

HEALTHCARE EFFECTIVENESS DATA AND INFORMATION SET (HEDIS) PRACTICE TEST (SAMPLE) STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

VISIT US ONLINE FOR
THE FULL VERSION STUDY GUIDE

<https://hedis.examzify.com>



Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	16

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

SAMPLE

- 1. In the COL measure, how many samples are required for FOBT documentation?**
 - A. One
 - B. Two
 - C. Three
 - D. Four

- 2. In HEDIS terminology, what does "advanced care planning" involve?**
 - A. A review of medical history
 - B. Discussion of preferences for end-of-life care
 - C. Scheduling follow-up appointments
 - D. Assessing patient readiness for treatment

- 3. When using the Centricity EMR system, what approach should a chart reviewer take when searching for a member?**
 - A. Only use the member's full name
 - B. Always try more than one way of searching
 - C. Consult with colleagues for help
 - D. Limit the search to the last appointment date

- 4. Are provider abstract forms considered standard supplemental data?**
 - A. True
 - B. False
 - C. Only in certain cases
 - D. Undefined status

- 5. What type of healthcare plan is most likely to report HEDIS measures?**
 - A. Government-sponsored health programs
 - B. Private fee-for-service plans
 - C. Managed care organizations
 - D. Health savings accounts

- 6. How should a chart reviewer print a visit note in the Centricity EMR system?**
- A. Use the settings option to print
 - B. Toggle between the visit note and another screen until the "print" option appears
 - C. Directly print from the visit note window
 - D. Select the print option from the menu
- 7. For the CCS measure regarding Erin Albritton, what specific test result is mentioned?**
- A. Chlamydia screening
 - B. HPV test on 10/18
 - C. Mammogram results
 - D. Prostate screening results
- 8. Can a medication reconciliation performed without the member present still meet criteria in the TRC measure?**
- A. True
 - B. False
 - C. Only if documented by a specialist
 - D. Only during an emergency situation
- 9. For the CBP measure, what must a chart reviewer find?**
- A. The member's weight history
 - B. Most recent blood pressure on or after the second diagnosis of hypertension
 - C. Blood test results from the past year
 - D. An indication of any medications prescribed
- 10. Which HEDIS measure tracks follow-up care after hospitalization for mental health issues?**
- A. Adolescent Depression Screening measure
 - B. Follow-Up After Hospitalization for Mental Illness measure
 - C. Comprehensive Mental Health Care measure
 - D. Behavioral Health Utilization measure

Answers

SAMPLE

1. C
2. B
3. B
4. B
5. C
6. B
7. B
8. A
9. B
10. B

SAMPLE

Explanations

SAMPLE

1. In the COL measure, how many samples are required for FOBT documentation?

- A. One
- B. Two
- C. Three**
- D. Four

In the COL measure, the standard for screening using the Fecal Occult Blood Test (FOBT) requires two samples to ensure accuracy and reliability in detecting potential health issues, such as colorectal cancer. This approach is based on clinical guidelines that suggest that multiple samples (two separate specimens) are necessary to enhance the likelihood of detecting any hidden blood that could indicate a problem. The rationale behind requiring two samples is linked to the biological variability of bowel movements and the conditions under which blood may or may not be present. The nature of FOBT testing involves collecting samples from different days to mitigate the risk of false negatives. Therefore, utilizing two samples provides a more comprehensive assessment, aligning with best practices in preventive healthcare and adherence to the recommendations in the HEDIS guidelines for colorectal cancer screening.

2. In HEDIS terminology, what does "advanced care planning" involve?

- A. A review of medical history
- B. Discussion of preferences for end-of-life care**
- C. Scheduling follow-up appointments
- D. Assessing patient readiness for treatment

Advanced care planning in HEDIS terminology specifically refers to the process of discussing and documenting patients' preferences for end-of-life care. This conversation often encompasses various critical decisions, including preferences regarding life-sustaining treatments, palliative care options, and overall goals of care. The aim is to ensure that healthcare providers are aware of and can honor the wishes of patients when they are unable to communicate these preferences themselves. This focus on end-of-life discussions is crucial because it enhances the quality of care for patients, ensuring that their choices are respected and that they receive treatment aligned with their values and desires. In the context of HEDIS measures, advanced care planning is a key component as it plays a significant role in improving patient outcomes and satisfaction, particularly in serious illness scenarios. In contrast, reviewing medical history, scheduling follow-up appointments, and assessing patient readiness for treatment do not encompass the essence of advanced care planning. While these actions are important in comprehensive patient care, they do not specifically address the critical discussions surrounding patients' values and preferences for their end-of-life care.

3. When using the Centricity EMR system, what approach should a chart reviewer take when searching for a member?

- A. Only use the member's full name
- B. Always try more than one way of searching**
- C. Consult with colleagues for help
- D. Limit the search to the last appointment date

The practice of always trying more than one way of searching when using the Centricity EMR system is essential for enhancing efficiency and accuracy in finding a member's information. Different members might have similar names, or variations in how their names are recorded could exist, making a single search method insufficient. By employing multiple search strategies, such as using partial names, demographics, or other identifiers, the chart reviewer increases their chances of locating the correct member's chart promptly. This approach is particularly valuable in a busy healthcare environment where time is critical, and accurate patient identification is paramount for delivering quality care. Additionally, the EMR systems may have different search functionalities that can be exploited through diverse search parameters. Other methods like consulting colleagues or limiting searches based on appointment dates might be useful in specific situations, but they do not provide the systematic thoroughness that multiple search strategies guarantee. Their potential effectiveness is limited because they rely on the assumption that colleagues will have the information needed or that the last appointment date is always the most relevant search factor. Thus, utilizing multiple search avenues is a more comprehensive and effective strategy in chart review practices.

4. Are provider abstract forms considered standard supplemental data?

- A. True
- B. False**
- C. Only in certain cases
- D. Undefined status

Provider abstract forms are not considered standard supplemental data because they are not uniformly utilized across all healthcare plans or organizations for data collection purposes. Standard supplemental data refers to data collection methods that have widespread acceptance and use within the HEDIS framework, ensuring consistency and reliability in the reporting of healthcare quality measures. In contrast, provider abstract forms may vary in format and content depending on the specific practice or provider, which can lead to inconsistencies in how data is reported and interpreted. Because they lack the standardization required to be classified as standard supplemental data, they are not incorporated into the HEDIS measures that aim for uniformity and rigor in performance assessment. This context helps to clarify why the answer aligns with the understanding of standard supplemental data in HEDIS and the overall importance of standardized methods in healthcare quality measurement.

5. What type of healthcare plan is most likely to report HEDIS measures?

- A. Government-sponsored health programs
- B. Private fee-for-service plans
- C. Managed care organizations**
- D. Health savings accounts

Managed care organizations are most likely to report HEDIS measures due to their structured approach to patient care and quality assessment. These organizations, which include health maintenance organizations (HMOs) and preferred provider organizations (PPOs), focus on providing coordinated care and improving the quality of healthcare services. HEDIS (Healthcare Effectiveness Data and Information Set) measures are specifically designed to evaluate the performance of healthcare plans and gauge the quality of care delivered to patients. Managed care organizations actively engage in tracking various health outcomes and process measures, adhering to HEDIS requirements to ensure they meet quality benchmarks and improve patient care. The data collected through HEDIS allows these organizations to identify areas for improvement and compare performance against other providers, ultimately enhancing the quality of care offered to their members. In contrast, government-sponsored health programs may or may not report HEDIS measures depending on their specific structure and objectives, and private fee-for-service plans typically do not report HEDIS data as comprehensively as managed care organizations do. Health savings accounts, on the other hand, are not insurance plans but rather savings vehicles intended for medical expenses, thus they do not report HEDIS measures at all.

6. How should a chart reviewer print a visit note in the Centricity EMR system?

- A. Use the settings option to print
- B. Toggle between the visit note and another screen until the "print" option appears**
- C. Directly print from the visit note window
- D. Select the print option from the menu

To effectively print a visit note in the Centricity EMR system, toggling between the visit note and another screen until the "print" option appears is a method that can work in specific versions or configurations of the software. This approach may trigger the necessary interface adjustments that allow the print function to become visible and accessible. In many electronic medical record systems, functionality can sometimes be hidden or require the user to interact with the interface in a particular way to unlock certain features. In this case, toggling screens might activate or refresh the print menu. Utilizing this method can be beneficial in situations where the print option is not immediately viewable, as accessing different areas of the application can prompt the software to display additional functionalities that may not be loaded initially or are context-sensitive. This answer reflects a strategy that incorporates user interaction with the system to resolve interface limitations, highlighting a practical approach in navigating electronic systems for efficient chart review and documentation processes.

7. For the CCS measure regarding Erin Albritton, what specific test result is mentioned?

- A. Chlamydia screening
- B. HPV test on 10/18**
- C. Mammogram results
- D. Prostate screening results

The correct answer focuses on the CCS measure relating specifically to the HPV test conducted on October 18. This indicates that the measure is capturing critical data regarding preventive services and screenings that are essential for women's health. The mention of the exact date of the HPV test suggests that timely and appropriate screening is a significant component of the measure, demonstrating its importance in monitoring adherence to preventive care guidelines. Unlike the other options, which pertain to different tests or screenings, the HPV test is particularly relevant for assessing adherence to guidelines around cervical cancer screening and preventive care for women. This aligns with the goals of HEDIS measures, which emphasize the evaluation and improvement of health care quality and effectiveness. Each type of screening has its own guidelines and recommendations, and identifying the HPV test specifically highlights a targeted aspect of the quality measure being evaluated in this context.

8. Can a medication reconciliation performed without the member present still meet criteria in the TRC measure?

- A. True**
- B. False
- C. Only if documented by a specialist
- D. Only during an emergency situation

The criteria for the Transitions of Care (TRC) measure can indeed be met even when a medication reconciliation is conducted without the member present. This is because the focus of the measure is on ensuring that medication information is accurately collected, reconciled, and communicated during transitions in care. If a healthcare provider is able to gather the necessary medication information and complete the reconciliation process effectively, it does not necessarily require the physical presence of the member to fulfill the criteria. Medication reconciliation can be performed through various means, such as accessing electronic health records, reviewing historical medication lists, or consulting with other healthcare providers who may have treated the patient. Thus, the integrity and accuracy of the medication list can still be ensured, allowing for proper care continuity, regardless of whether the member is physically present during the reconciliation process.

9. For the CBP measure, what must a chart reviewer find?

- A. The member's weight history
- B. Most recent blood pressure on or after the second diagnosis of hypertension**
- C. Blood test results from the past year
- D. An indication of any medications prescribed

In the context of the Controlling High Blood Pressure (CBP) measure within HEDIS, the critical requirement for a chart reviewer is to identify the most recent blood pressure reading that is documented on or after the second diagnosis of hypertension. This requirement is essential because the CBP measure specifically evaluates whether patients diagnosed with hypertension have adequately controlled their blood pressure as per clinical guidelines. The rationale behind focusing on blood pressure readings after the second diagnosis is to ensure that the patient has received appropriate follow-up and management of their condition. Measuring blood pressure at this point provides an accurate reflection of whether the treatment plan is effective and whether the patient is maintaining control over their hypertension. Understanding this context is vital for practitioners, as it emphasizes the importance of systematic monitoring and documentation of blood pressure in managing patients with hypertension and meeting HEDIS performance measures.

10. Which HEDIS measure tracks follow-up care after hospitalization for mental health issues?

- A. Adolescent Depression Screening measure
- B. Follow-Up After Hospitalization for Mental Illness measure**
- C. Comprehensive Mental Health Care measure
- D. Behavioral Health Utilization measure

The Follow-Up After Hospitalization for Mental Illness measure is specifically designed to assess the effectiveness of follow-up care for patients who have been discharged from a mental health hospital. This measure evaluates whether patients receive appropriate follow-up within a specified timeframe after hospitalization, which is critical for ensuring continuity of care and reducing the likelihood of readmission. This measure is significant because timely follow-up can help address ongoing mental health issues and facilitate recovery, ultimately improving patient outcomes. It emphasizes the importance of ongoing support after an episode of acute care, recognizing that mental health conditions often require careful management and follow-up to prevent deterioration. In contrast, the other options focus on different aspects of mental health care. The Adolescent Depression Screening measure relates specifically to the screening of depression in adolescents, while the Comprehensive Mental Health Care measure looks at broader aspects of mental health service delivery. The Behavioral Health Utilization measure monitors the utilization patterns of various behavioral health services without centering specifically on post-hospitalization follow-up care.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://hedis.examzify.com>

We wish you the very best on your exam journey. You've got this!

SAMPLE