

# Iowa Dental Hygiene Jurisprudence Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

**This is a sample study guide. To access the full version with hundreds of questions,**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.**

## **7. Use Other Tools**

**Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!**

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## **Questions**

- 1. How many years of clinical practice experience must a licensee or registrant have under public health supervision?**
  - A. Two years**
  - B. One year**
  - C. Five years**
  - D. Three years**
- 2. Are unused continuing education hours permitted to carry over to the next renewal period?**
  - A. Yes, they can carry over**
  - B. No, they do not carry over**
  - C. Only partial hours can carry over**
  - D. It depends on the type of education**
- 3. How many members are on the Iowa Dental Board?**
  - A. 5**
  - B. 7**
  - C. 9**
  - D. 11**
- 4. Which of the following is NOT a standard the Iowa Dental Board sets?**
  - A. Practice Scope**
  - B. Insurance Regulations**
  - C. Continuing Education**
  - D. Licensure and Registration**
- 5. What function can a dental hygienist perform regarding adhesives?**
  - A. Placement of orthodontic devices**
  - B. Removal using nonmotorized hand instrumentation**
  - C. Application of fluoride treatment**
  - D. Fabrication of crowns**



- 6. Were rules for teledentistry added in 2019?**
- A. True**
  - B. False**
  - C. Only for specialists**
  - D. Only for rural areas**
- 7. What level of expanded function is involved in fitting and cementing stainless steel crowns on primary posterior teeth after fit verification by dentists?**
- A. Level 1**
  - B. Level 2**
  - C. Level 3**
  - D. Level 4**
- 8. Does general supervision only apply to patients of record?**
- A. True**
  - B. False**
  - C. Only with special consent**
  - D. Only for emergencies**
- 9. Is it true that training in all Level 2 expanded functions is no longer required?**
- A. True**
  - B. False**
- 10. What is the purpose of the Iowa Dental Board reviewing all records and reports during an investigation?**
- A. To determine patient care improvements**
  - B. To identify probable cause for further investigation**
  - C. To provide feedback to dental hygienists**
  - D. To fulfill regulatory requirements**

## **Answers**

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- 1. B**
- 2. B**
- 3. C**
- 4. B**
- 5. B**
- 6. A**
- 7. B**
- 8. A**
- 9. A**
- 10. B**

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## **Explanations**

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**1. How many years of clinical practice experience must a licensee or registrant have under public health supervision?**

- A. Two years
- B. One year**
- C. Five years
- D. Three years

In the context of Iowa dental hygiene regulations, a licensee or registrant must have at least one year of clinical practice experience under public health supervision. This requirement is designed to ensure that dental hygienists gain adequate hands-on experience in a supervised setting before they can independently provide care in public health contexts. The emphasis on one year allows for a focused development of the necessary skills and knowledge that are vital for the complexities of working in a public health environment, where practitioners often deal with diverse patient populations and may face unique challenges. This period enables dental hygienists to become familiar with public health protocols, effective communication strategies, and the ability to work collaboratively with other healthcare professionals. This foundational experience is crucial to ensure the safety and effectiveness of the services provided to the community, thus emphasizing the importance of public health supervision in the early stages of a dental hygienist's career.

**2. Are unused continuing education hours permitted to carry over to the next renewal period?**

- A. Yes, they can carry over
- B. No, they do not carry over**
- C. Only partial hours can carry over
- D. It depends on the type of education

In Iowa, the policy regarding continuing education for dental hygienists establishes that unused hours cannot be carried over to the next renewal period. This standard ensures that dental hygienists regularly update their knowledge and skills within the cycle of continuing education requirements, rather than accumulating hours over multiple periods. The intent behind this regulation is to maintain high standards of practice and ensure that all licensed professionals remain current with the latest advancements in dental hygiene and public health. Continuing education is designed to keep practitioners engaged with new developments, technologies, and best practices in the field. By not allowing carryover of unused hours, Iowa emphasizes the importance of consistent professional development and continuous improvement in clinical competency. Thus, dental hygienists are encouraged to complete their required continuing education within the specified timeframe to ensure they are meeting the state's regulatory expectations and providing the best possible care to patients.

### 3. How many members are on the Iowa Dental Board?

- A. 5
- B. 7
- C. 9**
- D. 11

The Iowa Dental Board is comprised of a total of nine members. This structure is established to ensure a diverse representation of dental professionals, including dentists, dental hygienists, and public members. This composition allows the board to effectively oversee the practice of dentistry and dental hygiene within the state while incorporating a broad range of perspectives and expertise. The inclusion of public members also helps to promote accountability and address the interests of the community in regulatory decisions. Understanding the correct number of board members is important for anyone involved in the field of dental hygiene in Iowa, as it informs them about the governing body that influences practice standards and licensing requirements. This knowledge contributes to a greater comprehension of the regulatory framework within which dental professionals operate in the state.

### 4. Which of the following is NOT a standard the Iowa Dental Board sets?

- A. Practice Scope
- B. Insurance Regulations**
- C. Continuing Education
- D. Licensure and Registration

The correct answer is related to the standards that the Iowa Dental Board sets for the practice of dental hygiene and dentistry in the state. The Iowa Dental Board is responsible for establishing guidelines related to practice scope, continuing education, and licensure and registration to ensure that practitioners uphold quality care and professional standards. Insurance regulations, however, are generally not within the purview of the Iowa Dental Board. While the Board may provide guidance or information regarding the necessity for insurance in dental practices, the actual regulations and oversight of insurance policies and their requirements typically fall under the jurisdiction of another regulatory body or entity that governs insurance matters. Insurance regulations involve broader issues regarding consumer protection, insurance providers, and the overall market rather than the specific standards that apply directly to the practice of dental hygiene and dentistry. Hence, this makes insurance regulations the correct answer as the option that the Iowa Dental Board does not set.

**5. What function can a dental hygienist perform regarding adhesives?**

- A. Placement of orthodontic devices**
- B. Removal using nonmotorized hand instrumentation**
- C. Application of fluoride treatment**
- D. Fabrication of crowns**

The correct answer highlights the role of a dental hygienist in the removal of adhesives using nonmotorized hand instrumentation. In the context of dental hygiene practice, removing adhesives is a procedure that falls within the hygienist's scope of practice. This involves using specialized tools to safely and effectively remove materials like dental cement or bonding agents from teeth or orthodontic devices without causing harm to the surrounding tissues. This function is critical, as it directly relates to maintaining oral health and ensuring the proper function of dental restorations. It also underscores the importance of using nonmotorized hand instrumentation, which aligns with the clinical competencies and methodologies that dental hygienists are trained to perform. In contrast, other functions listed, such as placing orthodontic devices and fabricating crowns, typically exceed the scope of practice for dental hygienists and are reserved for dentists. Additionally, while dental hygienists can apply fluoride treatment, it does not directly relate to the handling of adhesives. Thus, focusing on the removal of adhesives accurately represents the responsibilities and training of dental hygienists within Iowa's regulations.

**6. Were rules for teledentistry added in 2019?**

- A. True**
- B. False**
- C. Only for specialists**
- D. Only for rural areas**

In 2019, the state of Iowa indeed adopted rules related to teledentistry, reflecting a broader trend in healthcare toward incorporating technology to improve access to services. These rules established a framework for dental professionals to provide care remotely, allowing for consultations and assessments via digital communication. The implementation of these rules was aimed at enhancing patient access, particularly in underserved regions, while ensuring that the standard of care remained consistent with in-person visits. While discussing the other options, the focus on specialists or rural areas would not accurately encompass the full understanding of the teledentistry rules, which are applicable to all dental professionals rather than being limited to a particular subgroup or geographic location. This inclusive approach helps ensure that all patients, regardless of their setting, can benefit from teledental services.

**7. What level of expanded function is involved in fitting and cementing stainless steel crowns on primary posterior teeth after fit verification by dentists?**

- A. Level 1**
- B. Level 2**
- C. Level 3**
- D. Level 4**

Fitting and cementing stainless steel crowns on primary posterior teeth is classified as a Level 2 expanded function in dental hygiene practice. This classification indicates that dental hygienists with appropriate training may perform procedures that involve some degree of complexity while still being supervised by a dentist. Level 2 functions often include tasks that require technical skills and a certain level of decision-making, such as verifying the fit of restorations and ensuring proper adherence and function of dental crowns. In this context, once the dentist has conducted a fit verification, the dental hygienist has the authority to proceed with the fitting and cementing of the crowns. This reflects both the regulatory framework and the recognized scope of practice for dental hygienists in Iowa, ensuring that they can provide certain expanded functions that contribute to patient care while working under the dentist's supervision. Recognizing the hierarchy of tasks across various levels of expanded functions is essential for understanding the roles dental hygienists play within a dental team and adhering to legal and ethical guidelines in their practice.

**8. Does general supervision only apply to patients of record?**

- A. True**
- B. False**
- C. Only with special consent**
- D. Only for emergencies**

General supervision in the context of dental hygiene refers to the level of oversight a dentist has over the procedures performed by a dental hygienist. When it comes to the care of patients in a dental practice, general supervision typically indicates that the dentist does not need to be physically present in the facility while the hygienist carries out procedures but should have examined the patient previously. The statement that general supervision only applies to patients of record is accurate because it pertains to the established relationship between the dentist and the patient. A patient of record is one who has been evaluated by the dentist, who then provides the hygienist with the authority to perform certain procedures under general supervision. This ensures continuity of care and accountability in the treatment process. Procedures performed on new patients or patients not evaluated by the dentist may require a different level of supervision, which could include direct supervision. Thus, general supervision being limited to patients of record is consistent with the regulations that govern dental hygiene practice, ensuring that the necessary patient-dentist relationship exists for appropriate care to be provided.



**9. Is it true that training in all Level 2 expanded functions is no longer required?**

**A. True**

**B. False**

The statement regarding the training in all Level 2 expanded functions being no longer required is true. In recent updates to the Iowa dental hygiene laws and regulations, there has been a shift in the requirements for dental hygienists concerning expanded functions. As a result, the state has made changes that allow dental hygienists to perform certain functions without mandating training in every specific Level 2 expanded function. This flexibility may support the professional development of dental hygienists, allowing them to focus on the functions that are most relevant to their practice or that align with their skills and interests. It reflects an evolving approach to dental hygiene education and practice, promoting a more tailored skill development process. In understanding these changes, it's crucial for dental hygienists to stay informed about current laws and regulations to ensure compliance and enhance their practice effectively.

**10. What is the purpose of the Iowa Dental Board reviewing all records and reports during an investigation?**

**A. To determine patient care improvements**

**B. To identify probable cause for further investigation**

**C. To provide feedback to dental hygienists**

**D. To fulfill regulatory requirements**

The purpose of the Iowa Dental Board reviewing all records and reports during an investigation is primarily to identify probable cause for further investigation. This process is crucial because it helps the Board ascertain whether there is sufficient evidence to warrant deeper scrutiny into the actions or practices of dental professionals. By examining documented evidence, the Board can evaluate whether any violations of legal or ethical standards may have occurred. Identifying probable cause is essential in ensuring that any disciplinary action taken is justified and based on concrete evidence rather than assumption. This careful review process serves to protect the integrity of the profession and the safety of patients. It also ensures that any findings are backed by a thorough understanding of the situation, fostering a fair investigative process. While other options may address aspects of the Board's responsibilities, such as fulfilling regulatory requirements or providing feedback, the key focus during an investigation is the identification of probable cause, which is the foundation for any disciplinary measures or corrective actions that may follow.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://iadentaljurisprudence.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**