

NEW HAMPSHIRE BARBER PRACTICE EXAM (SAMPLE)

STUDY GUIDE



**SAMPLE STUDY GUIDE
WITH LIMITED QUESTIONS**

**VISIT US ONLINE FOR
THE FULL VERSION STUDY GUIDE**

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. What characterizes a "taper" haircut?**
 - A. It features a uniform length on top and short sides
 - B. It gradually shortens hair from the top to the sides and back
 - C. It is a hairstyle that has no fading
 - D. It involves cutting all hair to the same length
- 2. What should you apply to the skin before shaving to reduce irritation?**
 - A. Aftershave balm
 - B. Pre-shave oil or lotion
 - C. Conditioner
 - D. Moisturizer
- 3. What safety measures should be taken when using sharp tools in barbering?**
 - A. Cut towards yourself for better control
 - B. Always cut away from yourself, maintain focus, and store tools properly
 - C. Leave tools unguarded when not in use
 - D. Use tools only when being supervised
- 4. Which part of the hair is responsible for its strength?**
 - A. Cuticle
 - B. Cortex
 - C. Mediterm
 - D. Follicle
- 5. What is a contraindication for a chemical straightening treatment?**
 - A. Individuals with color-treated hair
 - B. People with oily hair
 - C. Pregnant women or those with sensitive skin
 - D. Clients wanting a quick styling solution
- 6. Which tool is primarily used for cutting hair?**
 - A. Razor
 - B. Clippers
 - C. Scissors
 - D. Trimmers

- 7. What is the purpose of using a leave-in conditioner?**
- A. To provide a deep cleanse
 - B. To create a strong hold
 - C. To provide ongoing moisture and protection without rinsing out
 - D. To thicken hair strands
- 8. What is the purpose of a consultation card?**
- A. To provide a record of the salon's services
 - B. To document the client's preferences and previous services
 - C. To list the salon's pricing
 - D. To inform the client about hair products
- 9. What does the term "over-direction" refer to in haircutting?**
- A. Cutting hair in a straight line
 - B. Pulling hair away from its natural fall to create length or volume
 - C. Using a mirror to check the haircut
 - D. Layering hair to add texture
- 10. What type of license is required to perform cosmetology services in addition to barbering in New Hampshire?**
- A. A barber's license
 - B. A cosmetology license
 - C. An aesthetician license
 - D. A teaching license

Answers

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1. B
2. B
3. B
4. B
5. C
6. C
7. C
8. B
9. B
10. B

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Explanations

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1. What characterizes a "taper" haircut?

- A. It features a uniform length on top and short sides
- B. It gradually shortens hair from the top to the sides and back**
- C. It is a hairstyle that has no fading
- D. It involves cutting all hair to the same length

A "taper" haircut is characterized by the gradual shortening of the hair from the top down to the sides and back. This technique creates a smooth transition, blending the longer hair on the top with progressively shorter hair as it moves towards the natural hairline around the ears and neck. The key feature of a taper is this soft, gradual decrease in length, which allows for a clean and polished appearance while maintaining a bit of volume and length on top. This differs from a uniform length haircut, which has the same length throughout, and from hairstyles that do not exhibit any type of fading or blending. Additionally, a taper is distinct from a style that cuts all hair to the same length, as it specifically involves varying lengths to create that graduated look. This method of cutting is widely appreciated for its versatility and modern aesthetic, making it a popular choice in barbering.

2. What should you apply to the skin before shaving to reduce irritation?

- A. Aftershave balm
- B. Pre-shave oil or lotion**
- C. Conditioner
- D. Moisturizer

Applying pre-shave oil or lotion to the skin before shaving is effective because it serves multiple essential functions. It creates a protective barrier that helps to reduce friction between the razor and the skin, which can minimize irritation and razor burn during the shaving process. Furthermore, pre-shave products often contain emollients that soften the hair and hydrate the skin, making it easier for the razor to glide smoothly. Pre-shave oil or lotion also helps to lift the hairs away from the skin, allowing for a closer and more comfortable shave. This preparation is especially important for individuals with sensitive skin or those shaving coarse hair, as it can significantly enhance the shaving experience by improving razor glide and reducing the likelihood of nicks and cuts. Other options, while beneficial in their own right, do not specifically address the immediate needs before shaving. Aftershave balm, for instance, is intended for post-shaving care to soothe and hydrate the skin after a shave. Conditioner may soften hair, but it is not designed for the specific purpose of creating a protective layer during shaving. Moisturizer can help keep the skin hydrated and improve overall skin health, but it lacks the intended formulation that provides optimal protection and preparation for shaving.

3. What safety measures should be taken when using sharp tools in barbering?

- A. Cut towards yourself for better control
- B. Always cut away from yourself, maintain focus, and store tools properly**
- C. Leave tools unguarded when not in use
- D. Use tools only when being supervised

The correct choice emphasizes essential safety practices that are vital when using sharp tools in barbering. Cutting away from yourself minimizes the risk of injury; this technique helps ensure that if a slip happens, the tool will move away from your body rather than toward it, reducing the likelihood of an accident. Additionally, maintaining focus is important because distractions can lead to mistakes that cause injuries. Proper storage of tools when they are not in use is crucial for preventing accidents. Tools should always be properly secured or stored in a designated location, making it less likely that someone could accidentally come into contact with them. Focusing on these safety measures forms a comprehensive approach to preventing accidents in the barbershop, making it a critical practice for anyone working with sharp instruments. Other options either advocate unsafe practices or do not prioritize consistent safety protocols, which are essential in a professional setting.

4. Which part of the hair is responsible for its strength?

- A. Cuticle
- B. Cortex**
- C. Mediterm
- D. Follicle

The cortex is the part of the hair responsible for its strength. It is the thickest layer of the hair shaft, located between the outer cuticle and the inner medulla. The cortex contains a high concentration of keratin fibers, which provide the hair with its tensile strength and elasticity. This structural integrity is vital for withstanding various physical stresses, such as brushing and styling. The other components of hair have different roles. The cuticle serves as a protective outer layer, helping to shield the inner layers from damage and moisture loss. However, it does not contribute to the hair's strength. The medulla, which is the innermost layer, is often absent in finer hair and doesn't play a significant role in the overall strength of the hair. The follicle, on the other hand, is the structure from which hair grows but does not have a direct influence on the strength of the hair itself. It provides nourishment and support during the hair growth cycle rather than contributing to the strength of the hair strands.

5. What is a contraindication for a chemical straightening treatment?

- A. Individuals with color-treated hair
- B. People with oily hair
- C. Pregnant women or those with sensitive skin**
- D. Clients wanting a quick styling solution

Chemical straightening treatments involve the use of strong chemicals that alter the structure of the hair to achieve a smoother and straighter appearance. A contraindication is a specific situation or condition that makes a treatment undesirable or inadvisable for a client. In this case, pregnant women or those with sensitive skin are considered contraindications for chemical straightening treatments. This is because the strong chemicals used in these treatments can cause adverse reactions, particularly in individuals with heightened sensitivity due to hormonal changes during pregnancy or pre-existing skin conditions. The risk of allergic reactions, skin irritations, or systemic effects from the chemicals increases in these groups, making it unsafe to proceed with the treatment. The other options do not represent direct contraindications to chemical straightening. While color-treated hair may require caution to avoid damage, it is not an outright contradiction. Similarly, people with oily hair or clients desiring quick styling solutions might face different concerns, but these do not inherently contraindicate the use of chemical straightening treatments.

6. Which tool is primarily used for cutting hair?

- A. Razor
- B. Clippers
- C. Scissors**
- D. Trimmers

The primary tool used for cutting hair is scissors. Scissors have specific blades designed for precision and control, allowing barbers to make various cuts and textures in the hair. They are versatile and can be used for layering, point cutting, and other techniques that require a delicate touch and accuracy. While razors, clippers, and trimmers are also essential tools in the hair cutting process, they serve different purposes. Razors are typically used for texturizing and creating softer edges rather than for primary cuts. Clippers are used mainly for bulk cutting and achieving fades or tapered styles, where quick and even cutting is required. Trimmers are used for outlining and finishing touches, focusing on small areas, such as the neck or around the ears. Each of these tools plays a crucial role in a barber's toolkit, but scissors remain the fundamental instrument for the actual cutting of hair.

7. What is the purpose of using a leave-in conditioner?

- A. To provide a deep cleanse
- B. To create a strong hold
- C. To provide ongoing moisture and protection without rinsing out**
- D. To thicken hair strands

Using a leave-in conditioner serves the important function of providing ongoing moisture and protection without the need for rinsing out. Leave-in conditioners are formulated to be lightweight and easily absorbed, allowing them to hydrate the hair throughout the day. They help in maintaining hair health by preventing dryness, reducing frizz, and improving manageability. This continuous hydration can be particularly beneficial for those with dry or damaged hair, as it nourishes the strands and can enhance overall appearance and texture. Moreover, leave-in conditioners often contain ingredients that can protect hair from environmental stressors such as UV rays and pollution. This protective layer can help to minimize damage, making hair look healthier over time. Thus, the unique capability of leave-in conditioners to remain in the hair and provide benefits long after application underscores their role in a regular hair care routine.

8. What is the purpose of a consultation card?

- A. To provide a record of the salon's services
- B. To document the client's preferences and previous services**
- C. To list the salon's pricing
- D. To inform the client about hair products

The purpose of a consultation card is primarily to document the client's preferences and any previous services they have received. This tool is key in establishing a personalized approach to each client's needs and desires, ensuring that the barber or stylist understands the client's history and what they are looking for in terms of style, maintenance, and product recommendations. Having a record of past services helps in providing continuity of care and aids in tracking changes or progress over time. The focus on documenting preferences allows the barber to tailor consultations and services specifically to the client, enhancing satisfaction and potentially leading to long-term client relationships. This personalized approach is central to client care in the barbering industry, making the consultation card an essential tool for any professional in this field.

9. What does the term "over-direction" refer to in haircutting?

- A. Cutting hair in a straight line
- B. Pulling hair away from its natural fall to create length or volume**
- C. Using a mirror to check the haircut
- D. Layering hair to add texture

The term "over-direction" in haircutting refers to the technique of pulling hair away from its natural fall to create additional length or volume in the haircut. This method can involve directing the hair in various angles, often away from the head, to change the shape and style of the finished look. By over-directing, a stylist can give the hair more movement and can help achieve a layered effect or added volume at the roots, depending on how extreme the over-direction is. This technique is particularly useful in styles that require more texture or body, as it allows for versatility in creating different looks. In contrast, cutting hair in a straight line is simply a basic cutting technique that does not involve the manipulation of the hair's natural positioning. Using a mirror to check the haircut is a practice that ensures the stylist is aligned and consistent but does not relate to the action defined by over-direction. Layering hair to add texture is a distinct technique focused on reducing bulk and creating varied lengths, rather than directing the hair away from its natural fall. Understanding over-direction can significantly impact the results a stylist achieves and is key in achieving certain haircut styles.

10. What type of license is required to perform cosmetology services in addition to barbering in New Hampshire?

- A. A barber's license
- B. A cosmetology license**
- C. An aesthetician license
- D. A teaching license

To perform cosmetology services in addition to barbering in New Hampshire, a cosmetology license is required. Barbering and cosmetology are distinct practices with different scopes of services, and the state recognizes these differences through separate licensing. A cosmetology license ensures that the individual has received the necessary training and education on a wider range of beauty services that may include hair coloring, skincare, nail care, and other treatments that go beyond what is typically covered within barbering. This is important as each license represents the specific competencies and areas of expertise needed to safely and effectively perform the various services. While a barber's license allows for the performance of haircuts and traditional barbering techniques, it does not encompass the broader services provided by cosmetologists. An aesthetician license specifically pertains to skincare services and is not sufficient for performing all cosmetology functions. A teaching license would enable an individual to instruct others but does not relate directly to providing services. Therefore, obtaining a cosmetology license is essential for those wishing to expand their offerings beyond barbering and to comply with state regulations that safeguard public health and professional standards.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://newhampshirebarber.examzify.com>

We wish you the very best on your exam journey. You've got this!

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