

# Navy Officer Development School (ODS) Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Table of Contents

<b>Copyright</b> .....	<b>1</b>
<b>Table of Contents</b> .....	<b>2</b>
<b>Introduction</b> .....	<b>3</b>
<b>How to Use This Guide</b> .....	<b>4</b>
<b>Questions</b> .....	<b>5</b>
<b>Answers</b> .....	<b>8</b>
<b>Explanations</b> .....	<b>10</b>
<b>Next Steps</b> .....	<b>16</b>

# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

- 1. Which of these grooming actions is considered unauthorized?**
  - A. Uniformly styled hair**
  - B. Hair dyed a natural color**
  - C. Hair that is extremely asymmetrical**
  - D. Simple ponytails for women**
- 2. When is a Job Qualification Requirement (JQR) utilized?**
  - A. When a qualification is needed and PQS exists**
  - B. When a qualification is needed and PQS doesn't exist**
  - C. As a basis for performance reviews**
  - D. For handle personnel transfers**
- 3. How is a restricted report defined?**
  - A. A report that includes all personal identifying information**
  - B. A report that allows access to supportive services without an investigation**
  - C. A public report that is accessible to all personnel**
  - D. A report filed only through unofficial channels**
- 4. What is an inadvertent disclosure?**
  - A. Sharing information on social media**
  - B. Loss of information that cannot be accounted for**
  - C. Incorrectly filing documents**
  - D. Accidentally sending an email**
- 5. Which of the following statements is part of the Sailor's Creed?**
  - A. I am a United States Marine**
  - B. I support and defend my country's freedoms**
  - C. I will represent the fighting spirit of the Navy**
  - D. I commit to serving without question**

- 6. Which document can be used to file a formal complaint within the CMEO system?**
- A. NAVREGS Article 1150**
  - B. Department of Defense Directive**
  - C. Navy Fitness Report**
  - D. Operational Plan 2014**
- 7. How do you correctly revise a mistake in a log entry?**
- A. Cross out the mistake entirely**
  - B. Single horizontal line through the mistake and initial it**
  - C. Write the correction above the mistake**
  - D. Log the correction in the comments section**
- 8. What is the primary role of the Command DAPA?**
- A. Provide legal counsel**
  - B. Assist in career development**
  - C. Advise on drug and alcohol issues**
  - D. Monitor personnel health**
- 9. What is a characteristic of the commissioning certificate?**
- A. It includes personal achievements**
  - B. It appoints you authority to discharge duties**
  - C. It requires you to obey only your superiors**
  - D. It is signed by junior officers**
- 10. How many gold strips does a captain wear on their sleeve in the service dress blue uniform?**
- A. One 1/2" gold strip**
  - B. Two 1/2" gold strips**
  - C. Three 1/2" gold strips**
  - D. Four 1/2" gold strips**



## **Answers**

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1. C
2. B
3. B
4. B
5. C
6. A
7. B
8. C
9. B
10. D

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## **Explanations**

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**1. Which of these grooming actions is considered unauthorized?**

- A. Uniformly styled hair**
- B. Hair dyed a natural color**
- C. Hair that is extremely asymmetrical**
- D. Simple ponytails for women**

The selection of extremely asymmetrical hair as unauthorized grooming aligns with military standards, which emphasize uniformity and professionalism in appearance. The military framework requires haircuts and styles that provide a neat and orderly look, ultimately reflecting the disciplined nature of service members. Asymmetrical styles can detract from this uniformity, potentially appearing unkempt or overly artistic, which is not acceptable in a military environment. Service members are expected to maintain a conservative appearance that supports the values and mission of the military. In contrast, uniformly styled hair and natural hair colors are typically permissible because they adhere to guidelines that promote a neat and professional presentation. Additionally, simple ponytails for women are commonly accepted as they fit within the guidelines for maintaining hair away from the face while still appearing polished.

**2. When is a Job Qualification Requirement (JQR) utilized?**

- A. When a qualification is needed and PQS exists**
- B. When a qualification is needed and PQS doesn't exist**
- C. As a basis for performance reviews**
- D. For handle personnel transfers**

A Job Qualification Requirement (JQR) is utilized specifically in situations where there is a need for qualifications that are not covered by a Personnel Qualification Standard (PQS). The existence of a JQR allows for qualifications to be established in contexts or specific tasks that might not have a standardized process, ensuring personnel can still meet necessary operational competencies. Using a JQR in the absence of a PQS fills a critical gap, providing a structured format for training and assessing personnel. This is essential for maintaining readiness and ensuring individuals are qualified for their roles in scenarios where already established PQS does not apply. Therefore, the role of a JQR is crucial for effective workforce development and operational capability, specifically addressing qualifications that are unique or specialized beyond the existing standards.

### 3. How is a restricted report defined?

- A. A report that includes all personal identifying information
- B. A report that allows access to supportive services without an investigation**
- C. A public report that is accessible to all personnel
- D. A report filed only through unofficial channels

A restricted report is defined as a reporting option that allows individuals to disclose an incident of sexual assault while maintaining confidentiality and without the requirement for an official investigation. This means that victims can access supportive services such as counseling and medical care without fear of triggering the investigative process. This option is crucial because it provides survivors the opportunity to seek help and support while giving them control over how their situation is managed. It emphasizes the importance of privacy and the ability to choose how to handle the aftermath of an incident without additional stress from formal procedures. Using this reporting option can be a critical step for victims who may not be ready to engage in an investigation or may fear retribution or stigma. The other choices involve aspects that do not reflect the nature of a restricted report, such as including personal identifying information or being accessible to all personnel, which would compromise confidentiality.

### 4. What is an inadvertent disclosure?

- A. Sharing information on social media
- B. Loss of information that cannot be accounted for**
- C. Incorrectly filing documents
- D. Accidentally sending an email

An inadvertent disclosure refers to the unauthorized sharing of sensitive or confidential information, often due to an error. In this context, the choice indicating the loss of information that cannot be accounted for relates closely to the concept of inadvertent disclosure because it implies that sensitive information has been unintentional exposed or mishandled in a way that it is no longer secure or protected. The significance of this choice lies in its implications for security protocols and risk management; when information is lost, it often leads to breaches of confidentiality that the originating party did not intend. Such incidents can have serious consequences, especially in a military context where the protection of sensitive data is crucial. While other options may involve mistakes or mishandling of information, they do not encapsulate the broader implications of an inadvertent disclosure as effectively. For instance, sharing information on social media or sending an email might involve a deliberate action that results in an unintended exposure, but the emphasis here is on the idea of loss and the resulting inability to guarantee the security of that information. The concept is critical in understanding data security and proper information handling practices.

**5. Which of the following statements is part of the Sailor's Creed?**

- A. I am a United States Marine**
- B. I support and defend my country's freedoms**
- C. I will represent the fighting spirit of the Navy**
- D. I commit to serving without question**

The statement "I will represent the fighting spirit of the Navy" is indeed a part of the Sailor's Creed, illustrating the core values and mission focus of those serving in the Navy. This phrase encapsulates the commitment to embodying the Navy's essence, which includes determination, resilience, and the readiness to confront challenges both on and off the battlefield. The Sailor's Creed is a unifying statement that reflects the dedication of Navy personnel to their roles, their service, and the values that the Navy stands for. It emphasizes the importance of carrying forward the traditions and fighting spirit that characterize naval service, which is fundamental to the identity of each sailor. In contrast, the other options either refer to aspects of different military branches, such as the Marine Corps, or express sentiments that, while relevant to military service, do not specifically align with the wording and intent of the Sailor's Creed. Recognizing the unique elements of the Creed helps build a sense of pride and purpose among sailors, motivating them to fulfill their duties with integrity and honor.

**6. Which document can be used to file a formal complaint within the CMEO system?**

- A. NAVREGS Article 1150**
- B. Department of Defense Directive**
- C. Navy Fitness Report**
- D. Operational Plan 2014**

The correct document for filing a formal complaint within the Command Managed Equal Opportunity (CMEO) system is NAVREGS Article 1150. This article provides procedures and guidelines specifically related to reporting complaints of discrimination and harassment within the Navy. It is designed to ensure that service members can raise concerns regarding equal opportunity in a structured and formal manner. NAVREGS Article 1150 outlines the responsibilities of commands to address complaints, the rights of individuals filing complaints, and the processes that should be followed. This makes it the appropriate and official avenue for addressing issues related to equal opportunity and preventing discrimination within the Navy. The other options do not directly relate to the CMEO complaint process. The Department of Defense Directive sets broader guidelines that govern many aspects of military service but does not serve as the specific vehicle for lodging complaints. The Navy Fitness Report is used for performance evaluations and does not pertain to issues of misconduct or discrimination. An Operational Plan is strategic in nature and focuses on mission execution, rather than on individual complaint processes within the service.

**7. How do you correctly revise a mistake in a log entry?**

- A. Cross out the mistake entirely**
- B. Single horizontal line through the mistake and initial it**
- C. Write the correction above the mistake**
- D. Log the correction in the comments section**

The correct method for revising a mistake in a log entry is to place a single horizontal line through the error and initial it. This method ensures that the original entry remains visible while clearly indicating that a correction has been made. Initialing the change adds accountability, showing who made the correction. This practice maintains a clear and auditable trail of records, which is essential in any official documentation, particularly in military and operational contexts where accuracy is vital. Crossing out the mistake entirely could lead to confusion, as it removes the original information, making it difficult to determine what was recorded initially. Writing the correction above the mistake does not maintain a clear record of the original entry either, which can complicate auditing processes. Logging the correction in a comments section can also lead to a lack of clarity, as the original mistake might not be directly linked to the correction in a single view. Therefore, the most effective and accepted practice is to strike through the error with a single line and to initial the change, ensuring transparency and accuracy in the log.

**8. What is the primary role of the Command DAPA?**

- A. Provide legal counsel**
- B. Assist in career development**
- C. Advise on drug and alcohol issues**
- D. Monitor personnel health**

The primary role of the Command DAPA, or Drug and Alcohol Program Advisor, is to advise on drug and alcohol issues within a command. This position is crucial in addressing substance abuse problems, providing education and training on the effects of drugs and alcohol, and promoting a culture of responsibility and awareness surrounding substance use. The Command DAPA is responsible for implementing policies related to substance abuse prevention and ensuring compliance with regulations. Their role is vital to maintaining the health, readiness, and overall morale of personnel in the Navy, making them key in safeguarding service members against the risks associated with drug and alcohol misuse. The focus on advising in this capacity underscores the importance of managing and mitigating the impact of substance abuse in a military environment.

**9. What is a characteristic of the commissioning certificate?**

- A. It includes personal achievements**
- B. It appoints you authority to discharge duties**
- C. It requires you to obey only your superiors**
- D. It is signed by junior officers**

The commissioning certificate serves as an official document that grants a newly commissioned officer the authority to perform their duties and responsibilities in the military. It signifies that the officer has completed all necessary training and has met the requirements to assume a specific rank and role within the Navy. The certificate essentially empowers the officer to exercise command, make decisions, and take on leadership responsibilities, thereby formally introducing them into the naval officer ranks. This characteristic distinguishes the commissioning certificate as a pivotal element in the transition from a civilian or trainee to a commissioned officer, as it is this document that legitimizes the authority and responsibilities bestowed upon the individual within military operations.

**10. How many gold strips does a captain wear on their sleeve in the service dress blue uniform?**

- A. One 1/2" gold strip**
- B. Two 1/2" gold strips**
- C. Three 1/2" gold strips**
- D. Four 1/2" gold strips**

In the Navy's service dress blue uniform, a captain wears four gold strips on their sleeves. The specific design of the sleeves includes these four 1/2-inch gold stripes, which signify the rank of captain. This uniform detail is crucial as it serves to visually convey rank and authority within the naval structure. The gold strips are an important aspect of Navy insignia, allowing for quick recognition of an officer's rank, which plays a significant role in military discipline and hierarchy. Understanding these insignia is vital for the proper identification of ranks within the Navy, particularly in formal settings.



## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://navyods.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**