

JTF Soldier of the Month (SOM) Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which component of a military brief involves the analysis of the battlefield situation?**
 - A. Situation**
 - B. Mission**
 - C. Execution**
 - D. Command and Signal**

- 2. What is the aim of the Comprehensive Soldier and Family Fitness Program?**
 - A. To improve soldier financial literacy**
 - B. To enhance community recreational facilities**
 - C. To foster resilience and personal strength**
 - D. To assist in emergency financial aid**

- 3. In terms of military structure, what does the Chain of Command provide?**
 - A. A system for logistical support**
 - B. A structure for leadership and order**
 - C. A means for soldier training**
 - D. A protocol for international diplomacy**

- 4. During which type of counseling does a Soldier discuss their career goals?**
 - A. Event counseling**
 - B. Performance counseling**
 - C. Professional growth counseling**
 - D. Mandatory counseling**

- 5. What is the primary purpose of Joint Training Exercises?**
 - A. To provide entertainment for soldiers**
 - B. To prepare multiple branches for coordinated operations**
 - C. To conduct individual training in isolation**
 - D. To assess equipment rather than personnel**

- 6. Which of the following is a type of sexual harassment complaint?**
- A. Anonymous complaint**
 - B. Informal complaint**
 - C. Verbal complaint**
 - D. Unfounded complaint**
- 7. What is the primary goal of the Army SHARP program?**
- A. To reduce the number of sexual incidents through isolation**
 - B. To create a culture free of sexual harassment and assault**
 - C. To increase reporting of sexual incidents**
 - D. To provide legal assistance to victims**
- 8. Which form should be filled out for sponsorship in the military?**
- A. DA Form 1307**
 - B. DA Form 5434**
 - C. DA Form 486**
 - D. DA Form 1970**
- 9. What role does cultural competence play in military strategy?**
- A. It emphasizes the necessity of combat training**
 - B. It contributes to effective communication with allies and locals**
 - C. It focuses on enhancing technical military skills**
 - D. It serves as an after-action review tool**
- 10. What is the required number of personnel to take measurements for height and weight?**
- A. Three members**
 - B. One member**
 - C. Two members**
 - D. Four members**

Answers

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1. A
2. C
3. B
4. C
5. B
6. A
7. B
8. B
9. B
10. C

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Explanations

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1. Which component of a military brief involves the analysis of the battlefield situation?

- A. Situation**
- B. Mission**
- C. Execution**
- D. Command and Signal**

The component of a military brief that involves the analysis of the battlefield situation is the Situation. This section provides essential context for decision-making by outlining the current operational environment, enemy forces, friendly forces, and the terrain. It equips the audience with a clear understanding of the factors that influence the mission, including any threats or opportunities present on the battlefield. By presenting a comprehensive overview of the situation, this part of the brief sets the stage for the subsequent sections, such as Mission and Execution, where specific actions and strategies are discussed. Insight into the battlefield context is critical for effective planning and operational execution. Understanding the Situation allows leaders to adapt their strategies to align with the dynamics of the environment they are operating in.

2. What is the aim of the Comprehensive Soldier and Family Fitness Program?

- A. To improve soldier financial literacy**
- B. To enhance community recreational facilities**
- C. To foster resilience and personal strength**
- D. To assist in emergency financial aid**

The Comprehensive Soldier and Family Fitness Program is designed to foster resilience and personal strength among soldiers and their families. This program aims to enhance mental, emotional, social, family, and spiritual well-being, which is critical for coping with the unique stresses associated with military life. By building resilience, the program helps individuals and families to better adapt to the challenges they face, such as deployment, combat, and the overall demands of military service. Moreover, developing personal strength contributes to improved readiness, performance, and the ability to thrive both personally and professionally. This holistic approach recognizes that the well-being of soldiers is interconnected with their families, emphasizing the necessity of support systems that enhance overall quality of life. While improving financial literacy, enhancing community recreational facilities, and providing emergency financial aid are valuable initiatives, they are not the primary focus of the Comprehensive Soldier and Family Fitness Program. These other areas are important aspects of soldier and family support but do not encapsulate the main goal of fostering resilience and personal strength that this program specifically aims to achieve.

3. In terms of military structure, what does the Chain of Command provide?

- A. A system for logistical support**
- B. A structure for leadership and order**
- C. A means for soldier training**
- D. A protocol for international diplomacy**

The Chain of Command serves as the backbone of military organization, providing a clear structure for leadership and order. This structure designates who is in charge and establishes lines of authority and responsibility, ensuring that commands and decisions flow effectively from higher ranks to lower ranks. This is crucial for maintaining discipline, enabling efficient decision-making, and ensuring that orders are executed promptly and correctly. By delineating responsibilities and clarifying who reports to whom, the Chain of Command helps to prevent confusion and establishes a clear hierarchy that is fundamental to military effectiveness. In structured environments like the military, this clarity supports good order and discipline, which are vital for mission success. The other options touch on essential elements of military operations but do not specifically capture the primary purpose of the Chain of Command. Logistical support relates more to supply chains and resource management, soldier training focuses on developing the skills of military personnel, and protocols for international diplomacy pertain to foreign relations rather than internal military structure.

4. During which type of counseling does a Soldier discuss their career goals?

- A. Event counseling**
- B. Performance counseling**
- C. Professional growth counseling**
- D. Mandatory counseling**

The discussion of a Soldier's career goals is most appropriately addressed during professional growth counseling. This type of counseling focuses on the individual's aspirations and objectives related to career development within the military framework. It allows for a structured dialogue about the Soldier's short-term and long-term goals, including educational opportunities, training needs, and potential career advancement pathways. Professional growth counseling is essential for fostering an understanding of the skills and experiences needed for future assignments or promotions. It encourages Soldiers to reflect on their current positions, set specific career targets, and create actionable plans to achieve these goals. By doing so, it not only supports the individual's growth but also aligns their ambitions with the needs of the military organization. In contrast, other types of counseling such as event counseling typically address specific incidents or performance issues, while performance counseling focuses on evaluating a Soldier's effectiveness in their current role. Mandatory counseling may refer to required check-ins or evaluations that may not delve deeply into personal development aspects. Therefore, professional growth counseling stands out as the most relevant option for discussing career aspirations.

5. What is the primary purpose of Joint Training Exercises?

- A. To provide entertainment for soldiers**
- B. To prepare multiple branches for coordinated operations**
- C. To conduct individual training in isolation**
- D. To assess equipment rather than personnel**

The primary purpose of Joint Training Exercises is to prepare multiple branches of the military for coordinated operations. These exercises involve different branches working together to enhance interoperability, improve communication, and build cohesive operational strategies. By simulating real-world scenarios, these exercises allow military units to practice and refine their joint capabilities, ensuring that they can effectively collaborate during actual missions. Joint Training Exercises are vital for developing a unified approach to complex operations, as they create opportunities for interaction among diverse forces. This collaboration is essential, as modern military operations often require seamless integration among different service branches, whether it's the Army, Navy, Air Force, or Marine Corps. Ensuring that all units can operate together increases overall mission effectiveness and enhances the readiness of the military as a whole. In contrast, other options focus on either providing entertainment, conducting training in isolation, or assessing equipment without the involvement of personnel. None of these align with the primary goal of fostering joint capabilities among various military branches, which underscores the importance of teamwork and operational cohesion.

6. Which of the following is a type of sexual harassment complaint?

- A. Anonymous complaint**
- B. Informal complaint**
- C. Verbal complaint**
- D. Unfounded complaint**

A type of sexual harassment complaint classified as an anonymous complaint represents a situation where an individual reports harassment without revealing their identity. This type of complaint allows victims to come forward without the fear of personal repercussions or retaliation from their harasser. It is particularly important in sensitive cases like sexual harassment, as anonymity can encourage individuals to report incidents that they might otherwise keep to themselves due to fear or stigma. In the context of sexual harassment policies and grievance procedures, anonymous complaints are often taken seriously and investigated to the extent possible, although the lack of identified witnesses or complainants may sometimes limit the investigation process. The other types of complaints, while they each present their own nuances, do not align with the concept of anonymity in reporting.

- 7. What is the primary goal of the Army SHARP program?**
- A. To reduce the number of sexual incidents through isolation**
 - B. To create a culture free of sexual harassment and assault**
 - C. To increase reporting of sexual incidents**
 - D. To provide legal assistance to victims**

The primary goal of the Army SHARP (Sexual Harassment/Assault Response and Prevention) program is to create a culture free of sexual harassment and assault. This objective emphasizes not just responding to incidents but eliminating them by fostering an environment of respect, safety, and support within Army communities. By focusing on cultural change, the program aligns with broader societal goals of preventing sexual violence and promoting healthy relationships among soldiers. In practice, this involves various initiatives including training, awareness campaigns, and outreach efforts designed to educate soldiers about the impact of sexual harassment and assault. It encourages a proactive stance where all personnel are equipped to recognize, report, and intervene against inappropriate behaviors. The other options, while related to addressing sexual incidents, do not encapsulate the overarching aim of the SHARP program. For instance, while increasing reporting of sexual incidents can be part of a response strategy, it does not inherently contribute to cultural change. Legal assistance for victims is also important, yet it is a reactionary measure rather than a preventive cultural goal. Reducing sexual incidents through isolation misinterprets the approach of the SHARP program, which seeks to engage all soldiers in creating a respectful community rather than segregating potential victims or perpetrators.

- 8. Which form should be filled out for sponsorship in the military?**
- A. DA Form 1307**
 - B. DA Form 5434**
 - C. DA Form 486**
 - D. DA Form 1970**

The correct form for sponsorship in the military is DA Form 5434. This form is specifically designed to facilitate the sponsorship process for service members who are relocating. It serves as a tool for the gaining unit to identify resources and support for incoming personnel and their families, ensuring a smoother transition and integration into the new environment. In addition to its primary function, DA Form 5434 allows for the assessment of the needs of the service member and provides an opportunity for sponsors to connect with those who are arriving. This proactive approach plays a crucial role in helping service members adapt to a new location and provide essential information about various aspects of the unit, community, and available resources. Other forms mentioned serve different purposes and do not pertain to the sponsorship process. For example, DA Form 1307 is used for documenting individual marksmanship, DA Form 486 is a report of survey for property, and DA Form 1970 is related to the request for a change of station. Each of these forms addresses distinct military functions, underscoring the importance of using the appropriate documentation for specific processes.

9. What role does cultural competence play in military strategy?

- A. It emphasizes the necessity of combat training**
- B. It contributes to effective communication with allies and locals**
- C. It focuses on enhancing technical military skills**
- D. It serves as an after-action review tool**

Cultural competence is essential in military strategy primarily because it facilitates effective communication with both allies and local populations. Understanding cultural nuances, beliefs, and practices enables military personnel to engage diplomatically and navigate complex social landscapes. This competency helps build trust and foster cooperation between military forces and the communities they operate in, which can be critical for mission success. When military personnel can communicate effectively and demonstrate cultural sensitivity, it can lead to improved collaboration in joint operations with allied forces as well. Misunderstandings arising from cultural differences can jeopardize missions, so appreciating and respecting the culture both of allies and the local populace is instrumental in achieving strategic goals. Other options, while important in their own contexts, do not address the broader implications of cultural competence on military strategy as effectively. For instance, an emphasis on combat training focuses purely on the tactical aspects of military operations, and enhancing technical military skills does not encompass the interpersonal dynamics at play in overseas engagements. Additionally, while after-action reviews can be beneficial for assessing performance, they do not inherently include the proactive measures that cultural competence entails.

10. What is the required number of personnel to take measurements for height and weight?

- A. Three members**
- B. One member**
- C. Two members**
- D. Four members**

The correct answer is two members, which aligns with standard procedures for height and weight measurements in military regulations. This practice is established to ensure accuracy and accountability. Having two personnel present allows one person to take the measurements while the second person serves to verify the accuracy and integrity of the process. This dual presence guards against any potential discrepancies or errors that could result from a single individual's measurements. Additionally, having two members enhances transparency and impartiality during the measurement process. It also supports the enforcement of established standards and fosters a culture of adherence to protocol within the unit.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://jtfsom.examzify.com>

We wish you the very best on your exam journey. You've got this!

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