

LICENSING AND REGULATION PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which of the following is typically assessed by background checks in licensure decisions?**
 - A. Credit score only
 - B. Criminal history and pertinent conduct to determine fitness to practice.
 - C. Driving history only
 - D. Education credentials only
- 2. To reactivate an inactive license, which action is required?**
 - A. Take a competency exam
 - B. Submit an application only
 - C. Complete CE hours and pay the fee
 - D. Complete CE hours, submit an application, and pay the fee
- 3. After inspection, within how many days must corrective actions be completed?**
 - A. 5 days
 - B. 15 days
 - C. 30 days
 - D. 10 days
- 4. Which method should towels be washed in?**
 - A. Hot water and bleach
 - B. Warm water only
 - C. Cold water and detergent
 - D. Bleach only
- 5. Before disinfecting drill bits made of diamond, carbide and metal, how should they be cleaned?**
 - A. Using a brush
 - B. Using an ultrasonic cleaner
 - C. Immersing in acetone for 5-10 minutes
 - D. All of the above

- 6. To re-activate an inactive license an applicant must**
- A. Take a licensing exam
 - B. Complete CE hours, submit an application, and pay the fee
 - C. Complete CE hours and pay the fee
 - D. Submit a renewal form only
- 7. Which of the following is not one of the three chlorine bleach solution categories?**
- A. Low level disinfection
 - B. High level disinfection
 - C. Blood and body fluid cleanup and disinfection
 - D. Surface cleaning
- 8. Chlorine bleach solution shall not be exposed to:**
- A. Heat
 - B. Sunlight
 - C. Cold
 - D. Rain
- 9. What is the primary purpose of professional licensing boards?**
- A. To protect the public by establishing minimum qualifications, enforcing standards of practice, and disciplining licensees for violations.
 - B. To maximize the revenue of the regulatory agency through licensing fees.
 - C. To ensure professionals are paid adequately through licensing.
 - D. To promote competition by reducing barriers to entry.
- 10. How do boards regulate telepractice or telehealth?**
- A. By issuing only non-binding guidelines for remote care.
 - B. By setting licensure requirements, practice standards, and cross-jurisdictional rules for remote care.
 - C. By banning telehealth in all circumstances.
 - D. By delegating telepractice regulation to individual practitioners.

Answers

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1. B
2. D
3. D
4. A
5. D
6. B
7. D
8. B
9. A
10. B

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Explanations

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1. Which of the following is typically assessed by background checks in licensure decisions?

- A. Credit score only
- B. Criminal history and pertinent conduct to determine fitness to practice.**
- C. Driving history only
- D. Education credentials only

Background checks in licensure decisions focus on fitness to practice and whether past behavior could affect safety and ethics in a professional role. Criminal history and any pertinent conduct reveal patterns that bear on trustworthiness, judgment, and reliability, which are essential for protecting the public. While education credentials verify qualifications, and driving or credit histories can be relevant in specific contexts, they do not by themselves determine whether someone is fit to practice. Therefore, criminal history and related conduct are the aspects most typically assessed.

2. To reactivate an inactive license, which action is required?

- A. Take a competency exam
- B. Submit an application only
- C. Complete CE hours and pay the fee
- D. Complete CE hours, submit an application, and pay the fee**

Reactivating an inactive license requires meeting both the educational and administrative steps to return to active status. You must complete the required continuing education hours to show you're up to date, and you also need to submit the reactivation application and pay the associated fee. Without the CE hours, the license can't be reactivated; without submitting the application and paying the fee, the administrative process isn't completed. A competency exam isn't typically required just to reactivate an inactive license, so the combination of CE hours plus the submitted application and payment is the standard requirement.

3. After inspection, within how many days must corrective actions be completed?

- A. 5 days
- B. 15 days
- C. 30 days
- D. 10 days**

After an inspection, a deadline for completing corrective actions is set to ensure issues are addressed promptly and risk is mitigated. Ten days is a commonly used window because it is short enough to signal urgency and begin mitigating hazards, yet long enough for a facility to arrange and complete fixes, especially for modest or routine issues. Shorter deadlines like five days are typically reserved for immediate, high-risk hazards that demand rapid action, while longer windows such as fifteen or thirty days may be appropriate for more complex corrections but risk allowing problems to persist longer. The exact timeframe can also depend on the severity of the violation, availability of parts or contractors, and regulatory requirements, but ten days serves as a balanced standard in many inspection follow-up processes.

4. Which method should towels be washed in?

- A. Hot water and bleach**
- B. Warm water only
- C. Cold water and detergent
- D. Bleach only

Towels need both good cleaning and disinfection because of their high moisture and frequent contact. Washing in hot water helps the detergent penetrate fibers, lift oils and soils more effectively, and heat provides a stronger sanitizing effect. Adding bleach gives an extra disinfection boost and helps keep towels whitened, which is especially useful for items that see bathroom or kitchen use and can harbor germs. The combination of hot water with bleach therefore cleans and sanitizes more thoroughly than warm water with detergent, cold water with detergent, or bleach alone. Just make sure the towels' care labels permit hot water and chlorine bleach, or use a color-safe alternative if needed.

5. Before disinfecting drill bits made of diamond, carbide and metal, how should they be cleaned?

- A. Using a brush
- B. Using an ultrasonic cleaner
- C. Immersing in acetone for 5-10 minutes
- D. All of the above**

Cleaning before disinfection is essential because it removes debris and biofilm so the disinfectant can reach every surface. A brush physically clears loose material from the bit surfaces. An ultrasonic cleaner then uses cavitation to loosen and dislodge debris from intricate grooves and hard-to-reach areas that brushing can't fully clean. Immersing in acetone helps dissolve oils and organic residues that water-based cleaners may leave behind. Diamond, carbide, and metal bits are robust enough to tolerate these steps when done properly, and using them in sequence—brush, ultrasonic cleaning, then a brief acetone soak—followed by thorough rinsing and drying, provides a more thorough clean and better disinfection outcome than using any single method alone. Always follow up with proper rinsing, drying, and the recommended disinfection step, and observe safety and manufacturer guidance for solvent use and instrument care.

6. To re-activate an inactive license an applicant must

- A. Take a licensing exam
- B. Complete CE hours, submit an application, and pay the fee**
- C. Complete CE hours and pay the fee
- D. Submit a renewal form only

Reactivating an inactive license involves both meeting ongoing competency requirements and completing the administrative steps to resume active status. You must complete the required continuing education hours to show you're maintaining professional standards, submit the reactivation or renewal application to the licensing board, and pay the associated fee. An exam is not typically required for reactivation, since exams are generally used for initial licensure. Completing CE hours alone isn't enough without submitting the formal application and paying the fee, and submitting only a renewal form omits the necessary proof of CE and the payment to process the reactivation.

7. Which of the following is not one of the three chlorine bleach solution categories?

- A. Low level disinfection
- B. High level disinfection
- C. Blood and body fluid cleanup and disinfection
- D. Surface cleaning**

Understanding how bleach solutions are categorized helps distinguish cleaning from disinfection and the depth of germ kill. Low level disinfection and high level disinfection describe how thoroughly the solution can reduce or kill microorganisms on surfaces. Blood and body fluid cleanup and disinfection refers to a specific decontamination procedure used after spills, combining cleanup with disinfection to address potentially contaminated materials. Surface cleaning, on the other hand, is about removing soil and reducing visible dirt and microbes, but it is not itself a disinfection category for bleach solutions. It's a cleaning step, not a disinfection tier, so it isn't one of the three bleach solution categories.

8. Chlorine bleach solution shall not be exposed to:

- A. Heat
- B. Sunlight**
- C. Cold
- D. Rain

Bleach solutions are unstable when exposed to light. Sunlight, especially UV light, rapidly breaks down sodium hypochlorite, causing the solution to lose its disinfecting power and potentially release chlorine gas, which poses a health hazard. That's why it must be kept in opaque, tightly closed containers away from direct sunlight and heat. While heat can also speed decomposition and rain can dilute the solution, sunlight is the primary exposure to avoid.

9. What is the primary purpose of professional licensing boards?

- A. To protect the public by establishing minimum qualifications, enforcing standards of practice, and disciplining licensees for violations.**
- B. To maximize the revenue of the regulatory agency through licensing fees.
- C. To ensure professionals are paid adequately through licensing.
- D. To promote competition by reducing barriers to entry.

Professional licensing boards exist to protect the public. They establish minimum qualifications—such as required education, exams, and practical experience—and set standards of practice that licensees must follow. They also have authority to discipline licensees who violate rules, which helps ensure accountability and maintains trust in the profession. This combination of qualifications, standards, and discipline is what safeguards clients and patients and keeps practice safe and competent. The other options miss the central aim. Revenue from fees is a supporting means, not the primary purpose. Licensing is not about ensuring professionals are paid; compensation is determined by market factors and employment arrangements. And while regulation can affect entry into a field, the boards' central mission is public protection rather than promoting competition by lowering barriers.

10. How do boards regulate telepractice or telehealth?

- A. By issuing only non-binding guidelines for remote care.
- B. By setting licensure requirements, practice standards, and cross-jurisdictional rules for remote care.**
- C. By banning telehealth in all circumstances.
- D. By delegating telepractice regulation to individual practitioners.

Telepractice regulation rests on three pillars: licensure requirements, practice standards, and cross-jurisdictional rules. Licensure ensures a provider has demonstrated the necessary education, training, and competence to deliver remote care. Practice standards spell out what is expected in telehealth encounters—including appropriate assessments, treatment planning, informed consent, privacy and security of data, documentation, and follow-up—so care remains safe and consistent even when delivered remotely. Cross-jurisdictional rules address where the patient is located versus where the provider is licensed, enabling legitimate care across borders through multi-state agreements or compacts, temporary waivers, or other frameworks. Together, these elements protect patients, set clear expectations for remote care, and hold practitioners accountable in telehealth settings.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://licensingregulation.examzify.com>

We wish you the very best on your exam journey. You've got this!

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