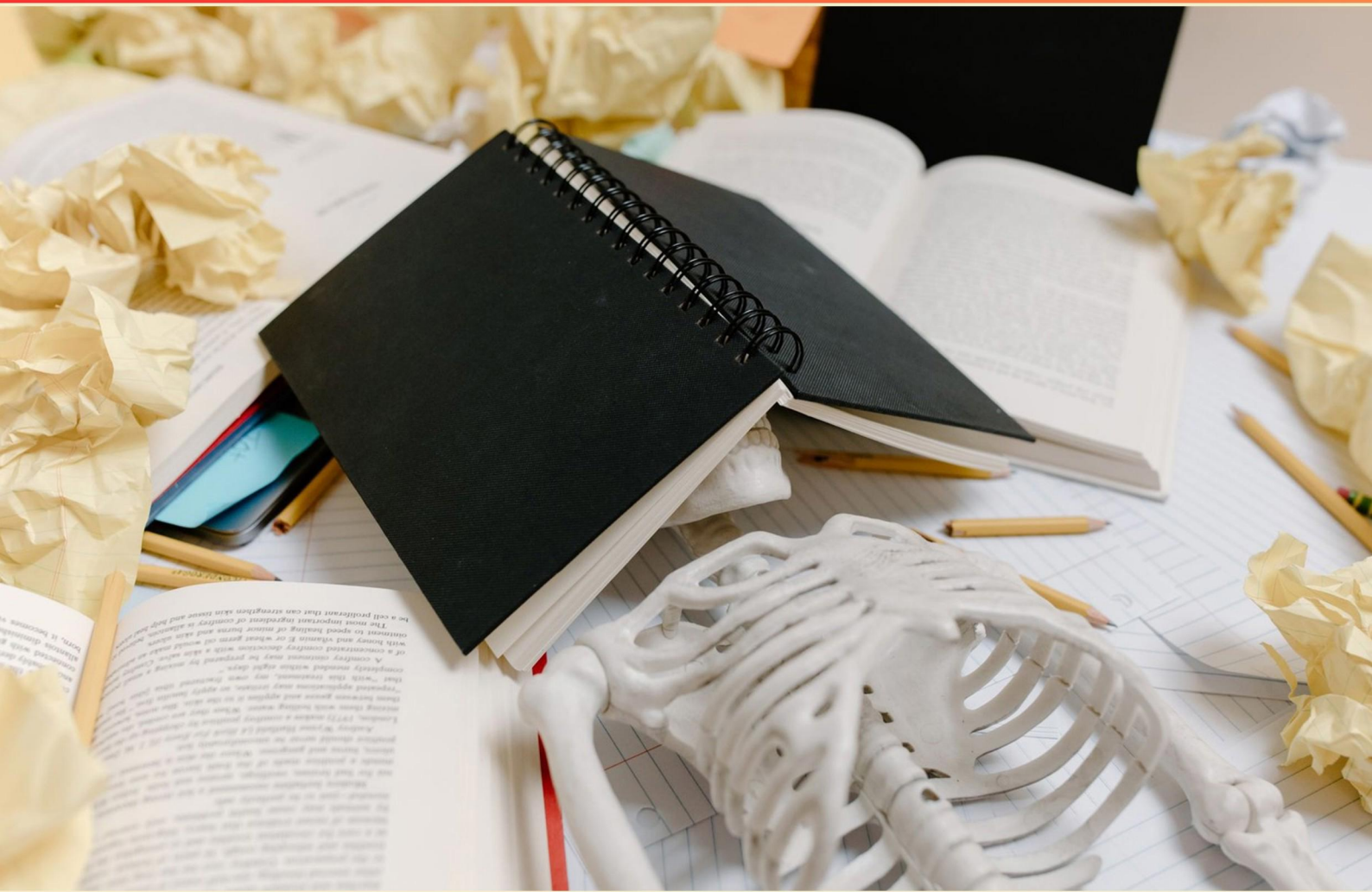


NCCM PROGRAM CERTIFICATION PRACTICE EXAM (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

VISIT US ONLINE FOR
THE FULL VERSION STUDY GUIDE

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. What supports the solicitation plan by determining the marketplace capability to perform the contract?**
 - A. Internal market research
 - B. Single-source negotiation
 - C. Market research
 - D. Sealed bidding

- 2. What is the role of technology in case management?**
 - A. Creating new therapies for diseases
 - B. Reducing the number of patients
 - C. Aiding in organization, tracking, and communication
 - D. Substituting healthcare professionals

- 3. How can a case manager assist with mental health crises?**
 - A. By advising patients on treatment options only
 - B. By providing immediate support and coordinating referrals to mental health services
 - C. By conducting therapy sessions
 - D. By minimizing patient interactions

- 4. What is a key aspect of cooperation in the context of contract management?**
 - A. Team competition
 - B. Individual performance
 - C. Mutual understanding and alignment of goals
 - D. Strict adherence to contracts

- 5. What is market research primarily used for in a business context?**
 - A. Enhancing employee satisfaction
 - B. Determining facility locations
 - C. Understanding product demand
 - D. Setting sales quotas

- 6. What is the primary goal of case management?**
- A. To maximize profits for healthcare facilities
 - B. To provide individual care tailored to patients' needs
 - C. To simplify administrative tasks
 - D. To decrease patient interactions
- 7. How many questions are on the NCCM certification exam?**
- A. 100 questions
 - B. 150 questions
 - C. 200 questions
 - D. 250 questions
- 8. Which of the following terms describes "something of value" in a contract?**
- A. Conditions
 - B. Consideration
 - C. Obligations
 - D. Terms
- 9. Why is collaboration considered important in the context of contract management?**
- A. It increases competition among team members
 - B. It enhances profitability
 - C. It helps fill knowledge and performance gaps
 - D. It promotes individual accomplishments
- 10. Which of these is a key component of effective case management?**
- A. Crisis intervention
 - B. Increased healthcare costs
 - C. Data entry
 - D. Patient isolation

Answers

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1. C
2. C
3. B
4. C
5. C
6. B
7. B
8. B
9. C
10. A

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Explanations

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1. What supports the solicitation plan by determining the marketplace capability to perform the contract?

- A. Internal market research
- B. Single-source negotiation
- C. Market research**
- D. Sealed bidding

The correct choice focuses on market research, which plays a crucial role in supporting the solicitation plan by evaluating and understanding the capabilities of the marketplace to fulfill contract requirements. Market research involves gathering and analyzing data on potential suppliers, their capabilities, and overall market conditions. This research helps in identifying vendors that can meet the specific needs of the contract and ensures that the solicitation is directed toward qualified sources. Through effective market research, organizations can gain insights into price ranges, service offerings, performance history, and the general landscape of suppliers. This information is essential for making informed decisions during the procurement process, establishing realistic expectations, and ensuring competitive pricing. On the other hand, internal market research may lack the breadth and objectivity of external market research, single-source negotiation often limits competition by negotiating with one supplier, and sealed bidding primarily refers to the process of submitting bids rather than assessing marketplace capabilities. Thus, market research stands out as the method that directly supports understanding the capacity of the marketplace to meet the contract's demands.

2. What is the role of technology in case management?

- A. Creating new therapies for diseases
- B. Reducing the number of patients
- C. Aiding in organization, tracking, and communication**
- D. Substituting healthcare professionals

The role of technology in case management is primarily to aid in organization, tracking, and communication. Effective case management relies heavily on the ability to access, document, and share patient information seamlessly. Technology provides tools such as electronic health records (EHRs), case management software, and communication platforms that enable healthcare professionals to organize patient data, track progress over time, and communicate effectively with team members and patients. These technological tools enhance collaboration among multidisciplinary teams, leading to more coordinated care. They also facilitate data analysis, allowing case managers to monitor outcomes and make informed decisions regarding the patient's care plan. Thus, technology streamlines case management processes, improving efficiency and ultimately contributing to better health outcomes for patients.

3. How can a case manager assist with mental health crises?

- A. By advising patients on treatment options only
- B. By providing immediate support and coordinating referrals to mental health services**
- C. By conducting therapy sessions
- D. By minimizing patient interactions

In a mental health crisis, a case manager plays a crucial role in providing immediate support and coordinating the necessary referrals to mental health services. This involves assessing the individual's situation, understanding their needs, and acting swiftly to connect them with appropriate resources such as counseling, crisis intervention, or residential treatment. Case managers are trained to evaluate the urgency of the situation and facilitate access to immediate help, which is vital in stabilizing the individual and ensuring they receive the proper care. This proactive approach not only addresses the immediate crisis but also lays the foundation for ongoing support and treatment. It fosters a connection between the patient and various mental health services, creating a comprehensive support network that can help the individual in the long term. The other options fail to encapsulate the comprehensive role required in a crisis. Advising patients on treatment options alone is insufficient without the immediate connection to services. Conducting therapy sessions requires different qualifications and is not within the typical scope of a case manager's role during a crisis. Minimizing patient interactions would not be beneficial in a time of need, where support and guidance are essential for recovery and stabilization.

4. What is a key aspect of cooperation in the context of contract management?

- A. Team competition
- B. Individual performance
- C. Mutual understanding and alignment of goals**
- D. Strict adherence to contracts

In the context of contract management, a key aspect of cooperation is the mutual understanding and alignment of goals among all parties involved. This fundamental principle ensures that all stakeholders are on the same page regarding the objectives and expectations of the contract. When each party understands and agrees upon the overall goals, it fosters collaboration, minimizes conflict, and enhances the likelihood of successful contract execution. Having this alignment allows for effective communication and problem-solving when challenges arise. By focusing on shared goals rather than individual objectives, parties can work together more efficiently and innovatively, ultimately leading to better outcomes for everyone involved. This cooperative framework promotes trust and establishes a foundation for a positive working relationship, essential for navigating the complexities of contract management.

5. What is market research primarily used for in a business context?

- A. Enhancing employee satisfaction
- B. Determining facility locations
- C. Understanding product demand**
- D. Setting sales quotas

Market research is primarily utilized in a business context to understand product demand. It involves systematic gathering, analysis, and interpretation of information about a market, including information concerning consumers, competitors, and the industry as a whole. By comprehensively studying consumer preferences, behaviors, and trends, businesses can gauge the level of interest or need for their products or services in the market. This insight allows companies to make informed decisions regarding product development, marketing strategies, pricing, and sales tactics to effectively meet the needs of their target audience. Understanding product demand is crucial for ensuring that companies align their offerings with consumer expectations and market trends, which ultimately drives sales and growth. Market research empowers businesses to identify gaps in the market, assess competitive positioning, and forecast future demand, making it a cornerstone of strategic planning and operational success.

6. What is the primary goal of case management?

- A. To maximize profits for healthcare facilities
- B. To provide individual care tailored to patients' needs**
- C. To simplify administrative tasks
- D. To decrease patient interactions

The primary goal of case management is to provide individual care tailored to patients' needs. This approach ensures that each patient receives the appropriate services and resources based on their unique circumstances, health conditions, and personal preferences. By focusing on individualized care, case management promotes better health outcomes, enhances patient satisfaction, and facilitates the efficient use of healthcare resources. In essence, case management serves as a coordinated effort to guide patients through the healthcare system while considering their specific situations. This may involve assessing patients' needs, developing care plans, and coordinating with various healthcare providers to deliver comprehensive and effective care. By prioritizing patient-centric solutions, case management ultimately aims to improve overall health and well-being, making it a vital component of effective healthcare delivery.

7. How many questions are on the NCCM certification exam?

- A. 100 questions
- B. 150 questions**
- C. 200 questions
- D. 250 questions

The correct number of questions on the NCCM certification exam is 150. This amount is specifically designed to assess a candidate's knowledge thoroughly in the relevant areas necessary for certification. The exam is structured to cover a broad range of topics pertinent to the certification, ensuring that successful candidates possess a sound understanding of the content. The choice of 150 questions indicates a balance between comprehensiveness and manageability, allowing candidates to demonstrate their expertise without being overwhelmed. This format helps ensure that the certification remains rigorous and valuable.

8. Which of the following terms describes "something of value" in a contract?

- A. Conditions
- B. Consideration**
- C. Obligations
- D. Terms

The term that accurately describes "something of value" in a contract is "consideration." In the context of contract law, consideration refers to what each party brings to the table in an agreement, which can be in the form of money, services, goods, or a promise to refrain from doing something. It is an essential component of a legally binding contract, as it signifies that both parties have something to gain from the agreement. Without consideration, a contract generally lacks enforceability because it appears that one party is not compensated or incentivized in any way. On the other hand, conditions refer to specific requirements or stipulations that must be met for a contract to be valid or for obligations to be performed. Obligations are duties imposed on each party in the contract, detailing what they are required to do. Terms refer to the various stipulations and provisions laid out within the contract that define the scope and nature of the agreement. While all of these terms are relevant to contracts, only consideration specifically addresses the concept of value exchanged between the parties involved.

9. Why is collaboration considered important in the context of contract management?

- A. It increases competition among team members
- B. It enhances profitability
- C. It helps fill knowledge and performance gaps**
- D. It promotes individual accomplishments

Collaboration in contract management is essential because it helps fill knowledge and performance gaps within the team. In many cases, contract management involves various stakeholders with different areas of expertise, such as legal, finance, procurement, and operations. By working collaboratively, team members can leverage each other's strengths and insights, leading to a more comprehensive understanding of the contract's implications and requirements. When individuals come together to share their knowledge, they can identify potential issues earlier, respond to challenges more effectively, and develop more innovative solutions. This collective effort ensures that all aspects of the contract are managed proficiently, reducing the risk of oversights or misunderstandings that could negatively impact the organization. In contrast, increasing competition among team members can lead to a counterproductive atmosphere, where individuals may prioritize personal success over the organization's goals. Enhancing profitability is a potential outcome of effective collaboration; however, it is a secondary benefit rather than the primary reason for teamwork. Promoting individual accomplishments can create silos rather than fostering an environment of shared responsibility and cooperation, which is counter to the collaborative spirit necessary for successful contract management.

10. Which of these is a key component of effective case management?

A. Crisis intervention

B. Increased healthcare costs

C. Data entry

D. Patient isolation

A key component of effective case management is crisis intervention. This practice involves addressing immediate and pressing issues faced by individuals, particularly in fields like healthcare, social work, or mental health. Crisis intervention helps to stabilize situations and reduce immediate distress, ensuring that clients receive the necessary support and resources in a timely manner. It allows case managers to identify needs quickly and implement appropriate strategies, ultimately contributing to better outcomes for clients. Other options do not reflect the core principles of effective case management. Increased healthcare costs are generally a concern rather than a component of effective management practices. While data entry is an administrative task that supports case documentation, it does not constitute a core component of the case management process. Patient isolation can be counterproductive in many settings, as effective case management usually emphasizes engagement and support instead of isolation.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://nccmprogram.examzify.com>

We wish you the very best on your exam journey. You've got this!

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