# HOSA State Officer Practice Test (Sample)

**Study Guide** 



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### **Questions**



### 1. Which of the following is NOT a position on the executive board of TNHOSA?

- A. President
- **B. Secretary-Treasurer**
- C. Event Coordinator
- D. Reporter/Historian

### 2. Which membership type is eligible to compete in high school level events?

- A. Alumni members
- **B. Secondary members**
- C. Post-secondary members
- D. Honorary members

#### 3. What type of leadership positions are available in HOSA?

- A. Only national officer positions
- B. Local chapter officers, state officers, and national officers
- C. Event coordinators only
- D. Advisory board members only

#### 4. What is the primary goal of HOSA?

- A. To enhance physical fitness in schools
- B. To promote career opportunities in the health care industry
- C. To provide volunteer opportunities in community health
- D. To create a network of health professionals

#### 5. Which states are part of the National HOSA region II?

- A. Alabama, Arizona, Florida, Georgia
- B. Alabama, Arkansas, Florida, Georgia
- C. Alabama, Arkansas, Tennessee, Texas
- D. Alabama, Indiana, North Carolina, Missouri

- 6. What are the five types of motions in parliamentary procedure?
  - A. Main, Secondary, Ancillary, Special, Conditional
  - B. Main, Subsidiary, Privileged, Incidental, Miscellaneous
  - C. Executive, Subsidiary, Privileged, Point of Order, Miscellaneous
  - D. Main, Secondary, Subsidiary, Point of Order, Miscellaneous
- 7. Why is researching best practices crucial for HOSA members?
  - A. It helps them win scholarships
  - B. It prepares them for competition and skill application
  - C. It is mandatory for all members
  - D. It strengthens their public speaking skills
- 8. Who is the current National President of HOSA?
  - A. Priya Rathakrishnan
  - B. Elizabeth Carnesi
  - C. Jada Holliday
  - **D. Shawnee Chaudhury**
- 9. Which of the following is a competitive event that focuses on public speaking?
  - A. Health Professions Presentation
  - B. HOSA's Public Speaking event
  - C. Healthcare Debate
  - D. Team Leadership Showcase
- 10. In HOSA, why is professional development emphasized in events?
  - A. To prepare members for competitions only
  - B. To enhance career readiness and improve health science knowledge
  - C. It is not emphasized in the program
  - D. Only to meet accreditation requirements

### **Answers**



- 1. C 2. B
- 3. B

- 3. B 4. B 5. B 6. B 7. B 8. B 9. B 10. B



### **Explanations**



### 1. Which of the following is NOT a position on the executive board of TNHOSA?

- A. President
- **B. Secretary-Treasurer**
- C. Event Coordinator
- D. Reporter/Historian

The role that is not part of the executive board of TNHOSA is the Event Coordinator. The executive board typically comprises positions that directly relate to governance and leadership, such as President, Secretary-Treasurer, and Reporter/Historian. The President is responsible for leading meetings and representing the organization, while the Secretary-Treasurer typically manages records, minutes, and financial responsibilities. The Reporter/Historian plays a crucial role in documenting events and communicating the organization's achievements. An Event Coordinator, while essential for organizing specific activities and events, does not hold a formal position on the executive board and may instead operate under the direction of one of these executive roles.

### 2. Which membership type is eligible to compete in high school level events?

- A. Alumni members
- **B. Secondary members**
- C. Post-secondary members
- D. Honorary members

Secondary members are those who are currently enrolled in high school and are therefore eligible to compete in high school level events. This membership classification specifically pertains to students in grades 9 to 12, allowing them to participate in various competitions and activities organized by HOSA that are tailored to their level of education and experience. In contrast, alumni members are individuals who have graduated from high school but wish to remain connected to HOSA, often in a supportive or mentorship role, rather than competing. Post-secondary members are those enrolled in post-secondary educational institutions such as colleges or universities, which is a step beyond high school and thus not eligible for high school level events. Lastly, honorary members typically include individuals recognized for their contributions to HOSA but do not participate in competitions.

#### 3. What type of leadership positions are available in HOSA?

- A. Only national officer positions
- B. Local chapter officers, state officers, and national officers
- C. Event coordinators only
- D. Advisory board members only

HOSA offers a range of leadership opportunities that include local chapter officers, state officers, and national officers, making the selection that encompasses all these roles the most accurate. Local chapter officers play a crucial role in managing the day-to-day operations of HOSA at the school level, fostering engagement among members, and ensuring the chapter functions effectively within the larger framework of the organization. State officers then represent their chapters at the state level, advocating for their interests and working on initiatives that affect HOSA members in their region. Finally, national officers elevate these responsibilities to a broader platform, representing HOSA on a national scale and influencing policy and direction for the entire organization. This tiered structure allows members at every level to engage in leadership and contribute to the growth and impact of HOSA, which is essential to the organization's mission of promoting career opportunities in the healthcare industry.

#### 4. What is the primary goal of HOSA?

- A. To enhance physical fitness in schools
- B. To promote career opportunities in the health care industry
- C. To provide volunteer opportunities in community health
- D. To create a network of health professionals

The primary goal of HOSA is to promote career opportunities in the health care industry. This organization is dedicated to preparing students to become successful professionals in the health sector through education and leadership development. HOSA achieves this by providing resources, programs, and competitions that focus on various health care careers, helping members gain the necessary skills and knowledge to excel in their chosen fields. Although enhancing physical fitness, providing volunteer opportunities, and creating a network of health professionals are beneficial aspects of health care and community service, they do not encapsulate the main mission of HOSA. The emphasis is placed on educational growth and career readiness, which directly aligns with promoting opportunities in the health care sector. By focusing on careers, HOSA ensures that students are equipped for the workforce, which is critical for the future of health care.



#### 5. Which states are part of the National HOSA region II?

- A. Alabama, Arizona, Florida, Georgia
- B. Alabama, Arkansas, Florida, Georgia
- C. Alabama, Arkansas, Tennessee, Texas
- D. Alabama, Indiana, North Carolina, Missouri

The correct answer identifies the states that are part of National HOSA Region II, which encompasses the Southeastern United States. This region is structured to facilitate collaboration and support among states with similar geographical and educational contexts. In Region II, Alabama is indeed a constant, while Florida and Georgia also play significant roles as they are centrally located within the southeastern part of the nation. Arkansas fits within this grouping, as it is also considered part of the region, making the combination of these four states appropriate. Other options include states that do not align with the defined geographical parameters of Region II, either by including states from different HOSA regions or missing out on states that are essential to the region's composition. This structured grouping aids members and develops a cohesive environment for HOSA activities and events tailored to the specific needs and characteristics of those within the region.

## 6. What are the five types of motions in parliamentary procedure?

- A. Main, Secondary, Ancillary, Special, Conditional
- B. Main, Subsidiary, Privileged, Incidental, Miscellaneous
- C. Executive, Subsidiary, Privileged, Point of Order, Miscellaneous
- D. Main, Secondary, Subsidiary, Point of Order, Miscellaneous

The five types of motions in parliamentary procedure are categorized as Main, Subsidiary, Privileged, Incidental, and Miscellaneous. This classification effectively describes how motions function to facilitate the orderly conduct of meetings. Main motions introduce new business for discussion and voting. Subsidiary motions are used to modify or affect how a main motion is handled, ensuring that the main motion can be debated thoroughly. Privileged motions are urgent in nature and take precedence over other types of motions, allowing members to address critical issues that require immediate attention. Incidental motions arise out of the proceedings or affect the business at hand, often dealing with matters such as points of order and appeals. Miscellaneous motions encompass various motions that do not neatly fit into the other categories but are still important for the functioning of the assembly. This classification is pivotal for anyone involved in parliamentary procedure, as understanding the types of motions helps members know how to properly navigate discussions, propose ideas, and respond to the flow of meetings.

### 7. Why is researching best practices crucial for HOSA members?

- A. It helps them win scholarships
- B. It prepares them for competition and skill application
- C. It is mandatory for all members
- D. It strengthens their public speaking skills

Researching best practices is vital for HOSA members as it equips them with the knowledge and skills necessary to excel in competitions and real-world applications. By understanding established methodologies, techniques, and strategies in health sciences, members can refine their competencies and enhance their performance. It allows them to learn from the experiences of others and adopt proven approaches, which ultimately helps in honing their abilities and boosting their confidence during competitions. This preparation is key to achieving success in events, as it ensures they are well-versed in the latest advancements and effective practices within the healthcare field. The other options, while they may have some relevance, do not directly capture the core importance of researching best practices in the context of HOSA members' development and competitiveness.

#### 8. Who is the current National President of HOSA?

- A. Priya Rathakrishnan
- **B.** Elizabeth Carnesi
- C. Jada Holliday
- **D. Shawnee Chaudhury**

The current National President of HOSA is indeed Elizabeth Carnesi. As National President, she plays a crucial role in representing the organization at different levels, advocating for HOSA's mission, and providing leadership to the members and local chapters. The President also works closely with fellow officers and advisors to ensure that HOSA continues to grow and fulfill its purpose in promoting healthcare education. In this position, she is responsible for leading meetings, engaging with stakeholders, and addressing the needs of the membership body. Her leadership reflects the commitment and dedication essential to the role, promoting collaboration and innovation within the organization.

- 9. Which of the following is a competitive event that focuses on public speaking?
  - A. Health Professions Presentation
  - **B. HOSA's Public Speaking event**
  - C. Healthcare Debate
  - D. Team Leadership Showcase

The event that emphasizes public speaking is HOSA's Public Speaking event. This competition specifically centers around participants delivering a prepared speech on a health-related topic, demonstrating their ability to articulate their ideas clearly and engagingly. It assesses the participant's effectiveness in conveying information, their use of presentation skills, and their poise and confidence when speaking in front of an audience. While the Health Professions Presentation also involves some elements of presenting information, it is more focused on delivering content based on research or specific health topics rather than purely on the skills of public speaking. The Healthcare Debate, meanwhile, emphasizes argumentation and critical thinking rather than straightforward public speaking skills. Lastly, the Team Leadership Showcase showcases collaboration and teamwork, which may involve speaking but does not center exclusively on the art of public speaking itself. Thus, HOSA's Public Speaking event stands out as the primary competitive event dedicated to this particular skill.

- 10. In HOSA, why is professional development emphasized in events?
  - A. To prepare members for competitions only
  - B. To enhance career readiness and improve health science knowledge
  - C. It is not emphasized in the program
  - D. Only to meet accreditation requirements

The emphasis on professional development in HOSA events is grounded in the objective to enhance career readiness and improve health science knowledge. This focus provides members with essential skills and knowledge that are crucial in the health science field, preparing them for various roles in actual healthcare settings. Professional development activities help students stay abreast of industry standards, gain insights into current practices, and develop valuable soft skills, such as communication, teamwork, and leadership, which are vital for a successful career in healthcare. By prioritizing professional development, HOSA not only prepares its members for competitions but also ensures they are well-equipped to enter the workforce with the necessary competencies. This holistic approach to education goes beyond merely meeting accreditation or competition standards; it creates a comprehensive foundation for future healthcare professionals. Therefore, the emphasis on professional development is a strategic initiative aimed at closing the gap between education and practical application in health sciences.