

# LSUHSC Office of Compliance Programs (OCP) Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## 1. Start with a Diagnostic Review

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## 2. Study in Short, Focused Sessions

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## 3. Learn from the Explanations

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## 4. Track Your Progress

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## 5. Simulate the Real Exam

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## 6. Repeat and Review

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## **Questions**

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- 1. Which of the following options best describes the role of the Compliance Office/Privacy Officer?**
  - A. To monitor social media activity of staff**
  - B. To oversee compliance with patient privacy regulations**
  - C. To handle public relations for the hospital**
  - D. To educate patients about their rights**
- 2. If a patient wants to access their medical record, what must they provide in order to do so?**
  - A. A valid reason for wanting to see their record**
  - B. A written request to access all medical records**
  - C. Permission from their healthcare provider**
  - D. Personal identification only**
- 3. What is the PRIMARY measure for prevention of hepatitis B in the occupational setting?**
  - A. Personal hygiene**
  - B. Use of gloves**
  - C. Immunization**
  - D. Use of face masks**
- 4. In a specific scenario, what must Carole do after making her report?**
  - A. She must file a lawsuit**
  - B. She must apply for reinstatement following the instructions on the federal agency website**
  - C. She must contact her local representative**
  - D. She must seek legal representation**
- 5. Which behaviors are early warning signs of potential workplace violence?**
  - A. Decreased productivity**
  - B. Abrupt changes in mood or behavior**
  - C. Chemical dependency**
  - D. All of the above**

**6. What is the easiest way to enhance the security of your password?**

- A. Use random characters.**
- B. Make your password longer.**
- C. Include special characters.**
- D. Use words from a foreign language.**

**7. Are both the accuser and the accused allowed to have advisors during disciplinary proceedings?**

- A. Yes**
- B. No**
- C. Only the accused**
- D. Only the accuser**

**8. Which of the following actions can be classified as workplace violence?**

- A. Verbal abuse**
- B. Pushing or kicking**
- C. Making threats**
- D. All of the above**

**9. What should you do if a Category 4 hurricane threatens the University but then weakens significantly?**

- A. Report to work or class the next day.**
- B. Call your supervisor to find out when the University will open.**
- C. Monitor the Emergency Alerts Web Page for updates.**
- D. Look for updates in the newspaper or on TV.**

**10. Where can you find more information about HIPAA regulations and privacy practices?**

- A. In the LSUHSC-NOs Notice of Privacy Practices**
- B. From the LSUHSC-NOs Privacy Officer**
- C. In the Chancellors Memorandum (CM-53) -HIPAA Policies**
- D. All of the above**

## **Answers**

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1. B
2. B
3. C
4. B
5. D
6. B
7. A
8. D
9. C
10. D

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## **Explanations**

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**1. Which of the following options best describes the role of the Compliance Office/Privacy Officer?**

- A. To monitor social media activity of staff**
- B. To oversee compliance with patient privacy regulations**
- C. To handle public relations for the hospital**
- D. To educate patients about their rights**

The role of the Compliance Office/Privacy Officer is primarily focused on ensuring adherence to regulations that protect patient privacy, such as the Health Insurance Portability and Accountability Act (HIPAA). This responsibility encompasses developing policies and procedures, conducting training for staff to understand privacy laws, monitoring compliance with these regulations, and addressing any potential breaches of patient confidentiality. Ensuring compliance with patient privacy regulations is critical as it safeguards sensitive patient information and promotes trust in the healthcare system. The Compliance Office/Privacy Officer acts as a key resource for both employees and patients, providing guidance on privacy rights and compliance expectations, reinforcing the importance of maintaining confidentiality in all healthcare operations. While the other options mention relevant activities within the healthcare environment, they do not align as closely with the core responsibilities of the Compliance Office/Privacy Officer. For instance, monitoring social media activity or handling public relations may fall under the purview of marketing or human resources departments. Educating patients about their rights, while important, is just one aspect of the broader compliance role, which encompasses comprehensive oversight of regulatory adherence.

**2. If a patient wants to access their medical record, what must they provide in order to do so?**

- A. A valid reason for wanting to see their record**
- B. A written request to access all medical records**
- C. Permission from their healthcare provider**
- D. Personal identification only**

The correct response is that a patient must submit a written request to access all medical records. This procedure is essential to ensure that the request is documented, providing a formal process that protects both the patient's right to access their information and the healthcare provider's obligation to maintain the privacy and security of medical records. A written request serves several important purposes: it helps to verify the identity of the requester, establishes a clear record of the request, and allows the healthcare provider to respond in a timely and organized manner. This process is also a requirement under regulations such as the Health Insurance Portability and Accountability Act (HIPAA), which protects patient rights and outlines the procedures for accessing personal health information. Accessing medical records without an official written request could lead to miscommunication, unauthorized access, or breaches of privacy, making it crucial that the request adheres to established protocols. This maintains the integrity of patient confidentiality while facilitating the appropriate access to healthcare information that patients are entitled to.

**3. What is the PRIMARY measure for prevention of hepatitis B in the occupational setting?**

- A. Personal hygiene**
- B. Use of gloves**
- C. Immunization**
- D. Use of face masks**

The primary measure for the prevention of hepatitis B in the occupational setting is immunization. Hepatitis B is a serious liver infection caused by the hepatitis B virus (HBV), and it is primarily transmitted through contact with infectious body fluids, such as blood. Vaccination is the most effective way to prevent HBV infection, and it provides strong, long-lasting protection against the virus. Immunization against hepatitis B is part of a comprehensive strategy to minimize the risk of occupational exposure, particularly for healthcare workers who may encounter blood and other potentially infectious materials. Vaccination programs are recommended as the first line of defense because they create immunity in individuals before they are exposed to the virus. While personal hygiene, the use of gloves, and face masks play important roles in reducing the risk of various infections in the workplace, they are considered secondary preventive measures. Personal hygiene practices can help control the spread of germs, gloves offer a physical barrier to exposure, and masks protect against respiratory droplets, but none of these measures provide the direct and effective protection against hepatitis B that immunization does. Therefore, vaccination remains the cornerstone of prevention efforts in occupational settings dealing with potential exposure to HBV.

**4. In a specific scenario, what must Carole do after making her report?**

- A. She must file a lawsuit**
- B. She must apply for reinstatement following the instructions on the federal agency website**
- C. She must contact her local representative**
- D. She must seek legal representation**

After making her report, Carole must apply for reinstatement following the instructions on the federal agency website. This approach is often required in scenarios involving whistleblower protections or if Carole's report pertains to a situation where her employment status or rights could be affected. The process of applying for reinstatement typically involves submitting the necessary documentation and following specific guidelines laid out by the federal agency, which protects employees' rights and outlines the steps they should take after reporting concerns. Following these established procedures is crucial for ensuring that her rights are preserved and that her situation is addressed in accordance with the law. This step demonstrates adherence to the regulatory framework governing such reports and helps maintain compliance with the applicable policies.

## 5. Which behaviors are early warning signs of potential workplace violence?

- A. Decreased productivity**
- B. Abrupt changes in mood or behavior**
- C. Chemical dependency**
- D. All of the above**

Recognizing early warning signs of potential workplace violence is vital for ensuring a safe environment. The correct response encompasses all the behaviors listed, as they can signal underlying issues that may lead to heightened aggression or conflict. Decreased productivity can indicate a shift in a person's focus or issues outside of work that may contribute to stress or frustration. This lack of engagement is often one of the early signs that an individual may be struggling, either mentally, emotionally, or professionally.

Abrupt changes in mood or behavior are particularly noteworthy. These shifts can manifest as increased irritability, aggression, or withdrawal, suggesting that the individual is experiencing significant stressors. Such changes might affect how they interact with colleagues and manage work responsibilities, making it crucial to address these concerns promptly. Chemical dependency is also a serious consideration.

Substance abuse can impair judgment, decrease impulse control, and lead to erratic behavior, which can create a volatile situation in the workplace. Recognizing signs of dependency can alert supervisors or peers to the need for intervention before a potential crisis develops. Considering all these signs together emphasizes the importance of vigilant observation, as any one of these behaviors alone may not indicate a threat, but in combination, they can serve as critical indicators of escalating problems that necessitate immediate attention. Address

## 6. What is the easiest way to enhance the security of your password?

- A. Use random characters.**
- B. Make your password longer.**
- C. Include special characters.**
- D. Use words from a foreign language.**

Making your password longer is one of the most effective ways to enhance its security. A longer password increases the complexity and the number of possible combinations, making it significantly more challenging for attackers to guess or crack it. Password length is crucial because even if a password includes complex elements or characters, if it's too short, it can still be vulnerable to brute-force attacks. While the other choices can also improve password security, they don't have the same level of impact as increasing the length. For example, using random characters or incorporating special characters may create a strong password, but if that password is only a few characters long, it remains susceptible to attacks. Choosing words from a foreign language may introduce uniqueness, but without length, it may still be relatively easy for an attacker to exploit. Ultimately, a longer password serves as a foundational measure for creating a more secure password overall.

**7. Are both the accuser and the accused allowed to have advisors during disciplinary proceedings?**

- A. Yes**
- B. No**
- C. Only the accused**
- D. Only the accuser**

In disciplinary proceedings, allowing both the accuser and the accused to have advisors is designed to ensure fairness and provide support during a potentially stressful and complicated process. The presence of advisors can help all parties navigate the proceedings, understand their rights, and articulate their views and concerns more effectively. This practice aligns with principles of due process, which seek to guarantee that all participants have an equitable opportunity to present their cases and that their voices are adequately represented. Having advisors available reinforces the idea that both sides deserve an equal footing in the disciplinary context, promoting transparency and balance. This approach is common in many institutional policies, highlighting the commitment to fair treatment for all individuals involved, regardless of their role in the proceedings.

**8. Which of the following actions can be classified as workplace violence?**

- A. Verbal abuse**
- B. Pushing or kicking**
- C. Making threats**
- D. All of the above**

Workplace violence encompasses a range of behaviors and actions that can occur in a work environment, impacting both the safety and well-being of employees. The correct answer illustrates that all listed actions—verbal abuse, physical aggression such as pushing or kicking, and making threats—are indeed classifications of workplace violence. Verbal abuse involves the use of harsh or aggressive language, which can create a hostile work environment and can lead to psychological harm. Physical aggression like pushing or kicking is a clear form of violence that presents direct physical danger to individuals involved. Making threats, whether verbal or physical, instills fear and anxiety, contributing to an unsafe atmosphere. Recognizing that all of these behaviors can manifest in the workplace is crucial for developing effective policies and interventions to prevent and address workplace violence. By understanding that workplace violence is not limited to physical altercations alone, organizations can take comprehensive measures to foster a safer work environment for all employees.

**9. What should you do if a Category 4 hurricane threatens the University but then weakens significantly?**

- A. Report to work or class the next day.**
- B. Call your supervisor to find out when the University will open.**
- C. Monitor the Emergency Alerts Web Page for updates.**
- D. Look for updates in the newspaper or on TV.**

Monitoring the Emergency Alerts Web Page for updates is the most appropriate action to take when a hurricane threat changes. This resource is specifically designed to provide the latest and most accurate information regarding the University's status and operations during emergencies. As situations can evolve rapidly, relying on official communication channels ensures that you receive timely updates and guidance from the University regarding safety protocols, class schedules, and work status. Other options may not guarantee the most current or official information. Reporting to work or class without confirmation may not be wise, as the University may still remain closed despite the storm's weakening. Calling a supervisor can be helpful, but it may delay your access to the most updated information that is broadly communicated to the entire University community. Looking for updates in the newspaper or on TV may not provide the immediate, specific information pertinent to the University that the Emergency Alerts Web Page can offer.

**10. Where can you find more information about HIPAA regulations and privacy practices?**

- A. In the LSUHSC-NOs Notice of Privacy Practices**
- B. From the LSUHSC-NOs Privacy Officer**
- C. In the Chancellors Memorandum (CM-53) -HIPAA Policies**
- D. All of the above**

The correct answer encompasses a comprehensive approach to locating information about HIPAA regulations and privacy practices. Each listed source provides valuable insights and guidance regarding HIPAA compliance. The Notice of Privacy Practices outlines how protected health information (PHI) can be used and disclosed, and it informs patients of their rights concerning their information. This document is crucial for patients to understand how their data is handled by the institution. The LSUHSC-NOs Privacy Officer serves as a resource for inquiries regarding privacy policies and HIPAA regulations. This individual can provide clarification, answer questions, and assist with compliance-related concerns, making them an essential point of contact for individuals seeking guidance on privacy practices. CM-53 encompasses institutional policies regarding HIPAA, detailing specific procedures and protocols that must be followed by the institution and its employees. It serves as a foundational document for maintaining compliance within the organization. By selecting all of the above, it acknowledges that valuable resources for information on HIPAA regulations can be found in multiple documents and points of contact, ensuring a comprehensive understanding of the subject.

# Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://lsuhscocp.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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