

# JBL Firefighter 1 State Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## 1. Start with a Diagnostic Review

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## 2. Study in Short, Focused Sessions

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## 3. Learn from the Explanations

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## 4. Track Your Progress

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## 5. Simulate the Real Exam

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## 6. Repeat and Review

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## **Questions**

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- 1. Where was the earliest known fire department established?**
  - A. Ancient Egypt**
  - B. Ancient Greece**
  - C. Ancient Rome**
  - D. Medieval England**
  
- 2. What is the primary reason for wrapping the halyard around the rungs after using an extension ladder?**
  - A. To keep it from getting tangled**
  - B. To secure the ladder in place**
  - C. To prevent falling hazards**
  - D. To maintain the ladder's appearance**
  
- 3. An elevated master stream device mounted at the tip of an aerial ladder is a \_\_\_\_\_.**
  - A. ladder pipe**
  - B. deck gun**
  - C. fire monitor**
  - D. ground monitor**
  
- 4. When should the fire fighter at the hydrant charge the supply line?**
  - A. Immediately upon arrival**
  - B. After checking for leaks**
  - C. Upon receiving the signal from the driver/operator**
  - D. Once the hose is laid out**
  
- 5. Which knot should be tied in the end of a life safety rope that is placed into a bag for storage?**
  - A. Clove hitch**
  - B. Figure eight on a bight**
  - C. Bowline**
  - D. Square knot**

**6. What is the function of stops on an extension ladder?**

- A. To allow faster deployment**
- B. To facilitate an easier grip**
- C. To prevent overextension of the fly section**
- D. To enhance overall stability**

**7. How should firefighters ideally approach a vehicle fire?**

- A. Directly from the front**
- B. From behind**
- C. 45 degree angle from the side**
- D. From above**

**8. Generally speaking, a 1" (25 cm) booster hose can flow \_\_\_\_\_.**

- A. 20-30 GPM**
- B. 30-40 GPM**
- C. 40-50 GPM**
- D. 50-60 GPM**

**9. What NFPA standard pertains to open-circuit self-contained breathing apparatus?**

- A. 1971**
- B. 1981**
- C. 1991**
- D. 2072**

**10. Hose that is at least 3 1/2" (88 mm) in diameter is considered \_\_\_\_\_ diameter.**

- A. Standard**
- B. Small**
- C. Large**
- D. Extra-large**

## **Answers**

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1. C
2. B
3. A
4. C
5. B
6. C
7. C
8. C
9. B
10. C

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## **Explanations**

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**1. Where was the earliest known fire department established?**

- A. Ancient Egypt**
- B. Ancient Greece**
- C. Ancient Rome**
- D. Medieval England**

The earliest known fire department was established in Ancient Rome. The Romans created a structured system for fire prevention and response around 24 BCE, organized under Augustus Caesar. This initiative included the formation of a group known as the "Vigiles," who were responsible not only for firefighting but also for maintaining order and preventing crime in the city. The Vigiles utilized various tools such as buckets, ladders, and even a form of fire engine, showcasing an early understanding of organized fire protection. This structured approach to firefighting set a precedent for future fire departments, promoting the importance of organized response efforts in urban settings. Other civilizations, while having their methods for dealing with fire, did not develop a formalized fire department to the same extent or with the same organizational structure as seen in Ancient Rome.

**2. What is the primary reason for wrapping the halyard around the rungs after using an extension ladder?**

- A. To keep it from getting tangled**
- B. To secure the ladder in place**
- C. To prevent falling hazards**
- D. To maintain the ladder's appearance**

The primary reason for wrapping the halyard around the rungs after using an extension ladder is to secure the ladder in place. This action ensures that the ladder remains stable and does not inadvertently collapse or slide down when the halyard is not being actively controlled. Securing the ladder is crucial for maintaining safety during operations, as it prevents accidental movement that could lead to falls or injury. While keeping the halyard from getting tangled may seem practical, the essential concern is safety and stability during use. Preventing falling hazards is also critical, but it relates more to the overall positioning and securing of the ladder rather than specifically to the halyard itself. Finally, maintaining the ladder's appearance is not a primary safety concern and does not play a role in operational effectiveness. Overall, wrapping the halyard around the rungs serves a significant safety purpose by ensuring that the ladder remains secure while in use or when being stored.

**3. An elevated master stream device mounted at the tip of an aerial ladder is a \_\_\_\_\_.**

- A. ladder pipe**
- B. deck gun**
- C. fire monitor**
- D. ground monitor**

An elevated master stream device mounted at the tip of an aerial ladder is referred to as a ladder pipe. This device is specifically designed to enhance the firefighting capabilities from an aerial position, allowing firefighters to direct a powerful stream of water onto a fire from above. The use of a ladder pipe is essential in situations where access to the fire is difficult from the ground, or when a direct approach is hindered by obstacles. The term "deck gun" typically refers to a type of monitor mounted on the deck of a fire apparatus, which is stationary and not designed for elevation. A "fire monitor" could refer to a variety of devices used for directing fire streams but does not specifically denote one positioned at the end of an aerial apparatus. Similarly, a "ground monitor" is a device that stays on the ground and is used for supplying water from a fixed position, lacking the versatility and elevation provided by a ladder pipe. Thus, the ladder pipe serves a unique and critical role in aerial firefighting operations.

**4. When should the fire fighter at the hydrant charge the supply line?**

- A. Immediately upon arrival**
- B. After checking for leaks**
- C. Upon receiving the signal from the driver/operator**
- D. Once the hose is laid out**

Charging the supply line at the hydrant should occur upon receiving the signal from the driver/operator. This protocol ensures coordinated efforts between the firefighter at the hydrant and the driver/operator who is managing the water supply. This timing is crucial because it allows the driver/operator to be ready to handle the flow of water and maintain control, preventing potential hazards such as water hammer or hose whipping that can occur if the line is charged prematurely. It also allows the operator to ensure that everything is in working order, including the apparatus's pump and other critical systems. By waiting for the signal, all team members are effectively synchronized, which is essential for safety and the efficiency of the emergency response. This organized approach minimizes the risk of accidents and optimizes the firefighting efforts.

**5. Which knot should be tied in the end of a life safety rope that is placed into a bag for storage?**

- A. Clove hitch**
- B. Figure eight on a bight**
- C. Bowline**
- D. Square knot**

The figure eight on a bight is the most appropriate knot to tie in the end of a life safety rope when it is being stored in a bag. This knot is specifically designed to create a secure loop at the end of the rope, which is crucial for maintaining the integrity of the rope and providing a reliable point for attachment or anchoring. Using the figure eight on a bight ensures that the rope remains organized and prevents it from unraveling while in storage. Moreover, this knot is easy to untie even after bearing weight, which is an important feature for a life safety rope, ensuring that the rope can be quickly and efficiently deployed when needed. In contrast, a clove hitch is primarily used for securing a rope to an object but does not provide the same level of security for storage. The bowline, while another strong knot that creates a loop, can become difficult to untie if it is loaded. A square knot is typically used for joining two lengths of rope and does not serve the purpose of securing the end of a life safety rope in storage effectively.

**6. What is the function of stops on an extension ladder?**

- A. To allow faster deployment**
- B. To facilitate an easier grip**
- C. To prevent overextension of the fly section**
- D. To enhance overall stability**

The function of stops on an extension ladder is to prevent overextension of the fly section. These stops are designed to limit how far the fly section can be extended beyond the base section, ensuring that the ladder remains structurally sound and stable while in use. By preventing excessive extension, stops help to maintain the ladder's balance and integrity, reducing the risk of tipping or collapsing when weight is applied. This safety feature is crucial, especially when firefighters are working at heights where stability is paramount for their safety and efficiency during operations.

## 7. How should firefighters ideally approach a vehicle fire?

- A. Directly from the front
- B. From behind
- C. 45 degree angle from the side**
- D. From above

Approaching a vehicle fire from a 45-degree angle from the side is the best practice because it allows firefighters to maintain a safe distance from the potential hazards associated with the fire. This angle provides a strategic position that enables better visibility of the situation, while also minimizing exposure to the direct flames and potential explosions that can occur, especially if the vehicle has a fuel tank or pressurized systems. By approaching from the side, firefighters can observe the fire's behavior and assess the risk of any explosive materials igniting. This position also allows for easier access to vital areas of the vehicle for firefighting efforts, such as the engine compartment or passenger area. Furthermore, it helps protect the firefighters from the heat and smoke that are often more concentrated at the front or directly overhead of the vehicle. While other approaches might seem reasonable, they can expose firefighters to greater risk or limit their ability to effectively manage the fire. For instance, approaching directly from the front can place them in a dangerous line of fire, and from behind might obstruct visibility. A position from above is not practical and does not allow for direct engagement with the fire. Thus, the 45-degree angle is both a tactical advantage and a safety consideration in vehicle fire response.

## 8. Generally speaking, a 1" (25 cm) booster hose can flow

\_\_\_\_\_.

- A. 20-30 GPM
- B. 30-40 GPM
- C. 40-50 GPM**
- D. 50-60 GPM

A 1" (25 cm) booster hose typically flows between 40 to 50 gallons per minute (GPM). This flow rate is established based on the diameter of the hose and the pressure applied to it. The booster hose is specifically designed for quick, effective use in firefighting scenarios, especially for smaller fires or when maneuverability is essential. The flow range of 40 to 50 GPM allows for a balance between sufficient water delivery for effective fire suppression and manageable handling for firefighters. The pressure and friction loss through the hose are also significant factors that maintain this flow range, making the 1" booster hose a reliable choice for various operational needs. This flow rate distinguishes it from larger hoses, which can carry higher GPM but may be less practical for certain situations, such as structural fires or in environments where quick movements and rapid deployment are necessary.

**9. What NFPA standard pertains to open-circuit self-contained breathing apparatus?**

- A. 1971**
- B. 1981**
- C. 1991**
- D. 2072**

The NFPA standard that pertains to open-circuit self-contained breathing apparatus (SCBA) is indeed 1981. This standard specifically addresses the design, performance, and testing criteria for SCBA used by firefighters in various applications, focusing on ensuring the safety and effectiveness of breathing equipment under hazardous conditions. Open-circuit SCBAs are crucial for providing breathable air to firefighters when they enter environments that may contain toxic smoke, gases, or insufficient oxygen. The standard outlines requirements for areas such as the materials used in construction, routine maintenance, and proper training for firefighters on how to effectively use and maintain their SCBAs. Standards such as those numbered 1971, 1991, and 2072 pertain to other safety equipment or specific fire protection processes but do not specifically focus on SCBA. For instance, 1971 addresses protective clothing for structural firefighting, while 1991 covers protective clothing for hazardous materials incidents, and 2072 relates to proactive firefighting strategies. Therefore, the selection of NFPA 1981 is critical for ensuring that firefighters have reliable and tested breathing apparatuses as part of their safety equipment.

**10. Hose that is at least 3 1/2" (88 mm) in diameter is considered \_\_\_\_\_ diameter.**

- A. Standard**
- B. Small**
- C. Large**
- D. Extra-large**

Hose that is at least 3 1/2 inches (88 mm) in diameter is classified as large diameter hose. This designation is based on the needs for water supply operations in firefighting. Large diameter hoses are typically used for drafting and supplying water to multiple lines, and they enable the rapid flow of a significant volume of water, which is critical in combating larger fires or providing adequate water supply to firefighting operations. This classification helps firefighters quickly identify the appropriate hoses for their tasks and ensures efficient water delivery during emergencies. Smaller hoses, by contrast, are used for different purposes, such as handlines for extinguishing small to moderate structural fires or protecting exposures, and are generally less than 3 1/2 inches in diameter. The terms "standard" and "extra-large" don't align with typical firefighting terminology regarding hose size classification, further clarifying why large diameter is the correct answer in this context.

# Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://jblfirefighter1state.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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