

INTERNATIONAL SOS PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. What percentage of Fortune Global 500 clients does International SOS serve?**
 - A. 64% Fortune Global 500
 - B. 84% Fortune Global 100
 - C. 64% Fortune Global 100
 - D. 50% Fortune Global 500
- 2. Which of the following is NOT a service type offered by International SOS?**
 - A. Medical services only
 - B. Comprehensive (both medical and security)
 - C. Corporate medical
 - D. Corporate security
- 3. What components constitute a comprehensive pre-travel medical clearance?**
 - A. Vaccination status
 - B. Travel risk exposure assessment
 - C. Travel-specific advisories
 - D. Medical history review, current meds, vaccination status, risk exposure assessment, and travel-specific advisories
- 4. Regular readiness drills are important to:**
 - A. Test plans
 - B. Identify gaps
 - C. Improve coordination among teams, facilities, and responders
 - D. All of the above
- 5. If a client has both corporate and insurance coverage, what is that called?**
 - A. Shared client
 - B. Hybrid client
 - C. Enhanced client
 - D. Global client

- 6. Where are the headquarters of International SOS located?**
- A. London and Paris
 - B. New York and Singapore
 - C. Paris and Singapore
 - D. London and Singapore
- 7. Which center updates the client when a patient's location changes?**
- A. Lead Center
 - B. Support Center
 - C. AMC
 - D. Account Manager Center
- 8. How many assistance centers are there?**
- A. 26
 - B. 22
 - C. 30
 - D. 28
- 9. What general precautions reduce food- and waterborne illness risk for travelers?**
- A. Drink bottled or treated water, avoid raw foods in high-risk areas, practice good hand hygiene, and use safe food handling.
 - B. Eat only locally produced foods to support the economy.
 - C. Avoid all vaccines.
 - D. Use no food handling precautions.
- 10. Why is incident documentation critical in International SOS risk management?**
- A. It slows down operations
 - B. It creates confusion
 - C. It is optional
 - D. It provides a verifiable record for care delivered, supports continuity of care, and informs risk mitigations and reporting to stakeholders

Answers

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1. A
2. A
3. D
4. D
5. A
6. D
7. A
8. A
9. A
10. D

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Explanations

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1. What percentage of Fortune Global 500 clients does International SOS serve?

- A. 64% Fortune Global 500**
- B. 84% Fortune Global 100
- C. 64% Fortune Global 100
- D. 50% Fortune Global 500

The question tests understanding of how widely International SOS is used among the world's largest companies. The stated figure—serving 64% of the Fortune Global 500—means that about two-thirds of the 500 biggest global firms rely on International SOS for their services. The Fortune Global 500 ranks the largest corporations by revenue, so this percentage indicates strong penetration at the top end of the corporate world. Other options point to different lists or make less plausible proportions, so they don't fit the shown client base as well as the 64% of the Fortune Global 500.

2. Which of the following is NOT a service type offered by International SOS?

- A. Medical services only**
- B. Comprehensive (both medical and security)
- C. Corporate medical
- D. Corporate security

International SOS organizes its offerings around two main capabilities: medical support and security risk management, with three recognized service types that reflect how organizations typically need help. These are corporate medical, corporate security, and a comprehensive package that combines both medical and security services. The idea is to provide either focused medical support, focused security services, or an integrated solution. Medical services alone isn't presented as its own distinct service type in their portfolio. Instead, medical help appears within the corporate medical option or as part of the comprehensive package. This is why "Medical services only" isn't listed as a separate service type, even though International SOS does provide medical support. The other choices—comprehensive (both medical and security), corporate medical, and corporate security—fit the defined categories.

3. What components constitute a comprehensive pre-travel medical clearance?

- A. Vaccination status
- B. Travel risk exposure assessment
- C. Travel-specific advisories
- D. Medical history review, current meds, vaccination status, risk exposure assessment, and travel-specific advisories**

A comprehensive pre-travel medical clearance integrates medical history and current medications, vaccination status, risk exposure assessment, and travel-specific advisories to create a complete, personalized plan. Each piece plays a crucial role: reviewing medical history and current meds ensures safe treatment decisions and guards against drug interactions or conditions that need special management; vaccination status confirms protection against preventable diseases relevant to the destination; risk exposure assessment identifies likely hazards, enabling targeted preventive measures, prophylaxis, and advice tailored to planned activities and destination-specific risks; travel-specific advisories provide up-to-date guidance on outbreaks, local health conditions, entry requirements, and access to care abroad. Together they cover health readiness, prevention, and practical guidance for the trip. Focusing on only one aspect—such as vaccination status, risk exposure, or advisories—omits other essential elements and leaves gaps in preparation.

4. Regular readiness drills are important to:

- A. Test plans
- B. Identify gaps
- C. Improve coordination among teams, facilities, and responders
- D. All of the above**

Regular readiness drills practice how an emergency response would unfold, putting plans into action and revealing whether procedures can be carried out as written and within the needed timeframes. They expose gaps that aren't obvious on paper—such as missing equipment, unclear roles, or weak information flow—by simulating realistic operations. They also tighten coordination among teams, facilities, and responders by rehearsing communication, resource sharing, and handoffs across different groups. Because drills test plans, uncover gaps, and strengthen cross-team coordination all at once, they address every essential aspect of preparedness, making the most comprehensive option the best choice.

5. If a client has both corporate and insurance coverage, what is that called?

- A. Shared client**
- B. Hybrid client
- C. Enhanced client
- D. Global client

The key idea is that the client's needs span more than one funding source. When a client has both corporate coverage for employees and personal insurance coverage, it means services and billing cross into multiple programs. That overlap is best described as a "shared client"—the account is effectively served through more than one funding stream and requires coordinated handling across those programs. The other terms don't fit: a hybrid client would imply blending service delivery models, not funding sources; an enhanced client suggests extra benefits; a global client emphasizes geographic reach rather than how the client is funded.

6. Where are the headquarters of International SOS located?

- A. London and Paris
- B. New York and Singapore
- C. Paris and Singapore
- D. London and Singapore**

The question tests knowledge of where the company's main corporate offices are located for managing global operations. International SOS maintains its primary headquarters in two cities to cover Europe and Asia-Pacific effectively, allowing leadership to coordinate across time zones and regions. That pairing is London and Singapore, which is why that option is correct. The other options place headquarters in cities that aren't the company's official corporate centers.

7. Which center updates the client when a patient's location changes?

- A. Lead Center**
- B. Support Center
- C. AMC
- D. Account Manager Center

The main idea here is who is responsible for communicating client updates about patient location changes. The Lead Center serves as the primary liaison to the client and coordinates updates across the network. When a patient's location changes, the Lead Center is the one that informs the client, sharing the new location, any scheduling implications, and next steps, while coordinating with the relevant care teams. Other centers handle their respective roles—Support Center addresses routine requests and problems, AMC handles medical coordination and facility interactions, and Account Manager Center manages contract and relationship matters—but the responsibility for updating the client about location changes sits with the Lead Center.

8. How many assistance centers are there?

- A. 26**
- B. 22
- C. 30
- D. 28

The main idea here is to verify the total by checking against the official directory that lists every active assistance center. Start with the current roster, include every center that is operational, and avoid double-counting or including centers that are temporarily closed or not in service. Once your tally matches the number published in the trusted source, that option is the correct one. This tests your ability to pull exact data from a reference rather than guess. In practice, if you see numbers that don't align with the documented count, it usually means there's a mismatch between the source you're using and the roster you counted from—perhaps an outdated list or a duplicate entry. So, the best choice is the one that corresponds to the official total.

9. What general precautions reduce food- and waterborne illness risk for travelers?

- A. Drink bottled or treated water, avoid raw foods in high-risk areas, practice good hand hygiene, and use safe food handling.**
- B. Eat only locally produced foods to support the economy.
- C. Avoid all vaccines.
- D. Use no food handling precautions.

Preventing food- and waterborne illness while traveling hinges on reducing exposure to contaminated sources through drinking, eating, and hygiene practices. Drinking bottled or treated water helps remove or neutralize pathogens in water. Avoiding raw or undercooked foods in areas with higher contamination risk reduces the chance of ingesting parasites, bacteria, or viruses. Practicing good hand hygiene—washing hands regularly with soap and water—limits the spread of germs that can be picked up from surfaces or foods. Safe food handling, including proper cooking, storage, and food preparation practices, minimizes contamination and growth of dangerous microbes. Together, these measures address multiple ways illness can be transmitted and are the most effective general precautions for travelers. Choices that promote unsafe food handling, avoid water treatment, or suggest taking no precautions would not reduce risk and are not appropriate.

10. Why is incident documentation critical in International SOS risk management?

- A. It slows down operations
- B. It creates confusion
- C. It is optional
- D. It provides a verifiable record for care delivered, supports continuity of care, and informs risk mitigations and reporting to stakeholders**

Incident documentation is about creating a reliable, verifiable record of what happened and what was done during an incident. This record is essential because it captures the exact care delivered, when it occurred, and who was involved, creating an audit trail that supports accountability, quality assurance, and legal defensibility. Why this is the best approach is that a verifiable record provides clear evidence of the care provided, which is crucial for evaluating outcomes, learning from events, and justifying actions taken. It also supports continuity of care: when different responders or clinicians are involved, good documentation ensures the next person has a complete, accurate picture of the patient's status, the interventions already performed, and what follow-up is needed. This reduces gaps in treatment and improves safety. Beyond individual incidents, documentation informs risk mitigations and reporting to stakeholders. The collected information helps identify patterns, assess the effectiveness of responses, and drive corrective actions. It also supplies the data needed for internal reviews, regulatory or contractual reporting, and communication with leadership, clients, or insurers. In short, thorough incident documentation turns events into usable knowledge that strengthens safety, accountability, and organizational learning. Other statements miss the point: documenting is not primarily a burden that slows operations; proper processes actually support faster, clearer decision-making. It is not optional; high-quality risk management relies on accurate records to function effectively and to prevent repeating the same issues.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://internationalsos.examzify.com>

We wish you the very best on your exam journey. You've got this!

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