

# Nebraska Physical Therapy Jurisprudence Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

**This is a sample study guide. To access the full version with hundreds of questions,**

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**SAMPLE**

# Table of Contents

<b>Copyright</b> .....	<b>1</b>
<b>Table of Contents</b> .....	<b>2</b>
<b>Introduction</b> .....	<b>3</b>
<b>How to Use This Guide</b> .....	<b>4</b>
<b>Questions</b> .....	<b>6</b>
<b>Answers</b> .....	<b>9</b>
<b>Explanations</b> .....	<b>11</b>
<b>Next Steps</b> .....	<b>17</b>

# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.**

## **7. Use Other Tools**

**Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!**

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## **Questions**

- 1. How is "medical records" defined in healthcare?**
  - A. A summary of a patient's physical appearance**
  - B. A provider's record of a patient's health history and treatment**
  - C. A document containing payment information for services**
  - D. The notes taken by nurses during a patient's stay**
- 2. To whom should violations be reported?**
  - A. The provider**
  - B. The department**
  - C. The board of directors**
  - D. The patient**
- 3. Which organization produces the CPT manual?**
  - A. World Health Organization**
  - B. American Medical Association**
  - C. American Physical Therapy Association**
  - D. Centers for Disease Control and Prevention**
- 4. How many hours are awarded for participating in a residency/fellowship program?**
  - A. 1 hour per month of participation**
  - B. 1 hour per week of participation**
  - C. 2 hours per month of participation**
  - D. 4 hours per month of participation**
- 5. Which of the following countries is exempt from the TOEFL requirement?**
  - A. United Kingdom**
  - B. France**
  - C. Germany**
  - D. Japan**



- 6. A PT Aide must receive which instructions from a PT or PTA?**
- A. Orders, scheduling, and assistance**
  - B. Orders, supervision, and directions**
  - C. Orders, medical history, and assessments**
  - D. Orders, evaluations, and scheduling**
- 7. What is the role of a PT Aid?**
- A. A person licensed to perform all physical therapy tasks**
  - B. A person who is trained under the direction of a PT to perform treatment-related and non-treatment-related tasks**
  - C. A supervisory role for clinical education**
  - D. An administrative role in physical therapy offices**
- 8. Is informed consent required before beginning treatment in Nebraska physical therapy?**
- A. Yes, it is required**
  - B. No, it is not required**
  - C. Only for certain treatments**
  - D. Only for minors**
- 9. What is the minimum educational requirement for obtaining a physical therapist license in Nebraska?**
- A. A Master's Degree in Physical Therapy**
  - B. A Doctor of Physical Therapy (DPT) degree**
  - C. A Bachelor of Science in Physical Therapy**
  - D. A certification in rehabilitation therapy**
- 10. What should a physical therapist do if they encounter a dual relationship with a patient?**
- A. Ignore the dual relationship and continue therapy**
  - B. Assess the situation and avoid potential conflicts of interest**
  - C. Discuss the dual relationship with family members of the patient**
  - D. Limit contact with the patient**

## **Answers**

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1. B
2. B
3. B
4. A
5. A
6. B
7. B
8. A
9. B
10. B

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## **Explanations**

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## 1. How is "medical records" defined in healthcare?

- A. A summary of a patient's physical appearance
- B. A provider's record of a patient's health history and treatment**
- C. A document containing payment information for services
- D. The notes taken by nurses during a patient's stay

The term "medical records" in healthcare is defined as a comprehensive collection of a patient's health history and the treatment they have received. This includes detailed documentation from various healthcare providers that encapsulates clinical notes, diagnoses, treatment plans, medications prescribed, lab results, and progress notes. These records are pivotal not only for ongoing patient care but also for legal and financial aspects of healthcare. Option B accurately reflects this understanding, emphasizing the importance of thorough documentation that supports both clinical decision-making and continuity of care. Medical records serve as a vital tool for healthcare providers to track progress, ensure that treatments are effective, and coordinate care among different specialists. This broad definition encompasses a patient's entire healthcare journey, making it integral to both patient safety and quality of care. Other options do not capture the essential elements of a medical record, instead focusing on more specialized or limited aspects of patient information.

## 2. To whom should violations be reported?

- A. The provider
- B. The department**
- C. The board of directors
- D. The patient

Reporting violations to the appropriate authority is crucial for ensuring accountability and maintaining the integrity of physical therapy practice. In Nebraska, the correct entity to report violations is the department, as it oversees the licensing and regulation of healthcare professionals, including physical therapists. The department is responsible for investigating complaints and determining if any legal or ethical standards have been violated. Reporting to this body enables proper action to be taken, which may include disciplinary measures, education, or referral to legal authorities if necessary. By reporting to the department, you are engaging the regulatory framework designed to protect patients and uphold professional standards in healthcare. In contrast, other choices may not serve the purpose of effectively addressing violations. For instance, reporting to the provider may not lead to an objective investigation, as it could create a conflict of interest. The board of directors may not have jurisdiction over specific violations unless they pertain to the operational practices of an institution rather than individual licensure issues. Reporting to the patient does not necessarily contribute to an official resolution or accountability and could also compromise the patient's trust and confidentiality. Thus, the department is the appropriate authority for addressing and resolving violations within the physical therapy profession.

### 3. Which organization produces the CPT manual?

- A. World Health Organization
- B. American Medical Association**
- C. American Physical Therapy Association
- D. Centers for Disease Control and Prevention

The CPT manual, which stands for Current Procedural Terminology, is published by the American Medical Association (AMA). This organization developed the CPT codes to provide a uniform language for describing medical, surgical, and diagnostic services. The codes are used extensively by healthcare providers, including physical therapists, to ensure consistency in billing and documentation of procedures and services rendered. The AMA's role in developing the CPT code set is fundamental, as it oversees revisions to the manual, reflecting changes in medical practice and emerging technologies. Each year, the AMA reviews and updates the CPT codes to keep them relevant and comprehensive. This ensures that healthcare providers can communicate effectively about procedures and maintain accurate records for insurance and patient care purposes. Other organizations mentioned, like the World Health Organization, American Physical Therapy Association, and Centers for Disease Control and Prevention, focus on different aspects of healthcare, such as global health guidelines, professional advocacy, and public health, rather than the specifically tailored coding system that the AMA provides.

### 4. How many hours are awarded for participating in a residency/fellowship program?

- A. 1 hour per month of participation**
- B. 1 hour per week of participation
- C. 2 hours per month of participation
- D. 4 hours per month of participation

Participating in a residency or fellowship program is recognized as a significant means of professional development in the field of physical therapy. According to the guidelines established for continuing education and professional development within the state of Nebraska, participants in such programs are awarded hours to acknowledge the time and effort committed to this advanced training. The correct option indicates that participants earn 1 hour for each month of their participation in a residency or fellowship program. This hour reflects the continuing education credits that practitioners can accumulate as they enhance their skills and knowledge through structured training experiences. The format is designed to provide a manageable and realistic assessment of participation, aligning with the broader standards set for continuing education in the profession. Such awards serve to incentivize further education while ensuring that physical therapists can maintain their licenses through documented professional growth.

**5. Which of the following countries is exempt from the TOEFL requirement?**

**A. United Kingdom**

**B. France**

**C. Germany**

**D. Japan**

The United Kingdom is typically exempt from the TOEFL requirement for students whose primary language is English, as the education system in the UK is conducted in English. Many universities in the United States recognize the educational qualifications from English-speaking countries, allowing students from the UK to demonstrate their proficiency in English through their prior education rather than standardized tests like the TOEFL. This exemption acknowledges that students from the UK have already studied in an environment where English is the primary language. Other countries listed, such as France, Germany, and Japan, generally do not have this same level of English language immersion in their education systems, thus students from these countries may still be required to demonstrate English proficiency through tests like TOEFL.

**6. A PT Aide must receive which instructions from a PT or PTA?**

**A. Orders, scheduling, and assistance**

**B. Orders, supervision, and directions**

**C. Orders, medical history, and assessments**

**D. Orders, evaluations, and scheduling**

A Physical Therapy Aide operates under the supervision of a licensed Physical Therapist (PT) or a Physical Therapist Assistant (PTA) and therefore must receive specific instructions to ensure safe and effective patient care. The correct choice emphasizes the necessity for the aide to receive orders, supervision, and directions. Orders pertain to the specific tasks or interventions the aide is expected to perform, as directed by a licensed professional. Supervision is critical in providing guidance and ensuring the aide adheres to the standards of care and practice, which protects both the patient and the aide. Directions are necessary to clearly outline the expectations for each task, helping the aide understand their role and the protocols to follow. While other options mention components like scheduling and assessments, they do not capture the essence of what is required for an aide to function properly within the PT setting. The focus of oversight by a PT or PTA ensures that patient safety and the quality of care are maintained, which is the central aspect of an aide's responsibilities.

## 7. What is the role of a PT Aid?

- A. A person licensed to perform all physical therapy tasks
- B. A person who is trained under the direction of a PT to perform treatment-related and non-treatment-related tasks**
- C. A supervisory role for clinical education
- D. An administrative role in physical therapy offices

The role of a physical therapy aide is specifically defined as one that involves performing tasks related to physical therapy under the supervision of a licensed physical therapist. This includes both treatment-related tasks, such as assisting with therapeutic exercises, and non-treatment-related tasks, like maintaining equipment, setting up treatment areas, and ensuring a clean environment. The distinction here is that while a physical therapy aide can support the physical therapy process, they do not possess a license to perform all physical therapy tasks independently. Their work is directed by a licensed physical therapist, ensuring that the aide operates within their training and the regulatory standards established for physical therapy practice. This role is crucial in facilitating the workflow of a physical therapy office and enhancing patient care while adhering to proper legal and ethical standards. In this context, the responsibilities of a physical therapy aide clearly differentiate them from licensed professionals, ensuring that the safety and effectiveness of patient treatment remain a priority.

## 8. Is informed consent required before beginning treatment in Nebraska physical therapy?

- A. Yes, it is required**
- B. No, it is not required
- C. Only for certain treatments
- D. Only for minors

Informed consent is indeed required before beginning treatment in Nebraska physical therapy. This is a fundamental principle in healthcare that ensures patients are fully informed about the nature of their treatment, including potential benefits, risks, and alternatives. The process of obtaining informed consent is imperative as it promotes patient autonomy and empowers individuals to make knowledgeable decisions regarding their health care. In the context of Nebraska law, physical therapists must provide patients with sufficient information to understand the proposed treatment, making it essential to obtain consent prior to initiating care. This requirement extends to all patients, regardless of the type of treatment or their age, underscoring the ethical and legal obligation to respect patient rights throughout the therapeutic process.



**9. What is the minimum educational requirement for obtaining a physical therapist license in Nebraska?**

- A. A Master's Degree in Physical Therapy**
- B. A Doctor of Physical Therapy (DPT) degree**
- C. A Bachelor of Science in Physical Therapy**
- D. A certification in rehabilitation therapy**

To obtain a physical therapist license in Nebraska, the minimum educational requirement is a Doctor of Physical Therapy (DPT) degree. This degree has become the standard requirement in many states, including Nebraska, reflecting the evolving nature of the profession and the complexity of patient care in physical therapy. The DPT program includes advanced education in clinical practice, evidence-based practice, and integrated approaches to patient management. This preparation ensures that physical therapists are equipped to handle a wide array of patient needs in various settings. Additionally, a DPT program typically encompasses both classroom education and supervised clinical experience, providing graduates with the necessary skills and competencies to practice effectively. In contrast, a Master's Degree in Physical Therapy or a Bachelor of Science in Physical Therapy may have been acceptable in the past but are no longer sufficient for licensure in Nebraska. Similarly, a certification in rehabilitation therapy does not meet the educational requirements set forth by the licensing board, as it does not encompass the extensive training required for a DPT degree. This ensures that all licensed physical therapists in Nebraska meet a consistent and high standard of education and training.

**10. What should a physical therapist do if they encounter a dual relationship with a patient?**

- A. Ignore the dual relationship and continue therapy**
- B. Assess the situation and avoid potential conflicts of interest**
- C. Discuss the dual relationship with family members of the patient**
- D. Limit contact with the patient**

When a physical therapist encounters a dual relationship with a patient, the most appropriate course of action is to assess the situation and avoid potential conflicts of interest. This is crucial because dual relationships, which occur when a therapist has more than one type of relationship with a patient (such as being a friend or business associate), can complicate the therapeutic relationship and potentially impact the quality of care provided. Assessing the situation allows the therapist to understand the nature and implications of the dual relationship. It helps them identify any ethical dilemmas or conflicts of interest that may arise. By proactively addressing these issues, the therapist can take steps to ensure that the patient's best interests are prioritized and maintained throughout the course of therapy. Avoiding potential conflicts of interest is essential to preserving the integrity of the professional relationship. If a therapist allows personal feelings or interests to interfere with the therapeutic process, it may compromise patient trust and the effectiveness of treatment. In contrast, ignoring the dual relationship may lead to unrecognized biases or impacts on clinical judgment, while discussing the dual relationship with the patient's family could violate the patient's confidentiality and compromise trust. Limiting contact with the patient can also undermine the professional relationship without addressing the core issues of the dual relationship directly. Therefore, assessing the situation and actively

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://nebraskaptjurisprudence.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**