

LOUISIANA STATE BOARD COSMETOLOGY GOLD BOOK PRACTICE TEST (SAMPLE) STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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THE FULL VERSION STUDY GUIDE

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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1. Which hair layers form the hair shaft?

- A. Cuticle, cortex, medulla
- B. Epidermis, dermis
- C. Nail plate
- D. Follicle only

2. Which of the following are examples of single-use items in a salon?

- A. Wooden sticks, disposable nail files, cotton pads, and other items intended for one person.
- B. Reusable metal tools.
- C. Washable cloth towels.
- D. Returnable glass bottles.

3. What types of conditions require medical referral before service?

- A. Contagious skin or scalp diseases, severe infections, or disorders needing medical treatment
- B. Minor dandruff
- C. Dry hands
- D. Small cuts on finger

4. Applications for examination must be accompanied by which combination?

- A. Student registration certificate
- B. A photograph of the student
- C. The \$25 initial license fee
- D. Student registration certificate, a photograph, and the \$25 initial license fee

5. Who regulates licensing and discipline for cosmetologists in Louisiana?

- A. Louisiana Department of Health
- B. Louisiana State Board of Barbers
- C. Louisiana State Board of Cosmetology
- D. Louisiana Department of Public Safety

- 6. What is true about control by a salon if no formal written agreement exists between the cosmetologist and the salon?**
- A. The salon may have the right to control the methodology used by the cosmetologist.
 - B. The salon cannot control any aspect of the service.
 - C. The salon must provide all materials.
 - D. The salon cannot own equipment.
- 7. How many members compose the board?**
- A. Eight
 - B. Six
 - C. Ten
 - D. Four
- 8. Cancellation of a student who fails to appear for their scheduled examination without proper notification requires what upon reapplication?**
- A. Submit a \$25 administrative fee
 - B. Submit a \$50 administrative fee
 - C. Submit a \$25 examination fee
 - D. No fee is required
- 9. What is the first safety step when a blood spill occurs?**
- A. Shout for assistance.
 - B. Ignore if small.
 - C. Put on appropriate PPE and contain the spill while following approved cleanup procedures.
 - D. Wait for supervisor to instruct.
- 10. Which statement is true about cosmetology written exam eligibility?**
- A. After 1500 hours only
 - B. After 1000 hours may take the written exam
 - C. After 750 hours
 - D. Only after 36 weeks

Answers

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1. A
2. A
3. A
4. D
5. C
6. A
7. A
8. A
9. C
10. B

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Explanations

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1. Which hair layers form the hair shaft?

A. Cuticle, cortex, medulla

B. Epidermis, dermis

C. Nail plate

D. Follicle only

The part of the hair that extends above the skin surface—the hair shaft—is made up of three layers: a outermost cuticle of overlapping flat cells, a middle cortex that provides strength, elasticity, and color, and an innermost medulla that can be a loosely packed core or may be absent in very fine hair. The epidermis and dermis are skin layers, not hair shaft components, the nail plate is part of the nail, and the follicle is where hair grows rather than the shaft itself.

2. Which of the following are examples of single-use items in a salon?

A. Wooden sticks, disposable nail files, cotton pads, and other items intended for one person.

B. Reusable metal tools.

C. Washable cloth towels.

D. Returnable glass bottles.

Using disposable, or single-use, items helps prevent cross-contamination between clients. Wooden sticks, disposable nail files, cotton pads, and other items intended for one person are designed to be used once and then discarded, which minimizes the risk of spreading germs or pathogens from one client to another. The other options involve items that are meant to be reused after proper cleaning or laundering: metal tools can be sterilized between clients, washable cloth towels are laundered, and returnable glass bottles are cleaned and reused. Emphasizing disposable items where appropriate is a key infection-control practice in salons.

3. What types of conditions require medical referral before service?

A. Contagious skin or scalp diseases, severe infections, or disorders needing medical treatment

B. Minor dandruff

C. Dry hands

D. Small cuts on finger

The safety principle here is that any condition that could be contagious or requires medical treatment should prompt a medical referral before providing service. Contagious skin or scalp diseases, severe infections, or disorders needing medical treatment pose real risks to other clients and to you as the practitioner, and they may be worsened by salon procedures. Recommending a visit to a physician for evaluation and clearance protects everyone and aligns with safety guidelines. The other options describe issues that are not inherently contagious or requiring medical care to proceed. Minor dandruff, dry hands, or small cuts on a finger can often be managed with standard precautions and do not automatically necessitate a medical referral, unless there are signs of infection or the condition is not healing.

4. Applications for examination must be accompanied by which combination?

- A. Student registration certificate
- B. A photograph of the student
- C. The \$25 initial license fee
- D. Student registration certificate, a photograph, and the \$25 initial license fee**

To be considered for the cosmetology examination, the board requires a complete submission that proves enrollment, identifies the applicant, and shows payment. The combination of a student registration certificate, a current photograph, and the \$25 initial license fee does this all at once: the student registration certificate confirms you are enrolled in a recognized program, the photograph provides the necessary identification for records and the license, and the initial license fee covers processing and issuance costs. If any part is missing, the application is incomplete and cannot be processed, delaying or blocking examination eligibility. That is why this full trio is required.

5. Who regulates licensing and discipline for cosmetologists in Louisiana?

- A. Louisiana Department of Health
- B. Louisiana State Board of Barbers
- C. Louisiana State Board of Cosmetology**
- D. Louisiana Department of Public Safety

The Louisiana State Board of Cosmetology is the official authority that grants licenses to practice cosmetology and oversees disciplinary actions. It sets the education and practice standards, reviews license applications, and conducts investigations when rules are violated. When issues arise, the board has the power to discipline licensees through actions like fines, suspensions, or revocation to protect public safety and ensure professional conduct. Other agencies regulate different professions or aspects, and a separate board handles barbering, but licensing and discipline for cosmetologists specifically fall under the Louisiana State Board of Cosmetology.

6. What is true about control by a salon if no formal written agreement exists between the cosmetologist and the salon?

- A. The salon may have the right to control the methodology used by the cosmetologist.**
- B. The salon cannot control any aspect of the service.
- C. The salon must provide all materials.
- D. The salon cannot own equipment.

When a salon-cosmetologist relationship exists, the salon often has authority over how services are performed even if there's no written contract. The salon owner typically sets the approved methods, techniques, steps, and safety or quality standards to maintain consistency and compliance. That means the salon may control the methodology used by the cosmetologist, ensuring that services follow the shop's established procedures and professional guidelines. It ensures accountability and uniform practice across staff, which is why this option best reflects how control can function without a formal agreement. The other statements aren't as accurate because control over service details, materials, and equipment can still exist in a salon setting, even without a signed contract; the salon may provide or require certain materials and often owns or controls equipment.

7. How many members compose the board?

A. Eight

B. Six

C. Ten

D. Four

Eight members compose the board. This size provides enough professional input from licensed cosmetologists while keeping public-interest representation and decision-making efficient. With eight seats, decisions can be made smoothly without the meetings becoming unwieldy; other numbers would either limit representation or complicate governance.

8. Cancellation of a student who fails to appear for their scheduled examination without proper notification requires what upon reapplication?

A. Submit a \$25 administrative fee

B. Submit a \$50 administrative fee

C. Submit a \$25 examination fee

D. No fee is required

When a student cancels or misses a scheduled exam without giving proper notice, the reapplication process includes an administrative fee to cover the board's handling and rescheduling costs. The required amount is \$25, charged as an administrative fee when you reapply. The actual examination fee remains a separate charge to take the test, so it isn't the fee you pay at reapplication time. The other options don't fit this scenario: a higher administrative fee isn't described for this situation, paying a \$25 exam fee would be for taking the test itself rather than reapplying after a no show, and no fee is not correct because there is a processing cost involved.

9. What is the first safety step when a blood spill occurs?

A. Shout for assistance.

B. Ignore if small.

C. Put on appropriate PPE and contain the spill while following approved cleanup procedures.

D. Wait for supervisor to instruct.

The first safety step is to put on appropriate PPE and contain the spill while following approved cleanup procedures. This protects you from exposure to bloodborne pathogens and prevents the spill from spreading to others. Put on gloves as the minimum protection, and add eye protection or a gown if there's a splash risk. Containing the spill—clearly marking off the area and using absorbent materials to prevent further spread—reduces exposure and makes cleanup safer. After securing yourself and the area, follow the facility's approved cleanup procedures: use an appropriate disinfectant with the required contact time, clean up all contaminated materials, and dispose of them in designated biohazard containers, then wash your hands thoroughly. Shouting for help or waiting for someone to tell you what to do should not precede protection, and ignoring a spill is unsafe.

10. Which statement is true about cosmetology written exam eligibility?

- A. After 1500 hours only
- B. After 1000 hours may take the written exam**
- C. After 750 hours
- D. Only after 36 weeks

Eligibility for the cosmetology written exam is based on clock hours completed in an approved program. Reaching 1000 hours shows you've accumulated enough instruction to be tested on theory, laws, and safe practices. The other options aren't the policy because the board doesn't require a higher number of hours, a fixed number of weeks, or a calendar-based timeframe; it's about hitting the minimum hour threshold to sit for the written portion.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://laboardcosmetologygoldbook.examzify.com>

We wish you the very best on your exam journey. You've got this!

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