

Louisiana State Board Cosmetology Gold Book Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	15

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. How can a licensee stay current with Louisiana cosmetology rules?**
 - A. Regularly review board guidelines, participate in required trainings, and pursue ongoing education.**
 - B. Ignore updates until license renewal.**
 - C. Rely on word-of-mouth advice from peers.**
 - D. Wait for annual mandatory emails only.**

- 2. What document confirms board approval for a booth rental arrangement?**
 - A. Receipt of an inspection report from the board indicating approval.**
 - B. A signed lease between the salon and a third party.**
 - C. A copy of the cosmetologist's diploma.**
 - D. A copy of the salon's business license.**

- 3. Esthetics course requirements require how many hours?**
 - A. 750 hours**
 - B. 500 hours**
 - C. 1000 hours**
 - D. 1250 hours**

- 4. Beauty Shop means which of the following?**
 - A. Any premises upon or within which cosmetology is practiced for a fee**
 - B. A beauty supply store**
 - C. A spa facility**
 - D. A school for cosmetology**

- 5. To be eligible for the cosmetology exam, which of the following is true?**
 - A. 1500 hours and 36 weeks only**
 - B. 1500 hours and 36 weeks, and 1000 hours of the cosmetology curriculum may take the written exam**
 - C. 1500 hours and 12 weeks**
 - D. 1000 hours only**

- 6. Hairdressing means massaging, cleansing, washing, stimulating, manipulation, exercising, beautifying or similar work upon which part of the body?**
- A. The scalp of any person**
 - B. The hands**
 - C. The face**
 - D. The feet**
- 7. What is the non-resident fee for a Teacher?**
- A. \$25**
 - B. \$50**
 - C. \$30**
 - D. \$65**
- 8. What is the non-resident fee for the Manager Beauty Shop?**
- A. \$25**
 - B. \$50**
 - C. \$30**
 - D. \$65**
- 9. Which profession's resident fee is greater than the Cosmetologist resident fee?**
- A. Esthetician**
 - B. Manicurist**
 - C. Teacher**
 - D. Manager Beauty Shop**
- 10. Which body areas require protection during chemical or heat services?**
- A. Eyes, face, and skin**
 - B. Hands and feet**
 - C. Ears**
 - D. Hair only**

Answers

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1. A
2. A
3. A
4. A
5. B
6. A
7. B
8. D
9. D
10. A

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Explanations

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1. How can a licensee stay current with Louisiana cosmetology rules?

- A. Regularly review board guidelines, participate in required trainings, and pursue ongoing education.**
- B. Ignore updates until license renewal.**
- C. Rely on word-of-mouth advice from peers.**
- D. Wait for annual mandatory emails only.**

Staying current with Louisiana cosmetology rules requires actively engaging with official updates and ongoing education. The best approach is to regularly review board guidelines, participate in required trainings, and pursue ongoing education. This ensures you know what changes have been made, how they apply to your practice, and what is required for license renewal. Rules can change, new safety or sanitation standards can be introduced, and continuing education requirements can update; being proactive means you won't miss important updates and you'll be prepared to implement changes in your services and client safety. Relying on word-of-mouth is risky because peers may misinterpret changes or share outdated information. Waiting for emails only or ignoring updates until renewal can leave you out of compliance if a rule changes between notices or if a deadline approaches. The official board guidelines and mandated trainings are the authoritative sources for what you must do, so checking them regularly and completing the required trainings ensures you meet current standards and maintain your license. Helpful practical steps include setting a regular time to review the board website for updates, subscribing to official notices, maintaining copies of training certificates, and noting any changes that impact daily practice or renewal requirements.

2. What document confirms board approval for a booth rental arrangement?

- A. Receipt of an inspection report from the board indicating approval.**
- B. A signed lease between the salon and a third party.**
- C. A copy of the cosmetologist's diploma.**
- D. A copy of the salon's business license.**

Board approval for a booth rental is confirmed by an inspection report from the board indicating approval after a safety and compliance review. This document shows that the space and operations have been reviewed and meet the board's standards for booth rentals. A signed lease with a third party is just a rental agreement, not official board approval. A cosmetologist's diploma reflects education, not regulatory clearance of the booth setup. A salon's business license shows the business can operate, but it doesn't specifically prove the board has approved the booth rental arrangement.

3. Esthetics course requirements require how many hours?

- A. 750 hours**
- B. 500 hours**
- C. 1000 hours**
- D. 1250 hours**

The esthetics course hours required are determined by the Louisiana State Board and must total 750 hours. This amount ensures you receive a solid balance of theory and hands-on practice in skin anatomy and physiology, sanitation and safety, product chemistry, facial treatments, waxing, makeup, and client care. Reaching 750 hours qualifies you to apply for the esthetician licensure exams, while the other options don't match the board's minimum requirement—500 hours would be too few to cover all essential topics, and 1000 or 1250 hours go beyond what the state requires.

4. Beauty Shop means which of the following?

- A. Any premises upon or within which cosmetology is practiced for a fee**
- B. A beauty supply store**
- C. A spa facility**
- D. A school for cosmetology**

A beauty shop is any physical location where cosmetology services are performed for a fee. The key idea is the site where licensed cosmetologists provide paid services to clients, at a fixed place of business. This distinguishes it from other types of facilities. A beauty supply store, for example, sells products rather than providing ongoing cosmetology services. A spa facility may offer beauty treatments, but it isn't defined as a beauty shop in the licensing sense. A school for cosmetology is a place for education and training, not a venue where routine client services are offered for compensation.

5. To be eligible for the cosmetology exam, which of the following is true?

- A. 1500 hours and 36 weeks only**
- B. 1500 hours and 36 weeks, and 1000 hours of the cosmetology curriculum may take the written exam**
- C. 1500 hours and 12 weeks**
- D. 1000 hours only**

To sit for the cosmetology exam in Louisiana, you need to meet the hands-on training hours and the time frame, plus there's a staged path for the written portion. You must complete 1500 hours and 36 weeks of training to be eligible for the exam, and you may take the written portion after you've reached 1000 hours. This combination is what makes the statement true: it covers both the overall hours/duration required and the fact that the written exam can be taken once you've hit 1000 hours. The other options fall short because they either omit the written-exam eligibility at 1000 hours, or specify the wrong duration (12 weeks), or claim only 1000 hours are needed.

6. Hairdressing means massaging, cleansing, washing, stimulating, manipulation, exercising, beautifying or similar work upon which part of the body?

A. The scalp of any person

B. The hands

C. The face

D. The feet

Hairdressing refers to services performed on the scalp and hair that grows on the head. The activities listed—massaging the scalp, cleansing and washing the hair, stimulating the scalp, manipulating or styling the hair—are all done on the scalp region. The hands, face, and feet are treated in other beauty services, not hairdressing. So the correct target area is the scalp of the head.

7. What is the non-resident fee for a Teacher?

A. \$25

B. \$50

C. \$30

D. \$65

Non-resident licensure fees apply to applicants who live outside Louisiana, and for a Teacher license the amount is fifty dollars. This fee covers the processing and credential verification needed when the board reviews an application from someone not residing in the state. The figure is set in the board's current fee schedule specifically for non-resident Teacher licenses, separate from any resident or other license fees. If you're preparing for the exam, remember that fees can change, so always check the latest schedule, but according to the listed amount, the non-resident fee for a Teacher is fifty dollars.

8. What is the non-resident fee for the Manager Beauty Shop?

A. \$25

B. \$50

C. \$30

D. \$65

Non-resident fees are the charges you pay when applying for a license if you don't reside in Louisiana. For the Manager Beauty Shop license, the amount for non-residents is 65 dollars. This higher fee helps cover the added administrative processing for out-of-state applicants. The other dollar amounts are not the non-resident fee for this specific license, as they either reflect resident rates or fees for different licenses, which is why they don't fit here. If you're checking the current numbers, always verify with the Louisiana State Board of Cosmetology fee schedule, since amounts can change.

9. Which profession's resident fee is greater than the Cosmetologist resident fee?

- A. Esthetician**
- B. Manicurist**
- C. Teacher**
- D. Manager Beauty Shop**

Resident fees generally scale with how much responsibility and oversight a license involves. A Beauty Shop Manager license carries the most broad and by-appointment responsibilities: running the overall operation, supervising staff, maintaining sanitation and safety compliance, handling business records, and ensuring adherence to all regulations. That level of accountability means the licensing process is more complex and costly, so the board sets a higher resident fee for this credential than for the cosmetologist. Esthetician and manicurist licenses cover specific service providers with narrower scopes, so their fees are lower. A teacher (instructor) license has its own requirements and costs, but the manager role is the one with the highest level of responsibility among the options, which is why its resident fee is greater.

10. Which body areas require protection during chemical or heat services?

- A. Eyes, face, and skin**
- B. Hands and feet**
- C. Ears**
- D. Hair only**

Eyes, face, and skin are the areas that must be protected during chemical or heat services because they're the most vulnerable to injury from splashes, fumes, and heat. Chemical solutions can burn or irritate the eyes and skin, and fumes can irritate the eyes or throat. Heat tools can cause burns to the skin and scalp if anything comes into contact with the face or other exposed areas. That's why safety measures like safety glasses or a face shield, gloves, and protective clothing are emphasized to shield these areas. Hands and feet, ears, or hair alone aren't the primary protection targets in this context; the most critical protections center on eyes, face, and skin.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://laboardcosmetologygoldbook.examzify.com>

We wish you the very best on your exam journey. You've got this!

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