International Human Rights Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

Copyright © 2025 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain from reliable sources accurate, complete, and timely information about this product.



Questions



- 1. What main violation did the Independent International Commission of Inquiry on Ukraine find?
 - A. Discrimination against political dissenters
 - B. Systematic targeting of military personnel
 - C. Torture and sexual violence against civilians
 - D. Expansion of infrastructure for humanitarian aid
- 2. The Universal Declaration of Human Rights affirms all humans are born free and equal in which context?
 - A. Economic opportunities
 - **B.** Religious beliefs
 - C. Dignity and rights
 - D. Environmental protections
- 3. Which treaty establishes binding judgments in the European region?
 - A. Inter-American Convention
 - **B. European Convention on Human Rights**
 - C. African Charter on Human Rights
 - D. Asia-Pacific Accord
- 4. What major challenge do NGOs face regarding advocacy and neutrality?
 - A. Balancing donor relationships and grassroots legitimacy
 - B. Ensuring legislative compliance and membership growth
 - C. Achieving financial independence and avoiding conflicts of interest
 - D. Developing public relations strategies and influencing policy
- 5. What are "people's rights" typically classified as?
 - A. Negative rights
 - **B.** Third generation rights
 - C. Individual rights
 - D. Universal rights

- 6. What type of rights does the African Court promote as collective rights?
 - A. Cultural rights only
 - B. Individual economic rights
 - C. Peoples' rights such as self-determination
 - D. Legal rights to political representation
- 7. Which crimes come under the jurisdiction of the Rome Statute of the International Criminal Court?
 - A. Traffic violations and ecological crimes
 - B. Genocide, war crimes, and crimes against humanity
 - C. Cyber crimes and terrorism
 - D. Drug trafficking and organized crime
- 8. What is one immediate obligation that states must fulfill under progressive realization?
 - A. Compliance with international law
 - **B.** Non-discrimination
 - C. National law compliance
 - D. Resource allocation
- 9. What does the African Charter emphasize about rights during emergencies?
 - A. Some rights can be suspended
 - B. All rights must be upheld
 - C. Certain rights can be interpreted broadly
 - D. Rights may be governed by local authorities
- 10. Which of the following is categorized as a limited right in the ECtHR?
 - A. Right to life
 - B. Liberty/security
 - C. Prohibition of slavery
 - D. Freedom of expression

Answers



- 1. C 2. C 3. B

- 4. A 5. B 6. C 7. B 8. B 9. B 10. B



Explanations



1. What main violation did the Independent International Commission of Inquiry on Ukraine find?

- A. Discrimination against political dissenters
- B. Systematic targeting of military personnel
- C. Torture and sexual violence against civilians
- D. Expansion of infrastructure for humanitarian aid

The Independent International Commission of Inquiry on Ukraine found that there were egregious violations against civilians, particularly focusing on instances of torture and sexual violence. This focus highlights the grave impact of armed conflict on non-combatants, emphasizing that these violations are not only acts of aggression but also constitute serious breaches of international human rights law. Such acts have profound psychological, physical, and social consequences for the victims and are indicative of broader patterns of abuse that can emerge in conflicted environments. The acknowledgment of these violations by an independent body serves to underline the commitment to accountability and the need for justice for affected individuals in situations of armed conflict. Other violations, while significant, did not capture the same level of systematic brutality against civilians as indicated in this case.

2. The Universal Declaration of Human Rights affirms all humans are born free and equal in which context?

- A. Economic opportunities
- **B.** Religious beliefs
- C. Dignity and rights
- D. Environmental protections

The Universal Declaration of Human Rights, adopted by the United Nations General Assembly in 1948, emphasizes the inherent dignity and the equal and inalienable rights of every individual. The statement that "all humans are born free and equal" specifically addresses the fundamental principle that every person possesses inherent dignity regardless of their background, nationality, gender, or any other status. This foundational idea reflects a global consensus on the importance of recognizing every person's rights and dignity. In this context, the focus is on the intrinsic qualities of individuals that warrant respect and protection, setting a broad framework for various rights that include civil, political, economic, social, and cultural rights. While other aspects, such as economic opportunities, religious beliefs, and environmental protections, are significant in the discourse of human rights, the primary affirmation in the Declaration is centered around the dignity and rights of individuals. This principle serves as the cornerstone for advocating equality and the protection of rights for all individuals worldwide.

3. Which treaty establishes binding judgments in the European region?

- A. Inter-American Convention
- **B. European Convention on Human Rights**
- C. African Charter on Human Rights
- D. Asia-Pacific Accord

The European Convention on Human Rights establishes binding judgments within the European region by creating a legal framework for the protection of human rights. This treaty was adopted in 1950 and has been fundamental in promoting and protecting human rights across Europe. One of its key features is the establishment of the European Court of Human Rights, which hears cases brought by individuals, groups, or states alleging violations of the rights laid out in the Convention. When courts deliver judgments under this Convention, these decisions are binding on the member states that have ratified the treaty, meaning that they are obligated to comply with the Court's rulings. This creates a uniform standard of human rights protection across the member countries, fostering accountability and striving towards the elimination of human rights abuses within those jurisdictions. In contrast, the other listed options pertain to different regional frameworks. The Inter-American Convention focuses on human rights in the Americas, while the African Charter on Human Rights addresses human rights issues in Africa. The Asia-Pacific Accord is not widely recognized as a binding treaty comparable to the European Convention. As such, only the European Convention on Human Rights encompasses the mechanism for binding judicial decisions applicable in the European region.

- 4. What major challenge do NGOs face regarding advocacy and neutrality?
 - A. Balancing donor relationships and grassroots legitimacy
 - B. Ensuring legislative compliance and membership growth
 - C. Achieving financial independence and avoiding conflicts of interest
 - D. Developing public relations strategies and influencing policy

Balancing donor relationships and grassroots legitimacy represents a significant challenge for non-governmental organizations (NGOs) in their advocacy efforts. NGOs often rely on funding from a variety of sources, including governments, private foundations, and corporations. This dependency can create a tension between meeting the expectations of donors and remaining accountable to the communities they serve. If NGOs align closely with their donors' agendas, they risk losing credibility and legitimacy among grassroots constituents who may feel that their needs and perspectives are being overshadowed or misrepresented. Additionally, maintaining grassroots legitimacy is crucial for NGOs as it fosters trust and encourages community engagement. When grassroots supporters perceive the organization as being overly influenced by donor interests, they may withdraw support or participation. Therefore, NGOs must navigate the delicate balance of securing necessary funding while remaining true to their mission and the interests of the communities they represent. This dual responsibility is a fundamental aspect of their role in advocacy and can significantly impact their effectiveness and perceived neutrality in contentious social or political issues.

5. What are "people's rights" typically classified as?

- A. Negative rights
- **B.** Third generation rights
- C. Individual rights
- D. Universal rights

"People's rights" are typically classified as third generation rights. This category of rights emerged in response to the evolving understanding of human rights that goes beyond the individual and encompasses collective and socio-economic aspirations. These rights emphasize the collective rights of groups, such as the right to development, a healthy environment, and peace. This classification highlights the interconnectedness of people and communities, addressing issues that cannot be fully realized by individuals alone. The distinction of third generation rights is significant because it recognizes the importance of collective well-being and the environmental and social factors that affect people's lives. In contrast to the first generation, which focuses on civil and political rights (often seen as negative rights that require the state to abstain from interfering with individual freedoms), and the second generation, which emphasizes economic, social, and cultural rights, third generation rights reflect the advancement of human rights discourse to include issues that impact communities and the global population at large.

6. What type of rights does the African Court promote as collective rights?

- A. Cultural rights only
- B. Individual economic rights
- C. Peoples' rights such as self-determination
- D. Legal rights to political representation

The African Court promotes peoples' rights such as self-determination as collective rights because these rights refer to the rights held by groups, particularly in the context of distinct communities or nations. Self-determination allows peoples to freely determine their political status and pursue their economic, social, and cultural development. This concept is fundamental in international law, especially regarding the rights of indigenous and minority groups, as it emphasizes the importance of collective identities and the rights associated with them. By supporting peoples' rights, the African Court acknowledges that certain rights inherently belong to groups rather than individuals. This includes aspects such as cultural heritage, language, and the right to participate in the governance and decision-making processes that affect these groups. The emphasis on collective rights reflects a broader understanding of human rights, which recognizes that individual rights are often inextricably linked to the rights of communities. The other options focus on individual rights or specific areas of law that do not encompass the collective dimension seen in peoples' rights. This distinction underscores the unique role of the African Court in advocating for and protecting the rights of communities and groups as essential components of human rights.

7. Which crimes come under the jurisdiction of the Rome Statute of the International Criminal Court?

- A. Traffic violations and ecological crimes
- B. Genocide, war crimes, and crimes against humanity
- C. Cyber crimes and terrorism
- D. Drug trafficking and organized crime

The jurisdiction of the Rome Statute of the International Criminal Court (ICC) is specifically designed to address the most serious crimes of international concern. These include genocide, war crimes, and crimes against humanity. Genocide refers to acts committed with the intent to destroy, in whole or in part, a national, ethnical, racial, or religious group. War crimes involve serious violations of the laws and customs of war, as defined by the Geneva Conventions, typically occurring during armed conflicts. Crimes against humanity are widespread or systematic attacks directed against civilian populations, including acts such as murder, enslavement, and torture. The focus of the ICC is on ensuring accountability for these egregious acts that shock the conscience of humanity, thereby promoting justice and deterrence at an international level. This framework reflects a commitment to upholding fundamental human rights and preventing impunity for the perpetrators of such serious violations. In contrast, the other options mentioned do not fall under the ICC's jurisdiction. Traffic violations, for example, are considered domestic issues; ecological crimes or cyber crimes do not meet the severity criteria set by the Rome Statute. Similarly, while organized crime and terrorism are significant global issues, they are typically addressed through national jurisdictions and international cooperation, rather

8. What is one immediate obligation that states must fulfill under progressive realization?

- A. Compliance with international law
- **B. Non-discrimination**
- C. National law compliance
- D. Resource allocation

Progressive realization refers to the concept that states are required to progressively implement human rights, particularly economic, social, and cultural rights, to the maximum available resources. One immediate obligation that states must fulfill under this framework is non-discrimination. Non-discrimination is a fundamental principle in international human rights law, establishing that all individuals are entitled to human rights without any discrimination based on characteristics such as race, gender, disability, or socioeconomic status. This principle is critical because it ensures that efforts toward the progressive realization of rights are inclusive and equitable for all members of society. States must take immediate steps to ensure that all individuals can access rights equally, regardless of their circumstances. In contrast, options like compliance with international law and national law compliance involve broader, longer-term obligations tied to the overall commitment to human rights treaties and legal frameworks. Resource allocation is also important, but it pertains to the gradual achievement of rights rather than an immediate duty.

- 9. What does the African Charter emphasize about rights during emergencies?
 - A. Some rights can be suspended
 - B. All rights must be upheld
 - C. Certain rights can be interpreted broadly
 - D. Rights may be governed by local authorities

The African Charter on Human and Peoples' Rights emphasizes the importance of upholding all rights, even during emergencies. This is significant because it establishes a strong commitment to human rights, asserting that they are inalienable and must be respected without exception, even in crises that could prompt governments to restrict or suspend certain rights. The Charter reflects a view that emergency situations should not be used as a justification for infringing on fundamental human rights, thereby reaffirming the rule of law and the obligation of states to protect the rights of their citizens at all times. The emphasis on upholding all rights aligns with international human rights standards, which advocate for the protection of individuals regardless of the circumstances. This approach is crucial in maintaining accountability and ensuring that human rights are not overlooked or compromised by authorities during times of unrest or emergency.

- 10. Which of the following is categorized as a limited right in the ECtHR?
 - A. Right to life
 - B. Liberty/security
 - C. Prohibition of slavery
 - D. Freedom of expression

The right to liberty and security is categorized as a limited right under the European Convention on Human Rights as interpreted by the European Court of Human Rights (ECtHR). This classification arises because while individuals do have a right to liberty, this right is subject to certain restrictions outlined in the Convention. For instance, Article 5 of the Convention provides specific grounds on which an individual's liberty can be lawfully restricted, such as through lawful detention after conviction, prevention of a person from committing a crime, or if they are deemed of unsound mind. These provisions make it clear that this right is not absolute and can be limited under certain conditions. In contrast, the other rights mentioned, such as the right to life, prohibition of slavery, and the freedom of expression, have more absolute characteristics or fewer conditions under which they can be restricted, making the right to liberty and security distinctly characterized as a limited right within the framework of the ECtHR.