NC BLET 2025 - Compliance and Control Tactics Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

Copyright © 2025 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain from reliable sources accurate, complete, and timely information about this product.



Questions



- 1. During which scenario would a search incident to arrest not be valid?
 - A. When the individual is in a public place
 - B. When the search exceeds reasonable scope and intensity
 - C. When the arrest is legally justified
 - D. When evidence might be lost
- 2. What is the primary use of the hypoglossal pressure point technique?
 - A. To immobilize a suspect
 - B. To make a subject stand up or be extracted from a vehicle
 - C. To induce immediate compliance through pain
 - D. To redirect the subject's attention
- 3. The function of nerve pressure points is to control what type of resistance?
 - A. Cooperative resistance
 - B. Passive or defensive resistance
 - C. Active resistance
 - D. Intimidation tactics
- 4. Force options must be exercised in good faith and must not exceed what?
 - A. The officer's training standards
 - **B.** Company policy
 - C. The reasonably necessary amount of force
 - D. The officer's discretion
- 5. If an officer is closer than 6ft to a subject, what is the likely outcome if a spontaneous assault occurs?
 - A. Difficult to stop
 - B. Easy to deflect
 - C. Simple to mitigate
 - D. Quick to recover

- 6. True or False: An officer must observe a weapon in a suspect's hands to consider them objectively dangerous.
 - A. True
 - **B.** False
 - C. Unsure
 - D. Depends on the officer's training
- 7. If an officer is not wearing a protective vest, what should they do?
 - A. Pivot their gun side away from the suspect
 - **B.** Confront the suspect directly
 - C. Engage without concern for safety
 - D. Retreat until backup arrives
- 8. Officers should ensure handcuffs are free of which of the following?
 - A. Lint and rust
 - **B.** Friction and pressure
 - C. Dust and scratches
 - D. Colors and markings
- 9. What is a recommended distance to maintain when approaching a suspect?
 - **A. 10 feet**
 - B. 5 feet
 - C. 6 feet
 - D. 2 feet
- 10. What should be done before using punches?
 - A. Evaluate the situation
 - B. Follow agency policy
 - C. Assess the potential harm
 - D. Gather backup

Answers



- 1. B 2. B
- 3. B

- 3. B 4. C 5. A 6. B 7. A 8. A 9. C 10. B



Explanations



1. During which scenario would a search incident to arrest not be valid?

- A. When the individual is in a public place
- B. When the search exceeds reasonable scope and intensity
- C. When the arrest is legally justified
- D. When evidence might be lost

A search incident to arrest is a critical procedure in law enforcement, allowing officers to search a person and their immediate surroundings following a lawful arrest. The reasoning behind this procedure is to ensure officer safety, prevent evidence destruction, and secure any potential threats. The reason that exceeding the reasonable scope and intensity of the search makes it invalid is rooted in the principle of reasonableness, which is a key standard in Fourth Amendment jurisprudence. When conducting a search incident to an arrest, the scope must be limited to areas where a person might have immediate access to weapons or evidence relevant to the crime. If an officer's search goes beyond what is reasonable—such as rummaging through personal belongings unrelated to the arrest offense or searching in areas that are not immediately accessible—it can be challenged legally. This is because any evidence obtained from such an invalid search may be deemed inadmissible in court, as it violates constitutional protections against unreasonable searches. Thus, while the context of the search (such as the location being public or the presence of possible evidence loss) may influence the dynamics of the encounter, the core issue lies in maintaining reasonable limits during the search itself. This ensures that the rules governing lawful searches are adhered to, preserving both individual rights and the integrity of law enforcement

2. What is the primary use of the hypoglossal pressure point technique?

- A. To immobilize a suspect
- B. To make a subject stand up or be extracted from a vehicle
- C. To induce immediate compliance through pain
- D. To redirect the subject's attention

The hypoglossal pressure point technique is primarily used to make a subject stand up or be extracted from a vehicle. This technique involves applying pressure to a specific point near the jaw, which is linked to the hypoglossal nerve and can prompt a reflexive response. By targeting this area, an officer can effectively encourage a compliant posture without causing undue harm. While it might seem that inducing pain or compliance could also be an objective of this technique, its primary design is more about physical guidance and responsiveness rather than outright pain compliance. This makes it particularly useful in situations where an officer needs to maneuver a subject safely, such as when facilitating their exit from a vehicle or moving them to a standing position.

3. The function of nerve pressure points is to control what type of resistance?

- A. Cooperative resistance
- **B.** Passive or defensive resistance
- C. Active resistance
- **D.** Intimidation tactics

Nerve pressure points are specific areas on the body where applying pressure can cause a significant discomfort or pain response. The primary function of these pressure points is to manage individuals who exhibit passive or defensive resistance. When someone is resisting arrest or an officer's direction without actively trying to overpower or attack, they may be using passive resistance. Techniques involving nerve pressure points help to control and reduce this type of resistance effectively, allowing law enforcement personnel to take non-violent measures to persuade or compel compliance from the individual. By targeting these sensitive areas, officers can induce a level of compliance without resorting to more aggressive tactics, which is particularly important in maintaining safety for all parties involved. This method is about achieving control while minimizing escalation, making it an appropriate answer to the question posed. Other forms of resistance, such as cooperative resistance or active resistance, discernibly call for different techniques and approaches that may not align with the use of nerve pressure points.

4. Force options must be exercised in good faith and must not exceed what?

- A. The officer's training standards
- **B.** Company policy
- C. The reasonably necessary amount of force
- D. The officer's discretion

The principle that force options must not exceed the reasonably necessary amount of force is rooted in the concept of proportionality and necessity in law enforcement. When officers encounter situations that may require the use of force, they are obligated to assess the circumstances and respond in a manner that is appropriate to the threat or resistance they face. This ensures that the level of force used is appropriate to achieve lawful objectives such as self-defense, the protection of others, or the timely apprehension of a suspect. Using more force than necessary can lead to excessive force claims and can compromise the safety and rights of individuals involved. In contrast, relying solely on an officer's training standards, company policy, or individual discretion alone does not provide a sufficient standard to gauge the appropriateness of the force used, as these measures may vary and could lead to inconsistency or misapplication in real-life scenarios. Thus, the principle of using a reasonably necessary amount of force is critical in maintaining accountability and upholding ethical standards in law enforcement practices.

- 5. If an officer is closer than 6ft to a subject, what is the likely outcome if a spontaneous assault occurs?
 - A. Difficult to stop
 - B. Easy to deflect
 - C. Simple to mitigate
 - D. Quick to recover

When an officer is closer than six feet to a subject, the proximity increases the likelihood of an immediate physical confrontation. The closer distance not only limits the officer's reaction time but also reduces the ability to effectively create space or deploy defensive tactics. In such scenarios, a spontaneous assault can happen quickly and can catch the officer off guard, making it difficult to respond adequately. Being in close quarters can overwhelm an officer's ability to manage the situation effectively, as the suddenness of the assault may not allow for a preemptive defensive maneuver. This aligns with the principles of close combat dynamics, where distance plays a crucial role in reaction and response. Thus, the nature of response in such a scenario typically leans towards it being difficult to stop an attack that happens spontaneously from that close range, due to the range of motion and available options being significantly limited.

- 6. True or False: An officer must observe a weapon in a suspect's hands to consider them objectively dangerous.
 - A. True
 - **B.** False
 - C. Unsure
 - D. Depends on the officer's training

Considering whether a suspect is objectively dangerous does not rely solely on the visual confirmation of a weapon in their hands. Law enforcement officers are trained to assess a variety of factors when determining a suspect's potential threat level. These factors might include the suspect's behavior, body language, the context of the situation, and any past knowledge or intelligence regarding the individual in question. In many situations, a suspect may exhibit aggressive behavior or noncompliance without directly holding a weapon, which can indicate a level of danger. Officers are trained to recognize potential threats based on the totality of circumstances rather than the mere presence of a weapon. This kind of assessment allows officers to take appropriate action to protect themselves and others, even in the absence of clear visual indicators like a weapon in hand. This understanding emphasizes the importance of situational awareness and critical thinking in law enforcement encounters, allowing officers to make informed decisions while ensuring their safety and the safety of the public.

7. If an officer is not wearing a protective vest, what should they do?

- A. Pivot their gun side away from the suspect
- **B.** Confront the suspect directly
- C. Engage without concern for safety
- D. Retreat until backup arrives

When an officer is not wearing a protective vest, it is crucial to adopt a defensive posture to minimize risk, and pivoting the gun side away from the suspect is a thoughtful tactical response. This action reduces the likelihood of the suspect targeting the officer's firearm or the vulnerable area of the officer's torso. By orienting the gun side away, the officer can maintain a defensive stance while remaining aware of the suspect's movements, allowing for controlled engagement and the ability to call for backup if necessary. This choice emphasizes the importance of safety and awareness in potentially dangerous situations. Officers are trained to use their environment and positioning strategically, and this approach reflects an understanding of how to protect oneself in the absence of proper body armor. Such tactics demonstrate critical thinking and prudent decision-making under stress.

8. Officers should ensure handcuffs are free of which of the following?

- A. Lint and rust
- **B.** Friction and pressure
- C. Dust and scratches
- D. Colors and markings

Ensuring that handcuffs are free of lint and rust is essential for several reasons related to their effectiveness and safety during use. Lint can accumulate on handcuffs and obstruct the mechanisms, preventing them from locking securely or releasing properly. Rust, on the other hand, can compromise the structural integrity of the handcuffs and hinder their operation. It can also lead to the development of sharp edges or other hazards that could injure both the officer and the detained individual. By maintaining clean, rust-free handcuffs, officers can ensure reliable performance and enhance safety during encounters. Other aspects regarding the cleanliness of handcuffs, such as friction, pressure, dust, scratches, colors, and markings, do not hold the same degree of critical importance. While it's essential for equipment to be in good working order and free of excessive wear or cosmetic issues, the presence of lint and rust directly impacts the operational safety and reliability of the handcuffs.

9. What is a recommended distance to maintain when approaching a suspect?

- A. 10 feet
- B. 5 feet
- C. 6 feet
- D. 2 feet

Maintaining a distance of 6 feet when approaching a suspect is recommended for several reasons. This distance allows law enforcement officers to maintain a safe perimeter while still being close enough to engage in effective communication. A 6-foot distance gives officers enough space to react if a suspect exhibits aggressive behavior or attempts to flee, as it provides a buffer zone to deescalate the situation. Additionally, this distance aligns with best practices in de-escalation techniques, providing a sense of personal space that can help reduce tension. This is particularly important in interactions with individuals who may be agitated or under the influence of substances, where close proximity could escalate the situation further. Choosing a distance greater than what's recommended could lead to communication barriers, while a closer distance might increase the risk of physical confrontation. Therefore, a 6-foot distance strikes an important balance between safety and effective engagement with suspects.

10. What should be done before using punches?

- A. Evaluate the situation
- **B.** Follow agency policy
- C. Assess the potential harm
- D. Gather backup

Using punches or strikes in a law enforcement context requires clear adherence to agency policies and training protocols. Following agency policy ensures that officers act within the framework established for use of force, which includes guidelines for when and how physical force can be applied. This helps protect the officer legally and maintains accountability to the community served. Agency policies are designed to align the actions of officers with both legal standards and best practices, which addresses the use of force continuum—a critical component in law enforcement training. This includes assessing threats and considering de-escalation tactics before resorting to physical strikes, ensuring that the use of such force is appropriate and justified based on the circumstances. While evaluating the situation, assessing potential harm, and gathering backup are significant considerations in the decision-making process, the primary guiding principle before taking any physical action is to ensure compliance with the established policies of the agency, which dictate the appropriate response to various situations.