

# Indiana Health Facility Administrators (HFA) Jurisprudence Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

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**SAMPLE**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

- 1. Which organizational standard must a facility comply with regarding resident access to supplies?**
  - A. Department of Health regulations**
  - B. Medicare guidelines**
  - C. Resident Rights framework**
  - D. Facility operational procedures**
- 2. How many days' notice is required for intra-facility transfers?**
  - A. One day**
  - B. Two days**
  - C. Three days**
  - D. Four days**
- 3. For facilities with 61 to 90 residents, how many hours of dietician consultations are required every two weeks?**
  - A. Three hours**
  - B. Four hours**
  - C. Five hours**
  - D. Six hours**
- 4. What do habilitation programs include?**
  - A. Physical therapy and exercise**
  - B. Assessment of need for community services**
  - C. General health education**
  - D. Specialized medical treatments**
- 5. Which of the following is a responsibility for facilities regarding emergency supplies?**
  - A. Providing fresh produce daily**
  - B. Maintaining a 7-day emergency food supply**
  - C. Offering snacks for guests at all times**
  - D. Rotating supplies every week**

- 6. What defines an intra-facility transfer?**
- A. Movement to a different facility**
  - B. Movement to a bed within the same licensed facility**
  - C. Movement to a nearby facility**
  - D. Movement to a different state**
- 7. What must a physician do to approve a patient's admission to a facility?**
- A. Provide verbal consent**
  - B. Approve in writing**
  - C. Sign the admission form upon arrival**
  - D. Delegate the approval to another physician**
- 8. Is a physician's written approval required for admission recommendations?**
- A. Yes**
  - B. No**
  - C. Only in emergencies**
  - D. Only for certain cases**
- 9. What is required on forms attached to infectious waste containers?**
- A. A list of contents**
  - B. A biohazard symbol and a description of the waste**
  - C. Date of disposal**
  - D. Approval signature**
- 10. What is the minimum requirement for dietitian consult hours in a facility with 60 residents or less?**
- A. Six hours every month**
  - B. Four hours every week**
  - C. Four hours every two weeks**
  - D. Two hours every week**



## **Answers**

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1. C
2. B
3. C
4. B
5. B
6. B
7. B
8. A
9. B
10. C

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## **Explanations**

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**1. Which organizational standard must a facility comply with regarding resident access to supplies?**

- A. Department of Health regulations**
- B. Medicare guidelines**
- C. Resident Rights framework**
- D. Facility operational procedures**

The choice focusing on the Resident Rights framework is indeed the most relevant to the question regarding resident access to supplies. In long-term care facilities, the Resident Rights framework serves as a core component of ensuring that individuals residing in these facilities have autonomy and dignity in decision-making concerning their own care and living environment. This framework includes the right to access necessary supplies and personal items, which is integral to promoting residents' personal choice and individuality. Compliance with the Resident Rights framework ensures that facilities recognize and uphold each resident's right to access their belongings and any supplies that contribute to their comfort and well-being. This commitment is crucial in fostering an environment where residents feel respected and have control over their personal needs. While Department of Health regulations and Medicare guidelines may stipulate various operational and care standards, the framework that specifically addresses residents' rights and their direct access to essential supplies aligns closely with the emphasis on individual dignity and choice. Facility operational procedures usually reflect these rights rather than establishing them independently.

**2. How many days' notice is required for intra-facility transfers?**

- A. One day**
- B. Two days**
- C. Three days**
- D. Four days**

The requirement of two days' notice for intra-facility transfers reflects the necessity to ensure adequate communication and preparation for all parties involved in the transfer process. This notice period allows for proper planning, ensuring that staff, residents, and family members are informed of the change and can make necessary adjustments. Such regulations are instrumental in maintaining a standard of care and safeguarding the residents' welfare during transitions within a healthcare facility. This period gives the receiving department or unit sufficient time to prepare for the new resident, which might include arranging for appropriate staff support, ensuring that medical records are transferred, and that the necessary resources are on hand to make the transition as smooth as possible. Shorter notice periods could hinder these processes, potentially compromising care and communication, which are vital in healthcare settings. This structured timing helps to mitigate confusion and to uphold the quality of care that residents deserve during intra-facility transfers.

**3. For facilities with 61 to 90 residents, how many hours of dietitian consultations are required every two weeks?**

- A. Three hours**
- B. Four hours**
- C. Five hours**
- D. Six hours**

In Indiana, regulations for health facilities specify that for establishments housing between 61 to 90 residents, there is a requirement for dietitian consultations to ensure nutrition standards and dietary needs are met effectively. Specifically, the mandate stipulates that these facilities must provide a total of five hours of dietitian consultation every two weeks. This requirement is grounded in the need for ongoing professional oversight of dietary practices and nutrition plans, which are critical for maintaining the health and well-being of residents. The five hours are allocated to cover consultations, assessments, and any necessary modifications to dietary plans based on resident needs or regulatory updates. This ensures compliance with state health regulations and promotes high-quality care by utilizing expert nutrition services effectively. Understanding these regulations is vital for health facility administrators, as they must plan and allocate resources to meet the mandated healthcare standards effectively.

**4. What do habilitation programs include?**

- A. Physical therapy and exercise**
- B. Assessment of need for community services**
- C. General health education**
- D. Specialized medical treatments**

Habilitation programs primarily focus on helping individuals develop, maintain, or improve skills and functioning for daily living. This is particularly important for individuals with disabilities or health conditions that affect their ability to perform daily activities. The assessment of need for community services is a vital component of habilitation programs because it ensures that individuals receive the appropriate support tailored to their unique situation. This assessment helps identify what specific services and resources are required for the individual to thrive within their community, whether they're dealing with physical, mental, or developmental challenges. While physical therapy and exercise, general health education, and specialized medical treatments play significant roles in overall health and rehabilitation, they are not exclusive to habilitation programs. Habilitation specifically emphasizes the development and support of skills necessary for independent living and functioning in community settings, which is why the assessment of community services is integral to such programs.

**5. Which of the following is a responsibility for facilities regarding emergency supplies?**

- A. Providing fresh produce daily**
- B. Maintaining a 7-day emergency food supply**
- C. Offering snacks for guests at all times**
- D. Rotating supplies every week**

The responsibility for facilities to maintain a 7-day emergency food supply is critical for ensuring the safety and well-being of residents during emergencies. This requirement is typically mandated by health regulations and guidelines for healthcare facilities, ensuring that they are prepared to sustain their populations in the event of a disaster or emergency situation where regular food supplies may be disrupted. Having a complete 7-day supply not only includes an adequate quantity of non-perishable food items but also considers potential dietary needs and restrictions of the residents. This preparation guarantees that the facility can meet the nutritional needs of those in their care without relying on outside sources that may not be available during a crisis. In contrast, providing fresh produce daily, offering snacks for guests at all times, and rotating supplies every week, while beneficial and good practices in food management, do not fulfill the specific requirement that directly addresses emergency preparedness. Focusing on ensuring a stable and adequate emergency food supply highlights the facility's commitment to safeguarding its residents' health during unforeseen circumstances.

**6. What defines an intra-facility transfer?**

- A. Movement to a different facility**
- B. Movement to a bed within the same licensed facility**
- C. Movement to a nearby facility**
- D. Movement to a different state**

An intra-facility transfer is clearly defined as the movement of a patient from one bed to another within the same licensed healthcare facility. This type of transfer does not involve changing the legal entity or operational oversight of the facility, as it occurs entirely within the same organizational structure. Understanding this concept is critical for health facility administrators because it directly pertains to patient management, resource allocation, and compliance with regulations regarding patient care within the facility. Managing intra-facility transfers efficiently can improve workflow, minimize patient wait times for certain types of care, and ensure that records and care protocols remain consistent for the patient. The other options refer to movements that take place outside the bounds of a single licensed facility, which fall under different classifications and regulatory considerations. Thus, the correct answer highlights the specific internal transfer process relevant to health facility administrators.

**7. What must a physician do to approve a patient's admission to a facility?**

- A. Provide verbal consent**
- B. Approve in writing**
- C. Sign the admission form upon arrival**
- D. Delegate the approval to another physician**

The requirement for a physician to approve a patient's admission to a facility typically involves providing written approval. This written consent serves multiple purposes: it adds a layer of accountability, ensures clarity regarding the patient's medical condition and the necessity of admission, and fulfills legal and regulatory obligations governing patient admissions. Written approval creates a permanent record that can be referred to in the future, which is essential for continuous care and compliance with health regulations. Verbal consent, although potentially acceptable in some urgent situations, lacks the formal documentation needed for ongoing treatment and can lead to misunderstandings regarding the patient's status and care plan. Signing the admission form upon arrival might not capture the necessary medical evaluation and decision-making process that should occur before admission. Delegating the approval to another physician may not align with facility policies or legal requirements unless there are specific protocols that allow it, as continuity and consistency in patient care are paramount. Thus, requiring written approval from the physician ensures that all necessary protocols are followed, providing clear documentation for both the facility and the patient's medical record. This approach helps to safeguard the rights of both the patient and the healthcare provider.

**8. Is a physician's written approval required for admission recommendations?**

- A. Yes**
- B. No**
- C. Only in emergencies**
- D. Only for certain cases**

In healthcare facilities, especially those that have stringent regulatory and operational guidelines, a physician's written approval is often mandated for admission recommendations. This requirement ensures that a qualified medical professional has assessed the prospective admission to determine the appropriateness of the patient's condition for the specific facility. Having a physician's endorsement serves multiple purposes: it promotes the safety and well-being of the patient by ensuring that they receive appropriate care suited to their medical needs, adheres to regulatory compliance, and protects the facility from potential liability issues related to inadequate evaluation or mismanagement of a patient's health condition. Additionally, this practice upholds the standards of care and ensures that all admissions are justified based on clinical evidence and the professional judgment of a qualified physician. This requirement is particularly critical in settings where patients may have complex medical needs or where specific criteria must be met for admission, thus helping streamline the admission process while guaranteeing quality care.

**9. What is required on forms attached to infectious waste containers?**

**A. A list of contents**

**B. A biohazard symbol and a description of the waste**

**C. Date of disposal**

**D. Approval signature**

The requirement for forms attached to infectious waste containers focuses on the importance of clearly identifying potentially hazardous materials. The biohazard symbol serves as a universal marker that indicates the presence of infectious materials, which is crucial for ensuring safety during handling, transport, and disposal. Including a description of the waste along with the biohazard symbol enhances communication about the type of materials being disposed of. This ensures that anyone interacting with the waste, from healthcare workers to waste management personnel, understands the risks and can take appropriate precautions. This transparency is essential not only for safety but also for regulatory compliance, as specific guidelines govern the management of infectious waste. In contrast, while elements like a list of contents, date of disposal, and approval signatures might be relevant in various contexts, they do not specifically align with the fundamental need to communicate the hazardous nature and specific risks associated with the waste in question. Thus, the emphasis on the biohazard symbol and a description of the waste stands out as a key requirement for managing infectious waste properly.

**10. What is the minimum requirement for dietitian consult hours in a facility with 60 residents or less?**

**A. Six hours every month**

**B. Four hours every week**

**C. Four hours every two weeks**

**D. Two hours every week**

The minimum requirement for dietitian consult hours in a facility with 60 residents or less is four hours every two weeks. This aligns with regulations that dictate the necessary level of dietary oversight for facilities of this size, ensuring that residents receive appropriate nutritional guidance and support from a qualified dietitian. Having a dietitian available for this frequency allows the facility to adequately address the dietary needs of residents, meet dietary policies, and monitor food service operations effectively. This structured approach helps ensure that nutritional care remains consistent and responsive to the needs of the residents. Thus, the requirement emphasizes regulatory compliance for dietary services in long-term care settings while maintaining high standards of resident care.



## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://inhfajurisprudence.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**