

Metro Diner Server Practice Test (Sample)

Study Guide



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SAMPLE

Questions

- 1. What protein is served with the Two Egg Breakfast?**
 - A. One order of breakfast meat**
 - B. Two orders of breakfast meat**
 - C. No meat**
 - D. Two types of sausage**
- 2. Why are some additions placed on top of a waffle?**
 - A. To enhance presentation**
 - B. To ensure they are warm**
 - C. "Wet" ingredients cannot be put inside the waffle iron**
 - D. It improves flavor**
- 3. Does the granola served with vanilla yogurt include raisins?**
 - A. No**
 - B. Only sometimes**
 - C. Yes**
 - D. Depends on availability**
- 4. What is included in the "huevos mix"?**
 - A. Eggs, cheese, and chorizo**
 - B. Black beans, onions, peppers, chorizo sausage**
 - C. Refried beans and avocado**
 - D. Black beans, eggs, and salsa**
- 5. What items can be chosen as a side with omelets?**
 - A. Salad, Fruit, Hashbrowns, Pancakes**
 - B. Homefries, Yogurt, Toast, Rice**
 - C. Hashbrowns, Homefries, Grits, Bread**
 - D. Toast, English muffin, Biscuit, Oatmeal**
- 6. True or False: The Crab Cake Benedict includes crab cakes, 2 eggs, and hollandaise sauce.**
 - A. True**
 - B. False**
 - C. Only crab cakes and hollandaise sauce**
 - D. Only crab cakes and eggs**

- 7. In the context of breakfast options, which of the following combinations contains no meat?**
- A. Two Egg Breakfast with meat**
 - B. Two Eggs, Hashbrowns, and Toast with meat**
 - C. Two Eggs, Hashbrowns, and Toast with no meat**
 - D. Protein Breakfast with eggs**
- 8. What is the nickname of the Metro Pancake?**
- A. The Big Flapjack**
 - B. The 12 Inch Challenge**
 - C. The Mega Stack**
 - D. The Monster Pancake**
- 9. How are the eggs served in the Two Eggs, Hashbrowns, and Toast dish?**
- A. Fried hard**
 - B. Poached**
 - C. Any style**
 - D. Scrambled only**
- 10. What type of bread can be served with the Three Egg Breakfast?**
- A. Sourdough**
 - B. Raisin**
 - C. Any of the above**
 - D. Banana bread**

Answers

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1. A
2. C
3. C
4. B
5. C
6. A
7. C
8. B
9. C
10. C

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Explanations

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1. What protein is served with the Two Egg Breakfast?

- A. One order of breakfast meat**
- B. Two orders of breakfast meat
- C. No meat
- D. Two types of sausage

The correct choice is that with the Two Egg Breakfast, one order of breakfast meat is typically included. This means when a guest orders this breakfast option, they can expect a single serving of a protein choice, which enhances the meal and provides a fulfilling component that complements the eggs. This choice aligns with the typical serving sizes in breakfast menus, aiming to balance the plate without overwhelming the guest with too much protein. It allows for a variety of protein options, like bacon, sausage, or ham, which guests can select according to their preferences, further enhancing their breakfast experience. This thoughtful approach to meal composition is designed to provide a satisfying start to the day without being excessive in portion size.

2. Why are some additions placed on top of a waffle?

- A. To enhance presentation
- B. To ensure they are warm
- C. "Wet" ingredients cannot be put inside the waffle iron**
- D. It improves flavor

Placing some additions on top of a waffle is primarily due to the fact that "wet" ingredients cannot be incorporated into the waffle iron without compromising the cooking process. When a waffle batter is poured into the iron, it cooks quickly, and adding ingredients like fresh fruit, syrup, or whipped cream on top ensures that these additions stay intact and maintain their texture and presentation. If these elements were mixed into the batter before cooking, they could interfere with the cooking process, potentially leading to soggy or unevenly cooked waffles. Therefore, serving items on top allows for a better overall presentation and ensures the individual components retain their desired characteristics.

3. Does the granola served with vanilla yogurt include raisins?

- A. No
- B. Only sometimes
- C. Yes**
- D. Depends on availability

The granola served with vanilla yogurt is designed to be a standard recipe that consistently includes raisins as part of its ingredients. This inclusion is a common practice in many recipes for granola, as raisins add natural sweetness and textural contrast. By ensuring that granola always contains raisins, Metro Diner can maintain flavor consistency for their customers who expect the same taste experience each time they order the dish. Standardized ingredients help in managing the dining experience effectively and also in inventory control, resulting in a reliable product that enhances customer satisfaction.

4. What is included in the "huevos mix"?

- A. Eggs, cheese, and chorizo
- B. Black beans, onions, peppers, chorizo sausage**
- C. Refried beans and avocado
- D. Black beans, eggs, and salsa

The "huevos mix" is a dish that typically features a combination of ingredients that reflect traditional breakfast flavors and Mexican cuisine. The correct choice, which includes black beans, onions, peppers, and chorizo sausage, captures this essence perfectly. Black beans provide a hearty base and are a staple in many Latin American dishes, offering both protein and fiber. Onions and peppers add depth of flavor, contributing sweetness and a slight crunch. Chorizo, a spicy sausage, infuses the mix with its distinctive seasoning, enhancing the overall taste profile of the dish. Together, these components create a flavorful and satisfying breakfast option that aligns with the idea of "huevos," or eggs, often served in a vibrant way. The other options, while they may contain appealing ingredients, do not accurately reflect the combination that defines the "huevos mix." For instance, the first option emphasizes eggs and cheese, which are common in many dishes but miss out on the mix's key flavors. The third option focuses on refried beans and avocado, which, although delicious, do not include eggs or chorizo. The fourth option combines black beans and eggs but lacks the additional layers of flavor that come from the presence of onions, peppers,

5. What items can be chosen as a side with omelets?

- A. Salad, Fruit, Hashbrowns, Pancakes
- B. Homefries, Yogurt, Toast, Rice
- C. Hashbrowns, Homefries, Grits, Bread**
- D. Toast, English muffin, Biscuit, Oatmeal

The chosen answer is correct because it includes a variety of traditional sides that complement omelets well. Hashbrowns, homefries, grits, and bread are commonly served alongside omelets in many diner settings, making them suitable choices for enhancing the meal. Hashbrowns and homefries add a hearty, comforting element to the dish, while grits provide a creamy texture and a bit of southern flair, which may appeal to a wide range of customers. Bread can come in various forms, such as toast, allowing for different preferences and dietary needs. The other options include sides that, while they may be appealing on their own, do not align as closely with the typical diner experience for serving with omelets. For instance, salad and pancakes are not traditionally served with omelets, and yogurt, rice, and oatmeal also fall outside the usual accompaniments associated with a breakfast dish like an omelet. Thus, option C stands out as the most fitting selection.

6. True or False: The Crab Cake Benedict includes crab cakes, 2 eggs, and hollandaise sauce.

A. True

B. False

C. Only crab cakes and hollandaise sauce

D. Only crab cakes and eggs

The Crab Cake Benedict is indeed a dish that traditionally consists of crab cakes, two poached eggs, and a topping of hollandaise sauce. This combination brings together the rich flavors of the crab cakes with the creamy, buttery hollandaise, enhanced by the softness of the poached eggs. Including all three components—crab cakes, eggs, and hollandaise—aligns with the classic approach to this brunch favorite. Each element contributes to a well-rounded flavor profile, making the dish both satisfying and indulgent.

7. In the context of breakfast options, which of the following combinations contains no meat?

A. Two Egg Breakfast with meat

B. Two Eggs, Hashbrowns, and Toast with meat

C. Two Eggs, Hashbrowns, and Toast with no meat

D. Protein Breakfast with eggs

The combination that contains no meat is indeed the one that includes Two Eggs, Hashbrowns, and Toast with no meat. This option is specifically stated as "with no meat," clearly indicating the absence of any meat products in the meal. In contrast, the other options all include meat in some way. The first two combinations explicitly mention "with meat," which confirms that they contain meat products, whether it be bacon, sausage, or another source. The last option, Protein Breakfast with eggs, is focused on providing a higher protein content, which often includes meat items such as chicken or turkey sausage, thus implying the likelihood of meat inclusion. Therefore, selection of the combination that expressly states it contains no meat distinguishes it as the right choice for those looking for a meatless breakfast.

8. What is the nickname of the Metro Pancake?

A. The Big Flapjack

B. The 12 Inch Challenge

C. The Mega Stack

D. The Monster Pancake

The correct answer is The 12 Inch Challenge because this nickname specifically refers to the impressive size of the Metro Pancake, which measures 12 inches in diameter. This unique characteristic sets it apart and emphasizes not only the pancake's size but also the challenge aspect, enticing customers who enjoy hearty meals or are looking to take on a culinary challenge. In comparison, while names like The Big Flapjack, The Mega Stack, and The Monster Pancake convey notions of size and indulgence, they do not accurately represent the specific challenge associated with the pancake at Metro Diner. The 12 Inch Challenge effectively captures both the dimensions of the pancake and the competitive spirit it inspires in diners, which is a key part of the dining experience at Metro Diner.

9. How are the eggs served in the Two Eggs, Hashbrowns, and Toast dish?

A. Fried hard

B. Poached

C. Any style

D. Scrambled only

The selection of "Any style" for how the eggs are served in the Two Eggs, Hashbrowns, and Toast dish emphasizes the diner's flexibility and customization in their offerings. This means that customers can choose their preferred method of egg preparation, whether it be fried, poached, scrambled, or any other common style. This approach caters to different tastes and dietary preferences, enhancing customer satisfaction by allowing them to select exactly how they want their eggs prepared. Such a variety in preparation options is a hallmark of a diner experience, promoting personalization of meals to align with individual desires.

10. What type of bread can be served with the Three Egg Breakfast?

A. Sourdough

B. Raisin

C. Any of the above

D. Banana bread

The Three Egg Breakfast can be served with a variety of breads, which enhances the meal's versatility and allows guests to customize their breakfast according to their preferences. Sourdough and raisin breads both offer unique flavors and textures that can complement the dish well. Sourdough, with its tangy taste and chewy crust, pairs nicely with eggs, adding a delightful contrast. Raisin bread, on the other hand, adds sweetness and a hint of spice, which creates an interesting balance with the savory eggs. Thus, the option that allows for both breads, as well as the flexibility to choose other types as well, makes it clear that a variety is available, making the answer "any of the above." This flexibility is key to enhancing the dining experience at Metro Diner, ensuring that guests find something they enjoy alongside their meal.