

Minneapolis Fire Department (MFD) SOP Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

This is a sample study guide. To access the full version with hundreds of questions,

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.

7. Use Other Tools

Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!

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Questions

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- 1. In what zone is the command post typically located?**
 - A. Hot zone**
 - B. Warm zone**
 - C. Cold zone**
 - D. Danger zone**
- 2. Which rank is not allowed to trade shifts across grade among sworn employees on a 24-hour shift?**
 - A. Firefighter**
 - B. Captain**
 - C. Lieutenant**
 - D. Battalion Chief**
- 3. When determining a hazardous material response, should occupants showing signs and symptoms of illness shelter in place?**
 - A. True**
 - B. False**
 - C. Only if they are indoors**
 - D. Only if advised by authorities**
- 4. Where must operable Carbon Monoxide detectors be installed according to state statute?**
 - A. At any point in the building**
 - B. Within 10 feet of sleeping rooms and in the room where the appliance is installed**
 - C. In the basement only**
 - D. Only in the kitchen area**
- 5. What type of line is used for continuous water supply in firefighting?**
 - A. Backup line**
 - B. Attack line**
 - C. Regular line**
 - D. Primary line**

6. When stretching a 2 1/2" hose vertically up the open stairwell shaft, how many floors can one section reach?

- A. 2 floors**
- B. 3 floors**
- C. 4 floors**
- D. 5 floors**

7. Is a Supervisor's Report of Injury (SRI) form needed for work-related injuries?

- A. True**
- B. False**
- C. Only for serious injuries**
- D. Only if reported to HR**

8. What is the most critical first step when encountering a patient with pinpoint pupils and agonal breathing?

- A. Administer Narcan immediately**
- B. Ventilate the patient with a BVM**
- C. Assess the patient's blood pressure**
- D. Secure the scene and call for additional help**

9. Which situation does NOT require a Sick Leave Verification Form #2750?

- A. An employee has been absent on sick leave for more than two consecutive shifts within a 72 hour period.**
- B. An employee goes off the payroll two or more times in a calendar year due to exhaustion of their sick leave balance.**
- C. After six shifts of unverified sick leave within a calendar year**
- D. An employee calls in sick to their supervisor before 0800 hours**

10. What is one of the privileges given to employees regarding voting while on shift?

- A. Voting leave requires a deduction in pay**
- B. Voting leave will not incur benefits loss**
- C. Voting leave is mandatory during elections**
- D. Voting leave is without prior notice**

Answers

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1. C
2. D
3. B
4. B
5. C
6. C
7. A
8. B
9. D
10. B

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Explanations

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1. In what zone is the command post typically located?

- A. Hot zone**
- B. Warm zone**
- C. Cold zone**
- D. Danger zone**

The command post is typically located in the cold zone. The cold zone is an area that is safe and away from the immediate dangers associated with the incident, allowing for effective command and coordination of operations. In this zone, personnel can communicate, plan strategies, and manage resources without the immediate threats present in the hot or warm zones. This ensures that command staff can operate efficiently and effectively without the distractions or risks associated with the more hazardous areas of the incident scene. Establishing the command post in the cold zone is crucial for the safety of personnel and the overall management of the emergency situation.

2. Which rank is not allowed to trade shifts across grade among sworn employees on a 24-hour shift?

- A. Firefighter**
- B. Captain**
- C. Lieutenant**
- D. Battalion Chief**

The rank that is not allowed to trade shifts across grade among sworn employees on a 24-hour shift is the Battalion Chief. This restriction is in place to maintain a consistent and effective command structure within the Minneapolis Fire Department. Higher-ranking officials like Battalion Chiefs have responsibilities that require them to uphold specific leadership roles and ensure operational integrity during shifts. If shift trading among higher ranks, such as Battalion Chiefs, were permitted, it could lead to confusion regarding command lines and responsibilities, complicating incident management and overall operational effectiveness. Maintaining stability in command positions is essential for ensuring that procedures are followed and that the chain of command remains clear during emergencies and routine operations.

3. When determining a hazardous material response, should occupants showing signs and symptoms of illness shelter in place?

- A. True**
- B. False**
- C. Only if they are indoors**
- D. Only if advised by authorities**

In situations involving potential hazardous materials, it is crucial to ensure the safety of all individuals involved, including both responders and occupants. When occupants are showing signs and symptoms of illness, sheltering in place could potentially expose them to further harm, especially if the source of the hazard is present in their environment. Instead, individuals exhibiting illness should ideally evacuate the area if the hazard allows it, as remaining in place could worsen their condition due to continued exposure to harmful substances. Additionally, the standard protocols typically suggest that individuals should seek medical evaluation without delay, particularly if they display acute symptoms related to hazardous material exposure. The option suggesting that individuals should shelter in place only if advised by authorities reflects a situation where guidance and evaluations are critical to ensure safety. However, when signs of illness are evident, a prompt response rather than waiting for additional direction is usually prioritized to ensure the well-being of those affected. Thus, the correct choice to indicate that occupants should not shelter in place when showing signs and symptoms of illness emphasizes the importance of immediate safety measures in hazardous material incidents.

4. Where must operable Carbon Monoxide detectors be installed according to state statute?

- A. At any point in the building**
- B. Within 10 feet of sleeping rooms and in the room where the appliance is installed**
- C. In the basement only**
- D. Only in the kitchen area**

The requirement for operable Carbon Monoxide detectors to be installed within 10 feet of sleeping rooms and in the room where the appliance is installed is rooted in safety protocols designed to protect occupants from the dangers of carbon monoxide (CO) exposure. This placement ensures that detectors are readily accessible and in close proximity to where people sleep, thus increasing the likelihood of alerting residents to dangerous CO levels during the night when they are most vulnerable. Additionally, positioning detectors near the appliance helps to detect any malfunctioning equipment that may produce CO, allowing for timely intervention and prevention of poisoning. This strategic placement is in line with state statutes and reflects best practices for ensuring the safety of individuals in residential settings. The focus on key locations within a home enhances the effectiveness of the detectors and is a fundamental element of CO safety regulations.

5. What type of line is used for continuous water supply in firefighting?

- A. Backup line**
- B. Attack line**
- C. Regular line**
- D. Primary line**

In firefighting, the concept of a "regular line" typically refers to a hose line that is established to ensure a continuous supply of water to support firefighting operations. This line is critical for maintaining water flow during firefighting efforts, especially in situations where sustained suppression is necessary. In contrast, other lines such as backup lines are used to provide additional support and ensure safety, while attack lines are specifically employed to directly combat flames and attack the fire. The term "primary line" may suggest a main line for specific operations, but it does not necessarily imply the continuous water supply concept that the "regular line" encapsulates. Therefore, a regular line is the most appropriate choice when referring to continuous water supply within the context of firefighting procedures.

6. When stretching a 2 1/2" hose vertically up the open stairwell shaft, how many floors can one section reach?

- A. 2 floors**
- B. 3 floors**
- C. 4 floors**
- D. 5 floors**

When stretching a 2 1/2" hose vertically up an open stairwell shaft, one section can effectively reach up to four floors due to the length of the hose section and the typical height of each floor in a building. A standard length for a hose section is 50 feet. Given that the average height of a commercial or residential floor in most buildings ranges from 10 to 12 feet, this means a 50-foot section can span approximately four floors. When considering ductwork or other obstructions in stairwells, stretch ability may slightly vary, but the standard calculation for a straight vertical climb without significant interruptions allows for a reach across four complete floors. This practical application is important for firefighting operations and allows firefighters to plan for sufficient hose coverage when tackling incidents that occur in multi-story structures. Thus, the correct understanding aligns with this typical stretch capability for adequate reach and operational effectiveness on the fireground.

7. Is a Supervisor's Report of Injury (SRI) form needed for work-related injuries?

- A. True**
- B. False**
- C. Only for serious injuries**
- D. Only if reported to HR**

A Supervisor's Report of Injury (SRI) form is essential for documenting work-related injuries within the organization. This form serves multiple purposes, including ensuring that the injury is officially recorded, enabling the organization to track injury trends, and facilitating the processing of workers' compensation claims. By completing the SRI, supervisors provide the necessary information to assess the situation, verify that proper protocols are followed, and ensure that the injured employee receives appropriate care and support. Completing the SRI form is a proactive measure that helps maintain workplace safety standards and encourages accountability. It ensures that all work-related injuries are taken seriously and addressed appropriately, regardless of their severity.

8. What is the most critical first step when encountering a patient with pinpoint pupils and agonal breathing?

- A. Administer Narcan immediately**
- B. Ventilate the patient with a BVM**
- C. Assess the patient's blood pressure**
- D. Secure the scene and call for additional help**

The most critical first step in this scenario is to ventilate the patient with a bag-valve mask (BVM). Pinpoint pupils and agonal breathing suggest a potential opioid overdose, which can result in inadequate breathing and a significant risk of respiratory failure. By ventilating the patient, you are addressing the immediate life threat posed by inadequate respiration. Providing positive pressure ventilation can help restore oxygenation and maintain airway patency until further advanced care, such as the administration of Narcan, can be given. While other options may be relevant in the overall management of the patient, immediately ensuring adequate ventilation is paramount. Assessing blood pressure, for example, could be part of a broader assessment but does not address the critical need for oxygenation. Securing the scene is important for safety but should not take precedence over stabilizing the patient's breathing in urgent situations like this.

9. Which situation does NOT require a Sick Leave Verification Form #2750?

- A. An employee has been absent on sick leave for more than two consecutive shifts within a 72 hour period.**
- B. An employee goes off the payroll two or more times in a calendar year due to exhaustion of their sick leave balance.**
- C. After six shifts of unverified sick leave within a calendar year**
- D. An employee calls in sick to their supervisor before 0800 hours**

The situation where an employee calls in sick to their supervisor before 0800 hours does not require a Sick Leave Verification Form #2750 because it adheres to the proper protocol for reporting an absence. When an employee notifies their supervisor in a timely manner about their inability to report for duty due to illness, it is generally accepted as a standard practice that does not necessitate additional verification. The other scenarios provided relate to prolonged or repeated instances of sick leave where verification becomes necessary to manage resources and ensure compliance with departmental policies. These situations indicate a pattern that could require further validation to ensure that the sick leave is being utilized appropriately and in accordance with the procedures established by the department. In contrast, a single instance of timely notification does not raise the same concerns and therefore does not require the same level of documentation.

10. What is one of the privileges given to employees regarding voting while on shift?

- A. Voting leave requires a deduction in pay**
- B. Voting leave will not incur benefits loss**
- C. Voting leave is mandatory during elections**
- D. Voting leave is without prior notice**

Voting leave will not incur benefits loss because it is a provision that allows employees to participate in the democratic process without suffering a reduction in their benefits. This policy is important as it ensures that employees are able to fulfill their civic duties without fear of negative consequences regarding their employment status, health benefits, or other compensatory rewards. Allowing voting leave to occur without the loss of benefits is crucial for maintaining a workforce that can engage in societal responsibilities like voting. This helps promote civic engagement and supports the principle that all employees should have the opportunity to exercise their right to vote, recognizing the importance of participatory democracy. Other options do not accurately represent the supportive measures in place for employees regarding their right to vote while on duty.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://m fdsop.examzify.com>

We wish you the very best on your exam journey. You've got this!

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