps to ensure the blades move smoothly and efficiently, preventing friction that can lead to overheating and dullness. When clippers are used frequently without proper lubrication, it can cause the motor to work harder, leading to quicker wear and reduced lifespan of the clippers. This practice not only extends the life of the equipment but also delivers a better cutting experience for clients, as well-maintained clippers provide cleaner and more precise cuts. The other options suggest less frequent oiling, which can compromise the longevity and performance of the clippers. For instance, oiling once a week might not be sufficient for clippers used multiple times daily, and only oiling when they become noisy could indicate damage already done. Monthly maintenance is also too infrequent for clippers that are in regular, daily use. Therefore, the best practice is to oil them after every use to ensure optimal function and durability.

6. What should be the goal when using a taper during a haircut?

- A. To create harsh lines
- B. To blend different lengths for a smooth transition**
- C. To maintain all lengths uniformly
- D. To remove all hair

When using a taper during a haircut, the goal should be to blend different lengths for a smooth transition. Tapering involves gradually shortening the length of hair from one point to another, typically from longer hair on top to shorter hair at the sides and back. This technique creates a seamless flow from one length to another, enhancing the overall shape and appearance of the haircut. By achieving this smooth transition, a taper allows for versatile styling options while keeping the look clean and polished. It is especially important in barbering and hairstyling, where precision and blending can set a good haircut apart. A properly executed taper can also help frame the face and enhance the features of the client, contributing to a well-balanced hairstyle. In contrast, aims such as creating harsh lines, maintaining all lengths uniformly, or removing all hair do not align with the purpose of tapering, which is fundamentally about blending and transitioning rather than creating stark contrasts or uniformity.

7. How should single-use items be disposed of in a barbershop?

- A. Placed in biohazard waste containers according to health regulations**
- B. Disposed of in regular trash bins**
- C. Washed and reused**
- D. Burned in a safe area**

Single-use items in a barbershop, such as razors, gloves, or any disposable tools, should be disposed of in biohazard waste containers according to health regulations. This is essential for maintaining a safe and sanitary environment, as single-use items can potentially carry pathogens and other harmful substances. By using biohazard containers, barbershops ensure that waste is properly handled and disposed of in a manner that reduces the risk of contamination and complies with public health guidelines. This practice not only protects the health of clients and staff but also aligns with regulatory standards that govern hygiene in personal care services. Proper disposal is critical in preventing the spread of infections and maintaining a clean workspace. Therefore, the correct approach is to use designated biohazard waste containers for safe disposal.

8. What are the two main types of shaving techniques?

- A. Electric shaver and disposable razor**
- B. Traditional straight razor and modern safety razor**
- C. Butterfly razor and cartridge razor**
- D. Clippers and trimmers**

The correct answer identifies the two essential shaving techniques: traditional straight razor and modern safety razor. Understanding these types is fundamental for mastering shaving skills and techniques. The traditional straight razor is renowned for providing a very close and precise shave. It consists of a long, straight blade that is sharpened and then used directly on the skin. This method requires skill and practice to control effectively, but it allows for excellent maneuverability and the potential for superior results. Many barbers favor this technique for its artistry and traditional appeal, as well as its ability to contour to the face's shape. In contrast, the modern safety razor, which features a protective guard around the blade, is designed to minimize the risk of cuts and nicks, making it a safer option for those who may be less experienced with shaving techniques. It offers a blend of safety and efficiency and can also provide a close shave with less risk of injuring the skin. By recognizing these two techniques, one can appreciate how they each serve different clients' needs and preferences, from experienced shavers seeking precision to beginners desiring safety and ease of use.

9. How many inches does hair grow on average in a month?

- A. About a quarter of an inch**
- B. About half an inch**
- C. About three-quarters of an inch**
- D. About an inch**

Hair typically grows at an average rate of about half an inch per month. This growth rate can vary among individuals due to factors such as genetics, health, and nutrition, but the general consensus in hair and health studies places the average growth at this measurement. Understanding this growth rate is important for barbers and hairstylists when planning haircuts and styles for their clients, as knowing how quickly hair will grow back can help in designing haircuts that suit the client's desired look over time. While some individuals may experience slightly different growth rates, half an inch is a widely accepted standard. This metric is critical for those in the profession as it serves as a guideline for making recommendations for styles, maintenance, and frequency of visits based on how quickly a client's hair is expected to lengthen.

10. What precautions should be taken when using a straight razor?

- A. Always use a guard and proper technique to prevent cuts**
- B. Use the razor only on dry skin**
- C. Sharpen the blade only before each use**
- D. Hold the razor at a 90-degree angle**

Using a straight razor requires a heightened level of skill and caution, making it essential to implement proper safety measures to avoid injuries. Utilizing a guard and adhering to correct techniques while handling the blade helps maintain control and precision, which are critical for preventing cuts. This precaution is fundamental because the straight razor is inherently sharp and can easily cause serious injuries if not handled properly. In addition to employing a guard, the right technique when using a straight razor generally includes maintaining the correct angle during the shave, keeping the skin taut, and using smooth, even strokes. These best practices collectively contribute to a safer shaving experience, minimizing the risk of nicks and cuts. Other choices present less effective or incorrect methods. For instance, the use of a straight razor on dry skin is not advisable as it can increase the risk of cuts and irritation, while maintaining proper hydration of the skin is critical for a smooth shave. Sharpening the blade only before each use does not account for the importance of blade maintenance over time; regular honing may be necessary for optimal performance. Lastly, holding the razor at a 90-degree angle can lead to excessive pressure and potential harm, whereas a more controlled angle is typically recommended for effective shaving.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://newjerseybarber.examzify.com>

We wish you the very best on your exam journey. You've got this!