

Louisiana State Board Cosmetology Gold Book Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	15

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

SAMPLE

- 1. What is the minimum age for a certificate as a registered cosmetologist, esthetician, or manicurist?**
 - A. 16**
 - B. 18**
 - C. 21**
 - D. 14**

- 2. Individuals applying for a temporary permit must practice under the supervision of whom?**
 - A. An individual licensed in Louisiana in the discipline for which the temporary permit was issued**
 - B. A licensed professional from any state**
 - C. A supervisor not required**
 - D. The applicant's instructor**

- 3. Board members shall not all be what?**
 - A. Graduates of the same school**
 - B. Graduates of different schools**
 - C. Licensed practitioners only**
 - D. From the same parish**

- 4. Which term refers to a supervisory role in cosmetology practice?**
 - A. Manager**
 - B. Therapist**
 - C. Esthetician**
 - D. Technician**

- 5. What is the fee to duplicate a license?**
 - A. \$25**
 - B. \$30**
 - C. \$40**
 - D. \$50**

- 6. Which of the following phrases best matches the definition of 'Manager' in the context of a beauty shop or salon?**
- A. Any person who supervises any person engaged in the practice of cosmetology in a beauty shop or salon**
 - B. A person who manages inventory**
 - C. A person who gives treatments**
 - D. A person who cleans the salon**
- 7. What is the resident fee for an Esthetician?**
- A. \$25**
 - B. \$50**
 - C. \$30**
 - D. \$65**
- 8. For the cosmetology examination, what must the student bring?**
- A. A mannequin**
 - B. A practice head**
 - C. A kit**
 - D. A mirror**
- 9. What is the maximum number of temporary certificates that may be issued within one calendar year?**
- A. Four**
 - B. Two**
 - C. Six**
 - D. Three**
- 10. Esthetics means engaging in which practices?**
- A. Massaging the face or neck, trimming eyebrows, dyeing eyelashes or eyebrows, waxing, cleansing or beautifying the face, neck, arms, bust, upper body, legs or feet using hands or approved apparatus**
 - B. Only facial massage**
 - C. Only waxing**
 - D. Nail care only**

Answers

SAMPLE

1. A
2. A
3. A
4. A
5. A
6. A
7. A
8. A
9. A
10. A

SAMPLE

Explanations

SAMPLE

1. What is the minimum age for a certificate as a registered cosmetologist, esthetician, or manicurist?

- A. 16**
- B. 18**
- C. 21**
- D. 14**

Minimum age to receive a registered cosmetologist, esthetician, or manicurist certificate in Louisiana is sixteen. This age is set so a student can enroll in an approved program, complete the required hours, and learn and follow safety and sanitation rules under supervision before practicing professionally. Ages younger than sixteen aren't eligible for the certificate, while older ages simply exceed the minimum.

2. Individuals applying for a temporary permit must practice under the supervision of whom?

- A. An individual licensed in Louisiana in the discipline for which the temporary permit was issued**
- B. A licensed professional from any state**
- C. A supervisor not required**
- D. The applicant's instructor**

Temporary permits are meant to let a person practice under direct supervision while they complete requirements, so the supervisor must have current authority to oversee that practice. The supervising individual must be licensed in Louisiana in the same discipline for which the permit was issued. This ensures the supervisor has Louisiana licensure and the authority to enforce state standards, safety, and rules during the temporary practice. A licensed professional from another state wouldn't automatically meet Louisiana licensure and supervision requirements, and the instructor alone may not have the necessary current Louisiana license in the specific discipline. So the correct arrangement is supervision by someone who is licensed in Louisiana in the corresponding discipline.

3. Board members shall not all be what?

- A. Graduates of the same school**
- B. Graduates of different schools**
- C. Licensed practitioners only**
- D. From the same parish**

The idea being tested is ensuring diverse representation on the Board by not letting all members come from one school. If everyone on the board trained at the same school, the group could share the same perspectives, which might skew decisions about standards, licensing, and discipline. Having members from different schools brings a wider range of experiences and approaches, helping protect the public by promoting fair, well-rounded regulation. Choosing graduates from different schools is acceptable because it adds diversity. Requiring licensed practitioners keeps the board composed of those who understand the field firsthand. While geographic spread matters, the rule in this item specifically targets avoiding an all-from-one-school makeup, which is why that option is the correct restriction.

4. Which term refers to a supervisory role in cosmetology practice?

- A. Manager**
- B. Therapist**
- C. Esthetician**
- D. Technician**

A supervisory role in cosmetology practice is called a manager. A manager oversees salon operations, directs staff, coordinates client flow, and ensures compliance with safety, sanitation, and licensing rules. The other terms describe individuals who perform services—therapist, esthetician, and technician—but none inherently denotes leadership or supervision over a team.

5. What is the fee to duplicate a license?

- A. \$25**
- B. \$30**
- C. \$40**
- D. \$50**

The amount charged for a duplicate license is twenty-five dollars. When a license is lost, damaged, or illegible, you file a replacement request with the Louisiana State Board of Cosmetology and pay this twenty-five-dollar fee. After processing, you're issued a replacement license that reflects your credential information. This modest, fixed fee keeps the process simple and quick for reissuing official proof of licensure. The other listed amounts are higher than the standard replacement charge and don't match the board's typical fee for a duplicate license.

6. Which of the following phrases best matches the definition of 'Manager' in the context of a beauty shop or salon?

- A. Any person who supervises any person engaged in the practice of cosmetology in a beauty shop or salon**
- B. A person who manages inventory**
- C. A person who gives treatments**
- D. A person who cleans the salon**

Understanding who qualifies as a manager in a beauty shop or salon hinges on supervision of those who practice cosmetology. The phrase that matches defines a manager as any person who supervises any person engaged in the practice of cosmetology in a beauty shop or salon. This captures the authority and responsibility to oversee staff, ensure proper procedures, sanitation, and adherence to rules, rather than performing services themselves. The other tasks describe specific duties (inventory management, giving treatments, or cleaning) and do not inherently involve supervising practitioners, which is the core idea of a manager in this setting.

7. What is the resident fee for an Esthetician?

- A. \$25**
- B. \$50**
- C. \$30**
- D. \$65**

Residency determines licensing costs. The resident fee is the amount Louisiana residents pay to obtain or renew an esthetician license, and it's set lower to support local practitioners and keep licensing affordable within the state. For an Esthetician, that resident rate is \$25, which is lower than the fees typically charged to non-residents or for other services. The other amounts shown reflect higher charges associated with non-resident status or different licensing-related services, not the resident fee.

8. For the cosmetology examination, what must the student bring?

- A. A mannequin**
- B. A practice head**
- C. A kit**
- D. A mirror**

The main idea is that the hands-on portion of the cosmetology exam uses a standardized model to demonstrate your skills. Bringing a mannequin ensures you have a consistent head with hair to perform the required services, which lets the graders assess technique, control, and accuracy under uniform conditions. A mannequin is the designated model for the test because it provides a stable, repeatable practice subject similar to a real client without involving another person. While a practice head is similar in function, the instructions specify a mannequin as the item to bring. A kit or a mirror isn't the required item you must bring for the exam.

9. What is the maximum number of temporary certificates that may be issued within one calendar year?

- A. Four**
- B. Two**
- C. Six**
- D. Three**

Temporary certificates act as a temporary authorization to practice while a full license is being finalized, usually under supervision. The licensing board sets a yearly cap to balance giving new graduates practical experience with maintaining oversight and safety. The rule allows four temporary certificates in a calendar year, making four the maximum. Choosing more would exceed the board's limit, while fewer simply reflects the number issued that year. The other options don't align with the established cap.

10. Esthetics means engaging in which practices?

- A. Massaging the face or neck, trimming eyebrows, dyeing eyelashes or eyebrows, waxing, cleansing or beautifying the face, neck, arms, bust, upper body, legs or feet using hands or approved apparatus**
- B. Only facial massage**
- C. Only waxing**
- D. Nail care only**

Esthetics covers skincare and beauty services performed on the skin and the areas around it, using hands or approved tools. This includes activities such as massaging the face or neck, trimming or shaping eyebrows, dyeing eyelashes or eyebrows, waxing, and cleansing or beautifying the face, neck, arms, bust, upper body, legs, or feet. All of these together focus on improving the skin's appearance and condition, not just one narrow service. The other options describe only a single service or a different field (facial massage alone, waxing alone, or nail care), which doesn't capture the full scope of esthetics. So the comprehensive set of practices listed is the best match.

SAMPLE

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://laboardcosmetologygoldbook.examzify.com>

We wish you the very best on your exam journey. You've got this!

SAMPLE