# NCIDQ Practicum Practice Exam (Sample)

**Study Guide** 



Everything you need from our exam experts!

Copyright © 2025 by Examzify - A Kaluba Technologies Inc. product.

#### ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain from reliable sources accurate, complete, and timely information about this product.



## **Questions**



- 1. What is the role of a design narrative?
  - A. To provide a budget estimate for the project
  - B. To tell the story behind the design choices and their impact on users
  - C. To outline technical specifications
  - D. To serve as a checklist for approvals
- 2. What is the concept of biophilic design?
  - A. Maximizing artificial lighting and technology in spaces
  - B. Integrating natural elements into the design to enhance well-being and connection to nature
  - C. Creating primarily indoor environments without windows
  - D. Designing spaces based only on modern aesthetics
- 3. Why is client feedback crucial in the iterative design process?
  - A. It provides a basis for regulatory compliance
  - B. It helps refine designs to better meet client needs and expectations
  - C. It simplifies the project approval process
  - D. It reduces project costs significantly
- 4. In cases where glass is over 50% of the wall area, how is the occupant area measured?
  - A. From the inside face of the corridor to the centerline of demising walls
  - B. From the outside face of the windows inward
  - C. From the inside glass surface to the inside face of the corridor
  - D. From the glass to all walls
- 5. Choosing a fire-rated door assembly involves consideration of which primary feature?
  - A. Design aesthetics
  - **B. Self-closing mechanisms**
  - C. Acoustic properties
  - D. Lightweight structure

- 6. What is the relationship between total floor space required and net area?
  - A. Equal
  - **B.** Less
  - C. Greater
  - D. Varies
- 7. For a wall with a fire-resistance rating of 30 minutes, which assembly rating is appropriate?
  - A. 15 minutes
  - **B. 20 minutes**
  - C. 25 minutes
  - D. 30 minutes
- 8. What is a design concept statement?
  - A. A brief overview that communicates the main design ideas and intentions
  - B. An in-depth analysis of project costs
  - C. A list of materials required for installation
  - D. A detailed blueprint of the design
- 9. How long must grab bars be at toilets on the side?
  - A. 30 inches
  - B. 42 inches
  - C. 36 inches
  - D. 48 inches
- 10. How can the occupant load of areas without fixed seating be determined?
  - A. By counting available exits
  - B. By estimating average occupancy
  - C. Dividing area by the occupant load factor per code
  - D. Using historical data

### **Answers**



- 1. B 2. B 3. B

- 3. B 4. C 5. B 6. C 7. B 8. A 9. C 10. C



## **Explanations**



#### 1. What is the role of a design narrative?

- A. To provide a budget estimate for the project
- B. To tell the story behind the design choices and their impact on users
- C. To outline technical specifications
- D. To serve as a checklist for approvals

The role of a design narrative is to tell the story behind the design choices and their impact on users. This narrative serves as a powerful communication tool that articulates the designer's vision, intentions, and the rationale behind specific decisions made during the design process. By weaving a narrative that connects the design elements to the users' needs and experiences, the designer can effectively convey how the space will function, feel, and resonate with its occupants. The design narrative can encompass aspects such as the inspiration behind the design, how it relates to the surrounding environment, cultural influences, and the intended emotional response from users. This storytelling aspect enriches the overall context of a project, allowing stakeholders to understand not only the aesthetic and functional components but also the deeper meaning and purpose behind those choices. This approach fosters engagement from clients, team members, and other stakeholders by creating an emotional connection to the design, illustrating the user experience, and reinforcing the relevance of the design decisions made throughout the project.

#### 2. What is the concept of biophilic design?

- A. Maximizing artificial lighting and technology in spaces
- B. Integrating natural elements into the design to enhance well-being and connection to nature
- C. Creating primarily indoor environments without windows
- D. Designing spaces based only on modern aesthetics

The concept of biophilic design focuses on integrating natural elements into the built environment to foster a stronger relationship between people and nature. This approach recognizes the psychological and physical benefits of nature, such as improved well-being, reduced stress, and enhanced creativity. By incorporating features like natural lighting, plants, water elements, and views of the outdoors, biophilic design aims to create healthier spaces that resonate with human instincts and promote overall well-being. While maximizing artificial lighting and technology may improve functionality, it does not align with the essence of biophilic design, which emphasizes the need for natural interaction. Similarly, creating indoor environments without windows contradicts the principles of biophilia, as this design ignores the vital connection to the outside world. Lastly, designing spaces solely based on modern aesthetics can overlook the importance of nature in human experience, which is a core tenet of biophilic design. Therefore, the integration of natural elements is fundamental in promoting a holistic and nurturing environment.

- 3. Why is client feedback crucial in the iterative design process?
  - A. It provides a basis for regulatory compliance
  - B. It helps refine designs to better meet client needs and expectations
  - C. It simplifies the project approval process
  - D. It reduces project costs significantly

Client feedback is essential in the iterative design process because it serves as a vital tool for refining designs to align with client needs and expectations. Throughout the design stages, clients offer insights into their preferences, priorities, and any concerns they might have. This input allows designers to assess what resonates well and what may not be effective, leading to adjustments that enhance the overall design. By integrating client feedback early and frequently, designers can avoid misguided assumptions and develop solutions that are more closely aligned with the client's vision. This collaborative approach fosters a design that not only meets aesthetic and functional requirements but also reflects the client's unique brand or persona. Ultimately, the proactive incorporation of client feedback ensures a more satisfactory final outcome, facilitating a better relationship and trust between the designer and the client.

- 4. In cases where glass is over 50% of the wall area, how is the occupant area measured?
  - A. From the inside face of the corridor to the centerline of demising walls
  - B. From the outside face of the windows inward
  - C. From the inside glass surface to the inside face of the corridor
  - D. From the glass to all walls

When glass constitutes over 50% of the wall area, measuring the occupant area is particularly influenced by the presence of glass as a significant element in the space. The correct choice, which states that the measurement is taken from the inside glass surface to the inside face of the corridor, is appropriate because this approach accurately reflects the usable area that occupants can access and utilize. This measurement method ensures that the area recognized for occupancy calculations includes the space effectively enclosed by the glass features of the space while excluding the structural elements that demarcate the corridor or transition spaces. By measuring from the inner surface of the glass, one captures the actual volume and floor space where occupants engage with their environment, especially in scenarios where views and natural light are critical components of the design. Measuring from the outer face of the windows inward, as posited in another option, would not adequately represent the usable area for the occupants and could lead to discrepancies in square footage calculations vital for design compliance and occupancy permits. Similarly, measuring from the glass to all walls is too vague and could result in inconsistency, not providing a standardized approach for all applications.

# 5. Choosing a fire-rated door assembly involves consideration of which primary feature?

- A. Design aesthetics
- **B. Self-closing mechanisms**
- C. Acoustic properties
- D. Lightweight structure

When selecting a fire-rated door assembly, the primary feature to consider is the self-closing mechanisms. These mechanisms are critical because they ensure that the door closes automatically after being opened, which is essential for maintaining the integrity of the fire barrier. A self-closing door helps to prevent the spread of smoke and fire between different areas of a building, thus enhancing safety and compliance with building codes and fire regulations. While design aesthetics, acoustic properties, and lightweight structure may be relevant in specific scenarios, they do not play as pivotal a role in the primary function of a fire-rated door. The self-closing mechanism directly contributes to the door's effectiveness in fire prevention and safety, making it essential for fire-rated assemblies.

# 6. What is the relationship between total floor space required and net area?

- A. Equal
- **B.** Less
- C. Greater
- **D. Varies**

The correct understanding of the relationship between total floor space required and net area is that total floor space is typically greater than net area. This occurs because total floor space encompasses not only the net area, which refers to the usable space within the interior walls, but also includes additional factors such as circulation space (hallways, stairs, elevators), walls, structural supports, and in some cases, mechanical and service areas. In design and architecture, net area is the actual space available for use, while total floor space accounts for everything that is part of the building's footprint. Consequently, as projects develop from conceptual design to construction, total floor space is calculated to ensure that all functional and regulatory requirements are met, often resulting in a total area that exceeds the simple net area. Thus, this relationship emphasizes why thorough space planning and understanding of area calculations are critical in interior design and architecture, impacting not just aesthetics but also functionality and compliance with building codes.

- 7. For a wall with a fire-resistance rating of 30 minutes, which assembly rating is appropriate?
  - A. 15 minutes
  - **B. 20 minutes**
  - C. 25 minutes
  - D. 30 minutes

The appropriate assembly rating for a wall with a fire-resistance rating of 30 minutes is indeed 30 minutes. Fire-resistance ratings are intended to indicate the duration that a material or assembly can withstand a standard fire exposure under controlled test conditions. In this case, a wall designed to withstand 30 minutes of fire exposure must have an assembly rating that is equal to or greater than the wall's fire-resistance rating for it to be effective. Choosing a lower rating would not meet the necessary performance criteria, as those ratings would not provide adequate protection in the event of a fire. For instance, a 15-minute, 20-minute, or 25-minute assembly rating would not provide a sufficient level of fire resistance to match the requirements of a wall that has been rated for 30 minutes. Therefore, the best answer is one that matches the wall's rating exactly, which is a 30-minute rating.

- 8. What is a design concept statement?
  - A. A brief overview that communicates the main design ideas and intentions
  - B. An in-depth analysis of project costs
  - C. A list of materials required for installation
  - D. A detailed blueprint of the design

A design concept statement serves as a concise summary that encapsulates the primary design ideas and intentions behind a project. It functions as a guiding document that communicates the overall vision, aesthetic direction, and objectives of the design to clients, stakeholders, and team members. This clarity is essential in ensuring that everyone involved has a shared understanding of the project's goals and design philosophy. The design concept statement is characterized by its brevity and focus on the conceptual aspects of the design rather than the technical details or logistics. It helps to outline the themes, inspirations, and specific messages the design seeks to convey, ultimately guiding the design process and decision-making. In contrast, the other options focus on different aspects of the design process: an in-depth analysis of project costs addresses financial considerations, a list of materials required for installation pertains to the practical components necessary for executing the project, and a detailed blueprint provides technical specifications and design layouts. While these elements are crucial to the overall success of a design project, they do not encapsulate the conceptual framework that the design concept statement provides.

#### 9. How long must grab bars be at toilets on the side?

- A. 30 inches
- B. 42 inches
- C. 36 inches
- D. 48 inches

The correct length for grab bars located beside toilets is 36 inches. This dimension is established to provide adequate support and stability for users, particularly those who may have mobility challenges. Grab bars must extend at least this length to allow for a secure grip and to facilitate safe transfers in and out of the toilet area. A grab bar that is 36 inches long is considered optimal because it can be positioned at a height that is accessible for most individuals and provides enough surface area for users to hold on to while maneuvering. This length effectively enhances accessibility, ensuring that users can safely navigate from sitting to standing and vice versa. Compliance with this dimension is also in line with accessibility guidelines, making it essential in both residential and commercial restroom designs to meet the needs of all users. The other lengths provided do not align with the established standards for grab bar lengths beside toilets as specified in technical documents and codes related to accessibility, making them unsuitable choices for this application.

## 10. How can the occupant load of areas without fixed seating be determined?

- A. By counting available exits
- B. By estimating average occupancy
- C. Dividing area by the occupant load factor per code
- D. Using historical data

Determining the occupant load of areas without fixed seating is primarily done by dividing the total area of the space by an established occupant load factor as specified in building codes, such as the International Building Code (IBC). This factor varies depending on the type of space and its intended use, reflecting the amount of space that should be allocated per person for safety and accessibility. Using this method ensures that the calculations conform to safety regulations, as the occupant load is crucial for designing egress routes, ensuring adequate ventilation, and complying with other safety requirements. The occupant load factors are derived from historical data and studies that assess how much space is generally needed per person in different types of environments, making this method both practical and regulatory. Estimating average occupancy, counting available exits, or relying on historical data may provide some insight but are not definitive methods for establishing occupant loads according to code requirements. Each of these alternatives lacks the systematic approach that the occupant load factor provides, which is specifically designed to ensure safety and functionality in spaces without fixed seating.