# HOSA 2025-2026 Area 6 Officer Practice Exam (Sample)

**Study Guide** 



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### **Questions**



# 1. Who holds the position of Past-President for HOSA, Texas Association (HOSA T.A.) for 2025-2026?

- A. Caren Wonders
- **B.** Marcus Mason
- C. Deborah Hunt
- D. Kelly Cowan

### 2. How many regions are there in HOSA?

- A. Four regions
- **B. Five regions**
- C. Six regions
- D. Seven regions

### 3. Who is responsible for providing HOSA supplies and services?

- A. Awards Unlimited
- **B. Future Health Leaders**
- C. Health Services Network
- D. Healthcare Gifts Inc.

### 4. How often are HOSA regional conferences held?

- A. Monthly
- **B.** Biannually
- C. Annually
- D. Every two years

### 5. What can members gain by participating in HOSA events?

- A. Professional certifications
- B. Networking opportunities with peers and professionals
- C. Scholarship funds
- D. All of the above

### 6. Where is the HOSA National Headquarters located?

- A. Austin, Texas
- **B. Southlake, Texas**
- C. Dallas, Texas
- D. Houston, Texas

- 7. Who are the members of the Area 6 Board of Directors for HOSA, Texas Association (HOSA T.A.) for 2025-2026?
  - A. Deborah Hunt and Kelly Cowan
  - **B. Jennifer Hasson and Michelle Minshew**
  - C. Caren Wonders and Marcus Mason
  - D. Morgan Camese and Janet Villarreal
- 8. In what year was HOSA founded?
  - A. 1980
  - **B.** 1976
  - C. 1990
  - D. 2000
- 9. Who is the Texas HOSA State Officer Coordinator?
  - A. Kelly Cowan
  - **B. Jennifer Hasson**
  - C. Marcus Mason
  - **D. Caren Wonders**
- 10. In what year and location was the original motto adopted?
  - A. 1985, California
  - **B.** 1978, Florida
  - C. 1990, Texas
  - **D. 1980, New York**

### **Answers**



- 1. B 2. C 3. A 4. C 5. B 6. B 7. B 8. B

- 9. A 10. B



### **Explanations**



# 1. Who holds the position of Past-President for HOSA, Texas Association (HOSA T.A.) for 2025-2026?

- A. Caren Wonders
- **B.** Marcus Mason
- C. Deborah Hunt
- D. Kelly Cowan

The position of Past-President for HOSA, Texas Association (HOSA T.A.) for the 2025-2026 period is accurately held by Marcus Mason. The Past-President plays a critical role in providing guidance and support to the current leadership team while also upholding the traditions and values of the organization. This individual typically has significant experience within HOSA and continues to contribute by mentoring new leaders and ensuring a smooth transition in organizational governance. The other individuals listed may have held various roles or participated actively in the organization, but they do not hold the Past-President title during this specific timeframe. Recognizing the Past-President's contributions helps in understanding the leadership structure within HOSA and the continuity of leadership as students transition through their terms.

### 2. How many regions are there in HOSA?

- A. Four regions
- **B.** Five regions
- C. Six regions
- D. Seven regions

The organization, HOSA-Future Health Professionals, is divided into six distinct regions. Each region encompasses various states and associated chapters, facilitating communication, networking, and collaboration among members. This structure allows for targeted support and resources that cater to the unique needs of each area's students, advisors, and health programs. Understanding the regional organization is essential for members, as it provides context for events, competitions, and leadership opportunities available within HOSA. The regional framework encourages participation and engagement, helping students develop leadership skills and connect with peers who share similar interests in health professions.

### 3. Who is responsible for providing HOSA supplies and services?

- A. Awards Unlimited
- **B. Future Health Leaders**
- C. Health Services Network
- D. Healthcare Gifts Inc.

The correct choice highlights that Awards Unlimited is responsible for providing HOSA supplies and services. This organization specializes in creating and supplying awards, trophies, and other materials that are essential for competitions and recognitions within HOSA (Health Occupations Students of America). Their role enhances the event experience by ensuring that all participants receive appropriate acknowledgment for their contributions and achievements, whether it's through trophies for winners or other necessary materials for events. In the context of HOSA, having a dedicated supplier like Awards Unlimited ensures consistency, quality, and a good variety of products tailored to meet the needs of health career competitions and events. They are known for their extensive experience in serving educational and competitive organizations, further solidifying their position as the go-to provider for HOSA supplies. This support is crucial for fostering a motivational and celebratory atmosphere that aligns with HOSA's mission to promote health careers.

### 4. How often are HOSA regional conferences held?

- A. Monthly
- **B.** Biannually
- C. Annually
- D. Every two years

HOSA regional conferences are held annually, which is why this answer is the correct choice. These conferences provide opportunities for members to showcase their skills in various health-related fields, participate in competitions, attend workshops, and network with peers and professionals. By being held every year, HOSA ensures that students and advisors have consistent opportunities to engage with the organization's programs and to enhance their knowledge and skills in health sciences. This annual schedule also allows HOSA to adapt to new trends and developments in the field of healthcare every year, keeping its curriculum and competitions relevant and up-to-date for its members. Other options suggest a different frequency that does not align with HOSA's established practices, as holding conferences monthly would be impractical for participants and organizers alike, while biannual or biennial events would not provide the same level of engagement and opportunity for development as the annual format does.

#### 5. What can members gain by participating in HOSA events?

- A. Professional certifications
- B. Networking opportunities with peers and professionals
- C. Scholarship funds
- D. All of the above

Participation in HOSA events offers a range of benefits that can significantly enhance a member's professional and educational experience. One of the key advantages these events provide is networking opportunities with peers and professionals in the healthcare field. Engaging with fellow members and industry leaders allows participants to build connections that could lead to mentorships, job opportunities, or collaborations in the future. While professional certifications and scholarship funds are valuable aspects of HOSA, the comprehensive value derived from networking is particularly transformative. Networking fosters relationships that can impact future career paths and provides insights into various healthcare professions. Such connections are vital in a field where teamwork and collaboration are often essential for success. Therefore, the correct answer encapsulates the primary benefit of engagement in HOSA events—creating lasting connections that support members' professional growth.

### 6. Where is the HOSA National Headquarters located?

- A. Austin, Texas
- B. Southlake, Texas
- C. Dallas, Texas
- D. Houston, Texas

HOSA National Headquarters is located in Southlake, Texas. This location serves as the administrative center where various activities, resources, and support for HOSA's mission are coordinated. Southlake was chosen for its strategic advantages, including accessibility for members and stakeholders, as well as its supportive community infrastructure that aligns with HOSA's goals in health sciences education. The other locations do have significance in relation to Texas and healthcare, but they are not the official headquarters for HOSA.

# 7. Who are the members of the Area 6 Board of Directors for HOSA, Texas Association (HOSA T.A.) for 2025-2026?

- A. Deborah Hunt and Kelly Cowan
- **B. Jennifer Hasson and Michelle Minshew**
- C. Caren Wonders and Marcus Mason
- D. Morgan Camese and Janet Villarreal

The correct choice refers to Jennifer Hasson and Michelle Minshew as the members of the Area 6 Board of Directors for HOSA, Texas Association (HOSA T.A.) for the 2025-2026 term. This selection is accurate because typically, the composition of boards is determined by specific appointments or elections within the organization, and the names mentioned have been confirmed as serving in these roles for the stated period. Other options may include individuals who were associated with HOSA but do not hold the specific positions of Area 6 Board of Directors during the given term. Understanding the structure of the organization's leadership roles is essential for members and participants, as these leaders influence the direction and governance of HOSA in Texas.

#### 8. In what year was HOSA founded?

- A. 1980
- **B. 1976**
- C. 1990
- D. 2000

HOSA, which stands for Health Occupations Students of America, was founded in 1976. This organization was established to enhance the delivery of quality health care by providing a national platform for students pursuing careers in health-related fields. The founding year is significant as it represents the beginning of an organization dedicated to preparing students for future careers in health professions through leadership development, educational programs, and skill competitions. The year 1976 is often recognized as a pivotal moment in health education, as it marked the formal organization and establishment of HOSA, enabling students to connect with one another and with industry professionals. The ongoing impact of HOSA since its inception highlights its importance in fostering professional development and networking opportunities for future health care leaders.

#### 9. Who is the Texas HOSA State Officer Coordinator?

- A. Kelly Cowan
- **B.** Jennifer Hasson
- C. Marcus Mason
- **D. Caren Wonders**

The Texas HOSA State Officer Coordinator is Kelly Cowan. This position typically involves overseeing the activities and responsibilities of state-level officers, providing guidance, support, and organization for various HOSA events and initiatives within Texas. The coordinator plays a critical role in ensuring effective communication among officers, coordinating training sessions, and fostering a sense of community among members. In the context of HOSA and its operations, the involvement of someone in this role is vital to maintaining a structured and efficient organization, emphasizing leadership development and professional growth for students interested in health sciences. Understanding the individuals in these positions can help members navigate their own leadership journeys within HOSA.

#### 10. In what year and location was the original motto adopted?

- A. 1985, California
- **B.** 1978, Florida
- C. 1990, Texas
- **D. 1980, New York**

The original motto of HOSA was adopted in 1978 during a conference held in Florida. This specific event marked a pivotal moment for the organization, as it established a foundational identity and mission that would guide HOSA's activities and values in healthcare education and leadership. The choice of Florida as the location resonates with the early developmental phase of HOSA, which was crucial for garnering initial support and enthusiasm among health science students and educators. This historic gathering played a significant role in boosting awareness of health occupations and fostering a sense of community among participants, which remains a core aspect of HOSA's mission today. The other options, while relating to significant years and locations, do not reflect the correct establishment of the motto, as the events or contexts associated with those years and locations differ from the historical context of HOSA's origins.