

Nationally Registered Certified Medical Assistant (NRCMA) (NAHP) Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

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SAMPLE

Questions

- 1. What causes itching and sometimes scaling or blistering of the skin?**
 - A. Eczema**
 - B. Psoriasis**
 - C. Rosacea**
 - D. Acne**
- 2. With which objective should one begin when focusing the microscope?**
 - A. 4x**
 - B. 10x**
 - C. 40x**
 - D. 100x**
- 3. What is the abbreviation for 'four times a day'?**
 - A. q.i.d**
 - B. q.o.d**
 - C. q.4.a**
 - D. f.t.d**
- 4. What is the abbreviation for 'immediately'?**
 - A. ASAP**
 - B. STAT**
 - C. IMM**
 - D. NOW**
- 5. Bradycardia refers to a?**
 - A. Fast heart rate**
 - B. Normal heart rate**
 - C. Variable heart rate**
 - D. Slow heart rate**
- 6. The act of giving birth is called?**
 - A. Menstruation**
 - B. Ovulation**
 - C. Lactation**
 - D. Parturition**

- 7. What is the first way to communicate courtesy to a telephone caller?**
- A. Ask who is calling**
 - B. Put them on hold**
 - C. Answer promptly, identify yourself, and ask how you may help them**
 - D. Reply only if you recognize the caller**
- 8. What is serum?**
- A. The clotting factor of blood**
 - B. Red blood cells**
 - C. The liquid portion of whole blood after clotting**
 - D. White blood cells**
- 9. What is the pre-determined amount of money paid by the patient before an insurance company pays?**
- A. Premium**
 - B. Co-pay**
 - C. Deductible**
 - D. Out-of-pocket maximum**
- 10. A medical assistant may give an injection**
- A. At their discretion**
 - B. Only on the orders of the physician**
 - C. After consulting a nurse**
 - D. Based on patient request**

Answers

SAMPLE

1. A
2. B
3. A
4. B
5. D
6. D
7. C
8. C
9. C
10. B

SAMPLE

Explanations

SAMPLE

1. What causes itching and sometimes scaling or blistering of the skin?

- A. Eczema**
- B. Psoriasis**
- C. Rosacea**
- D. Acne**

Eczema is a common skin condition that can cause itching, scaling, and blistering of the skin. Some common causes of eczema include genetics, environmental triggers, and underlying skin problems such as allergies or asthma. Psoriasis, on the other hand, typically causes red, scaly patches on the skin, and is caused by an overactive immune system. While rosacea and acne can also cause skin irritation, they do not typically present with symptoms of itching or blistering. It is important to consult a medical professional for a proper diagnosis and treatment plan if experiencing skin issues.

2. With which objective should one begin when focusing the microscope?

- A. 4x**
- B. 10x**
- C. 40x**
- D. 100x**

By starting with an objective that offers lower magnification, such as 4x or 10x, it allows for easier locating and centering of the sample on the slide. Using a higher objective, such as 40x or 100x, may make it more difficult to find and focus on the sample initially. This is because the field of view becomes smaller and the image may appear blurry or dark if not properly focused. Therefore, it is important to start with a lower magnification objective before moving on to higher ones.

3. What is the abbreviation for 'four times a day'?

- A. q.i.d**
- B. q.o.d**
- C. q.4.a**
- D. f.t.d**

"q.i.d" is the abbreviation for "quater in die" in Latin, which translates to "four times a day". Option B, "q.o.d", stands for "quaque altera die" or "every other day" and is therefore incorrect. Option C, "q.4.a", is not a commonly used abbreviation and does not follow the standard format for frequency abbreviations, making it an unlikely option. Finally, option D, "f.t.d", is not an agreed upon abbreviation and is not recognized by medical professionals.

4. What is the abbreviation for 'immediately'?

- A. ASAP**
- B. STAT**
- C. IMM**
- D. NOW**

"STAT" is the abbreviation for 'immediately'. While "ASAP" stands for 'as soon as possible', which may imply a longer timeframe, "NOW" is an adverb and not an abbreviation. "IMM" also does not accurately represent the word 'immediately'.

5. Bradycardia refers to a?

- A. Fast heart rate**
- B. Normal heart rate**
- C. Variable heart rate**
- D. Slow heart rate**

Bradycardia refers to a slow heart rate, as the prefix "brady-" means "slow" in medical terminology. A fast heart rate is referred to as tachycardia, a normal heart rate is referred to as normal sinus rhythm, and a variable heart rate typically refers to an abnormal or irregular heart rhythm. Therefore, options A, B, and C are all incorrect.

6. The act of giving birth is called?

- A. Menstruation**
- B. Ovulation**
- C. Lactation**
- D. Parturition**

Menstruation refers to the shedding of the uterine lining if pregnancy does not occur. Ovulation refers to the release of a mature egg from the ovary. Lactation refers to the production and secretion of milk from the breasts. Parturition is the act of giving birth, which involves the expulsion of a fetus from the uterus. It is the appropriate term for this process.

7. What is the first way to communicate courtesy to a telephone caller?

A. Ask who is calling

B. Put them on hold

C. Answer promptly, identify yourself, and ask how you may help them

D. Reply only if you recognize the caller

A and D may be incorrect because they do not involve showing courtesy to the caller. A is simply asking for the caller's identity, while D involves not responding unless the caller is recognized. B may be incorrect because putting the caller on hold without addressing them first can be perceived as impolite. C is the correct answer as it involves answering promptly with a friendly greeting, introducing oneself, and asking how one may assist the caller. This shows respect and consideration for the caller.

8. What is serum?

A. The clotting factor of blood

B. Red blood cells

C. The liquid portion of whole blood after clotting

D. White blood cells

Serum is the liquid portion of whole blood after clotting. This means that option A and D are incorrect, as serum does not contain clotting factors or white blood cells. Option B is also incorrect, as red blood cells are not part of the liquid portion of blood.

9. What is the pre-determined amount of money paid by the patient before an insurance company pays?

A. Premium

B. Co-pay

C. Deductible

D. Out-of-pocket maximum

A premium is a recurring amount paid by the patient or their employer to maintain insurance coverage. It is not a predetermined amount paid before insurance coverage. A co-pay is a fixed amount paid by the patient for each visit or service. It is not a predetermined amount paid before insurance coverage. An out-of-pocket maximum is the limit of the total amount of money the patient is responsible for paying for covered services. It is not a predetermined amount paid before insurance coverage. The deductible is the amount of money the patient is responsible for paying out of pocket before the insurance company begins to cover the cost of services. This is the predetermined amount referred to in the question. Once the deductible is met, the insurance company will then begin to cover a portion or all of the costs for the patient's covered services. Therefore, the correct answer is C Deductible.

10. A medical assistant may give an injection

- A. At their discretion**
- B. Only on the orders of the physician**
- C. After consulting a nurse**
- D. Based on patient request**

Giving injections is a medical procedure that requires proper training and authorization. Medical assistants are only allowed to give injections under the direct orders and supervision of a licensed physician. This ensures patient safety and proper administration of medication. Options A, C, and D are incorrect because they do not involve the necessary oversight and authorization from a physician. Medical assistants should not give injections without proper guidance and approval from a physician.