

NAVY LEAGUE CADET CORPS (NLCC) APPRENTICE PRACTICE EXAM (SAMPLE) STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	15

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which of the following best describes a communication best practice on deck?**
 - A. Rely on hand signals only.
 - B. Speak clearly and confirm receipt of instructions.
 - C. Shout to be heard by many.
 - D. Use hand signals exclusively.

- 2. In a column or file, cadets stand:**
 - A. Side by Side
 - B. In a Circle
 - C. Diagonally
 - D. One behind the other

- 3. What safety rule helps prevent injuries around moving lines and gears?**
 - A. Never wear protective clothing
 - B. Stand close to lines to guide them
 - C. Keep a safe distance, secure loose clothing, and stay aware of surroundings
 - D. Operate equipment only at maximum speed

- 4. The most common example of military courtesy is _____.**
 - A. The salute
 - B. The handshake
 - C. The bow
 - D. The tip of the hat

- 5. Eating meals at "Fast Food" establishments is the best way to get wholesome nutritious foods.**
 - A. True
 - B. Sometimes
 - C. False
 - D. Not sure

6. 'Mark Time, MARCH' is the command given to:
- A. March forward
 - B. Stop
 - C. March in place
 - D. Halt
7. Which term describes the right-hand side of a ship when looking toward the bow?
- A. Starboard
 - B. Port
 - C. Bow
 - D. Aft
8. Which of the following best describes how to prevent injuries during drills?
- A. Follow instructions, use PPE, stay aware of surroundings, and report hazards.
 - B. Ignore instructions if you're pressed for time.
 - C. Only older cadets need PPE.
 - D. Do not communicate hazards to others.
9. Which drill command requires hands to be at your sides with posture relaxed?
- A. Attention
 - B. At Ease
 - C. Parade Rest
 - D. Ready
10. Male covers are worn _____
- A. Squarely on the head
 - B. Tilted forward
 - C. On the back of the head
 - D. On the side

Answers

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1. B
2. D
3. C
4. A
5. C
6. C
7. A
8. A
9. B
10. A

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Explanations

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1. Which of the following best describes a communication best practice on deck?

- A. Rely on hand signals only.
- B. Speak clearly and confirm receipt of instructions.**
- C. Shout to be heard by many.
- D. Use hand signals exclusively.

On deck, clear two-way communication is essential because noise, wind, and movement can obscure messages. Speaking clearly ensures instructions are heard and understood, while confirming receipt closes the communication loop—the person confirms they received and understand the instruction, reducing misinterpretation and speeding up operations. Relying only on hand signals, shouting, or using signals exclusively can fail in poor visibility, crowded decks, or rapidly changing situations. Therefore, the best practice is to speak clearly and confirm receipt of instructions.

2. In a column or file, cadets stand:

- A. Side by Side
- B. In a Circle
- C. Diagonally
- D. One behind the other**

In a column or file, cadets are arranged in a single-file line, one behind the other along the direction of travel. This setup keeps the group compact, makes commands easy to issue while moving, and ensures each cadet can follow the person in front clearly. Standing side by side would form a line across, a circle would place cadets around a circle, and diagonally would space them differently; none of those match a single-file column. So the correct arrangement is one behind the other.

3. What safety rule helps prevent injuries around moving lines and gears?

- A. Never wear protective clothing
- B. Stand close to lines to guide them
- C. Keep a safe distance, secure loose clothing, and stay aware of surroundings**
- D. Operate equipment only at maximum speed

Entanglement and pinch-point hazards around moving lines and gears demand practices that emphasize distance, proper clothing, and awareness. Keeping a safe distance from moving parts reduces the chance of contact with gears, belts, or lines. Securing loose clothing, tying back hair, and removing or securing jewelry prevents fabric or accessories from being pulled into the machinery. Staying aware of your surroundings helps you spot unexpected movements, nearby workers, or potential hazards so you can step away or halt the equipment if needed. This combination directly reduces the main risks of injury in these environments. The other options either encourage dangerous proximity, improper attire, or unsafe operation speeds, which don't address the hazards effectively.

4. The most common example of military courtesy is _____.

A. The salute

B. The handshake

C. The bow

D. The tip of the hat

Saluting is the key way sailors and other service members show respect and recognition in military settings. It's a formal, standardized gesture taught from the start of training and used across the armed services in greetings, reporting, and ceremonies, which makes it the most universally recognized example of military courtesy. A handshake is a general civilian greeting, not the military-specific sign of rank-based respect. A bow isn't standard practice in Navy etiquette, and tipping the hat is outdated in modern military protocol. So the salute best embodies how courtesy is consistently demonstrated in military life.

5. Eating meals at "Fast Food" establishments is the best way to get wholesome nutritious foods.

A. True

B. Sometimes

C. False

D. Not sure

This question tests how we evaluate claims about nutrition and where wholesome, nutritious foods come from. Wholesome foods are typically fresh or minimally processed—fruits, vegetables, whole grains, lean proteins, and healthy fats. Fast-food meals usually rely on highly processed ingredients and cooking methods that pack in calories, saturated fat, sodium, and added sugars, often in large portions. Because of these factors, fast food is not the best way to meet daily nutritional needs for true wholesome nutrition. Some items may be healthier than others, but overall it's not the ideal or most reliable source for nutritious meals. If you do eat fast food, choose grilled options, salads with light dressing, and sides like fruit or yogurt, and keep sugary drinks limited, aiming to balance with meals that emphasize whole, nutrient-dense foods.

6. 'Mark Time, MARCH' is the command given to:

A. March forward

B. Stop

C. March in place

D. Halt

Mark Time means to march in place, not move forward. When you hear "Mark Time, MARCH," you start lifting and lowering your feet in cadence while your body stays in the same spot, keeping rhythm without advancing. This lets a unit stay in step and maintain timing while not moving down the line, which is different from actually marching forward, stopping, or halting movement.

7. Which term describes the right-hand side of a ship when looking toward the bow?

A. Starboard

B. Port

C. Bow

D. Aft

When you're looking toward the bow, the ship's right-hand side is called starboard. This term is used consistently to label the right side, with port as the left side, bow as the front, and aft as the rear. Starboard is the correct term for the right side when facing forward, while port would describe the left side, bow the front, and aft the back.

8. Which of the following best describes how to prevent injuries during drills?

A. Follow instructions, use PPE, stay aware of surroundings, and report hazards.

B. Ignore instructions if you're pressed for time.

C. Only older cadets need PPE.

D. Do not communicate hazards to others.

Preventing injuries during drills comes from a safety-first routine: follow the drill's instructions, wear the right protective gear, stay aware of your surroundings, and report hazards you see. Following instructions ensures you perform moves and use equipment as designed, reducing chances of missteps, slips, or improper use that can cause injuries. Personal protective equipment protects you from common drill hazards—like impact, cuts, or loud noises—and should be used whenever required. Staying aware of your surroundings helps you spot obstacles, other cadets, or equipment positions so you can avoid trips, collisions, or entanglements. Reporting hazards allows problems to be fixed before someone gets hurt and keeps everyone safer. Ignoring instructions increases the risk of incidents because drills are performed with specific steps and hazards in mind. PPE is necessary for anyone exposed to potential harm, not just older cadets. Not communicating hazards leaves teammates unprotected and creates opportunities for accidents.

9. Which drill command requires hands to be at your sides with posture relaxed?

A. Attention

B. At Ease

C. Parade Rest

D. Ready

The command being tested is about relaxing your body while staying in formation. When told to be At Ease, you smooth out the stiffness of the previous position and allow a comfortable, relaxed posture. Your hands can rest by your sides in this stance, and you're not held as rigid as you are at Attention. This contrasts with the stricter Attention, where the body is kept very straight and tense, and with Parade Rest, where the arms are positioned in a formal way (often in front or behind). So the reason At Ease is the best answer is that it explicitly calls for a relaxed posture while remaining in position, with the hands allowed to be at your sides.

10. Male covers are worn _____

A. Squarely on the head

B. Tilted forward

C. On the back of the head

D. On the side

Consistent, neat appearance in uniform headwear is the idea here. For male covers, wear them squarely on the head with the brim level and centered, so the front sits evenly and the insignia stays properly aligned. Tilting the cover forward, or wearing it on the back or to the side, breaks the uniform look and can obstruct vision or misplace the insignia. The straight, square position ensures a tidy, professional appearance across all personnel.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://nlccapprentice.examzify.com>

We wish you the very best on your exam journey. You've got this!

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