# Mississippi State Biology 1 Practice Test (Sample)

**Study Guide** 



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#### **Questions**



- 1. Which factor is essential for the process of natural selection?
  - A. Stable population sizes
  - **B.** Variations in traits
  - C. Equal resource distribution
  - D. Genetic uniformity
- 2. What structure in plants is primarily responsible for gas exchange?
  - A. Chloroplasts
  - **B. Stomata**
  - C. Xylem
  - D. Phloem
- 3. What is the primary outcome of macroevolution?
  - A. Creation of genetic variations within a species
  - B. Development of a new species or groups of species
  - C. Modification of phenotypic traits within a population
  - D. Increase in the number of individuals in a population
- 4. Which of the following sequences describes DNA packaging from least to most compacted?
  - A. 30 nm fiber, nucleosome, DNA double helix, radial loop domain
  - B. DNA double helix, radial loop domain, 30 nm fiber, nucleosome
  - C. DNA double helix, nucleosome, 30 nm fiber, radial loop domain
  - D. Nucleosome, DNA double helix, radial loop domain, 30 nm fiber
- 5. What kind of mutation results in a change from the amino acid threonine to proline?
  - A. Synonymous mutation
  - **B.** Missense mutation
  - C. Frameshift mutation
  - **D.** Nonsense mutation

- 6. What is biogeography the study of?
  - A. Species genetics
  - **B.** Extinct species
  - C. Geographic distribution of species
  - D. Ecosystem interactions
- 7. What is the stage of the cell cycle during which DNA replication occurs?
  - A. G1 phase
  - **B.** S phase
  - C. G2 phase
  - D. Telophase
- 8. What are the stages of the cell cycle?
  - A. G1, G2, S, and M
  - B. G1, M, S, and Telophase
  - C. G1, S, G2, and M
  - D. G1, Metaphase, and S
- 9. What is the highest level of protein structure that can be formed?
  - A. Primary
  - **B. Secondary**
  - C. Tertiary
  - D. Quaternary
- 10. What occurs in the "induced fit model" of enzyme activity?
  - A. The substrate fits perfectly into the enzyme from the start
  - B. The enzyme's active site changes shape to accommodate the substrate
  - C. The enzyme deactivates after one use
  - D. The product is formed without any energy change

#### **Answers**



- 1. B 2. B 3. B

- 3. B 4. C 5. B 6. C 7. B 8. C 9. D 10. B



#### **Explanations**



### 1. Which factor is essential for the process of natural selection?

- A. Stable population sizes
- **B.** Variations in traits
- C. Equal resource distribution
- D. Genetic uniformity

Variations in traits are essential for the process of natural selection because natural selection relies on differences among individuals within a population. These differences can affect how individuals survive and reproduce in their environment. For natural selection to occur, some variations must confer advantages that increase an individual's likelihood of surviving to reproduce, thus passing those favorable traits to the next generation. When traits are varied, it provides a selection pressure for certain traits to become more common in a population over time. If there were no variations, all individuals would be essentially identical, and there would be no differential survival or reproductive success based on traits. This diversity is critical for adaptation and evolution, allowing populations to adjust and thrive in changing environments.

# 2. What structure in plants is primarily responsible for gas exchange?

- A. Chloroplasts
- **B. Stomata**
- C. Xylem
- D. Phloem

The structure in plants primarily responsible for gas exchange is stomata. Stomata are small openings found on the surfaces of leaves and stems that allow for the exchange of gases between the internal tissues of the plant and the external environment. Specifically, they facilitate the intake of carbon dioxide, which is essential for photosynthesis, and the release of oxygen, as well as the loss of water vapor through a process known as transpiration. Each stoma is surrounded by guard cells, which regulate its opening and closing in response to environmental conditions such as humidity, light, and carbon dioxide concentration. This regulation helps maintain a balance between gas exchange and water conservation, critical for the plant's health and efficiency in photosynthesis. In contrast, chloroplasts are the organelles where photosynthesis takes place, but they do not function in gas exchange directly. Xylem is involved in the transport of water and mineral nutrients from the roots to other parts of the plant, while phloem is responsible for the transport of sugars and other metabolic products throughout the plant. None of these structures are primarily dedicated to regulating the gas exchange process in the way that stomata do.

- 3. What is the primary outcome of macroevolution?
  - A. Creation of genetic variations within a species
  - B. Development of a new species or groups of species
  - C. Modification of phenotypic traits within a population
  - D. Increase in the number of individuals in a population

The primary outcome of macroevolution is the development of new species or groups of species. Macroevolution refers to large-scale evolutionary changes that occur over geological time, leading to the origin of new species and significant evolutionary trends. This process encompasses speciation events where populations of organisms diverge to the point that they can no longer interbreed, resulting in the formation of distinct species. Macroevolutionary changes may also lead to the emergence of new genera, families, and higher taxonomic levels, illustrating its importance in the broader context of the tree of life. While genetic variation within a species is important for evolution, it primarily drives microevolutionary changes, not macroevolution. Similarly, modification of phenotypic traits within a population refers to adaptations and changes at smaller scales. An increase in the number of individuals in a population pertains to population dynamics rather than macroevolutionary trends. Hence, the focus on the development of new species captures the essence of macroevolution.

- 4. Which of the following sequences describes DNA packaging from least to most compacted?
  - A. 30 nm fiber, nucleosome, DNA double helix, radial loop domain
  - B. DNA double helix, radial loop domain, 30 nm fiber, nucleosome
  - C. DNA double helix, nucleosome, 30 nm fiber, radial loop domain
  - D. Nucleosome, DNA double helix, radial loop domain, 30 nm fiber

The correct sequence for describing DNA packaging from least to most compacted is DNA double helix, nucleosome, 30 nm fiber, and radial loop domain. To start with, the DNA double helix is the fundamental structural unit of DNA, comprising its two intertwined strands. This structure is the most basic and unorganized form of DNA. Next, when DNA is wrapped around histone proteins, it forms nucleosomes, which look like "beads on a string." This organization is a crucial step in compacting DNA but is still not very compacted in comparison to other forms of chromatin. As we move to the 30 nm fiber, this is a more compact structure formed by the nucleosomes further coiling and folding into a thicker fiber. The 30 nm fiber represents a significant level of organization and compaction of the DNA compared to the individual nucleosomes. Lastly, the radial loop domain represents the highest level of compact organization. It involves the looping of 30 nm fibers and the attachment to a protein scaffold, which further condenses the DNA into a highly organized structure. Thus, when considering the order of DNA packaging from least to most compacted, it logically follows the sequence presented: starting from the DNA double helix

## 5. What kind of mutation results in a change from the amino acid threonine to proline?

- A. Synonymous mutation
- **B.** Missense mutation
- C. Frameshift mutation
- **D.** Nonsense mutation

The change from the amino acid threonine to proline is classified as a missense mutation. In protein synthesis, mutations can lead to changes in the amino acid sequence of a protein. A missense mutation specifically refers to a single nucleotide change in the DNA sequence that results in the substitution of one amino acid for another in the protein product. In this case, the mutation alters one codon, leading to the incorporation of proline instead of threonine. This is significant because it can impact the protein's structure and function, depending on how the properties of the substituted amino acid differ from the original. Missense mutations are often studied because they can have varying effects on the resultant protein, from benign to severe, based on the roles of the different amino acids involved. In contrast, other types of mutations, such as synonymous mutations, do not result in any change to the amino acid sequence, while frameshift mutations and nonsense mutations lead to significantly different outcomes, such as alterations in the reading frame or the introduction of premature stop codons, respectively, which would not simply change one amino acid to another.

#### 6. What is biogeography the study of?

- A. Species genetics
- **B.** Extinct species
- C. Geographic distribution of species
- **D.** Ecosystem interactions

Biogeography is the study of the geographic distribution of species. This field examines how and why species are located in particular areas, and it explores the relationships between ecological systems and evolutionary history. By understanding the spatial distribution of organisms, biogeographers can assess how factors such as climate, terrain, and historical events influence species populations across different regions. This knowledge is crucial for conservation efforts, especially in understanding how species might respond to changing environmental conditions. The other areas of study mentioned, such as species genetics, extinct species, and ecosystem interactions, focus on different aspects of biology. Species genetics deals with the hereditary material and variation within a species, while studying extinct species involves paleontology and understanding life forms that are no longer available for observation. Ecosystem interactions focus on how different species interact with one another and with their environment, which is distinct from studying their distribution across different geographical areas.

## 7. What is the stage of the cell cycle during which DNA replication occurs?

- A. G1 phase
- **B. S phase**
- C. G2 phase
- D. Telophase

The stage of the cell cycle during which DNA replication occurs is the S phase, which stands for "synthesis phase." During this phase, the cell replicates its entire set of DNA, ensuring that each daughter cell will receive an identical copy of the genetic material when the cell divides. This is a critical process because it sets the foundation for cellular division, allowing both new cells to have the same genetic information as the original cell. The S phase typically occurs after the G1 phase, where the cell grows and prepares for DNA synthesis, and before the G2 phase, where the cell continues to grow and prepares for mitosis. Cell division cannot occur successfully without this essential step, as it ensures that the genetic material is accurately copied and maintained throughout cell generations.

#### 8. What are the stages of the cell cycle?

- A. G1, G2, S, and M
- B. G1, M, S, and Telophase
- C. G1, S, G2, and M
- D. G1, Metaphase, and S

The stages of the cell cycle are G1, S, G2, and M. G1, or Gap 1, is the phase where the cell grows and carries out normal metabolic processes. The S phase, or Synthesis phase, follows, during which DNA is replicated, ensuring that each daughter cell will have an identical set of chromosomes. Subsequently, the cell enters G2, or Gap 2, where it continues to grow and prepares for mitosis. Finally, the M phase, or Mitosis, is the stage where the cell divides into two daughter cells, each with a complete set of chromosomes. This sequence is crucial for cell division and growth, and understanding the correct order of these phases is fundamental in cell biology. The other options do not accurately represent the full and correct sequence of the cell cycle stages, leading to confusion about the process of cell division.

### 9. What is the highest level of protein structure that can be formed?

- A. Primary
- **B. Secondary**
- C. Tertiary
- **D. Quaternary**

The highest level of protein structure that can be formed is the quaternary structure. This level of structure is characterized by the assembly of multiple polypeptide chains, known as subunits, into a single protein complex. Each subunit can be identical or different, and the interactions between these subunits are crucial for the protein's overall function and stability. Quaternary structure can involve a variety of bonding interactions, such as hydrogen bonds, ionic interactions, hydrophobic interactions, and disulfide bridges. This complexity allows for a diverse range of functions, as many proteins must work in concert with other protein subunits to perform biological tasks, such as enzyme activity or structural integrity. In comparison, primary structure refers to the linear sequence of amino acids, secondary structure describes local folding patterns like alpha helices and beta sheets, and tertiary structure describes the overall three-dimensional shape of a single polypeptide chain. However, it is in the quaternary structure where multiple polypeptides come together to form a functional protein, making it the highest level of biological organization within protein structure.

# 10. What occurs in the "induced fit model" of enzyme activity?

- A. The substrate fits perfectly into the enzyme from the start
- B. The enzyme's active site changes shape to accommodate the substrate
- C. The enzyme deactivates after one use
- D. The product is formed without any energy change

In the induced fit model of enzyme activity, the concept revolves around the dynamic interaction between an enzyme and its substrate. This model suggests that the enzyme's active site is not a rigid structure but has the flexibility to change shape upon binding with the substrate. When the substrate approaches, it induces a conformational change in the enzyme, enhancing the fit between the two. This altered shape facilitates the chemical reaction by properly positioning the substrate to form the transition state, thereby lowering the activation energy required for the reaction to proceed. This concept contrasts with other models of enzyme action, such as the lock-and-key model, where the substrate is thought to fit perfectly into a static active site. The induced fit model provides a more accurate representation of how enzymes function in biological systems, emphasizing the importance of the enzyme's adaptability for achieving optimal catalysis. Additionally, this flexibility is crucial for the specificity and efficiency of enzymatic reactions, allowing enzymes to interact with substrates in a more dynamic manner.