# Medication Technician State Certification Practice Exam (Sample)

**Study Guide** 



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#### **Questions**



- 1. Which abbreviation is commonly associated with immediate administration of drugs?
  - A. IV
  - B. IM
  - C. PO
  - D. SL
- 2. What does "ac" stand for in medication administration instructions?
  - A. After meals
  - **B.** Before meals
  - C. Four times a day
  - D. As needed
- 3. Is it necessary to change gloves between residents when administering eye drops?
  - A. Yes, it is always necessary
  - B. No, it is not necessary
  - C. Only if the resident requests it
  - D. Only if the drops are for a different condition
- 4. What abbreviation indicates the measurement unit 'milligram'?
  - A. gm
  - B. mg
  - C. mcg
  - D. ml
- 5. What should be done if the medication orders on a FL-2 are incomplete?
  - A. Proceed with administration
  - B. Contact the physician for clarification
  - C. Wait for the orders to be updated
  - D. Ignore the orders

- 6. The abbreviation 'BID' is commonly used to refer to which dosing schedule?
  - A. once a day
  - B. twice a day
  - C. three times a day
  - D. every other day
- 7. What action should be taken if a prescription label becomes soiled or the directions change?
  - A. Ignore the changes until medication is administered
  - B. Contact the physician directly
  - C. Report it to the supervisor, nurse, or pharmacist
  - D. Reprint the label immediately
- 8. What does the abbreviation 'OTC' refer to?
  - A. over the counter
  - B. oral treatment course
  - C. one time charge
  - D. on the clock
- 9. What is a primary function of a drug reference book?
  - A. To provide entertainment for residents
  - B. To identify medications, dosages, and side effects
  - C. To store resident photographs
  - D. To track pharmacy deliveries
- 10. Which abbreviation represents 'four times a day' in medication dosing?
  - A. qid
  - B. tid
  - C. bid
  - D. qd

#### **Answers**



- 1. A 2. B

- 2. B 3. B 4. B 5. B 6. B 7. C 8. A 9. B 10. A



#### **Explanations**



# 1. Which abbreviation is commonly associated with immediate administration of drugs?

- **A. IV**
- B. IM
- C. PO
- D. SL

The abbreviation IV stands for intravenous, which refers to the administration of medication directly into the bloodstream through a vein. This method allows for immediate effect, as the drug is delivered rapidly and efficiently, bypassing the digestive system and other barriers that can delay the onset of action. IV administration is commonly used in emergencies or when fast action of a medication is critical, such as with pain relief or treating severe infections. In contrast, the other abbreviations indicate routes that generally do not provide immediate effects. IM (intramuscular) injections take a little longer for the medication to enter the bloodstream compared to IV, as the drug must first diffuse through muscle tissue. PO (by mouth) indicates oral administration, which involves the drug passing through the digestive system and can take significantly longer to take effect. SL (sublingual) administration, while faster than oral routes, still does not equate to the immediate action that IV administration offers.

#### 2. What does "ac" stand for in medication administration instructions?

- A. After meals
- **B.** Before meals
- C. Four times a day
- D. As needed

In medication administration instructions, "ac" stands for "before meals." This abbreviation is derived from the Latin phrase "ante cibum," which directly translates to "before food." Understanding this notation is essential for ensuring that medications are taken at the appropriate time to enhance their effectiveness and reduce potential side effects. When medications are taken ac, it typically means that they should be consumed at least 30 minutes before a meal to allow for optimal absorption. For example, certain medications may require an empty stomach to achieve the desired therapeutic effect. Administering medications according to these specific instructions helps healthcare providers manage symptoms effectively and support the patient's overall treatment plan.

# 3. Is it necessary to change gloves between residents when administering eye drops?

- A. Yes, it is always necessary
- B. No, it is not necessary
- C. Only if the resident requests it
- D. Only if the drops are for a different condition

When administering eye drops, it is essential to consider proper hygiene and infection control practices. The correct answer emphasizes that it is not necessary to change gloves between residents when administering eye drops if the gloves are still clean and free from contamination. This practice can save time and resources in a clinical setting, provided the medication technique is executed according to protocols, and no exposure risk is present. Maintaining proper hand hygiene by washing hands before donning gloves and ensuring the gloves are clean when interacting with multiple residents is crucial. The focus here is on preventing contamination and ensuring that the medication is safely administered without requiring unnecessary glove changes, which can hinder efficiency in a busy healthcare environment. Other options suggest practices that either misunderstand the necessity of glove changes or introduce confusion about when gloves should be changed. For instance, requiring a change based solely on a resident's request or the condition for which the eye drops are prescribed might not align with established infection control guidelines, which prioritize evidence-based practices.

# 4. What abbreviation indicates the measurement unit 'milligram'?

- A. gm
- B. mg
- C. mcg
- D. ml

The abbreviation that indicates the measurement unit 'milligram' is mg. This abbreviation is widely recognized in medical and pharmaceutical contexts, where precise measurements of medication dosage are crucial for patient safety and effectiveness. Here's a brief overview of the context for this abbreviation: - 'mg' stands for milligram, which is one-thousandth of a gram. This unit is commonly used when dosing medications that are potent, requiring a precise measurement to ensure safe and effective administration. - Other abbreviations mentioned include gm, representing gram, which is a larger unit of measurement; mcg, which stands for microgram, a unit that is one-millionth of a gram; and ml, which indicates milliliter, a measurement for volume rather than weight. Understanding these distinctions is essential for anyone working in healthcare settings to avoid medication errors and ensure accurate dosing.

# 5. What should be done if the medication orders on a FL-2 are incomplete?

- A. Proceed with administration
- B. Contact the physician for clarification
- C. Wait for the orders to be updated
- D. Ignore the orders

When medication orders on a FL-2 form are incomplete, the appropriate action is to contact the physician for clarification. This step is vital because administering medication based on incomplete information could lead to medication errors, potential harm to the patient, or even legal consequences. Ensuring that all orders are clear and complete is crucial for safe medication administration. By reaching out to the physician, the medication technician can confirm the correct dosage, timing, and specific instructions related to the medication, thus aligning with best practices in medication administration and patient safety. Clarification helps to ensure that the healthcare provider's intentions are accurately interpreted and followed, which is a fundamental responsibility of a medication technician. This proactive communication fosters a culture of safety and accountability within the healthcare setting.

# 6. The abbreviation 'BID' is commonly used to refer to which dosing schedule?

- A. once a day
- B. twice a day
- C. three times a day
- D. every other day

The abbreviation 'BID' stands for "bis in die," which is Latin for "twice a day." This dosing schedule indicates that a medication should be administered two times throughout a 24-hour period. This is an important dosing schedule as it helps maintain therapeutic drug levels in the body, particularly for medications that require consistent levels for effectiveness. Knowing this abbreviation is crucial for medication technicians, as it aids in accurately interpreting prescriptions and ensuring proper administration of medications to patients.

- 7. What action should be taken if a prescription label becomes soiled or the directions change?
  - A. Ignore the changes until medication is administered
  - B. Contact the physician directly
  - C. Report it to the supervisor, nurse, or pharmacist
  - D. Reprint the label immediately

Reporting a soiled prescription label or a change in directions to the supervisor, nurse, or pharmacist is the appropriate action because it ensures that the information is verified and any necessary adjustments are made. This step is crucial because medication administration relies heavily on accurate and clear instructions to ensure patient safety. Soiled labels can lead to misunderstanding, misdosing, or errors in medication administration, which can have serious consequences for patient health. By involving a qualified healthcare professional, the situation can be assessed appropriately, ensuring that the right medication is administered correctly. This process also allows for the possibility of reprinting a new label or clarifying any changes with the prescriber, promoting adherence to protocols and standards of care within the healthcare environment.

- 8. What does the abbreviation 'OTC' refer to?
  - A. over the counter
  - B. oral treatment course
  - C. one time charge
  - D. on the clock

The abbreviation 'OTC' stands for 'over the counter,' which refers to medications that can be purchased without a prescription. These drugs are typically considered safe and effective for use by the general public when used according to instructions on the label. OTC medications are accessible at pharmacies, supermarkets, and other retail outlets, allowing individuals to self-treat common ailments such as headaches, colds, or allergies. Understanding the meaning of OTC is important for medication technicians, as they may need to advise residents or patients on the use of these medications in conjunction with prescribed treatments. It also emphasizes the importance of proper labeling and instruction, as misuse of OTC drugs can lead to adverse effects or complications. Familiarity with OTC medications helps ensure comprehensive care and informed decision-making in medication management.

#### 9. What is a primary function of a drug reference book?

- A. To provide entertainment for residents
- B. To identify medications, dosages, and side effects
- C. To store resident photographs
- D. To track pharmacy deliveries

A primary function of a drug reference book is to identify medications, their appropriate dosages, and potential side effects. This resource is essential for medication technicians as it serves as a comprehensive guide that helps ensure safe and effective medication administration. By detailing how different medications should be used, including their indications, contraindications, and interactions, a drug reference book supports healthcare professionals in making informed decisions regarding patient care. Understanding these factors is critical to preventing medication errors and managing medication therapies effectively. In a healthcare setting, having access to accurate and thorough information about drugs is vital for the safety of residents. This contributes to the overall goal of promoting optimal health outcomes. The other options do not fulfill this primary function and do not relate directly to medication management or safety.

# 10. Which abbreviation represents 'four times a day' in medication dosing?

- A. qid
- B. tid
- C. bid
- D. qd

The abbreviation that represents "four times a day" in medication dosing is "qid." This abbreviation originates from the Latin phrase "quater in die," which literally translates to "four times a day." Understanding these abbreviations is essential in the healthcare field, as they help convey important information succinctly and clearly about how often a patient should take their medication. The other options refer to different dosing frequencies: "tid" stands for "three times a day," "bid" means "twice a day," and "qd" indicates "once a day." Knowing these distinctions ensures accurate medication administration and helps prevent potential medication errors.