

HOSA HEALTH CARE ISSUES JUNIORS PRACTICE EXAM (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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THE FULL VERSION STUDY GUIDE

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. What is another variant of the coronavirus that patients may contract?**
 - A. The respiratory disorder and gastrointestinal version
 - B. The original strain and the Delta variant
 - C. Influenza A and B
 - D. Nobody knows
- 2. What concern did the Hispanic Caucus raise about ICE operations amid COVID-19?**
 - A. ICE was losing significant funding
 - B. Detention facilities were not following health protocols
 - C. ICE officers were undertrained for health emergencies
 - D. Many detainees were requesting to leave prematurely
- 3. When is it generally advisable to postpone a check-up?**
 - A. When in good health
 - B. When experiencing symptoms
 - C. When it is not needed
 - D. When feeling stressed
- 4. How many deaths were reported in the U.S. due to COVID-19 in the first six months of the pandemic?**
 - A. 100,000 deaths
 - B. 160,000 deaths
 - C. 200,000 deaths
 - D. 250,000 deaths
- 5. Which county in Florida has the highest recorded COVID-19 cases?**
 - A. Orange County
 - B. Broward County
 - C. Miami-Dade County
 - D. Duval County

- 6. What does the term "excess deaths" refer to?**
- A. The number of fatalities below the expected average
 - B. The number of fatalities related to accidents
 - C. The number of fatalities above the expected average
 - D. The total deaths in a pandemic year
- 7. Over how many years did the research involving over 300,000 people occur?**
- A. 5 years
 - B. 10 years
 - C. 13 years
 - D. 20 years
- 8. As of October 2020, how many children had died from MIS-C in the US?**
- A. 15
 - B. 20
 - C. 10
 - D. 5
- 9. How many confirmed COVID-19 cases were reported in the U.S. as of August 2020?**
- A. 5,000,000
 - B. 6,616,346
 - C. 7,000,000
 - D. 8,500,000
- 10. Which states reported record high COVID-19 cases, prompting new restrictions?**
- A. California, Texas, Florida, New York
 - B. Colorado, Idaho, Indiana, Minnesota
 - C. Virginia, Washington, Arizona, Georgia
 - D. Illinois, Ohio, Michigan, Pennsylvania

Answers

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1. A
2. B
3. C
4. B
5. C
6. C
7. C
8. B
9. B
10. B

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Explanations

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1. What is another variant of the coronavirus that patients may contract?

A. The respiratory disorder and gastrointestinal version

B. The original strain and the Delta variant

C. Influenza A and B

D. Nobody knows

The correct response highlights the existence of various illness presentations associated with coronavirus infections, which can affect not only the respiratory system but also the gastrointestinal system. This aligns with findings that certain variants and strains of coronaviruses, including those responsible for COVID-19, can lead to symptoms beyond respiratory issues, often affecting the gastrointestinal tract. In contrast, the identification of the original strain and the Delta variant in the other choice emphasizes specific variants of the virus instead of the broader spectrum of potential illness manifestations, which is specifically addressed in the correct option. The option mentioning influenza A and B refers to a completely different group of viruses causing different respiratory illnesses, rather than addressing the variants of the coronavirus itself. The suggestion that "nobody knows" is incorrect in this context, as there is substantial scientific understanding of the diverse symptoms caused by coronaviruses and their variants.

2. What concern did the Hispanic Caucus raise about ICE operations amid COVID-19?

A. ICE was losing significant funding

B. Detention facilities were not following health protocols

C. ICE officers were undertrained for health emergencies

D. Many detainees were requesting to leave prematurely

The concern raised by the Hispanic Caucus regarding ICE operations amid COVID-19 centered on the fact that detention facilities were not adequately following health protocols. This issue was paramount because the pandemic heightened the risk of spreading the virus in enclosed environments like detention centers, where social distancing is difficult and access to medical care can be limited. The Hispanic Caucus emphasized the need for proper measures to protect the health and safety of individuals in detention, advocating for adherence to guidelines that would minimize the risk of COVID-19 transmission among detainees and staff. This reflects broader public health concerns about managing infectious diseases in crowded settings.

3. When is it generally advisable to postpone a check-up?

A. When in good health

B. When experiencing symptoms

C. When it is not needed

D. When feeling stressed

Postponing a check-up can be considered appropriate when the visit is deemed unnecessary based on a person's current health status and medical advice. For instance, if an individual has recently had a comprehensive evaluation and there are no ongoing health concerns or risk factors that require monitoring, they may not need to schedule another check-up immediately. In this context, options such as experiencing symptoms or feeling stressed indicate situations where a check-up would be advisable to address potential health issues. When a person is in good health, while it might seem reasonable to postpone a check-up, regular preventative care is recommended to maintain well-being, which makes postponement still not the best course of action. Therefore, determining that a check-up is not needed is a valid reason for postponement, emphasizing the importance of assessing individual health needs versus routine healthcare practices.

4. How many deaths were reported in the U.S. due to COVID-19 in the first six months of the pandemic?

- A. 100,000 deaths
- B. 160,000 deaths**
- C. 200,000 deaths
- D. 250,000 deaths

The reported number of deaths in the U.S. due to COVID-19 in the first six months of the pandemic reached approximately 160,000. This figure is derived from data tracking the spread and impact of the virus, which began to escalate significantly in March 2020, leading to a large number of cases and resulting fatalities. It reflects the initial wave of the pandemic before further interventions such as lockdowns and the introduction of public health measures were put in place. Understanding this number is crucial in grasping the severity of the outbreak during its early stages and the challenges faced by the health care system.

5. Which county in Florida has the highest recorded COVID-19 cases?

- A. Orange County
- B. Broward County
- C. Miami-Dade County**
- D. Duval County

Miami-Dade County has the highest recorded COVID-19 cases in Florida due to its large population and urban density. As one of the most populous counties in the state, it has been significantly impacted by the pandemic. The county's major cities and tourist attractions attracted a high volume of visitors, potentially contributing to higher transmission rates. Furthermore, Miami-Dade County has a diverse demographic which can influence the spread and reporting of not just COVID-19 but various infectious diseases, leading to a higher number of recorded cases. The extensive healthcare resources and testing facilities in Miami-Dade County also played a role in detecting and reporting cases more effectively than in other counties, resulting in a higher documented incidence of the virus. This combination of factors makes Miami-Dade County the area with the highest recorded cases in Florida.

6. What does the term "excess deaths" refer to?

- A. The number of fatalities below the expected average
- B. The number of fatalities related to accidents
- C. The number of fatalities above the expected average**
- D. The total deaths in a pandemic year

The term "excess deaths" refers to the number of fatalities that exceed the expected average in a given population during a specific timeframe. This measurement is critical in public health, particularly when assessing the impact of a crisis, such as a pandemic, natural disaster, or other significant events on mortality rates. When analyzing data, public health officials establish a baseline or an expected number of deaths based on historical data over several years. When events occur that lead to higher-than-expected mortality, the difference between observed deaths and this baseline is categorized as excess deaths. This metric provides valuable insight into the broader impacts of health crises beyond immediate causes, as it can encompass indirect effects like delayed medical care, mental health issues, and behavioral changes during such times. Understanding excess deaths allows researchers and policymakers to evaluate the full scope and consequences of events on public health, shaping future health response strategies and resource allocation.

7. Over how many years did the research involving over 300,000 people occur?

- A. 5 years
- B. 10 years
- C. 13 years**
- D. 20 years

The correct choice indicates that the research involving over 300,000 people took place over 13 years. This duration is significant as it reflects a comprehensive study that likely considered numerous variables and long-term health outcomes. When studies span several years, especially those involving large populations, they can provide more reliable and valid results. A longer study duration also allows researchers to observe changes over time, assess the impact of various factors, and contribute valuable data to the field of health care. Shorter timeframes might not capture the complexities and nuances of health trends that develop over a longer period, making 13 years a more suitable answer for comprehensive and impactful research in this context.

8. As of October 2020, how many children had died from MIS-C in the US?

- A. 15
- B. 20**
- C. 10
- D. 5

The answer of 20 is significant as it reflects the serious nature of Multisystem Inflammatory Syndrome in Children (MIS-C), which emerged as a condition linked to COVID-19. This syndrome can lead to severe symptoms and complications, making it critical for healthcare providers and the public to be aware of its impact. The number indicates the seriousness of the condition and underscores the need for prompt medical attention for children showing symptoms of MIS-C. Understanding the statistics surrounding MIS-C can help raise awareness and contribute to better outcomes through early detection and treatment. The other options do not capture the severity or the mortality rate associated with this syndrome during that period, which is essential for understanding the full scope of the crisis affecting children during the pandemic.

9. How many confirmed COVID-19 cases were reported in the U.S. as of August 2020?

- A. 5,000,000
- B. 6,616,346**
- C. 7,000,000
- D. 8,500,000

The number of confirmed COVID-19 cases reported in the U.S. as of August 2020 was indeed approximately 6,616,346. This figure is significant as it reflects the rapid spread of the virus during that time and underscores the impact of the pandemic on public health and healthcare systems. The data serves to inform health policies, resource allocation, and public health responses. Understanding these statistics is crucial for analyzing trends in the pandemic and recognizing the importance of public health interventions and community compliance with preventive measures.

10. Which states reported record high COVID-19 cases, prompting new restrictions?

- A. California, Texas, Florida, New York
- B. Colorado, Idaho, Indiana, Minnesota**
- C. Virginia, Washington, Arizona, Georgia
- D. Illinois, Ohio, Michigan, Pennsylvania

The choice highlighting Colorado, Idaho, Indiana, and Minnesota is recognized for reporting significant surges in COVID-19 cases. During the pandemic, various states experienced waves of infection, leading to heightened case numbers that prompted health authorities to reevaluate and impose new restrictions to mitigate the spread of the virus. In this instance, these specific states were noted for their alarming upticks in cases during critical periods, showcasing a need for intervention through public health measures. This reflects a broader trend seen across the country where states with increasing case rates had to adapt their policies on gatherings, mask mandates, and other safety protocols to protect public health. The other groups of states mentioned did experience COVID-19 surges at different times but were not the primary focus for record highs during the selected timeframe. This distinction sets the correct answer apart, emphasizing the importance of the data reported from those particular states.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://hosahealthcareissuesjr.examzify.com>

We wish you the very best on your exam journey. You've got this!

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