

# Machinist's Mate (MM) Advancement Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

- 1. Which term is used to describe openings in a tube not associated with tube enlargement?**
  - A. Perforation**
  - B. Leakage**
  - C. Fracture**
  - D. Cavity**
- 2. Which type of energy is primarily associated with the heat generated by friction?**
  - A. Kinetic energy**
  - B. Potential energy**
  - C. Electrical energy**
  - D. Thermal energy**
- 3. What is the maximum thread protrusion allowed after installation and tightening of threaded fasteners?**
  - A. 5 threads maximum**
  - B. 10 threads maximum**
  - C. 15 threads maximum**
  - D. No protrusion allowed**
- 4. What is the purpose of the diffuser in an air register?**
  - A. To increase pressure**
  - B. To distribute air evenly**
  - C. To reduce temperature**
  - D. To measure flow rate**
- 5. Which test method involves adding a reagent solution of known concentration into a sample of known volume to analyze the concentration?**
  - A. Gravimetric**
  - B. Titration**
  - C. Volumetric**
  - D. Colorimetric**

- 6. What is one of the results of a blown diaphragm in the combustion control system?**
- A. Increased steam flow**
  - B. Black smoke during operation**
  - C. Dropped boiler pressure**
  - D. Improved combustion efficiency**
- 7. What is the effect of moving a balanced piston-type valve to the off-center position?**
- A. The aircraft elevator will descend**
  - B. There is no effect on the aircraft elevator**
  - C. The aircraft elevator will move upward**
  - D. The aircraft elevator will stall**
- 8. What does the term singled-up refer to when dealing with propulsion turbines?**
- A. Running both turbines simultaneously**
  - B. Using one turbine as backup**
  - C. Getting underway with one turbine out of commission**
  - D. Operating without auxiliary systems**
- 9. When dealing with controlled equipage, which of the following forms is crucial for compliance?**
- A. NAVSUP Form 306**
  - B. NAVSUP Form 305**
  - C. NAVSUP Form 308**
  - D. NAVSUP Form 307**
- 10. How often is the Current Ships Maintenance Project (CSMP) verified and updated?**
- A. Weekly**
  - B. Monthly**
  - C. Quarterly**
  - D. Annually**



## **Answers**

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1. A
2. D
3. B
4. B
5. C
6. B
7. C
8. C
9. A
10. B

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## **Explanations**

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**1. Which term is used to describe openings in a tube not associated with tube enlargement?**

**A. Perforation**

**B. Leakage**

**C. Fracture**

**D. Cavity**

Perforation is the term used to describe small openings or holes that occur in a tube's wall without a corresponding enlargement of the tube itself. These openings can occur for various reasons, such as corrosion, abrasion, or manufacturing defects. Unlike other terms, perforations do not lead to a significant change in the diameter or structure of the tube, making it a distinct classification used in the context of tubing and piping. When considering the alternatives, leakage typically refers to the unintentional escape of fluid from a system, which can be associated with larger damages or defects, while fracture relates to a complete break in the material, resulting in separation rather than just openings. A cavity suggests a larger, hollow space within a material, which is not applicable to the specific context of small openings in a tube. Therefore, perforation is accurate in describing those defined openings that do not alter the overall size of the tube.

**2. Which type of energy is primarily associated with the heat generated by friction?**

**A. Kinetic energy**

**B. Potential energy**

**C. Electrical energy**

**D. Thermal energy**

The type of energy primarily associated with the heat generated by friction is thermal energy. Friction occurs when two surfaces rub against each other, leading to the conversion of kinetic energy, which is the energy of motion, into thermal energy. As the molecules in the surfaces interact, they collide and create heat, which is the manifestation of thermal energy. This process is common in various mechanical systems and everyday scenarios, such as when you rub your hands together or when parts of a machine generate heat during operation. The increased motion of particles as they collide due to friction results in a rise in temperature, illustrating how kinetic energy can be transformed into thermal energy.

**3. What is the maximum thread protrusion allowed after installation and tightening of threaded fasteners?**

- A. 5 threads maximum**
- B. 10 threads maximum**
- C. 15 threads maximum**
- D. No protrusion allowed**

The maximum thread protrusion allowed after the installation and tightening of threaded fasteners is typically defined to ensure the integrity and safety of the assembly. Allowing a maximum of 10 threads of protrusion strikes a balance between providing adequate engagement in the nut or tapped hole while minimizing the risk of having excess threads exposed, which could lead to contamination, misalignment, or potential damage. In many engineering and industrial practices, exposing too many threads can create a point of failure or be susceptible to wear and tear from environmental factors. Therefore, having a defined limit, such as 10 threads, ensures a strong fastening connection while maintaining operational safety standards. Other thresholds, like 5 or 15 threads, either fall short of providing sufficient strength or may prove to involve unnecessary risks related to prolonged exposure or potential misalignment. Thus, the limit of 10 threads established as maximum protrusion reflects a well-considered compromise in mechanical design and safety protocols.

**4. What is the purpose of the diffuser in an air register?**

- A. To increase pressure**
- B. To distribute air evenly**
- C. To reduce temperature**
- D. To measure flow rate**

The purpose of the diffuser in an air register is to distribute air evenly throughout a space. This component plays a critical role in ensuring that conditioned air, whether heated or cooled, is spread consistently across a room or area. By facilitating this even distribution, the diffuser helps enhance comfort levels and maintain a balanced temperature, ensuring that no areas are unintentionally over- or under-conditioned. The design of a diffuser is such that it can manage airflow effectively, reducing drafts and promoting a uniform temperature, ultimately leading to better energy efficiency in heating and cooling systems. Therefore, selecting the function of distributing air evenly highlights the primary role of the diffuser in an air registration system.

**5. Which test method involves adding a reagent solution of known concentration into a sample of known volume to analyze the concentration?**

**A. Gravimetric**

**B. Titration**

**C. Volumetric**

**D. Colorimetric**

The method that involves adding a reagent solution of known concentration into a sample of known volume to analyze the concentration is titration. This analytical technique is widely used in chemistry to determine the concentration of an unknown solution by reacting it with a solution of known concentration (the titrant). During the process, the titrant is added gradually until the reaction reaches its endpoint, which is often indicated by a color change or a specific measurement. In volumetric analysis, which titration is a part of, the focus is on measuring the volume of the titrant needed to achieve this endpoint. Thus, the methodology and principles behind titration are integral to volumetric analysis, but it's important to note that volumetric analysis encompasses a broader range of techniques beyond titration alone. The other methods mentioned, such as gravimetric, colorimetric, and volumetric, are employed in different contexts. Gravimetric analysis involves measuring the mass of a substance to analyze its concentration, while colorimetric analysis employs color intensity to determine concentration based on Beer's law.

**6. What is one of the results of a blown diaphragm in the combustion control system?**

**A. Increased steam flow**

**B. Black smoke during operation**

**C. Dropped boiler pressure**

**D. Improved combustion efficiency**

A blown diaphragm in the combustion control system can lead to several serious issues, one of which is the emission of black smoke during operation. This occurs because the diaphragm is responsible for regulating the air-fuel mixture that enters the combustion chamber. When the diaphragm is compromised, it can disrupt the balance of this mixture, causing incomplete combustion. As a result, excess fuel can be burned without enough air, leading to the production of soot and black smoke. This relationship between a faulty diaphragm and combustion inefficiency highlights the critical role of precise control in the combustion process. Proper air-to-fuel ratios are essential for clean burning, and disturbances in this balance can significantly affect the operational efficiency and environmental impact of the boiler system.

**7. What is the effect of moving a balanced piston-type valve to the off-center position?**

- A. The aircraft elevator will descend**
- B. There is no effect on the aircraft elevator**
- C. The aircraft elevator will move upward**
- D. The aircraft elevator will stall**

When a balanced piston-type valve is moved to the off-center position, it alters the flow of fluid within the system, resulting in a change in the position of the aircraft elevator. The balanced piston design typically allows for more precise control of hydraulic systems, and moving the valve to the off-center position will direct hydraulic fluid to the actuator controlling the elevator, causing it to move upward. When the elevator moves upward, it effectively increases the aircraft's angle of attack, contributing to lift generation. This is crucial for the aircraft's maneuverability and responsiveness during flight. The other choices do not accurately reflect the mechanics of a balanced piston-type valve's operation nor the resulting effects on the aircraft elevator when hydraulic pressures are adjusted as described. Thus, understanding the relationship between valve operation and hydraulic actuator response is essential for comprehending how control surfaces like the elevator function in-flight control systems.

**8. What does the term singled-up refer to when dealing with propulsion turbines?**

- A. Running both turbines simultaneously**
- B. Using one turbine as backup**
- C. Getting underway with one turbine out of commission**
- D. Operating without auxiliary systems**

The term "singled-up" specifically refers to the operational state of propulsion turbines in a situation where one turbine is out of commission while the other is operational. This means that the ship is able to proceed and maneuver using only the functioning turbine. This is a critical concept in marine engineering and naval operations, as it highlights the flexibility and contingency planning inherent in naval propulsion systems. When a vessel is "singled-up," it indicates that while there may be a loss of redundancy (having two turbines), operations can still continue, albeit potentially at a reduced capacity or speed. This makes it a vital term for Machinist's Mates to understand, as they are responsible for the upkeep and operational readiness of these systems. In contrast, the other options do not correctly describe the term in question. Running both turbines simultaneously would indicate a full operational capacity, but that does not align with the idea of being "singled-up." Using one turbine as backup suggests an arrangement where one turbine is meant to take over in case the other fails, which is not what singled-up entails. Lastly, operating without auxiliary systems does not relate to the condition of the propulsion turbines directly, as auxiliary systems are separate from the primary propulsion mechanism. Therefore, the recognition of

**9. When dealing with controlled equipment, which of the following forms is crucial for compliance?**

**A. NAVSUP Form 306**

**B. NAVSUP Form 305**

**C. NAVSUP Form 308**

**D. NAVSUP Form 307**

The significance of NAVSUP Form 306 in the context of controlled equipment lies in its role in the accountability and management of items that fall under strict regulatory oversight. This form is specifically designed for the requisition and management of controlled items, ensuring that all transactions are properly documented and compliant with applicable regulations. Utilizing this form helps maintain accurate records, tracking the inventory, and managing the lifecycle of controlled items, which is essential for both operational readiness and adherence to safety and regulatory standards. By ensuring that every transaction or movement of controlled equipment is documented on NAVSUP Form 306, organizations can effectively monitor the items' status and maintain compliance with Navy policies. The other forms mentioned do not serve the same purpose as NAVSUP Form 306 when it comes to controlled equipment compliance, focusing instead on different aspects of logistics and inventory management that do not necessarily include the specific regulations and requirements regarding controlled items.

**10. How often is the Current Ships Maintenance Project (CSMP) verified and updated?**

**A. Weekly**

**B. Monthly**

**C. Quarterly**

**D. Annually**

The Current Ships Maintenance Project (CSMP) is a vital tool that helps ensure the operational readiness of a ship by tracking maintenance and repair work. The verification and update of the CSMP on a monthly basis allow for timely adjustments and ensures that maintenance tasks are current and accurately reflect the ship's needs. This frequency supports effective planning and prioritization of maintenance work, helping crews to manage their schedules efficiently and address emerging issues sooner rather than later. By being updated monthly, the CSMP provides a dynamic view of the ship's maintenance status, crucial for maintaining operational readiness.



## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://mmadvancement.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**